

## Highlights

- This study focuses on predicting the quality of life (QoL) of the elderly based on dynamic neighborhood environment under diverse scenarios.
- An integrated prediction approach is proposed by taking advantage of artificial neural network (ANN) model, scenario analysis, and Monte Carol experiment.
- The change patterns of distribution curves of predictive QoL values under different scenarios are identified.
- The independent and compound effects of natural progressions and human interventions of neighborhood environment are forecasted to assist in developing neighborhood environment for supporting aging-in-place.

# **Predicting the elderly's quality of life based on dynamic neighborhood environment under diverse scenarios: an integrated approach of ANN, scenario analysis and Monte Carlo method**

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## **Declaration of interests**

None.

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1                   **Predicting the elderly’s quality of life based on dynamic**  
2                   **neighborhood environment under diverse scenarios: an integrated**  
3                   **approach of ANN, scenario analysis and Monte Carlo method**

4                   **Abstract**

5                   There is an increasing global population of older adults in recent years, and the trend  
6                   will be more acute in the following decades. Owing to low mobility and physical  
7                   impairment, the elderly are sensitive to their nearby neighborhood environment.  
8                   However, it is challenging to accurately judge changes of the elderly’ quality of life  
9                   (QoL) before conducting improvement strategies of neighborhood environment due to  
10                  complicated environmental impacts. This study proposes a QoL prediction approach by  
11                  integrating artificial neural network (ANN) model, scenario analysis and Monte Carlo  
12                  experiment. The QoL of the elderly is measured from four domains, and the  
13                  neighborhood environment is measured by 16 key indicators. Based on the  
14                  measurement data collected from Nanjing, the ANN model is trained to fit the influence  
15                  relationship between neighborhood environment and the elderly’s QoL. Scenario  
16                  analysis sets up potential scenarios for neighborhood environment under natural  
17                  progressions and human interventions. Finally, Monte Carlo experiment is conducted  
18                  to predict the probability distribution of the elderly’s QoL values under potential  
19                  scenarios by using the trained ANN model as functions. The predictive QoL values of  
20                  the elderly show the change pattern of the elderly’s QoL with dynamic neighborhood  
21                  environment, reveal the independent and compound effects of natural progressions and  
22                  human interventions, and confirm the mutual promotions between human interventions.  
23                  Furthermore, the integrated prediction approach can be implemented in other cities and  
24                  regions to forecast the local elderly’s QoL under possible scenarios, and offer concise  
25                  evidence for deciding improvement strategies of neighborhood environment to support  
26                  aging-in-place.

27 **Keywords:** neighborhood environment, quality of life, elderly, ANN, scenario analysis,  
28 Monte Carlo.

## 29 **1. Introduction**

30 The aged population keeps increasing rapidly all over the world. The United Nations  
31 population report showed that the number of countries and regions with over 15% of  
32 population aged over 65 increased from 3 in 1990 to 51 in 2019, and is predicted to  
33 increase continuously (United Nations, 2019). The aging issue has become much severe  
34 than before. To tackle this issue, “age-friendly cities and communities” (AFCC) have  
35 been proposed and popularized worldwide (Evans, Oberlink, & Stafford, 2020; Kihl,  
36 Brennan, Gabhawala, List, & Mittal, 2005; World Health Organization, 2007, 2015).  
37 AFCC requires cities and communities to support people to age actively, respond to  
38 age-related demands and references, respect the elderly’s decisions, and contribute to  
39 all areas of community life. These requirements are generally achieved through relevant  
40 policies, services, settings, and structures (World Health Organization, 2007; Torqu,  
41 Chan, & Yung, 2020). Worldwide governments have formulated policies and initiatives  
42 towards promoting the life quality of the elderly (CUHK Jockey Club Institute of  
43 Ageing, 2018; Buffel & Phillipson, 2016).

44 As the AFCC develops, the elderly are encouraged to age in their own residences  
45 instead of professional care institutions, such as nursing homes (Iecovich, 2014). The  
46 benefits of aging-in-place include enabling the elderly to stay in their familiar living  
47 environment with a high-level of privacy and dignity (Wiles, Leibing, Guberman,  
48 Reeve, & Allen, 2011), saving cost on care institutions, and considerably relieving the  
49 stress of local governments on financial support. Owing to the declining mobility and  
50 competence of the elderly, the successful implementation of “aging-in-place” largely  
51 depends on the quality of living environment of the elderly (Ellis et al., 2018). The  
52 outdoor activity range of the elderly is mostly limited within the neighborhood

53 environment, so neighborhood environment is considered as a determining factor of  
54 “aging-in-place”.

55 The quality of life (QoL) is a worldwide accepted official index of individuals’ life. The  
56 QoL of community-dwelling older adults can reflect the performance of “aging-in-place”  
57 quantitatively. World Health Organization (WHO) defined QoL as “*individuals’*  
58 *perception of their position in life in the context of the culture and value systems in*  
59 *which they live and in relation to their goals, expectations, standards and concerns*”  
60 (WHOQOL Group, 1995). WHO official assessment of the QoL, namely, WHOQOL-  
61 BREF (World Health Organization, 1996), measures QoL in domains of physical health,  
62 psychological health, social relationship, and the overall perception of life (Yu, Ma, &  
63 Jiang, 2017).

64 Neighborhood environment is an integral part of the elderly’s living environment. The  
65 neighborhood environment is regarded to consist of many components: the physical  
66 environment, the social environment (Nicklett et al., 2017), neighborhood facilities,  
67 neighborhood safety, and so on (Zhang, Li, Ahrentzen, & Feng, 2020). Its impacts on  
68 the elderly’s QoL have attracted significant attention from researchers and the public  
69 in recent years. Previous studies approved components of neighborhood environment  
70 indeed have significant influences on the elderly’s psychological health (Wen, Hawkey,  
71 & Cacioppo, 2006), self-rated health (Putrik et al., 2015; Spring, 2018; Yu, Wong, &  
72 Woo, 2019), falls, injuries (Nicklett, Lohman, & Smith, 2017; Wong et al., 2017), and  
73 physical activities (Cerin et al., 2016; Chaudhury, Mahmood, Michael, Campo, & Hay,  
74 2012; Nathan, Barnett, Barnett, Cerin, & Van Cauwenberg, 2017). Studies usually  
75 demonstrated impacts of particular components of neighborhood environment on  
76 specific domains of the elderly’s life. For instance, several different studies analyzed  
77 the social neighborhood environment impacts the elderly’s physical activities  
78 (Chaudhury et al., 2012; Ellis et al., 2018), mental health (Van Dyck, Teychenne,  
79 McNaughton, De Bourdeaudhuij, & Salmon, 2015), and capability wellbeing (Engel et

80 al., 2016).

81 Findings of previous studies reveal which components of neighborhood environment  
82 affect the elderly deeply, and which should be given priority during the improvement  
83 of age-friendly neighborhoods. However, it is still not enough to assist in decision-  
84 making quickly. As time passes, urban neighborhood environment keeps changing due  
85 to environment's natural progressions or human interventions. In order to offer  
86 quantitative evidence for reference, it is essential to clarify how much the elderly's QoL  
87 will be affected by their changing neighborhood environment in the future. Current  
88 studies lack the way to forecast the variation of the elderly's QoL caused by potential  
89 dynamic neighborhood environment.

90 This study aims to propose an integrated approach to make predictions of the elderly's  
91 QoL based on neighborhood environment under most likely scenarios. Artificial neural  
92 network (ANN) model is used to fit the complicated relationship between neighborhood  
93 environment and the QoL of the elderly, scenario analysis helps to develop potential  
94 scenarios of neighborhood environment that may change the elderly's life quality, and  
95 Monte Carlo experiment is applied to simulate data distributions of dynamic  
96 neighborhood environment under scenarios and predict the distribution of the QoL  
97 values in scenarios. The change pattern of the elderly's life quality can be identified  
98 based on the prediction results. This study offers an effective tool to understand the  
99 effects of neighborhood environment's natural progressions and human interventions  
100 on the elderly's QoL, provides explicit evidence to assists in developing livable  
101 neighborhood environment for aged residents, and ultimately supports their aging-in-  
102 place.

103 The content is structured as follows. Section 2 reviews related studies, section 3  
104 proposes an integrated prediction approach, section 4 shows the results and findings in  
105 each step of the integrated approach, section 5 discusses the change patterns of

106 predictive QoL values and the effects of natural progressions and human interventions.

## 107 **2. Related studies**

108 Studies have been conducted to explore the neighborhood environmental impacts on  
109 the elderly. Previous studies were used to apply correlation analysis, linear regression  
110 (Chan & Liu, 2018; Huang et al., 2019; Yu et al., 2017) and qualitative analysis (Leung,  
111 Wang, & Chan, 2019) to detect relationships between neighborhood environment and  
112 the elderly. However, sometimes different studies drew inconsistent conclusions about  
113 the same relationship. For example, some studies showed the neighborhood greenspace  
114 affects the elderly's health by providing open spaces for walking or exercising (Chan  
115 & Liu, 2018), particularly benefits the elderly's mental health (Wu & Ren, 2020), while  
116 others found no significant relationship between greenspace and the elderly's health  
117 (Huang, Chu, Kung, & Hu, 2019; Vogt et al., 2015). It is may due to differences in study  
118 participants, study areas (Vogt et al., 2015), data analysis methods. Like correlations  
119 analysis and linear regression, general data analysis methods are quite effective in  
120 analyzing the impact on only one dependent variable once, without involving all  
121 variables at the same time. Thus, some researchers adopted other methods to further  
122 verify the influence relationship from the holistic perspective, like structural equation  
123 model (SEM) (Leung et a., 2020). Actual environmental impacts on individuals are  
124 more complicated than linear or direct relations. Previously used data methods are not  
125 effective enough to explore all significant environmental impacts (Kim, Kim, & Srebric,  
126 2020), which leads to difficulties in simulating the actual relationships and predicting  
127 the QoL based on neighborhood environment.

128 As artificial intelligence develops rapidly, machine learning methods have been  
129 frequently applied in the field of the built environment, instead of traditional data  
130 analyses. For instance, in the area of thermal comfort, the algorithm of random forests  
131 is applied to predict the elderly's thermal sensation based on four environmental

132 variables and two human-related variables (Wang et al., 2019), while other several  
133 algorithms of machine learning are tested to build the personal thermal model, for  
134 predicting individual's thermal responses by their living environment (Kim, Schiavon,  
135 & Brager, 2018). Among several kinds of machine learning methods, the ANN model  
136 is used widely to make predictions related to the built environment. Researchers built  
137 an ANN model of building floor, nighttime outdoor temperature, and indoor CO<sub>2</sub>  
138 concentration, to predict the nighttime natural ventilation effect (Dai, Liu, Zhang, &  
139 Chen, 2019); based on the data of air temperature, mean radiant temperature, wind  
140 speed, relative humidity, and clothing value, another ANN model was also trained to  
141 predict thermal comfort evaluation in urban parks (Chan & Chau, 2019); and the ANN  
142 model was trained to simulate the energy consumption based on the office building  
143 features (Ilbeigi, Ghomeishi, & Dehghanbanadaki, 2020).

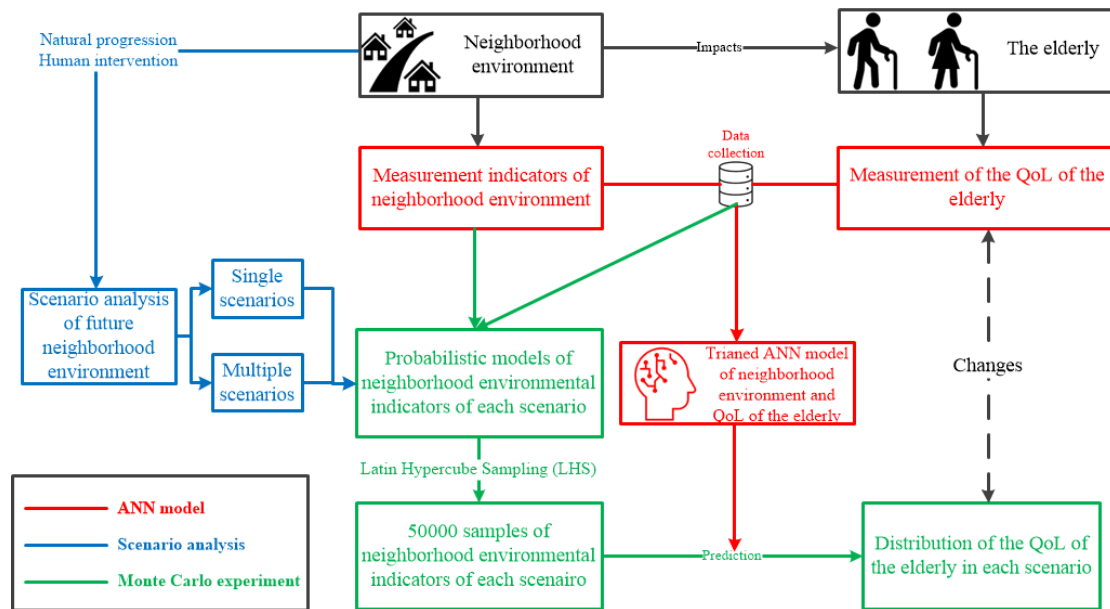
144 Even though demonstrated to be suitable methods for built environment-related  
145 predictions, machine learning methods, especially ANN model, are seldom used to  
146 develop practical prediction approach for environmental impacts on individuals' life  
147 quality. Moreover, machine learning methods have rarely been integrated with other  
148 types of simulation methods as well. For filling the research gap, this study integrates  
149 ANN model with scenario analysis and Monte Carlo experiment as a new approach to  
150 adapt to requirements on the elderly's QoL prediction.

### 151 **3. Research Methodology**

152 An integrated research methodology is proposed to predict the elderly's QoL based on  
153 their neighborhood environment, combining ANN model, scenario analysis and Monte  
154 Carlo experiment. Fig. 1 presents the logic of the integrated prediction approach.  
155 According to measurement instruments, data of neighborhood environment and the  
156 QoL can be collected, ANN model is used to simulate the relationship between the  
157 elderly's QoL value and their neighborhood environment. Scenario analysis helps



158 develop a series of single and multiple scenarios of neighborhood environment that are  
 159 likely to happen in the future. Monte Carlo experiment predicts probability distributions  
 160 of the elderly's QoL value under diverse scenarios by importing the trained ANN model  
 161 as the functional relation.



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**Fig. 1.** The flow chart of research methodology

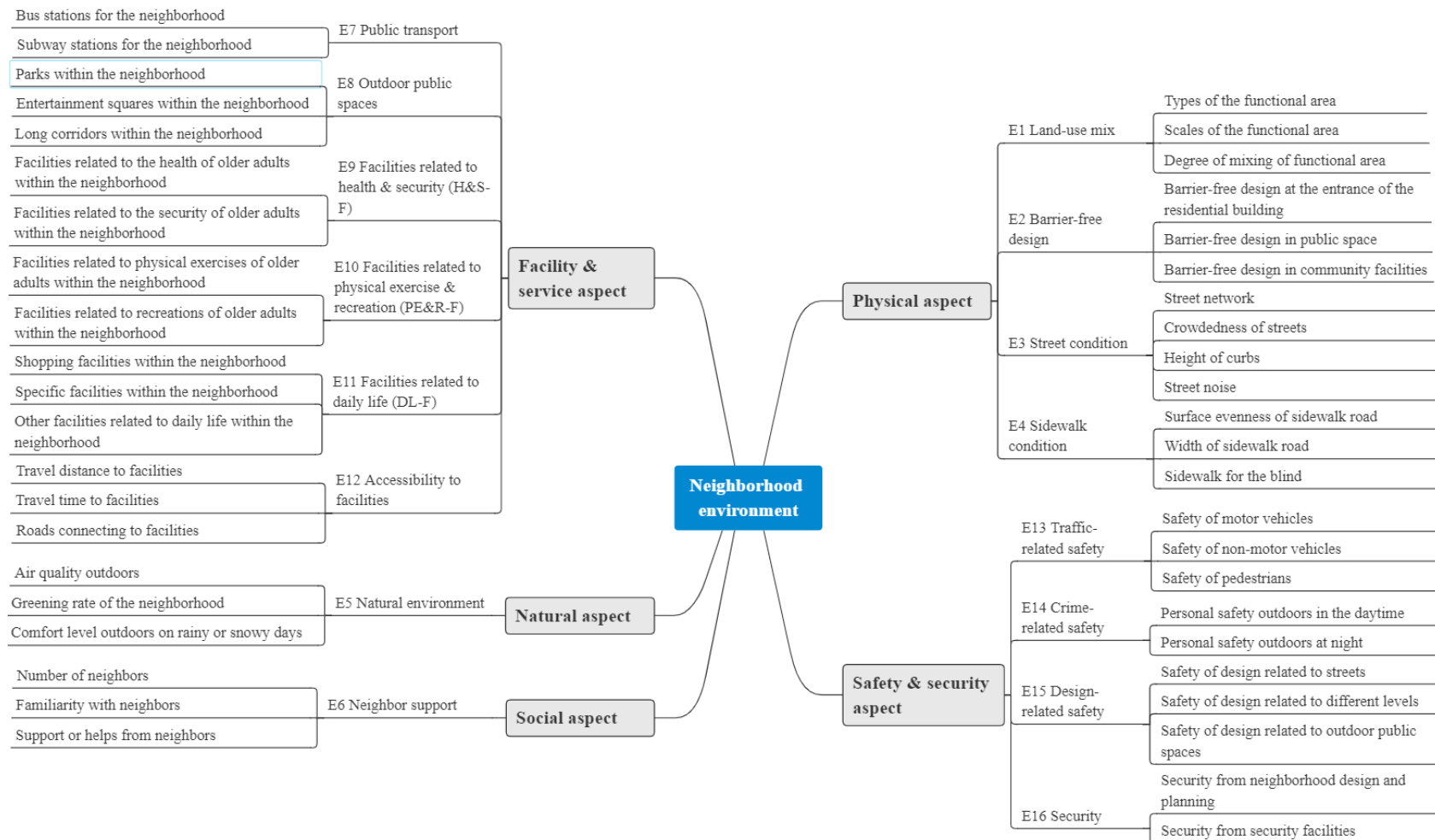
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### 3.1 Measurement instruments

165 To conduct the prediction approach, it is essential to determine the critical features of  
 166 neighborhood environment that significantly influence the elderly's lives as inputs of  
 167 prediction, and the main domains of the elderly's QoL as outputs of prediction. The  
 168 detailed measurements of both neighborhood environment and the QoL should be  
 169 determined at first.

170 This study measures the neighborhood environment by 16 indicators identified by prior  
 171 research as critical indicators influencing the elderly heavily (Zhang, Li, Ahrentzen, et  
 172 al., 2020). The detailed measurement items of each indicator are developed and proved  
 173 valid and reliable, as shown in Fig. 2 (Zhang & Li, 2019a). Regarding the QoL, this  
 174 study utilizes the official QoL measurement of WHOQOL-BREF. The measurement

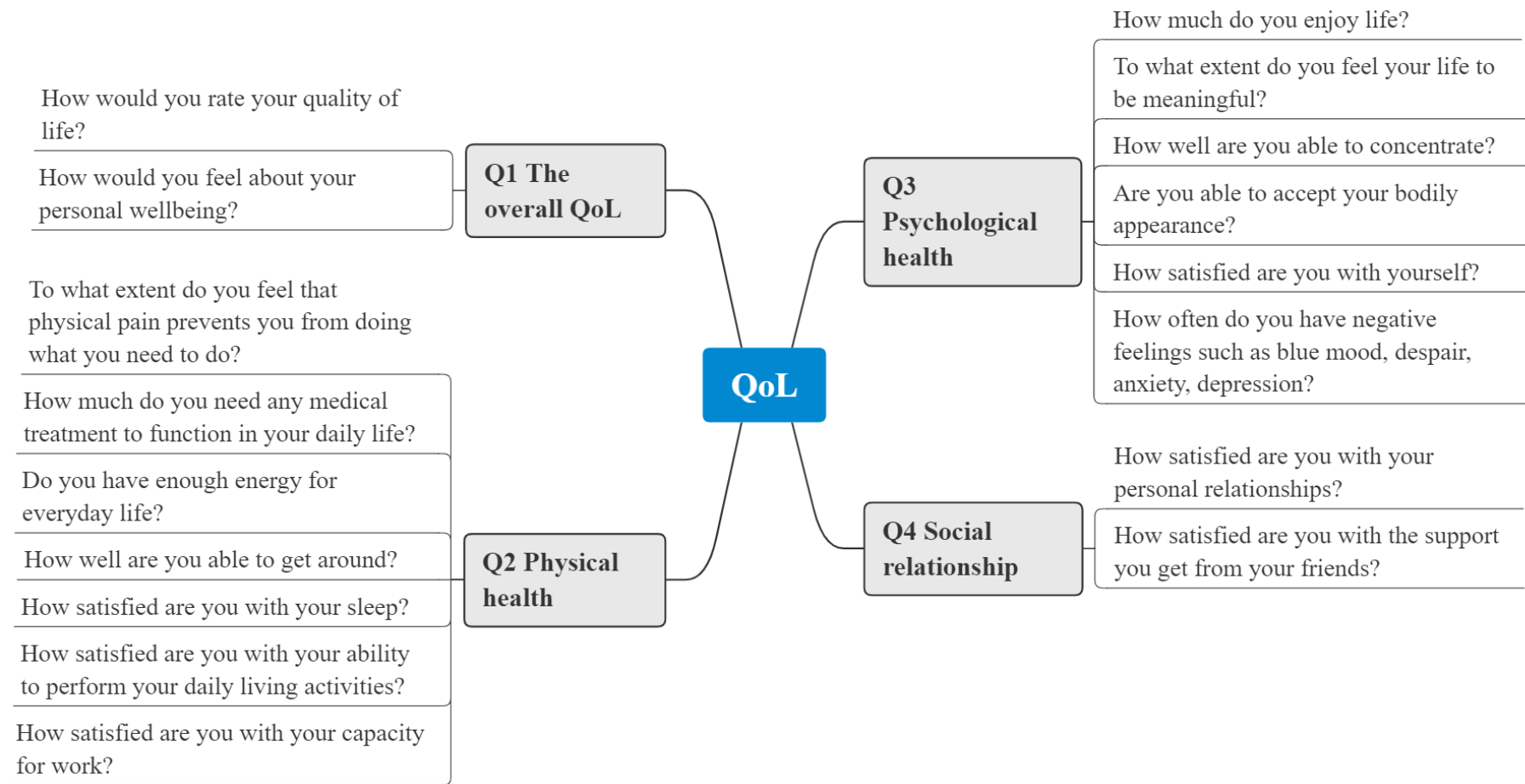
175 items qualify the QoL from four domains, containing overall QoL, physical health,  
176 psychological health, and social relationship (Yu, Ma, & Jiang, 2017), as shown in Fig.  
177 3.



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**Fig. 2.** Measurement items for critical indicators of neighborhood environment



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181

**Fig. 3.** Measurement items for the QoL of the elderly

### 182 3.2 ANN model of neighborhood environment and QoL of the elderly

183 The complicated relationship between the neighborhood environment and the elderly's  
184 QoL has been proved to exist. Owing to the high capability to approximate the actual  
185 complex relations, BPNN (back propagation neural network), a widely-used ANN  
186 model, is used to establish the ANN model to simulate influence relations. The collected  
187 data are imported as the data set to train the ANN model. All procedures and settings  
188 are conducted in the Matrix Laboratory (MATLAB).

189 The general neural network contains input layer, hidden layer, and output layer (Zhang,  
190 Liu, Rao, Li, & Zhao, 2020). In the input layer, the 16 critical indicators of  
191 neighborhood environment are used as inputs of the model; while in the output layer,  
192 the four domains of QoL are regarded as outputs. However, the number of hidden layers  
193 and the number of variables in each hidden layer are not fixed. To prevent overfitting,  
194 one hidden layer is enough for the neural network. The hidden layer needs to be  
195 determined by the method of trial-by-error (Zhou, 2016). The initial number of hidden  
196 variables is set as 6 based on Equation 1 (Zhou, 2016). After determining the remaining  
197 parameters of the neural network, trials of ANN model training would be conducted by  
198 increasing the number of hidden variables from 6. After trials, the number of hidden  
199 variables would be finalized when the ANN model achieves the best performance.

$$200 \quad l = \sqrt{n + m} + a \quad (\text{Equation 1})$$

201 Where,  $l$  refers to the number of hidden variables,  $n$  refers to the number of input  
202 variables,  $m$  refers to the number of output variables,  $a$  is a constant between [0,10].

203 Besides, the activation function of hidden layer is set as Sigmoid function, the  
204 activation function of output layer is set as Pureline function, and the training algorithm  
205 is set as Levenberg-Marquardt (coded as "trainlm"). Moreover, "early stopping" is  
206 adopted to prevent further overfitting. The data set is divided into three sets: 70% data

207 as training data set, 15% data as validation data set, and 15% data as test data set (Ilbeigi  
 208 et al., 2020; Xu, Huang, Zhang, & Li, 2018). When errors of training data set decrease  
 209 but errors of validation data increase, the process of training should be stopped and the  
 210 trained network is returned. All settings for training the ANN model are summarized in  
 211 Table 1.

212 **Table 1**

213 Structure of the ANN model (Chan & Chau, 2019)

		Setting
Structure	Input layer	16 variables: indicators of neighborhood environment.
	Hidden layer	Number of hidden variables is determined by Equation 1 and trial-by-error.
	Output layer	4 variables: the overall QoL, physical health, psychological health, social relationship.
Activation function	Hidden layer	<i>Sigmoid</i> function
	Output layer	<i>Pureline</i> function
Training		Levenberg-Marquardt
Data sets	Training	70%
	Validation	15%
	Test	15%

214 **3.3 Scenario analysis**

215 Scenario analysis is a qualitative method to analyze future events by considering  
 216 possible outcomes, usually used in geopolitics, finance, clinical medicine and education  
 217 (Duinker & Greig, 2007). The usage of scenario analysis is not limited by hypotheses,  
 218 so it is flexible enough to analyze and forecast uncertain development. Scenario  
 219 analysis considers potential conditions and emergencies as many as possible, and  
 220 provides evidence for decision-makers as much as possible. The steps of scenario  
 221 analysis are described below.

222 (1) *Confirming the research topic.* Since this study aims to simulate the impacts of

223 neighborhood environment on the elderly's QoL, the topic of scenario analysis should  
224 focus on possible development related to the neighborhood environment and residents.

225 *(2) Ensuring analytical perspectives.* Many potential scenarios will occur within the  
226 neighborhood, and some of them can significantly affect the daily life of the elderly.  
227 The analytical perspectives related to the elderly should be decided to guide the scenario  
228 setting. Generally, the changes of neighborhood environment follow natural rules if  
229 there is no human intervention. Therefore, scenarios of neighborhood environment are  
230 analyzed from perspectives of natural progression and human intervention.

231 *(3) Setting potential single and multiple scenarios.* The single scenario of neighborhood  
232 environment considers only one possibility. From the perspective of natural progression,  
233 the neighborhood environment would deteriorate gradually (Zhu et al., 2020), and the  
234 population of the elderly would increase as the world trend (United Nations, 2019).  
235 From the perspective of human intervention, besides the well-known renewal projects  
236 of neighborhood environment (Zhu et al., 2020), governments would implement  
237 relevant rules or policies to facilitate aging-in-place, such as government funding for  
238 community care services (Zhang, Li, & Zhang, 2019), and social services and benefits  
239 for the elderly<sup>1</sup>. In practice, different single scenarios would not occur independently,  
240 but concurrently. The multiple scenarios are developed to mimic the actual situations  
241 by integrating several single scenarios. According to common sense, we suppose the  
242 aged population must retain increasing, the neighborhood environment may keep  
243 deteriorating, or get better by the urban renewal, and the supportive rules and policies  
244 may be launched or not.

#### 245 ***3.4 Latin Hypercube Sampling (LHS)-based Monte-Carlo experiment***

246 Monte Carlo experiment is a numerical method to obtain certain statistical features by

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<sup>1</sup> <https://www.gov.hk/tc/residents/housing/socialservices/elderly/elderlyservices.htm>

247 repeating random experiments (Zheng, Yu, Wang & Tao, 2019), according to *Law of*  
248 *Large Number* and *Central Limit Theorem*. This method is appropriate to solve issues  
249 of “expected value of random variables” and “probability distribution of events”, which  
250 cannot be obtained easily (Robert & Casella, 2013). Monte Carlo experiment helps save  
251 time for decision-making by dealing with the randomness and uncertainty of studies  
252 and projects. Procedures of Monte Carlo experiment were modified to adapt the ANN  
253 model, and conducted in the software of the Crystal Ball and MATLAB.

254 *(1) Setting probabilistic models and functional relation.* At first, standard probabilistic  
255 models of neighborhood environmental indicators should be set by point estimation of  
256 collected data of neighborhood environment. Then concrete probabilistic models are  
257 determined for neighborhood environment under different scenarios according to  
258 scenario analysis results. In the Monte Carlo experiment, the functional relation  
259 between independent and dependent variables is also needed to make the prediction.  
260 The trained ANN model is imported as the functional relation between neighborhood  
261 environment and the QoL of the elderly.

262 *(2) Determining the sampling method.* Traditionally, Monte Carlo experiment uses  
263 simple random sampling, by which the results of sampling contain any values within  
264 the ranges of property models. When the sample size is large enough, many repeated  
265 values may appear in results of sampling. The aggregation results in a lack of samples  
266 with low probability. However, samples with low probability refer to the extreme  
267 conditions of neighborhood environment, which should not be omitted in this study.  
268 Thus, Latin Hypercube Sampling (LHS) is adopted in Monte Carlo experiment, instead  
269 of traditional simple random sampling. LHS generates near-random samples of  
270 parameter values from a multidimensional distribution (McKay, Beckman, & Conover,  
271 1979), belonging to stratified sampling. LHS can ensure samples cover all probability  
272 intervals, reduce iterations, and improve sampling efficiency, ensuring the set of



273 random numbers is representative of the real variability<sup>2</sup>.

274 *(3) Conducting experiments following statistical properties.* It is essential to specify  
275 how many simulations to run when the measurement of interest (median or mean)  
276 becomes stable (McMurray, Pearson, & Casarim, 2017). The more times Monte Carlo  
277 experiments, the results can represent more actual distributions. At least 10,000 times  
278 experiments are necessary for general studies. In this study, 16 indicators of  
279 neighborhood environment require more times experiments to reflect considerable  
280 possible conditions of 16 indicators. Thus, LHS-based Monte Carlo experiments are  
281 conducted 50,000 times to generate 50,000 samples of neighborhood environment.  
282 Then based on the functional relation of trained ANN model, 50,000 sets of predictions  
283 of the elderly's QoL values can be obtained for each scenario.

284 *(4) Fitting distribution of the predictive QoL values.* Distribution fitting is conducted to  
285 confirm the distribution curves of predictive QoL values of each scenario. Then, the  
286 change patterns of the QoL with scenarios can be identified by summarizing and  
287 comparing the distribution curves of the QoL values under different scenarios.

## 288 **4. Results**

### 289 *4.1 Study area and data collection*

290 According to the measurements of both neighborhood environment and the QoL (Figs.  
291 2 and 3), the questionnaire was designed to collect data about the QoL of community-  
292 dwelling older adults and their neighborhood environment. In the questionnaire, the  
293 first part investigates basic information about respondents; the second part inquires the  
294 perceived neighborhood environment of respondents, and questions are set according  
295 to measurement items in Fig. 2; the third part inquires the QoL of respondents, and

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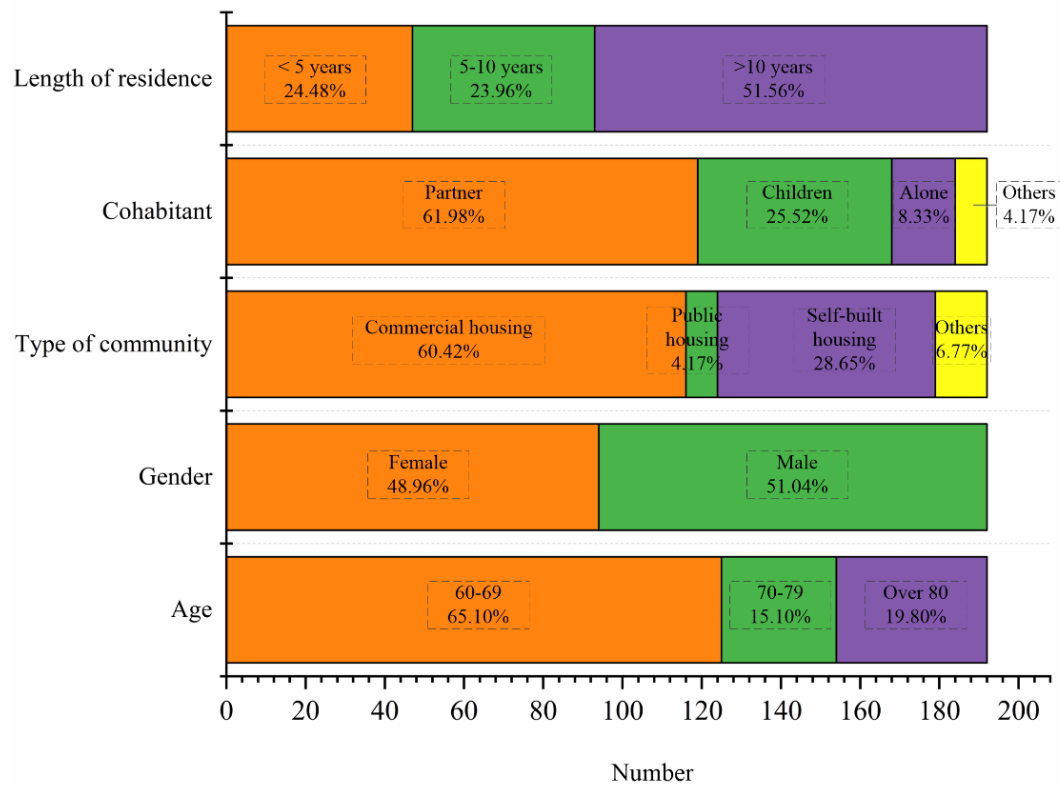
<sup>2</sup> [https://en.wikipedia.org/wiki/Latin\\_hypercube\\_sampling](https://en.wikipedia.org/wiki/Latin_hypercube_sampling)

296 questions are developed based on measurement items in Fig. 3. Respondents are asked  
297 to score each question between 1 (very unsatisfied) and 5 (very satisfied) by five-point  
298 Likert scale. For instance, respondents answer two questions to present their social  
299 relationship, including “how satisfied are you with your personal relationship” and  
300 “how satisfied are you with the support you get from your friends”. The values of 16  
301 environment indicators and 4 domains of QoL are the average scores of their  
302 measurement items. Respondents of the questionnaire survey are required to be  
303 community-dwelling residents over 60 years old, also with good capability of thinking  
304 and communication to give their feedback.

305 This survey was conducted in 2019 at Nanjing, the capital city of Jiangsu Province, the  
306 major cities located within the Yangtze River Delta, where older adults over 60 years  
307 old account for a proportion of 21.07% of the whole population. Nanjing is regarded as  
308 one of cities facing the most severe aging problem in China. In recent years, Nanjing  
309 government makes efforts to build a livable city for the elderly. Furthermore, the living  
310 environment of part of neighborhoods in Nanjing, a historical city, has worsened for a  
311 long time. Thus, the official interventions of old neighborhood renewal (ONR) have  
312 been implemented gradually in some areas of Nanjing (Zhu, Li, & Jiang, 2020).

313 204 respondents participated in the questionnaire survey in total, and finally, 192  
314 eligible data were collected via the questionnaire survey. The basic information of  
315 respondents is listed in Fig. 4, which manifests that respondents were selected to cover  
316 different genders, age groups, types of residential building, households, and length of  
317 residence, for ensuring the reliability of data collection. The descriptive statistics of  
318 collected data are conducted to explore the data distribution, including mean value,  
319 standard deviation and variance, as shown in Table 2.

320



321

322

**Fig. 4.** The basic information of respondents

323 **Table 2**

324 The descriptive statistics of data collection

Category	Code	Indicator/Domain	Mean	Standard deviation	Variance
Neighborhood environment	E1	Land-use mix	3.047	1.014	1.028
	E2	Barrier-free design	2.873	0.981	0.962
	E3	Street condition	3.352	0.872	0.760
	E4	Sidewalk condition	2.913	0.851	0.724
	E5	Natural environment	3.358	0.867	0.752
	E6	Neighbor support	3.566	0.734	0.539
	E7	Public transport	3.078	1.004	1.007
	E8	Outdoor public spaces	3.200	0.882	0.778
	E9	Facilities related to health & security	2.990	0.949	0.900
	E10	Facilities related to physical exercise & recreation	2.917	0.985	0.969
	E11	Facilities related to daily life	3.089	0.851	0.725
	E12	Accessibility to facilities	3.250	0.893	0.797

	E13	Traffic-related safety	3.191	0.925	0.856
	E14	Crime-related safety	3.560	0.833	0.694
	E15	Design-related safety	2.721	0.789	0.622
	E16	Security	3.268	0.912	0.832
QoL of the elderly	Q1	Overall QoL	3.497	0.773	0.598
	Q2	Physical health	3.528	0.682	0.465
	Q3	Psychological health	3.300	0.699	0.489
	Q4	Social relationship	3.490	0.722	0.521

#### 325 **4.2 Results of the ANN model**

326 The influence relationship between neighborhood environment and the residents' life  
327 quality is regarded as a complicated many-to-many relationship, and it brings  
328 difficulties to accurately infer the QoL by the neighborhood environment in traditional  
329 ways. This problem can be solved effectively by training the ANN model to fit this  
330 complicated influence relationship.

331 The collected data are divided into three data sets: 70% for training, 15% for validation,  
332 and the remaining 15% for testing. Two performance indices of the model training  
333 manifest how the ANN model fits the relationship of the collected data, one is R value  
334 which measures the correlation between targets (collected data of the QoL) and outputs  
335 (predicted value of the QoL through the ANN model), the other one is mean squared  
336 error (MSE) which refers to the average difference between targets and outputs. The  
337 closer that R value is to 1 and MSE is to 0, the better fitting performance of the trained  
338 ANN model (Ilbeigi et al., 2020).

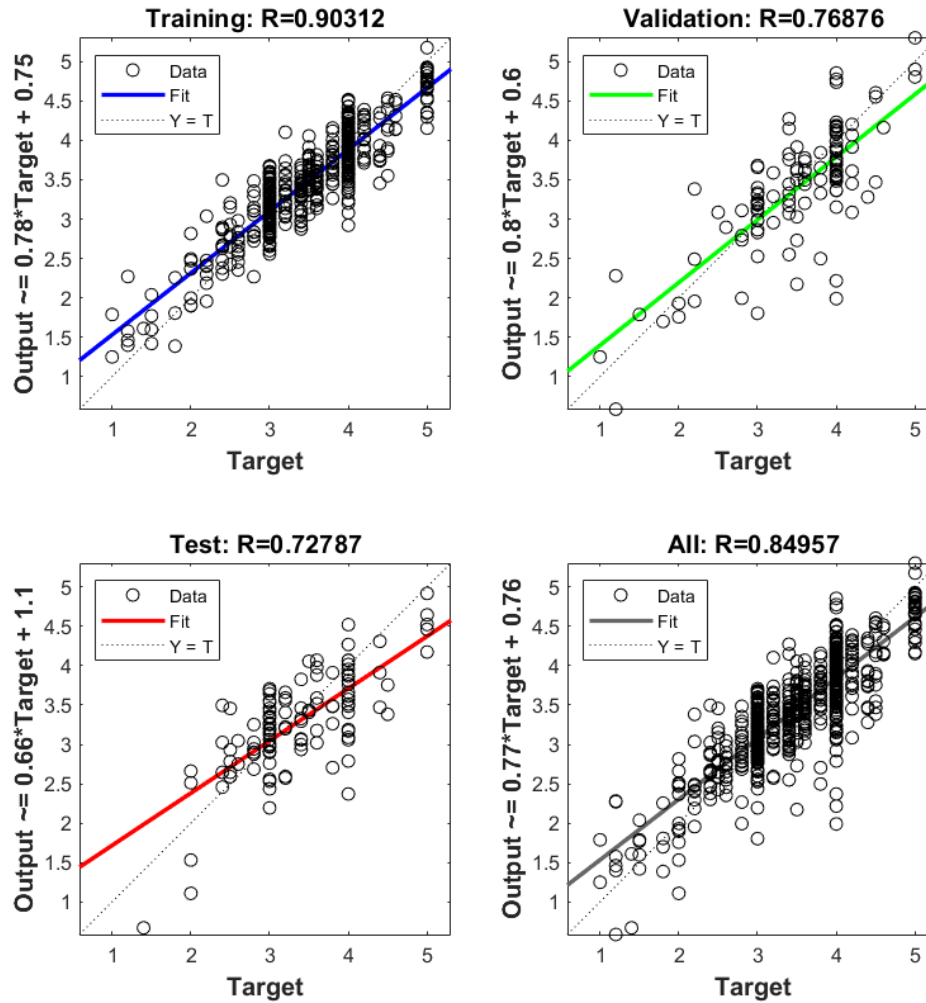
339 According to the description of the integrated approach, after well-setting of the model  
340 structure, the first thing is to determine the number of variables in the hidden layer by  
341 error-by-trail. The initial number is decided as 6, error-by-trail is conducted to test the  
342 ANN model performance with different numbers of variables in the hidden layer. After  
343 testing from 6 variables to 20 variables, we find that the model with 15 variables in the  
344 hidden layer has the best R value and MSE. Consequently, the number of hidden

345 variables is determined as 15. By conducting the training, validation and test, the ANN  
346 model performs best after epoch 11. The results of R value and MSE are listed in Table  
347 3, and the performance of the model training, validation and test are illustrated in Fig.  
348 5. The MSEs of training, validation and test are between 0.097 and 0.287, and the  
349 average R value reaches 0.850, manifesting the ANN model can fit the collected data  
350 and reflect the actual relationship among critical indicators of neighborhood  
351 environment and domains of QoL quite well.

352 **Table 3**

353 Performance indices of the trained ANN model

ANN model	R	MSE
Training	0.930	0.097
Validation	0.769	0.287
Test	0.728	0.249



354

355

**Fig. 5.** The performance of the ANN model

356

### ***4.3 Potential scenarios of neighborhood environment development***

357

According to scenario analysis procedures, four single scenarios and four multiple

358

scenarios of neighborhood environment are developed from perspectives of natural

359

progression and human intervention.

360

#### ***4.3.1 Single scenarios of natural progressions***

361

***S1: Population aging.***

362 In terms of the official report *World Population Ageing 2019* (United Nations, 2019),  
363 population aging is a worldwide trend that most countries must face. Under natural  
364 progression, the demographic structure of neighborhood would keep aging  
365 continuously, also called “*population aging*”. The increasing number of aged neighbors  
366 means that older adults would have more peers to get familiar, and support each other  
367 physically and psychologically. Meanwhile, a higher proportion of older adults implies  
368 growing demands and higher requirements on community care facilities, and the  
369 elderly’s user experience and perception of original neighborhood facilities will decline  
370 therewith. Therefore, the neighborhood social environment would be better, while  
371 neighborhood facilities would be worse in this scenario.

372 ***S2: Deterioration of neighborhood environment.***

373 Normally, except for the social environment, other components of neighborhood  
374 environment must deteriorate naturally. The old neighborhood, usually built in  
375 compliance with relatively low construction techniques and standards, would  
376 deteriorate quickly, and the new neighborhood with high construction standards would  
377 gradually deteriorate as time passes as well. Thus, the scenario of “*deterioration of*  
378 *neighborhood environment*” is foreseeable.

379 *4.3.2 Single scenarios of human interventions*

380 ***S3: Renewal of neighborhood environment.***

381 One main human intervention is neighborhood renewal which can improve and  
382 rehabilitate the urban neighborhoods, often containing slum removal, building  
383 reconstruction, physical regeneration, and so on (Zhu et al., 2020). Since the importance  
384 of living environment has raised much attention, urban renewals have already  
385 conducted in many cities. For instance, Nanjing city has renewed 192 old  
386 neighborhoods involving areas of 6 square kilometers in 2018-2019 and plans to

387 increase and expand the future renewal plans (Zhu et al., 2020). The scenario of  
388 “renewal of neighborhood environment” would bring significant improvements to  
389 physical environment, natural environment, facilities, and safety and security within the  
390 neighborhood.

391 ***S4: Implementations of supportive rules and policies.***

392 Governments usually intervene in the neighborhood environment by implementing  
393 relevant rules or policies which are beneficial to aging-in-place, while facility operators  
394 and property management companies set rules to provide high-quality community  
395 services and activities. Unlike the neighborhood renewal plans, supportive rules and  
396 policies mainly concern community services and activities, such as launching official  
397 activities and services, setting standards on community services, funding and  
398 subsidizing organizations of community services (Chen & Han, 2016; Mahmood et al.,  
399 2012). So, the neighborhood facilities and social environment would be better in the  
400 scenario of “implementations of supportive rules and policies”.

401 ***4.3.3 Multiple scenarios***

402 According to the analysis of single scenarios, the renewal of neighborhood environment  
403 is a substitution of its natural deterioration, the aging trend of neighborhood population  
404 cannot be stopped, and the implementation of supportive rules and policies is uncertain  
405 in the future. Four multiple scenarios are set to represent the possible concurrences of  
406 single scenarios.

407 ***S5 & S6: Concurrences of two single scenarios***

408 Given that population aging is inevitable, and supposing no supportive rule and policy  
409 release, there are only two possible scenarios. One multiple scenario S5 is no  
410 neighborhood environment renewal, a combination of S1 and S2 called “double aging”,



411 and the other multiple scenario S6 is conducting neighborhood environment renewal, a  
412 combination of S1 and S3.

#### 413 *S7 & S8: Concurrences of three single scenarios*

414 Concurrences of three single scenarios can be developed by adding supportive rules and  
415 policies on S5 and S6. Multiple scenario S7 describes supportive policies are introduced  
416 in the context of “double aging”; and multiple scenario S8 means government  
417 implements both supportive policies and neighborhood renewals simultaneously, in the  
418 inevitable trend of population aging.

#### 419 *4.4 Monte Carlo experiment of the QoL of the elderly*

420 As shown in Fig. 1, the collected data and assumptions of scenarios assist in establishing  
421 probabilistic models of neighborhood environmental indicators, and the trained ANN  
422 model is used to the simulated relations. The next step is the conduction of Monte Carlo  
423 experiment to obtain the probability distribution of the elderly’s QoL values.

##### 424 *4.4.1 Probabilistic models of neighborhood environment*

425 In terms of the Central-limit theorem, as samples of independent random variable  
426 increase to infinite, its normalized sum tends toward a normal distribution even if the  
427 original variables themselves are not normally distributed (Rovai, Baker, & Ponton,  
428 2013). In the social survey, the feedback is generally regarded to follow the normal  
429 distribution. Therefore, it is reasonable to infer the value of neighborhood  
430 environmental indicators is normally distributed with mean  $\mu$  and standard deviation  $\sigma$ ,  
431 referred to as  $N(\mu, \sigma^2)$ . Based on the collected data, point estimation method is applied  
432 to build the initial probabilistic models of neighborhood environmental indicators, as  
433 shown in Tables 2.

434 The initial probability models of neighborhood environment vary with single and

435 multiple scenarios, following the variation trend which is summarized from scenario  
 436 analysis of neighborhood environment (as shown in Table 4). In this study, the  
 437 neighborhood environmental renewal and supportive policies are regarded as human  
 438 interventions, while the natural deterioration of neighborhood environment and the  
 439 population aging are regarded as the natural progression. The natural progression is  
 440 generally slow to take effect; conversely, the human intervention brings more instant  
 441 and significant returns. According to the principle of entropy increase, the natural  
 442 progression is always disordered, making the deviation value of each component  
 443 increases. Otherwise, human intervention usually follows clear standards or  
 444 requirements, shrinking the deviation value considerably. Consequently, for  
 445 neighborhood environmental indicators, it can assume that natural progressions of  
 446 neighborhood environment would cause 10% increase or decrease in their mean values  
 447 and 10% increase in their deviation values, while human interventions in neighborhood  
 448 environment will lead 20% rise in mean values and 20% decline in deviation values.  
 449 Following the above rules, this study establishes the probabilistic models of  
 450 neighborhood environmental indicators in single scenarios (Table A1) and multiple  
 451 scenarios (Table A2).

452 **Table 4**

453 The changes of neighborhood environment in scenarios

Neighborhood environment component	Scenarios							
	S1	S2	S3	S4	S5	S6	S7	S8
Neighborhood physical environment		-	+		-	+	-	+
Neighborhood natural environment		-	+		-	+	-	+
Neighborhood social environment	+			+	+	+	++*	++*
Neighborhood facilities	-	-	+	+	--*	++*	---*	+++*
Neighborhood safety and security		-	+		-	+	-	+

Notes: “+” refers to positive change; “-” refers to negative change; \* refers to multiple changes.

454 *4.4.2 Probability distribution of QoL of older adults under diverse scenarios*

455 The LHS requires to set assumptions and run preferences before the conduction. 8 sets  
456 of assumptions are defined as 8 scenarios, and assumed distributions of neighborhood  
457 environmental indicators are defined as probabilistic models in Tables A1 and A2. In  
458 the run preferences, the number of trials to run is set as 50,000, the sampling method is  
459 set as LHS, and other setting keeps the default value. The results of LHS contain 50,000  
460 times sampling of neighborhood environment for each scenario.

461 The results of LHS are imported into the input layer of the trained ANN model. Then  
462 we can obtain 50,000 outputs of the ANN model as predictive QoL values of each  
463 scenario. Results of distribution fitting prove the large-scale outputs are normally  
464 distributed at 95% confidence level. The distribution fittings of predictive QoL values  
465 are listed in Table 5. From Table 5, we can find the elderly's QoL values have some in  
466 common. No matter under whichever scenario, the elderly's psychological health  
467 always presents lower expected value and higher dispersion degree; on the contrary, the  
468 elderly's physical health usually has higher expected value and lower dispersion degree.  
469 That means most of the elderly's perception of psychological health is usually better  
470 than their perception of physical health. Even though four domains of the QoL perform  
471 quite dissimilarly under the same scenario, with positive enhancements of scenarios  
472 from S1 to S8, the differences of expected value and dispersion degree among four  
473 domains are reducing evidently.

474 Furthermore, Fig. 6 visualizes the distribution curves under eight scenarios as the  
475 overall QoL, physical health, psychological health and social relationship. Physical  
476 health of the elderly shows the fewest improvement of its expected value and dispersion  
477 degree. And their psychological health and social relationship show quite obvious  
478 perfection of expected value and dispersion degree. And their overall QoL presents  
479 much reduction of dispersion degree. The QoL values of all four domains achieve the

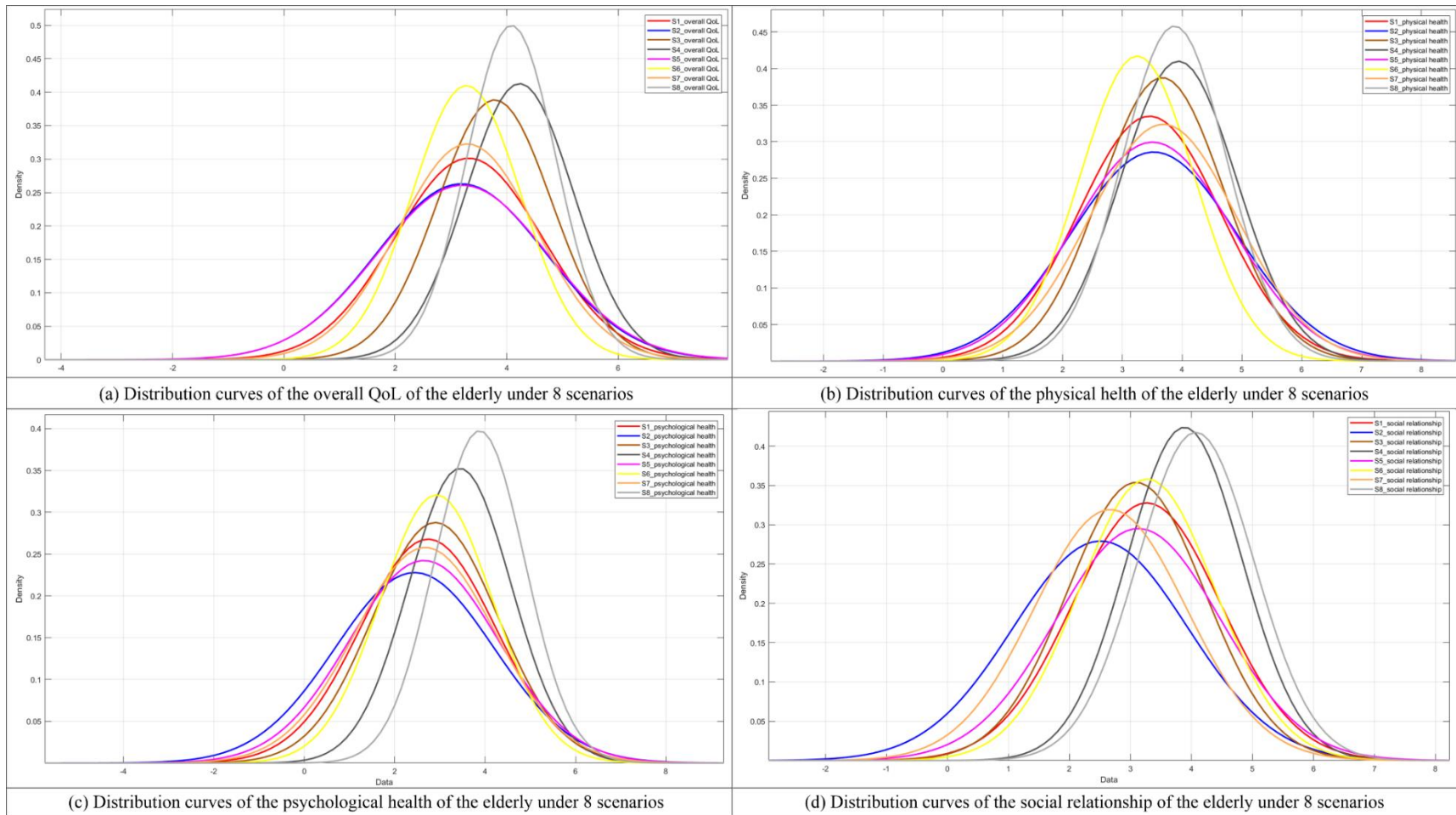
480 best performance under the scenario of S8, demonstrating that human interventions in  
 481 the neighborhood environment can bring actual positive effects to each domain of the  
 482 elderly's lives.

483 **Table 5**

484 Distribution fitting of predictions of the elderly's QoL value

Scenarios	QoL	Overall QoL	Physical health	Psychological health	Social relationship
Single scenario	S1	$N(3.316, 1.753^2)$	$N(3.454, 1.418^2)$	$N(2.740, 2.219^2)$	$N(3.266, 1.481^2)$
	S2	$N(3.183, 2.303^2)$	$N(3.523, 1.947^2)$	$N(2.440, 3.067^2)$	$N(2.508, 2.042^2)$
	S3	$N(3.782, 1.055^2)$	$N(3.664, 1.058^2)$	$N(2.902, 1.923^2)$	$N(3.091, 1.271^2)$
	S4	$N(4.229, 0.934^2)$	$N(3.938, 0.946^2)$	$N(3.443, 1.281^2)$	$N(3.884, 0.885^2)$
Multiple scenario	S5	$N(3.202, 2.340^2)$	$N(3.503, 1.775^2)$	$N(2.647, 2.712^2)$	$N(3.129, 1.827^2)$
	S6	$N(3.276, 0.947^2)$	$N(3.248, 0.915^2)$	$N(2.926, 1.548^2)$	$N(3.276, 1.241^2)$
	S7	$N(3.291, 1.529^2)$	$N(3.683, 1.516^2)$	$N(2.676, 2.393^2)$	$N(2.669, 1.561^2)$
	S8	$N(4.082, 0.637^2)$	$N(3.870, 0.758^2)$	$N(3.878, 1.007^2)$	$N(4.070, 0.912^2)$

485



486

487

**Fig. 6** Distribution curves of four domains of the elderly's QoL

## 488 **5. Discussions**

489 Predictions results of the QoL performance of the elderly under diverse scenarios help  
490 explore how natural progressions and human interventions of neighborhood  
491 environment change the elderly's life quality, and then provide targeted  
492 recommendations for future development of age-friendly neighborhood environment.

### 493 ***5.1 Natural progressions of the neighborhood environment***

494 "Population aging", "deterioration of neighborhood environment", and their  
495 combination called "double aging" are set as most likely scenarios of neighborhood  
496 environment under natural progressions. The distribution fittings of S1, S2 and S5  
497 reveal the different performance of the elderly's QoL under three types of natural  
498 progressions, respectively.

499 In Fig. 6(a), the elderly perceive their overall QoL declining holistically with natural  
500 progressions of neighborhood environment. The expectation of overall QoL under  
501 neighborhood environmental deterioration is predicted to be lower than that under  
502 population aging, while the deviation is higher. It implies the natural deterioration will  
503 result in more significant decline in the elderly's overall perception of their life quality,  
504 and lead to larger individual differences. More specifically, there are few differences  
505 between distribution fittings of S2 and S5, indicating the reduction of the elderly's  
506 overall QoL during natural progressions is mainly caused by neighborhood  
507 environment deterioration. This is because the neighborhood environmental  
508 deterioration causes the overall deterioration of environmental components, which can  
509 be directly perceived by the elderly through their senses, and then lowers their  
510 experiences of comfort and control (Yu, Ma, & Jiang, 2017). Moreover, independent  
511 maintenance and operation of neighborhoods result in different levels of environmental  
512 deterioration among different neighborhoods, increasing the deviation of overall QoL.

513 Fig. 6(b) shows both population aging and deterioration of neighborhood environment  
514 would not lead to noticeable changes in the expected value of physical health, only  
515 enlarge the individual differences moderately. Physical health is primarily determined  
516 by the individual's physical condition, like diseases and injuries, so it is pretty hard for  
517 natural progressions of neighborhood environment to change the average level of  
518 physical health of the elderly remarkably (Zhang & Li, 2019b). The natural growth of  
519 aged population means more older adults with different physical conditions, increasing  
520 the deviation of physical health to a certain degree.

521 The psychological health and social relationship of the elderly perform similarly in  
522 natural progressions of neighborhood environment, showing the declining expectation  
523 and increasing individual differences. The negative effect of population aging seems  
524 slighter than environmental deterioration. Population aging also offers peers to build  
525 better social contact and obtain more peer support that benefits the elderly's social  
526 relationship (Luong, Charles, & Fingerma, 2011), and these formal and informal peer  
527 supports would improve their psychological health further (Chaudhury et al., 2012;  
528 Zhang & Li, 2019b). Furthermore, the change of distribution fitting from S1 to S5 is  
529 only the deviation increment. When population aging coincides with neighborhood  
530 environmental deterioration, the average level of the elderly's psychological health and  
531 social relationship is mainly determined by the aging degree of neighborhood  
532 population. And different degrees of environmental deterioration make the elderly's  
533 psychological health and social relationship diverse among different neighborhoods.

## 534 ***5.2 Human interventions in the neighborhood environment***

535 There are two typical human interventions in the neighborhood environment:  
536 environmental renewal and supportive rules and policies. The switch from S2 to S3  
537 refers to neighborhood environment getting renewed artificially, and S4 means  
538 supportive rules and policies are implemented to facilitate neighborhood environment

539 development.

540 The changes of distributions of predictive QoL values from S2 and S3 manifest the  
541 actual effects of neighborhood environmental renewal on the elderly's QoL. The  
542 neighborhood environmental renewal increases the elderly's expectation of the QoL,  
543 and the order of increment from high to low is overall QoL, social relationship,  
544 psychological health, physical health. Meanwhile, the renewal also reduces individual  
545 differences of the QoL, and the order of reduction from high to low is overall QoL,  
546 psychological health, physical health, social relationship. Similar to the environmental  
547 deterioration, the elderly's overall QoL is also sensitive to neighborhood environmental  
548 renewal, while the elderly's physical health is affected by the neighborhood  
549 environmental renewal very slightly. Also, neighborhood environmental renewal  
550 improves the elderly's social relationship and psychological health by offering better  
551 environment to enhance their social and emotional communications with the  
552 neighborhood, but its effects vary with individuals.

553 Furthermore, differences between predictive QoL values of S3 and S4 reveal supportive  
554 rules and policies are more efficient than neighborhood environment renewals in  
555 promoting life quality, especially psychological health and social relationship. Unlike  
556 the environmental renewal, supportive rules and policies released by local government  
557 or property management companies do not change the tangible neighborhood directly,  
558 but can enhance the social environment and community services through higher  
559 standards and financial support (Chen & Han, 2016). Supportive rules and policies are  
560 effective to address actual demands of the elderly on community services and formal  
561 support, due to prior investigations before the release (Gu et al., 2020). Besides,  
562 residents are generally encouraged to participate in prior investigations and the process  
563 of policy-making, enhancing public engagement of the elderly in the neighborhood.  
564 The elderly feel more familiar and controllable to their independent lives, and ensure  
565 their dignity of aging-in-place (Jayantha, Qian, & Yi, 2018; Yu, Ma, & Jiang, 2017).



566 **5.3 Compound effects**

567 In reality, not all natural progressions can be prevented or replaced by human  
568 interventions. For instance, the trend of population aging is hard to be stopped  
569 immediately, while the trend of natural deterioration of neighborhood environment can  
570 be prevented by environmental renewal. Since concurrences of several scenarios must  
571 occur in the future, the compound effects of natural progressions and human  
572 interventions should be considered for conforming to reality as much as possible.

573 *(1) "Population aging" reduces positive effects of neighborhood environmental*  
574 *renewal.*

575 Since population aging is inevitable, the effects of neighborhood environmental  
576 renewal have to be considered under the impact of population. The difference between  
577 multiple scenarios S5 and S6 manifests these actual compound effects. Furthermore, by  
578 comparing the difference between multiple scenarios S5 and S6 with the difference  
579 between single scenarios S2 and S3, it can be found that population aging weakens the  
580 effects of neighborhood environment renewal on the elderly's QoL. Generally, the  
581 renewal of neighborhood environment optimizes the tangible components of  
582 neighborhood environment directly. The population aging brings more community-  
583 dwelling older adults to share the same neighborhood environment, offsetting the  
584 positive perception of daily life quality brought by environmental renewal. Similarly,  
585 the difference of predictive QoL values between S4 and S7 reveals the population aging  
586 only slightly reduces the effect of supportive rules and policies on the elderly's overall  
587 QoL. The implementation effect of many supportive rules and policies is not closely  
588 related to the population structure.

589 *(2) Human interventions can promote mutually.*

590 In view of the inevitable population aging, the interactions of human interventions are

591 considered under the impacts of population aging. Through comparing the predictive  
592 QoL values of S6, S7 and S8, it can be found that implementing two types of human  
593 interventions in the meantime has greater compound effects than implementing one  
594 human intervention independently.

595 It is referred that “neighborhood environmental renewal” and “supportive rules and  
596 policies” can promote each other to achieve more significant compound effects on the  
597 elderly’s QoL. The usage guidelines and rules of neighborhood environment  
598 standardize the users’ behavior within the neighborhood. The policies can enrich the  
599 category of community services and enhance the service quality (Chen & Han, 2016).  
600 The rules launching formal neighbor support, like official activities, clubs, or unions,  
601 can facilitate the elderly to take advantage of renewed environment (Zhang & Li,  
602 2019b). These rules and policies assist in promoting the elderly’s perception of QoL  
603 derived from neighborhood environment renewal.

604 In turn, the renewal of neighborhood environment promotes the performance of  
605 supportive rules and policies by providing tangible environment to carry out rules and  
606 policies smoothly. For instance, renewed facilities and physical environment are the  
607 basis to organize formal neighbor support required in supportive rules and policies, such  
608 as official activity teams and clubs for the elderly; enhanced street condition, sidewalk  
609 condition, barrier-free design, safety and security within the neighborhood also reassure  
610 the elderly to enjoy benefits and welfare brought by supportive rules and policies  
611 whenever and wherever.

#### 612 ***5.4 Recommendations***

613 This study contributes to quantifying the predictions of the QoL of the elderly by  
614 dynamic neighborhood environment. Based on the predictions, convincing  
615 recommendations are proposed to guide the future development of neighborhood

616 environment, for achieving significant advances in improving the elderly's QoL.

617 *(1) Formulating targeted supportive rules or policies.*

618 In the past, both the government and the public usually pay more attention to physical  
619 renewal than supportive rules and policies that are hard to bring some apparent changes  
620 immediately. Actually, the findings of prediction demonstrate the supportive rules and  
621 policies are more efficient than neighborhood environment renewals in promoting the  
622 elderly's QoL, especially promoting their psychological health and social relationship.  
623 Since supportive rules and policies are pretty flexible, decision makers should  
624 investigate the actual problems of current neighborhood services and facilities, then  
625 solve problems by releasing targeted rules and policies. For instance, if the operation  
626 of community facilities is quite difficult, policies would consider to increase the  
627 financial support for communities facility operators; otherwise, the form and rule about  
628 community services and activities can be optimized according to the elderly's  
629 preferences.

630 *(2) Enhancing mutual promotions of human interventions.*

631 Human interventions are proved to promote mutually. For maximizing mutual  
632 promotions between neighborhood environmental renewal and the proposal of policies  
633 and rules, systematic thinking is recommended to apply in deciding details of human  
634 interventions. Neighborhood environment and human interventions can be regarded as  
635 a system. Details of one human intervention should be decided with the consideration  
636 of the influences on the whole system.

637 As a result, the renewal scheme of neighborhood environment should consider meeting  
638 specific and potential requirements of rules and policies, convenient for further  
639 implementations of possible rules and policies. Meanwhile, relevant rules and policies  
640 need to assist the elderly in utilizing renewed neighborhood environment, such as

641 organizing outdoor activities to enjoy the better natural environment, organizing night  
642 activities under better neighborhood safety and security. Furthermore, it would be  
643 beneficial to extend the scope of supportive rules and policies beyond the community  
644 services and activities. In practice, lacking effective policies has become the key barrier  
645 to carry out neighborhood renewal (Zhu et al., 2020). The supportive policies and  
646 standards should be developed to manage processes and operations of neighborhood  
647 environmental renewal projects, and evaluate the performance (Zhu et al., 2019).

648 *(3) Targeting the improvement of the elderly's physical health.*

649 Last but not least, current renewals, rules, and policies lack significant promotive  
650 effects on physical health. More creative human interventions in the neighborhood  
651 environment, especially which can promote physical health of the elderly, should be  
652 developed in the future. The rapid development of new technique and equipment offer  
653 good chance to solve this issue creatively. For instance, techniques of AI and digital  
654 information can be applied to optimize the neighborhood environment (Podgorniak-  
655 Krzykacz, Przywojska, & Wiktorowicz, 2020), such as automated alarm systems and  
656 smart community management platforms. And essential first-aid equipment, like the  
657 automated external defibrillator, should be placed in visible locations. These new  
658 interventions can assist in reducing the physical risks of injuries and sudden illnesses  
659 for the elderly, and ensure the elderly keep good physical health.

660 **6. Conclusions**

661 Under rapid development of cities, urban neighborhood environment keeps changing  
662 continuously. Affected by the neighborhood environment, the elderly's life quality  
663 varies as well. Previous studies focused on identifying the environmental factors that  
664 influence the elderly' life quality significantly, but seldom considered how the elderly's  
665 QoL varies with the dynamic neighborhood environment. Consequently, this study

666 contributes to propose an integrated approach to predict the elderly's QoL based on the  
667 neighborhood environment under diverse scenarios, including simulating the actual  
668 relationship between neighborhood environment by training an ANN model, deciding  
669 the potential scenarios of neighborhood environment by scenario analysis, and making  
670 predictions of the elderly's QoL by Monte Carol experiment.

671 Based on the predictive QoL values, the change patterns of the elderly's QoL with  
672 diverse scenarios are identified and concluded by distribution fitting of predictions. The  
673 practical contribution of the integrated approach is to make certain the independent and  
674 compound effects of natural progressions and human interventions of neighborhood  
675 environment, and provide targeted recommendations to enhance neighborhood  
676 environment for better life quality of the elderly, as shown in section 5.4. In practice,  
677 this integrated approach can be applied in other countries and regions to forecast the  
678 future QoL of local elderly. Besides default scenarios in scenarios analysis, local users  
679 can set additional scenarios to adapt to regional development trends for obtaining the  
680 prediction under particular local scenarios, which can guide the improvement of  
681 neighborhood environment to support aging-in-place better.

682 Owing to the critical role of neighborhood environment in the elderly's daily life and  
683 its dynamic situations, this integrated approach is developed to predict based on natural  
684 progressions and human interventions in neighborhood environment. However, only  
685 eight scenarios are hard to cover all possible development of neighborhood  
686 environment. In the following research, more factors of living environment and more  
687 scenarios will be considered for optimization of the integrated approach and accurate  
688 prediction.

689 **Appendix**690 **Table A1**

## 691 Probability distributions of neighborhood environmental indicators in single scenarios

Component	Indicator	Probabilistic models			
		S1	S2	S3	S4
Neighborhood physical environment	E1	$N(3.047, 1.014^2)$	$N(2.742, 1.115^2)$	$N(3.656, 0.811^2)$	$N(3.047, 1.014^2)$
	E2	$N(2.873, 0.981^2)$	$N(2.586, 1.079^2)$	$N(3.448, 0.785^2)$	$N(2.873, 0.981^2)$
	E3	$N(3.352, 0.872^2)$	$N(3.017, 0.959^2)$	$N(4.022, 0.698^2)$	$N(3.352, 0.872^2)$
	E4	$N(2.913, 0.851^2)$	$N(2.622, 0.936^2)$	$N(3.496, 0.681^2)$	$N(2.913, 0.851^2)$
Neighborhood natural environment	E5	$N(3.358, 0.867^2)$	$N(3.022, 0.954^2)$	$N(4.030, 0.694^2)$	$N(3.358, 0.867^2)$
Neighborhood social environment	E6	$N(3.923, 0.807^2)$	$N(3.566, 0.734^2)$	$N(3.566, 0.734^2)$	$N(4.279, 0.587^2)$
Neighborhood facilities	E7	$N(2.770, 1.104^2)$	$N(2.770, 1.104^2)$	$N(3.694, 0.803^2)$	$N(3.694, 0.803^2)$
	E8	$N(2.880, 0.970^2)$	$N(2.880, 0.970^2)$	$N(3.840, 0.706^2)$	$N(3.840, 0.706^2)$
	E9	$N(2.691, 1.044^2)$	$N(2.691, 1.044^2)$	$N(3.588, 0.759^2)$	$N(3.588, 0.759^2)$
	E10	$N(2.625, 1.084^2)$	$N(2.625, 1.084^2)$	$N(3.500, 0.788^2)$	$N(3.500, 0.788^2)$
	E11	$N(2.780, 0.936^2)$	$N(2.780, 0.936^2)$	$N(3.707, 0.681^2)$	$N(3.707, 0.681^2)$
	E12	$N(2.925, 0.982^2)$	$N(2.925, 0.982^2)$	$N(3.900, 0.714^2)$	$N(3.900, 0.714^2)$
Neighborhood safety and security	E13	$N(3.191, 0.925^2)$	$N(2.872, 1.018^2)$	$N(3.829, 0.740^2)$	$N(3.191, 0.925^2)$
	E14	$N(3.560, 0.833^2)$	$N(3.204, 0.916^2)$	$N(4.272, 0.666^2)$	$N(3.560, 0.833^2)$
	E15	$N(2.721, 0.789^2)$	$N(2.449, 0.868^2)$	$N(3.265, 0.631^2)$	$N(2.721, 0.789^2)$
	E16	$N(3.268, 0.912^2)$	$N(2.941, 1.003^2)$	$N(3.922, 0.730^2)$	$N(3.268, 0.912^2)$

692 **Table A2**

693 Probability distributions of neighborhood environmental indicators in multiple scenarios

Component	Indicator	Probabilistic models			
		S5	S6	S7	S8
Neighborhood physical environment	E1	$N(2.742, 1.115^2)$	$N(3.656, 0.811^2)$	$N(2.742, 1.115^2)$	$N(3.656, 0.811^2)$
	E2	$N(2.586, 1.079^2)$	$N(3.448, 0.785^2)$	$N(2.586, 1.079^2)$	$N(3.448, 0.785^2)$
	E3	$N(3.017, 0.959^2)$	$N(4.022, 0.698^2)$	$N(3.017, 0.959^2)$	$N(4.022, 0.698^2)$
	E4	$N(2.622, 0.936^2)$	$N(3.496, 0.681^2)$	$N(2.622, 0.936^2)$	$N(3.496, 0.681^2)$
Neighborhood natural environment	E5	$N(3.022, 0.954^2)$	$N(4.030, 0.694^2)$	$N(3.022, 0.954^2)$	$N(4.030, 0.694^2)$
Neighborhood social environment	E6	$N(3.923, 0.807^2)$	$N(3.923, 0.807^2)$	$N(4.707, 0.646^2)$	$N(4.707, 0.646^2)$
Neighborhood facilities	E7	$N(2.493, 1.215^2)$	$N(3.324, 0.884^2)$	$N(2.992, 0.972^2)$	$N(3.989, 0.707^2)$
	E8	$N(2.592, 1.067^2)$	$N(3.456, 0.776^2)$	$N(3.110, 0.854^2)$	$N(4.147, 0.621^2)$
	E9	$N(2.422, 1.148^2)$	$N(3.229, 0.835^2)$	$N(2.906, 0.919^2)$	$N(3.875, 0.668^2)$
	E10	$N(2.363, 1.192^2)$	$N(3.150, 0.867^2)$	$N(2.835, 0.953^2)$	$N(3.780, 0.693^2)$
	E11	$N(2.502, 1.030^2)$	$N(3.336, 0.749^2)$	$N(3.003, 0.824^2)$	$N(4.003, 0.599^2)$
	E12	$N(2.633, 1.081^2)$	$N(3.510, 0.786^2)$	$N(3.159, 0.864^2)$	$N(4.212, 0.629^2)$
Neighborhood safety and security	E13	$N(2.872, 1.018^2)$	$N(3.829, 0.740^2)$	$N(2.872, 1.018^2)$	$N(3.829, 0.740^2)$
	E14	$N(3.204, 0.916^2)$	$N(4.272, 0.666^2)$	$N(3.204, 0.916^2)$	$N(4.272, 0.666^2)$
	E15	$N(2.449, 0.868^2)$	$N(3.265, 0.631^2)$	$N(2.449, 0.868^2)$	$N(3.265, 0.631^2)$
	E16	$N(2.941, 1.003^2)$	$N(3.922, 0.730^2)$	$N(2.941, 1.003^2)$	$N(3.922, 0.730^2)$

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