

1 Meso-mechanics of packed C-S-H colloids by nanoindentation: A 2 coarse-grained molecular dynamics study

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7 Abstract

8 Colloidal calcium silicate hydrate (C-S-H) gel significantly contributes to cement paste's
9 strength and durability. In this study, the coarse-grained (CG) models for packed C-S-H
10 colloidal particles with different packing densities were established and meso-mechanically
11 assessed via nanoindentation. Load-depth curves showed indentation hardness values of 0.55,
12 1.16, and 2.63 GPa for the colloidal systems with packing densities (η) of 0.50, 0.55, and 0.60,
13 respectively. Structurally, the nano-indenter had a broader impact on low-density C-S-H ($\eta =$
14 0.5, impact radius = 118 and 150 nm respectively at indentation depths = 50 and 100 nm) than
15 high-density C-S-H ($\eta = 0.6$, impact radius = 106 and 140 nm at the same depths). Low-density
16 colloids were easily compressed without deforming surrounding regions at low depths, while
17 high-density colloids were squeezed laterally, causing deformation in surrounding regions.
18 Packed C-S-H colloids displayed two-stage stress relaxation behavior: rapid initial relaxation
19 due to nanoindentation-induced instability, followed by slower relaxation due to C-S-H's
20 viscous nature. Furthermore, higher loading rates caused initial unstable deformation, but better
21 stability after stress relaxation compared to lower loading cases. However, the effect of loading
22 rate on the impact region was negligible. These meso-level insights enhance our comprehension
23 of the C-S-H gel properties in cement paste as well as the nanoindentation mechanics.

24

25 **Keywords:** C-S-H; Coarse-grained MD; Nanoindentation; Meso-mechanics; Stress relaxation

26

27 **1. Introduction**

28 Colloidal calcium silicate hydrate (C–S–H) gel, often referred to as the "glue" of cement
29 paste, is a critical component that constitutes over 60% of its volume [1]. This substance plays
30 a pivotal role in determining the chemical, physical, and mechanical properties of the cement
31 paste. Despite extensive research and numerous studies conducted over the years, a
32 comprehensive understanding of C-S-H properties at smaller scales, particularly at the
33 nanoscale and mesoscale, remains a complex and challenging task. The complexity of
34 understanding C-S-H properties stems from a multitude of factors. These include its variable
35 composition (i.e., Ca/Si and H₂O/Si ratios) [2], its layered structure at the nanoscale (i.e.,
36 Gennite and Tobermorite) [3], its globular texture at the mesoscale [4], and its multiscale pore
37 structure (i.e., interlayer pore, gel pore, and capillary pore) [5]. These intricate characteristics
38 present significant challenges when investigating the material properties at smaller scales,
39 making it a fascinating yet complex field of study [6].

40 Over the last decade, nanoindentation has emerged as a specialized technique for measuring
41 localized material properties. This technique, which involves creating indents on the material's
42 surface with a small, rigid tip, has been extensively used to study the microstructural mechanical
43 properties (e.g., indentation modulus M , hardness H , and creep compliance C) of cement paste
44 and cement-based materials, such as nanoparticle-modified cement, carbon nanotube and
45 graphene-modified cement, fibre-reinforced cement, and steel-reinforced concrete [7-9].
46 Nonetheless, to achieve precise measurements of material properties, meticulous experimental
47 design, accurate data acquisition, and advanced analysis techniques, with particular emphasis
48 on tips, are required to address the inherent limitations associated with nanoindentation
49 measurements, such as the size effect, surface effect, and the influence of indenter geometry.
50 Such experimental efforts are costly and time-consuming [10]. Moreover, the influence of
51 environmental conditions such as temperature and moisture on these properties is hard to
52 measure experimentally, while, at the same time, it is known that these environmental factors
53 can have significant effects on system performance. Conversely, these challenges posed by

54 traditional experimental methodologies can, in general, be effectively addressed through the
55 utilization of atomistic simulations.

56 Atomistic simulation, a powerful tool that includes first-principles calculations, all-atom
57 molecular dynamics (MD), and coarse-grained MD, can provide direct insights into the nano-
58 and meso-level processes in a material. This approach bypasses the difficulties associated with
59 traditional experimental methods, offering a more efficient and accurate way to study material
60 properties. In 2009, a significant breakthrough was made when Pellenq et al. [11] established
61 the first realistic all-atom model of C-S-H with a chemical composition of
62 $(\text{CaO})_{1.65}(\text{SiO}_2)(\text{H}_2\text{O})_{1.75}$ using the core-shell potential. This model paved the way for further
63 studies into the structural features, chemical activities, physical characteristics, and mechanical
64 performance of C-S-H's atomic structure. Notably, Hou et al. [12] and Yin et al. [13] conducted
65 MD-based nanoindentation tests to simulate the nano-mechanics the atomic structure of C-S-
66 H, further advancing our understanding of this complex material. In 2016, Ioannidou et al. [14]
67 proposed a series of CG models for C-S-H gel at the mesoscale. These models comprised a pack
68 of colloidal C-S-H colloids, with colloid sizes ranging from 3.78 nm to 9.0 nm and packing
69 fractions between 0.33 and 0.68. The simulations yielded results for scattering intensity, pore
70 size distribution (PSD), surface area, local volume fractions, indentation modulus, and hardness
71 that were in good agreement with experimental data. This provided a quantitative understanding
72 of the elusive mesoscale structure of C-S-H, a significant step forward in the field. Based on
73 Ioannidou's work, several studies were further conducted to capture the mesoscale properties
74 of C-S-H [15-17]. However, to the best of the authors' knowledge, no one has yet performed
75 nanoindentation tests on the mesoscale structure of C-S-H, which is arguably more important
76 compared to the tests on the atomic structure of C-S-H in understanding the macroscale
77 engineering properties.

78 In this study, the CG models for C-S-H with different packing densities (0.50, 0.55 and 0.60)
79 were established, after which the nanoindentation tests were conducted to measure the meso-
80 mechanical properties of these models. To describe the interactions between the C-S-H colloids,

81 the cohesive-frictional force field (CFFF) was employed. The load-depth curves were recorded
 82 for all the colloidal C-S-H systems to gain insights into the meso-mechanical properties during
 83 both the loading and unloading processes. Following this, a structural analysis was carried out
 84 to evaluate the migration of the colloids and the deformation of local regions during the
 85 nanoindentation process. Besides, the stress relaxation of the colloidal C-S-H systems was
 86 determined at three constant indentation depths (50, 75 and 100 nm). Finally, the effect of the
 87 loading rate on the meso-mechanics of the colloidal C-S-H systems was discussed.

88 2. Computational Methods

89 2.1 Force field

90 In this work, the CFFF, initially proposed by Palkovic et al. [18], was employed to describe
 91 the interactions between the mesoscale C-S-H colloids. Different from the generalized
 92 Lennard–Jones potential developed by Ioannidou et al. [14], this force field incorporates the
 93 strength anisotropy fundamental to the colloidal C-S-H system. This allows for an accurate
 94 interpretation of the cohesive and frictional behaviors between the C-S-H colloids. Fig. 1
 95 illustrates the basic interactions between two C-S-H colloids as captured by the CFFF. The two
 96 colloids, labelled i and j , experience a net normal force potential $F_n(r)$ and tangential force
 97 potential $F_t(r)$. The normal force $F_n(r)$ is a function of particle separation r , given by

$$98 \quad F_n(r) = \frac{k(r-D_0)}{D_0} \left[1 + e^{\alpha \left(\frac{r-D_0}{D_0 \varepsilon \mu} - 1 \right)} \right]^{-1} \quad (1)$$

99 where $k = \pi E D_0 D_e (1 + e^{-\alpha}) / 4$ is a particle size-dependent parameter, D_0 is the average
 100 particle diameter, α is a fitting parameter ($= 1.55$) measured from the atomistic C-S-H layered
 101 structure, E is the elastic constants of atomistic C-S-H layered structure, and $D_e =$
 102 $2D_i D_j / (D_i + D_j)$ is the harmonic mean of particles D_i and D_j .

103 The maximum value of $F_t(r)$ is limited by the interfacial shear strength, defined by
 104 $\mu F_n(r) + F_c(r)$. It can be expressed as

$$105 \quad F_t(r) = \min [F_s(r), \mu F_n(r) + F_c(r)] \quad (2)$$

106 where $F_s(r)$ is the sliding force that is a function of the contact radius a between interacting
 107 colloids, given by

$$108 \quad F_s(r) = 8\Delta_t G_e a \quad (3)$$

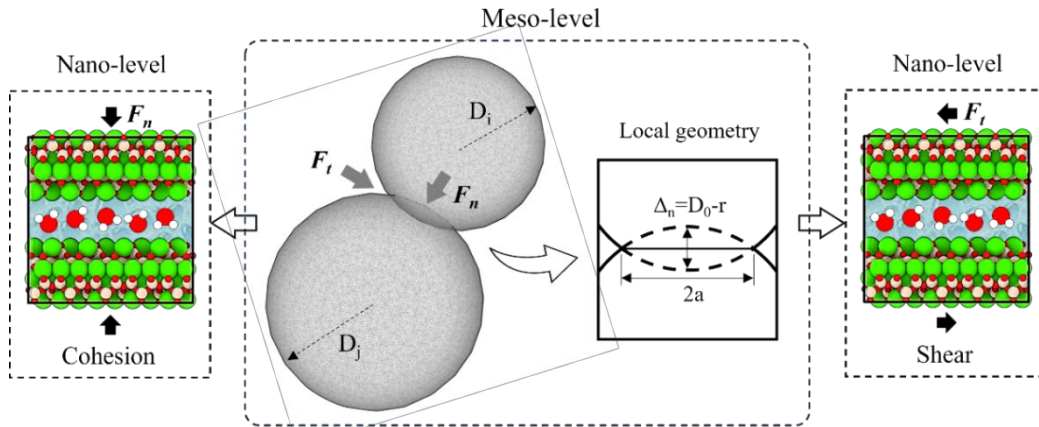
109 where Δ_t is an increment of tangential displacement, $G_e = G/2(2 - \nu)$ for two colloids with
 110 the same shear modulus G and Poisson's ratio ν , and $a = a_0 + \sqrt{D_e(D_0 - r)/4}$ where a_0 is
 111 the contact radius at force equilibrium and $\sqrt{D_e(D_0 - r)/4}$ describes the geometrical
 112 component for elastic compression of contacting colloids; and $F_c(r)$ is the cohesive force
 113 between two particles when $F_n(r) = 0$, which is related to the cohesive strength c between two
 114 colloids and the radius of contact a between colloids, yielding

$$115 \quad F_c(r) = 8\pi c a^2 \quad (4)$$

116 As only non-bonded interactions exist between the C-S-H colloids and the nano-indenter,
 117 the Lennard-Jones potential was employed to describe their interactions, given by

$$118 \quad E_{nonbond}(r_{ij}) = 4\varepsilon_{ij} \left[\left(\frac{\sigma_{ij}}{r_{ij}} \right)^{12} - \left(\frac{\sigma_{ij}}{r_{ij}} \right)^6 \right] \quad (5)$$

119 where r_{ij} is the distance between the C-S-H colloids and the atoms of nano-indenter, ε_{ij} is the
 120 depth of the potential well (set to 10), and σ_{ij} is the distance at which the potential energy E is
 121 zero. In addition, it should be noted that the interaction within the nano-indenter was ignored
 122 as it was set to be a rigid body.

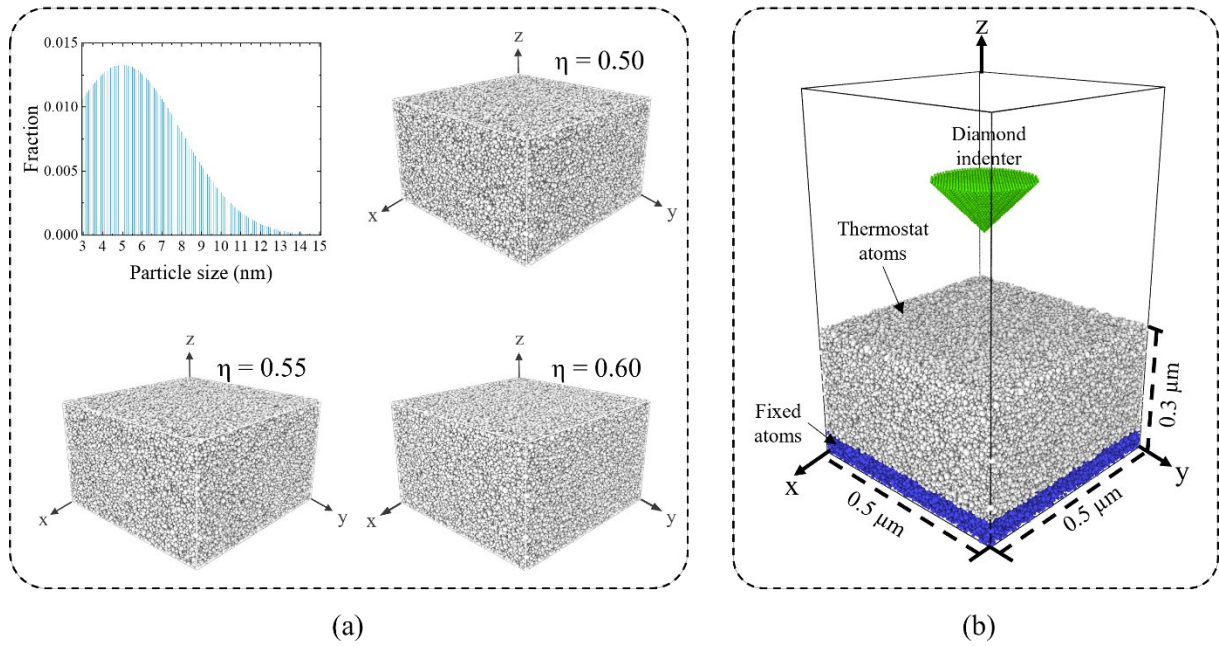


123

124 Fig. 1 Schematic view of the fundamental interactions between two C-S-H colloids, as captured by the cohesive-
125 frictional force field (CFFF).

126 **2.2 Model construction**

127 The CG models of C-S-H, each measuring $0.5 \mu\text{m} \times 0.5 \mu\text{m} \times 0.3 \mu\text{m}$, were constructed
128 based on the polydisperse assembly of C-S-H colloids. The implementation of polydispersity
129 was employed according to the method proposed in Ref. [18], where the colloid diameter ranges
130 from a minimum of 3.0 nm to a maximum of 15.0 nm, with a mean of 5.0 nm. The particle size
131 distribution (PSD) followed a Gaussian distribution, as depicted in Fig. 2(a). The packing
132 density of C-S-H is defined as $\eta = V_s/V$, where $V_s = \sum_{i=1}^N \frac{\pi D_i^3}{6}$ represents the total volume of N
133 colloids in the system and V is the volume of the simulation box. Given the variability in the
134 packing density of C-S-H as measured from experiments [19, 20], three different packing
135 densities ($\eta = 0.50, 0.55, \text{ and } 0.60$) were considered. Following the construction of the C-S-H
136 meso-structures, an exposed surface was created by introducing a $0.7 \mu\text{m}$ vacuum along the z -
137 direction. A conical indenter, comprising 21381 atoms and constructed using a diamond
138 molecular structure, was then placed on top of the C-S-H substrate. The tip of the indenter was
139 positioned $0.3 \mu\text{m}$ away from the surface of the C-S-H substrate. The indenter's top and bottom
140 radii were 100 nm and 10 nm, respectively (to consider the wear effect), and its height was 100
141 nm. Fig. 2(b) provides a schematic view of the meso-model setup for the nanoindentation.



142
 143 Fig. 2 (a) Gaussian distribution implemented for the construction of the C-S-H meso-structure using
 144 various colloid sizes, and the constructed meso-structure of C-S-H with the packing densities of 0.50,
 145 0.55 and 0.60; (b) the set-up of the C-S-H meso-model for the nanoindentation test.

146 2.3 Simulation details

147 The colloid coordinates and box dimensions in the x and y direction were first relaxed using
 148 the energy minimization technique, with a convergence criterion of 10^{-6} kcal/mol. Then the
 149 packed colloidal systems were equilibrated for 10 ns under an isothermal-isobaric (NPT)
 150 ensemble. The Nose-Hoover thermostat and barostat algorithms were used for the temperature
 151 (300 K) and pressure (101 kPa, atmospheric pressure) control [21]. To investigate the meso-
 152 mechanics using the designed nano-indenter, the indenter was manipulated to move towards
 153 the C-S-H substrate with a constant speed ($1.0 \text{ \AA}/\text{ps}$) under a canonical (NVT, 300K) ensemble.
 154 The nanoindentation process comprised three stages: (1) the nano-indenter made contact with
 155 the C-S-H surface and began to penetrate the C-S-H substrate; (2) the nano-indenter reached
 156 the maximum depth (50, 75 or 100 nm) and maintained its position for a certain period (0 ns
 157 and 0.5 ns); (3) the nano-indenter was retracted with a constant speed ($1.0 \text{ \AA}/\text{ps}$) until it left the
 158 C-S-H surface. During the nanoindentation process, the energy minimization technique was

159 implemented after each step to achieve a stable configuration. The force exerted on the nano-
160 indenter was recorded at each step, along with its penetration depth.

161 All the simulations were performed using the Large-scale Atomic/Molecular Massively
162 Parallel Simulator (LAMMPS) package. Periodic boundary conditions were applied in all
163 directions of the structures throughout all the simulation processes mentioned above.

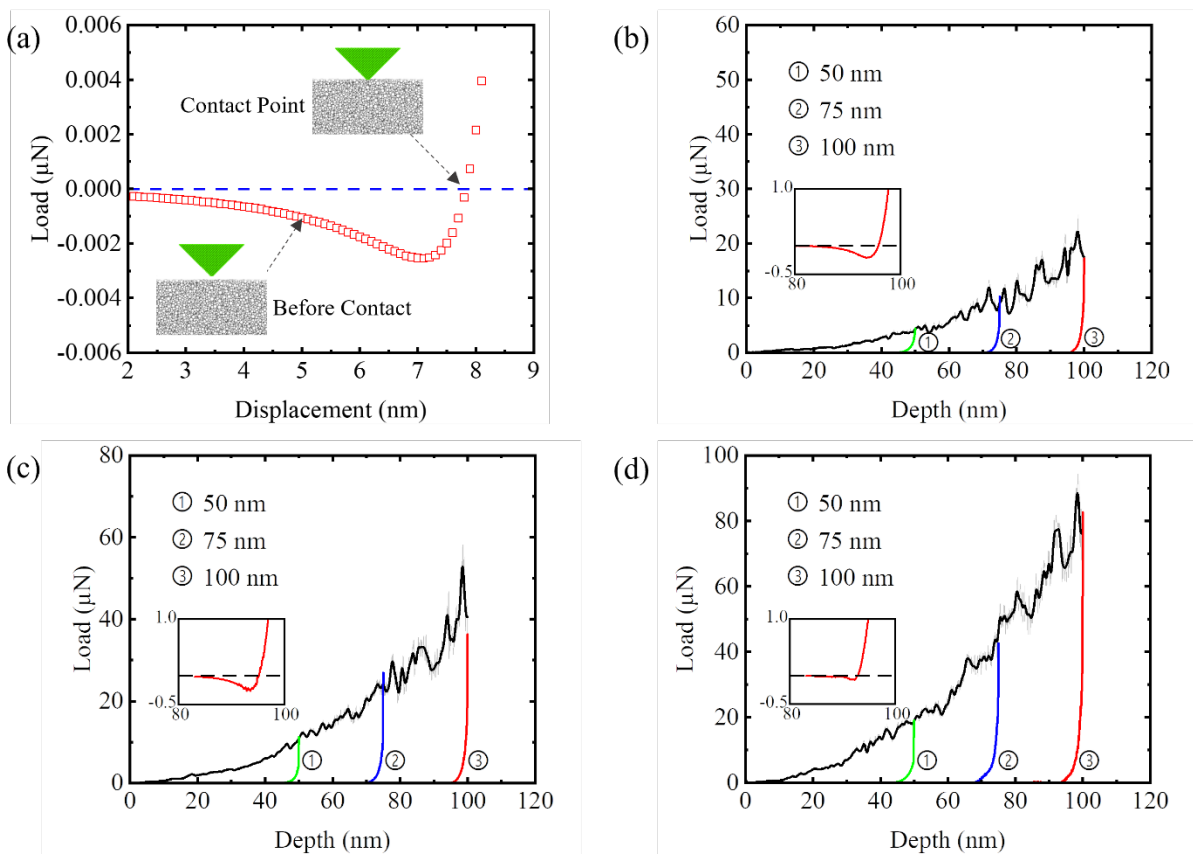
164 **3. Results and Discussion**

165 **3.1 Load-displacement curve**

166 During the indentation process, various parameters such as load and penetration depth can
167 be measured [22, 23]. These values can be graphed to create load-depth curves, which can be
168 used to determine the mechanical properties of the material. In this study, the recorded
169 displacement of the nano-indenter did not represent the actual penetration depth. The contact
170 point, where the nano-indenter first made contact with the C-S-H substrate, needed to be
171 identified first. Fig. 4(a) shows a typical load-displacement curve of the nano-indenter on the
172 C-S-H substrate ($\eta=0.50$). As the nano-indenter approached the C-S-H substrate, a negative
173 load was observed due to the attraction between the nano-indenter and the substrate. This load
174 increased with displacement until it reached its maximum, after which the nano-indenter began
175 to make contact with the substrate and the load gradually became positive. The point where the
176 load transitioned from negative to positive was defined as the contact point, as labelled in Fig.
177 4(a), which agrees with the definition used in experimental and simulation studies [10, 24].

178 Once the contact point was identified, the penetration depth could be calculated from this
179 point forward. Fig. 4(b-d) plots the load-depth curves for the nanoindentation tests performed
180 on three colloidal C-S-H substrates ($\eta=0.50, 0.55$ and 0.60). During the penetration stage, the
181 load continued to increase as the nano-indenter penetrated deeper into the substrates [25]. The
182 calculated indentation hardness (H), defined as the maximum load (F_{max}) divided by the residual
183 indentation area (A_r), was 0.55, 1.16 and 2.63 GPa, respectively. This suggested that the
184 hardness of packed C-S-H colloids was positively correlated with their packing densities. The
185 fluctuation in load during indentation could be attributed to the local rearrangements (e.g.,

186 debonding, rebonding, and sliding) of the colloids. Furthermore, the slope of the load-depth
 187 curves increased with penetration depth, indicating that the rearrangements of the colloids
 188 resulted in a denser and harder system. During the retraction stage, all colloidal C-S-H
 189 substrates displayed similar unloading curves, with the force decreasing significantly in a short
 190 period. This indicates that the indentation led to the plastic deformation of the C-S-H substrates,
 191 resulting in the nano-indenter rapidly losing contact with numerous colloids of the substrate
 192 upon unloading. The load decreased to a negative value after several steps, indicating that the
 193 interaction between the nano-indenter and the C-S-H substrate changed from repulsion to
 194 attraction as the penetration depth decreased. The load then gradually increased to zero until
 195 the indenter was completely removed from the C-S-H substrate. Compared to the unloading
 196 curves obtained by experiments, the slope (dF/dh , an indication of the residual elastic modulus
 197 [26]) of the simulated curves was noticeably larger. This is because in experiments the
 198 penetration depth is much smaller than the height of the samples, leaving a certain height of
 199 unpenetrated C-S-H gel in the elastic stage.



200

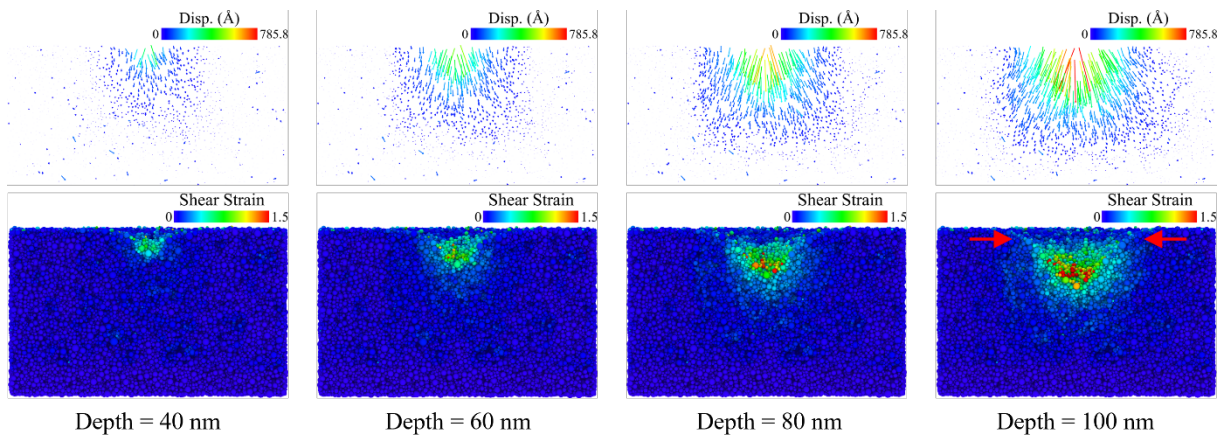
201 Fig. 3 (a) Typical load-displacement curves obtained from nanoindentation simulation at the initial stage; (b-d) the
202 penetration and retraction curves at different indentation depths (50, 75, and 100 nm) for the packed C-S-H colloids
203 with the packing densities of 0.50, 0.55 and 0.60.

204 3.2 Structural analysis

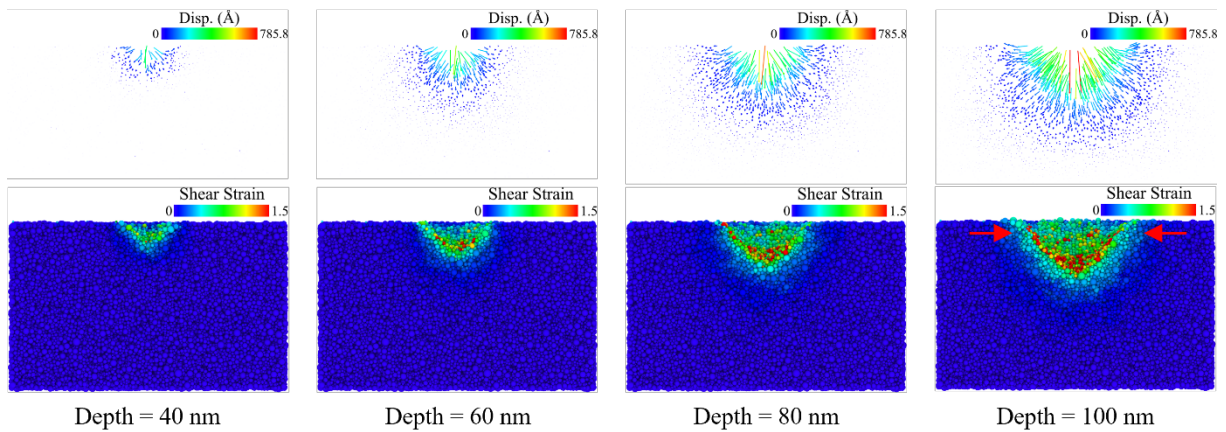
205 One of the key advantages of MD simulation is its ability to provide a detailed view of the
206 formation and progression of plasticity in the C-S-H substrate during nano-indenter penetration
207 [27-29]. Fig. 4 illustrates the displacement vectors and shear strain nephograms of the colloids
208 in two C-S-H substrates ($\eta = 0.50$ and 0.60) at various penetration depths (40, 60, 80, and 100
209 nm). As the nano-indenter penetrated the C-S-H substrates, the surrounding colloids shifted
210 from their original positions, primarily in a direction perpendicular to the nano-indenter's
211 surface [24]. The deeper the nano-indenter penetrated, the larger the displacement of these C-
212 S-H colloids. There were two main differences between the two packed C-S-H colloidal
213 systems ($\eta = 0.50$ and 0.60). Firstly, in the colloidal system ($\eta = 0.50$), the displaced colloids
214 were spread over a wide range, while in the system ($\eta = 0.60$), the displaced colloids were
215 concentrated around the nano-indenter at the same penetration depth. This was because the low-
216 density system had a loose structure, and all colloids were potentially affected by the stress
217 induced by nanoindentation. In contrast, in a high-density system, the colloids were relatively
218 stable, and only those around the nano-indenter experiencing high stress could be disturbed.
219 Secondly, in the colloidal system ($\eta = 0.50$), the colloids at different depths move downward
220 during the nanoindentation process, while in the system ($\eta = 0.60$), the colloids near the surface
221 move laterally and those at greater depths moved downward. This suggested that the colloids
222 in the high-density system were not easily compressed by the nano-indenter due to its low
223 porosity, and were instead squeezed to the sides.

224 As the penetration depth increased, the region experiencing local shear strain gradually
225 expanded and the strain value also increased (see the evolution of light blue, green, and red
226 colloids in Fig. 4a and 4b) [24]. Comparing the two colloidal systems (see the distribution of
227 red colloids in Fig. 4a and 4b), the high-strain colloids in the low-density system were

228 concentrated at the nano-indenter's tip, while those in the high-density system were dispersed
 229 at various depths around the nano-indenter. Moreover, in the low-density colloidal system, the
 230 colloids around the nano-indenter at shallow depths exhibited negligible shear strain, while in
 231 the high-density system, colloids in the same region showed significant shear strain. These
 232 differences between the two systems suggested that the colloids in the low-density system were
 233 easily compressed without causing deformation in the surrounding regions at low depths, while
 234 those in the high-density system were easily displaced to the sides, causing the deformation in
 235 the surrounding regions at low depths. This squeezing process resulted in high shear strain in
 236 the impact regions, a phenomenon that aligned with the observations made from the
 237 displacement vectors.



(a) Packing density = 0.5

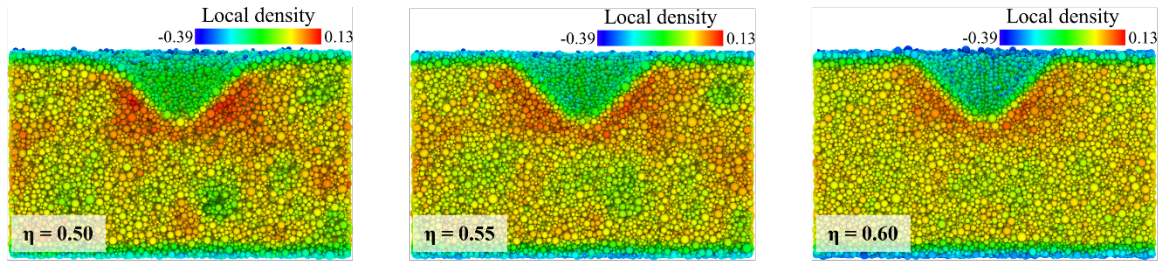


(b) Packing density = 0.6

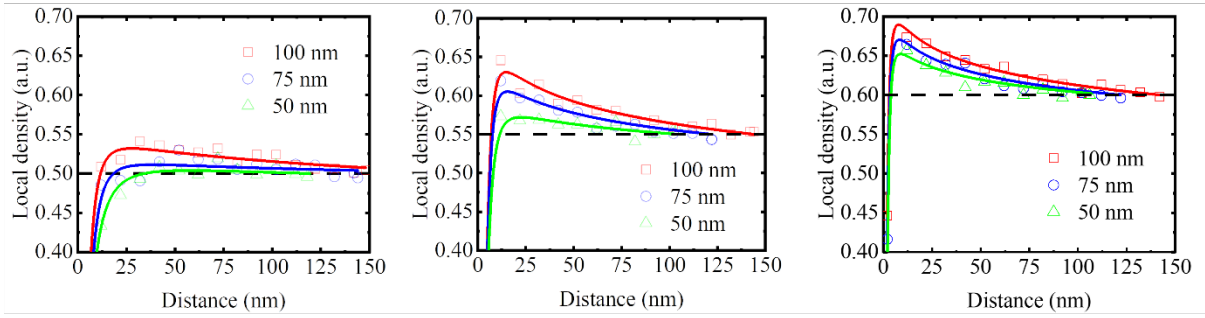
238
 239 Fig. 4 (a) Displacement vectors and shear strain nephograms of the colloids in the C-S-H substrate ($\eta = 0.50$)
 240 during the penetration process; (b) displacement vectors and shear strain nephograms of the colloids in the C-S-H

241 substrate ($\eta = 0.60$) during the penetration process. The red arrows were used to point out the difference between
242 the surrounding regions at low depths of the low-density and high-density C-S-H.

243 To gain further insight into the structural evolution of the colloidal C-S-H systems during
244 the nanoindentation process, the density increase map and the local density profile as a function
245 of distance along the vertical direction of the nano-indenter's surface were recorded, as depicted
246 in Fig. 5. The density increase map revealed that following penetration, the density around the
247 nano-indenter noticeably increased. As the packing density increased, the level of density
248 increase was reduced. This was attributed to the fact that a high-porosity system easily
249 concentrated the colloids around the nano-indenter, while a low-porosity system behaved the
250 opposite. Additionally, it was observed that for the low-density system, the density increase in
251 regions distant from the nano-indenter was not uniform after the penetration process. However,
252 as the packing density increased, the density increase in these regions became more uniform.
253 This was because these local regions, despite being distant from the nano-indenter, were still
254 easily influenced by the stress induced by the nano-indenter, as evidenced by the displacement
255 vectors in Fig. 3(a). From the local density profiles, a low-density region was identified near
256 the nano-indenter. Outside this region, a high-density region was observed, as shown in Fig.
257 5(b). Within this region, the density gradually decreased with the increase in distance from the
258 surface of the nano-indenter, until it reached the bulk density. As the penetration depth
259 increased, the low-density region contracted, while the high-density region expanded and
260 became denser. These contraction and expansion phenomena gradually diminished as the
261 packing density increased. Comparing the three systems, it was found that a system with a lower
262 density had a larger impact region (comprising both low and high-density regions) at the same
263 penetration depth. For example, the impact region of low-density C-S-H ($\eta = 0.50$) was 118 nm
264 and 150 nm respectively at penetration depths of 50 nm and 100 nm, while that of high-density
265 C-S-H ($\eta = 0.60$) was 106 nm and 140 nm at the same penetration depths. This indicated that
266 the nano-indenter had a longer range of effect on the low-density system.



(a) Density increase map



(b) Local density profile

267

268 Fig. 5 (a) Density increase map of the packed colloidal C-S-H systems ($\eta = 0.50, 0.55$ and 0.60) at a penetration

269 depth of 100 nm; (b) Local density profile for the packed colloidal C-S-H systems ($\eta = 0.50, 0.55$ and 0.60) as a

270 function of displacement, measured vertically from the surface of the nano-indenter at varying penetration depths.

271 3.3 Stress relaxation

272 Stress-relaxation tests involve the application of a constant deformation, specifically a

273 constant indentation depth, to a material [30, 31]. These tests measure the relaxation of stress

274 beneath the indenter by monitoring the load required to maintain a constant depth. In this study,

275 the stress-relaxation behavior of the packed colloidal C-S-H systems was measured at three

276 different penetration depths (i.e., 50, 75 and 100 nm) for a constant period of 0.5 ns, after which

277 the nano-indenter was extracted with a speed of 1.0 \AA/ps , as shown in Fig. 6(a). The results

278 indicated that there was a significant decrease in the load exerted on the nano-indenter during

279 the stress-relaxation process. This suggested that the nanoindentation process destabilized the

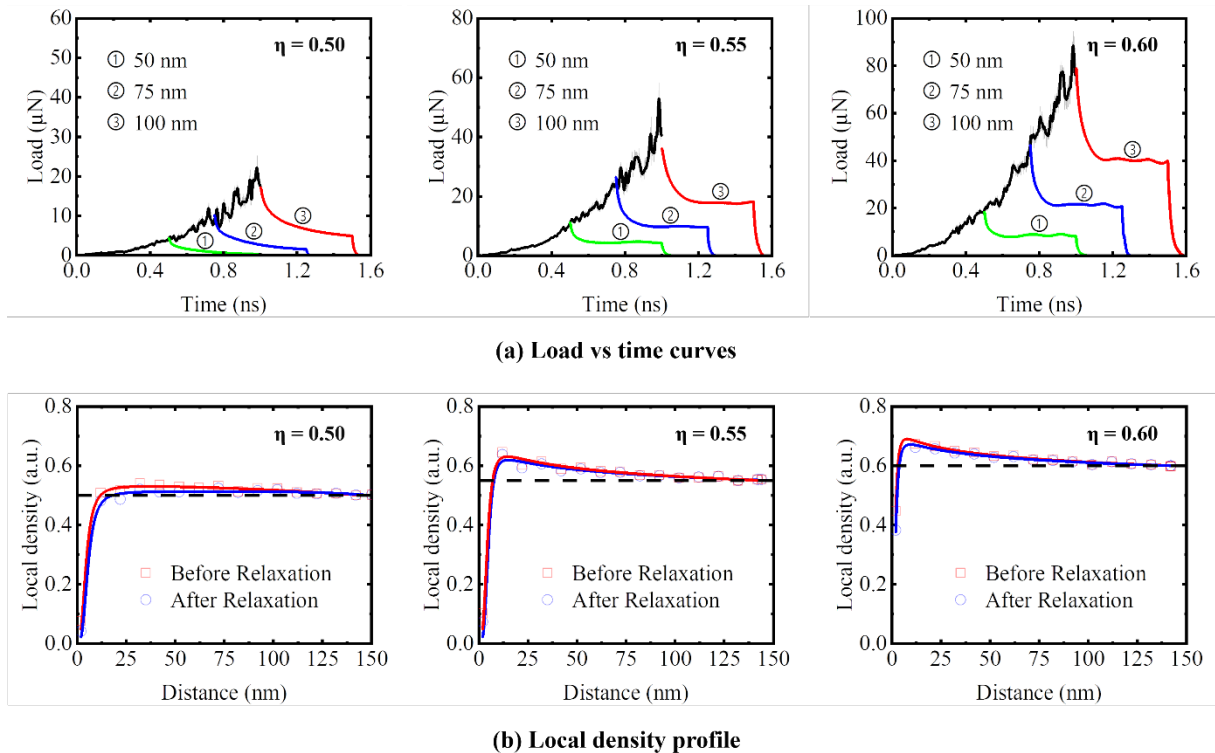
280 colloidal system, prompting the colloids to adjust their positions to stabilize the system [32].

281 Notably, after the initial rapid decrease, the high-density systems ($\eta = 0.55$ and 0.60) underwent

282 a second-stage evolution, where the force on the nano-indenter decreased at a much slower rate,

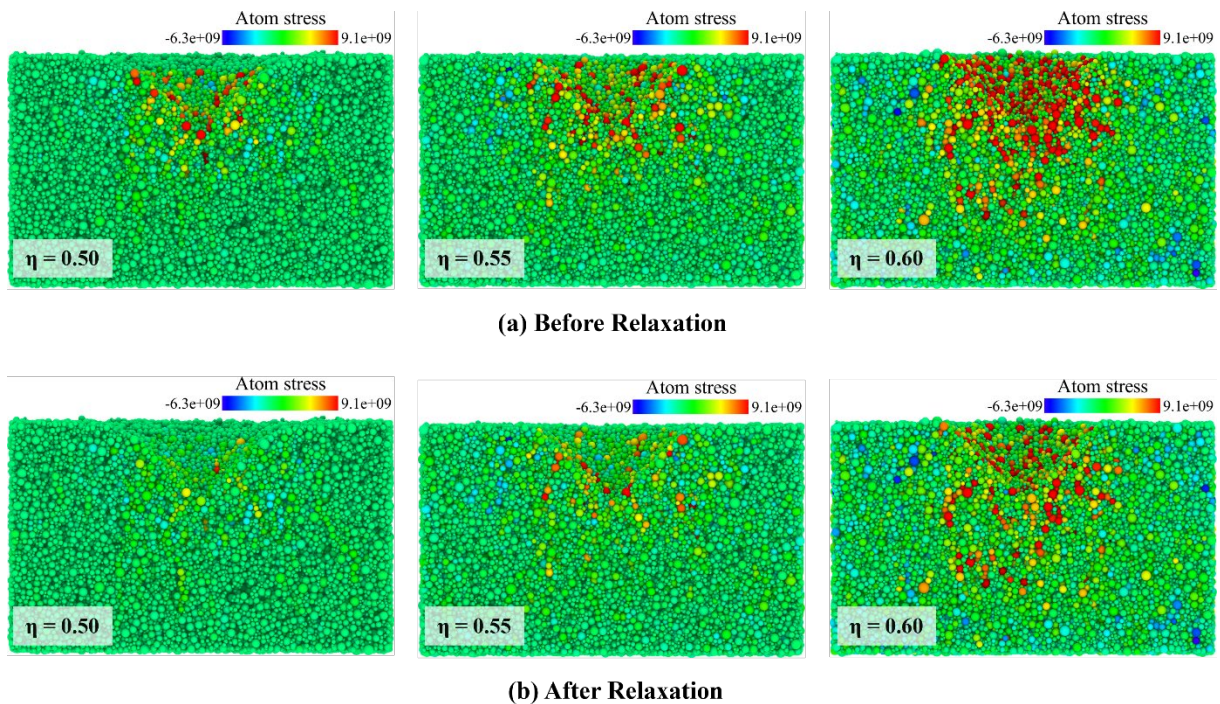
283 corresponding to the viscous characteristics of C-S-H [33, 34]. This stage appeared at 0.61 ns,

284 0.92 ns, and 1.22 ns for the system ($\eta = 0.55$) and at 0.61 ns, 0.90 ns, and 1.19 ns for the system
 285 ($\eta = 0.60$) at penetration depths of 50, 75, and 100 nm, respectively. This indicated that the
 286 colloidal systems with a higher penetration depth or a lower packing density require more time
 287 to stabilize. Fig. 6(b) displays the local density profiles for the three colloidal C-S-H systems
 288 after the stress relaxation at a penetration depth of 100 Å. For the low-density system ($\eta = 0.50$),
 289 the local density within the 75 Å region near the nano-indenter increased after the stress
 290 relaxation, while beyond this region, the local density remained unchanged. It proved that the
 291 loose structure was compacted to be denser near the nano-indenter after the stress relaxation
 292 process [35]. For the high-density systems ($\eta = 0.55$ and 0.60), the local density profile had
 293 ignorable changes after the stress relaxation. This implied that the dense structure was not
 294 compacted by the stress relaxation, and the system's stress release was achieved through minor
 295 adjustments of the colloids.



296
 297 Fig. 6 (a) Load vs time curves during the nanoindentation process, which involved a 0.5 ns period to relax the
 298 colloidal systems ($\eta = 0.50, 0.55$ and 0.60) at three different penetration depths (50, 75 and 100 nm); (b) Local
 299 density profile for the packed colloidal C-S-H systems ($\eta = 0.50, 0.55$ and 0.60) before and after the stress
 300 relaxation process.

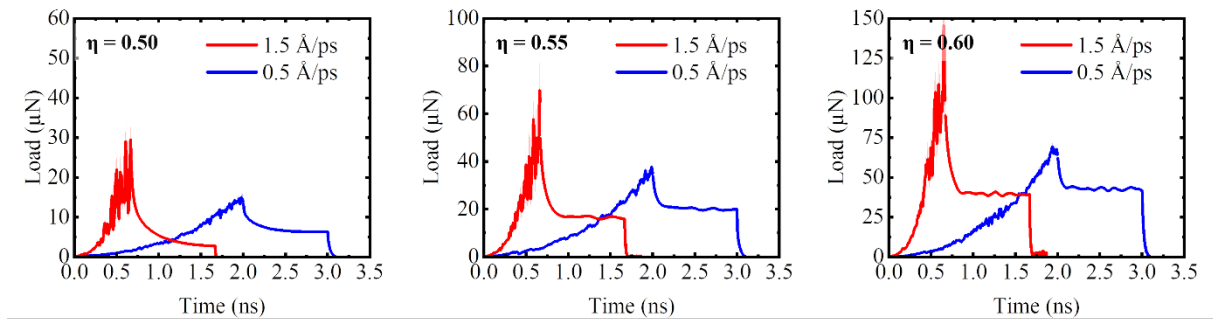
301 Fig. 7 illustrates the evolution of the stress distribution map of the colloidal C-S-H systems
 302 ($\eta = 0.50, 0.55$ and 0.60) before and after the stress relaxation at a penetration depth of 100 \AA .
 303 The results indicated that the nanoindentation process led to concentrated stress on some
 304 colloids, primarily near the nano-indenter. As the packing density of C-S-H increased, more
 305 colloids bore high levels of both compressive and tensile stress, and these high-stress colloids
 306 were distributed over a larger range. After the stress relaxation, these colloids released the high
 307 stress they were subjected to. In the low-density system ($\eta = 0.50$), nearly all colloids that
 308 experienced high stress managed to release it. However, in the high-density system ($\eta = 0.60$),
 309 many colloids continued to endure high stress even after stress relaxation. The difference
 310 between the low- and high-density systems was attributed to the varying flexibility of the
 311 colloids. Colloids in a low-density system exhibited greater flexibility, enabling them to adjust
 312 their positions more effectively to alleviate their stress.



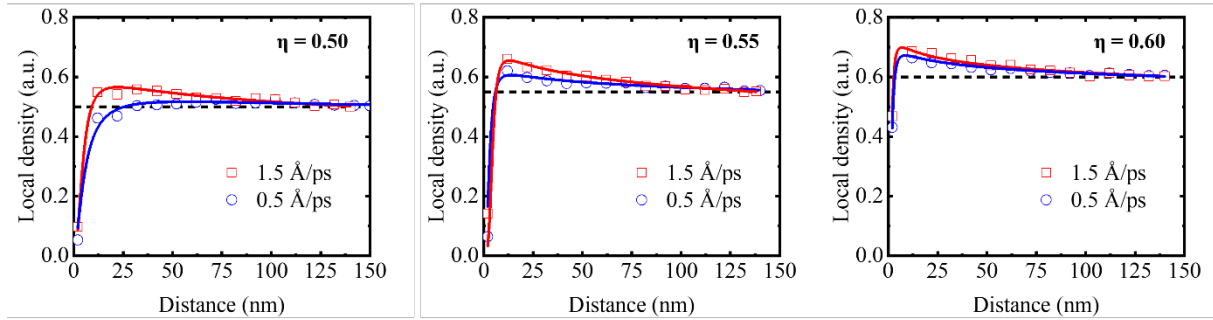
313
 314 Fig. 7 (a) Stress distribution map of the colloidal C-S-H systems ($\eta = 0.50, 0.55$ and 0.60) after the penetration
 315 process reached a depth of 100 \AA ; (a) Stress distribution map of the colloidal C-S-H systems ($\eta = 0.50, 0.55$ and
 316 0.60) after the stress relaxation at a constant penetration depth of 100 \AA .

317 **3.4 Impact of loading rate**

318 The loading rate significantly influences the meso-mechanics of the colloidal C-S-H system
319 during the nanoindentation process [36, 37]. To examine the effect of the loading rate, two
320 additional rates (0.5 Å/ps and 1.5 Å/ps) were considered in this study. The penetration process
321 was carried out until a depth of 100 nm was reached, after which the nano-indenter was held at
322 this depth for 0.5 ns to observe stress relaxation. Subsequently, the nano-indenter was extracted
323 at a speed of 1.0 Å/ps. Fig. 8(a) depicts the load versus time curves throughout the entire
324 simulation process. During the penetration process, a high loading rate resulted in a rapid
325 increase in the load exerted on the nano-indenter and fluctuating load-displacement curves.
326 Such fluctuation indicated that the colloidal systems frequently experienced instability during
327 the penetration process [38]. Moreover, the lower the system's density, the more fluctuation
328 was observed in the curves. On the contrary, a low loading rate led to a minor increase in the
329 load and smooth load-displacement curves, proving the colloidal systems underwent a
330 relatively stable deformation process. During the stress-relaxation process, the load decreased
331 more rapidly for the colloidal systems penetrated using a high loading rate, as the high loading
332 rate made the system more unstable. Additionally, the load level after the first-stage stress
333 relaxation was lower, and the occurrence of the second-stage stress relaxation was delayed for
334 systems penetrated using a high loading rate. Fig. 8(b) shows the differences in the local density
335 profiles of the colloidal systems after the nanoindentation process with high and low loading
336 rates. Obviously, an increase in loading rate resulted in a denser region near the nano-indenter
337 after the nanoindentation process. However, as the packing density increased, the influence of
338 the loading rate on the local density profiles diminished. This revealed that the structural
339 evolution of the low-density system was more sensitive to the loading rate of the
340 nanoindentation test [35, 39]. In addition, the impact region was almost not affected by the
341 loading rates.



(a) Load vs time curves



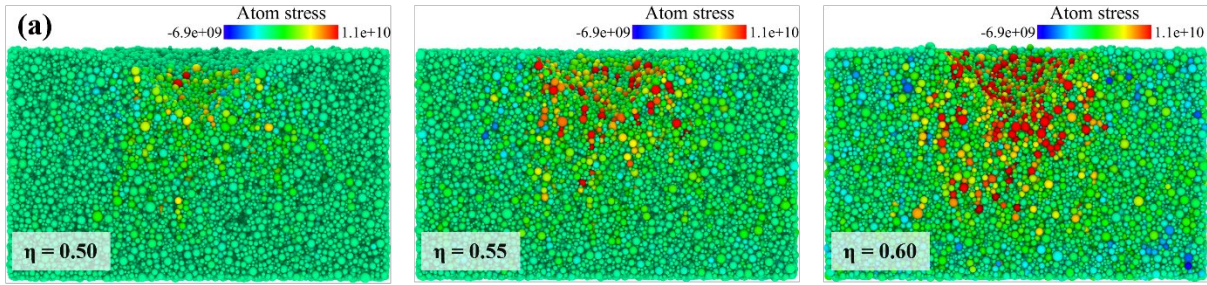
(b) Local density profile

342

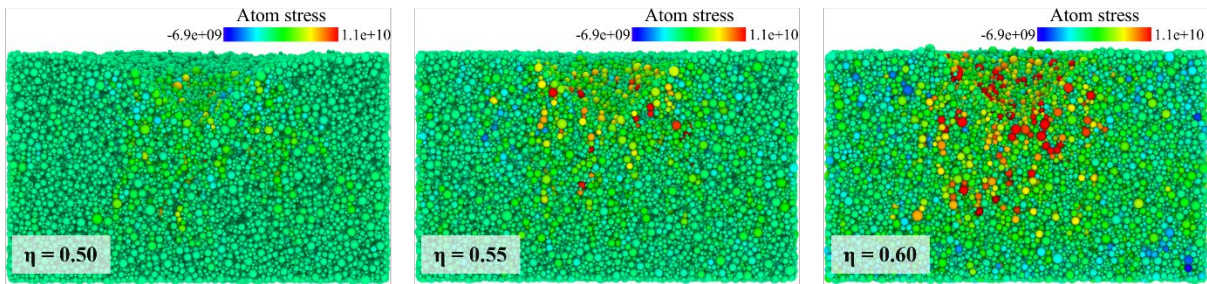
343 Fig. 8 (a) Load vs time curves for colloidal C-S-H systems ($\eta = 0.50, 0.55$ and 0.60) during the nanoindentation
 344 process using two different loading rates (0.5 \AA/ps and 1.5 \AA/ps). The penetration depth was 100 nm and the stress
 345 relaxation lasted for 0.5 ns ; (b) Local density profile before and after the stress relaxation process.

346 Fig. 9 presents the stress distribution map of the C-S-H colloidal systems ($\eta = 0.50$ and 0.60)
 347 after the stress relaxation at a penetration depth of 100 \AA . The results indicated that an increase
 348 in the loading rate accelerated the formation of high-stress colloids, as evident in Fig. 9(a1) and
 349 Fig. 9(b1). It was attributed to the fact that a high loading rate left less time for the colloids to
 350 adjust their positions to alleviate their stress. It was also observed that high-stress colloids were
 351 distributed over a wider range in the colloidal systems under a low loading rate, while those
 352 under a high loading rate were more concentrated near the nano-indenter. This observation
 353 aligned with their respective density distribution profiles (Fig. 8b). After the stress relaxation,
 354 regardless of the loading rate, the system with a packing density of 0.5 had virtually no high-
 355 stress colloids remaining. However, in the systems with packing densities of 0.55 and 0.60 ,
 356 some colloids remained under high stress after stress relaxation. The difference between
 357 different loading rate cases was that high-loading rate cases had fewer high stress colloids after

358 stress relaxation. It agreed with the observation in Fig. 8(a) those systems with high-loading
359 rates experienced a faster decrease in load. These results confirmed that although a high loading
360 rate initially made the colloidal system more unstable (with more high-stress colloids) after the
361 nano-indenter's penetration process, the colloidal system became more stable after stress
362 relaxation.

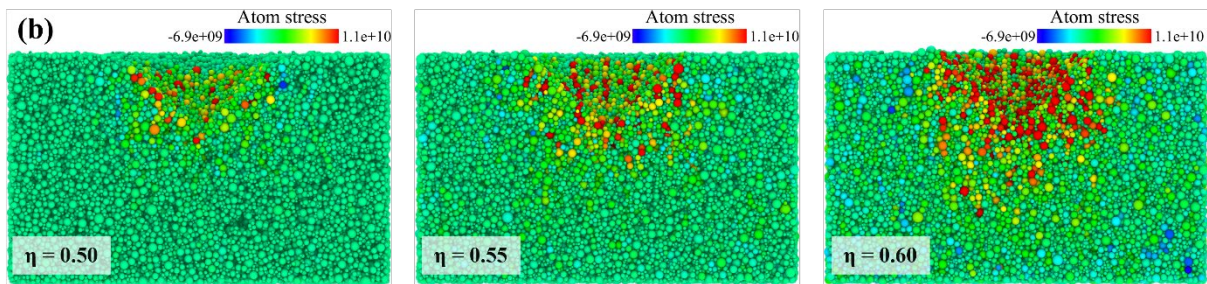


(1) Before Relaxation

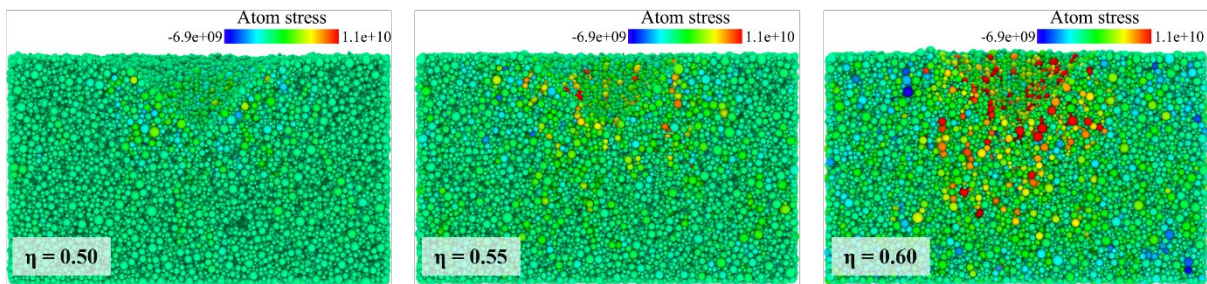


(2) After Relaxation

363



(1) Before Relaxation



(2) After Relaxation

364

365 Fig. 9 Stress distribution map after the stress relaxation of the colloidal C-S-H systems ($\eta = 0.50, 0.55$ and 0.60)
366 that were penetrated using the loading rate of (a) 0.5 \AA/ps and (b) 1.5 \AA/ps .

367 4. Conclusions

368 In this work, the coarse-grained (CG) models for C-S-H colloidal particles with different
369 packing densities ($\eta = 0.50, 0.55$ and 0.60) were established and meso-mechanically assessed
370 via nanoindentation. The following conclusions can be drawn from the coarse-grained MD
371 simulations:

- 372 (1) The load-depth curves from the nanoindentation tests on the colloidal C-S-H substrates
373 mirrored experimental results. The calculated indentation hardness was $0.55, 1.16$ and
374 2.63 GPa respectively for the colloidal systems with packing densities of $0.50, 0.55,$ and
375 0.60 at the loading rate of 1.0 \AA/ps . The fluctuation in load-depth curves was attributed
376 to the local rearrangements of the colloids, which resulted in a denser and harder system.
377 Moreover, the indentation caused plastic deformation of the colloidal C-S-H, with the
378 nano-indenter quickly losing contact with many substrate colloids upon unloading.
- 379 (2) Structural analysis revealed that the displacement of C-S-H colloids increased with the
380 penetration depth. The colloids in low-density systems were easily compressed and
381 spread over a wider range, while those in high-density systems were more stable and
382 concentrated around the nano-indenter. The high-density systems were not easily
383 compressed due to low porosity and were instead squeezed to the sides, causing
384 deformation in the surrounding regions at low depths. In addition, the nano-indenter had
385 a broader impact on low-density C-S-H ($\eta = 0.5$, impact radius = 118 and 150 nm
386 respectively at indentation depths = 50 and 100 nm) than high-density C-S-H ($\eta = 0.6$,
387 impact radius = 106 and 140 nm at the same depths).
- 388 (3) Packed C-S-H colloids exhibited stress relaxation behavior. The first stage saw a
389 significant load decrease on the nano-indenter, indicating that the nanoindentation
390 process destabilized the colloidal systems. Systems with a higher penetration depth or
391 lower packing density took longer to stabilize. After the first stage, the load on the nano-

392 indenter decreased at a slower rate (second stage), suggesting that the colloids displayed
393 viscous characteristics. In addition, the low-density structure densified near the nano-
394 indenter, while changes in high-density systems were negligible.

395 (4) The loading rate significantly affected the meso-mechanics of the colloidal C-S-H
396 system. High loading rates led to rapid load increases and fluctuating load-displacement
397 curves, indicating unstable deformation. High loading rates also created a denser region
398 near the nano-indenter and hastened the formation of high-stress colloids. However,
399 after stress relaxation, systems with high loading rates became more stable, with fewer
400 high-stress colloids remaining. Structurally, low-density systems were more sensitive to
401 the loading rate. In addition, the impact region was almost not affected by the loading
402 rates.

403 **Declaration of competing interest**

404 The authors declare that they have no known competing financial interests or personal
405 relationships that could have appeared to influence the work reported in this paper.

406

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