

Kinetics-based fatigue damage investigation of asphalt mixture through residual strain analysis using indirect tensile fatigue test

Chenze Fang ^{a,b}, Naisheng Guo ^{*,a}, Zhen Leng ^{*,b}, Jiwang Jiang ^b, Hui Li ^b, Guoyang Lu ^b,
Haopeng Wang ^c

^a Department of Transportation Engineering, Dalian Maritime University, Dalian, Liaoning, 116026.

^b Department of Civil and Environmental Engineering, The Hong Kong Polytechnic University,
Kowloon, Hong Kong, 99907.

^c Nottingham Transportation Engineering Centre, University of Nottingham, Nottingham, NG7 2RD,
UK.

*Corresponding authors: 1. Naisheng Guo, naishengguo@126.com;

2. Zhen Leng, zhenleng@gmail.com.

E-mail addresses: fangchenze@126.com (C.Z. Fang); jiwang.jiang@polyu.edu.hk (J.W. Jiang);

huili94@zju.edu.cn (H. Li); guoyang.lu@polyu.edu.hk (G.Y. Lu);

haopeng.wang@nottingham.ac.uk (H.P. Wang).

Submitted to *Construction and Building Materials*.

30 **Abstract:** Fatigue damage, one of the major distresses of asphalt pavement, has been found to have
31 a phenomenological correlation with the accumulated residual strain (RS) of the asphalt mixture
32 tested by stress-controlled fatigue test with excessive creep. However, it remains a challenge to
33 quantitatively model such phenomenological correlation. This study aims to address this challenge
34 by applying the kinetics theory to the indirect tensile fatigue test (ITFT) with excessive creep data
35 of various asphalt mixtures. First, ITFTs of asphalt mixtures under different conditions were
36 conducted to analyze the RS response. Then, the RS kinetics model was established based on the
37 fast-constant rate kinetics model. Finally, two of the kinetics model parameters, the RS constant rate
38 (k_c) and activation energy, were successfully applied to characterize the fatigue life (N_f) and the
39 fatigue damage resistance of the asphalt mixture, respectively. It was found that the established RS
40 kinetics model can accurately describe the development of the accumulated RS determined by ITFT.
41 The k_c determined by ITFT is an effective indicator for the rate of the initial damage evolving to the
42 failure threshold. The established k_c -based fatigue equation can be used to predict the N_f of the
43 asphalt mixture tested by ITFT from k_c . The RS accumulation activation energy can effectively
44 characterize the fatigue damage resistance of the asphalt mixture tested by ITFT.

45 **Keywords:** asphalt mixture; kinetics model; residual strain; fatigue damage

46 **1 Introduction**

47 Fatigue damage of asphalt mixture is one of the major distresses of asphalt pavement [1-4]. The
48 fatigue damage of pavement with asphalt layers thicker than 200 mm can be modeled by the
49 stress-controlled fatigue tests with excessive creep (such as ITFT), where the specimens will fail
50 due to the coupled effects of excessive creep and fatigue damage. Although it is difficult to
51 precisely separate both phenomena, many phenomenological approaches also are employed to
52 investigate them successfully [5]. For example, the digital image correlation (DIC) method is
53 usually used to characterize the crack propagation qualitatively. Jiang et al.'s [6-8] DIC results
54 proved that the corresponding RS and fatigue cracking exhibit similar three-stage trends, and the
55 fatigue damage evolution laws can be captured to a certain extent by identifying the development of
56 the accumulated RS . It indicates that the fatigue damage of the asphalt mixture tested by the fatigue
57 tests with excessive creep can be investigated from the RS perspective to a certain extent [9]. The
58 RS and fatigue cracking of the asphalt mixture tested by the widely used stress-controlled fatigue
59 tests will be produced simultaneously and coupled with each other. The fatigue cracking is difficult
60 to be quantitatively characterized, so the RS can be a direct and promising parameter for
61 approximating the degree of fatigue damage [5, 6].

62 Several empirical models were developed to predict the *RS* [10]. However, the prediction
63 accuracy and efficiency of these models are highly dependent on the test condition due to their
64 intrinsic empirical nature [11, 12]. To address the limitations of the empirical models, various
65 rheological models were proposed, among which the modified *Burgers* model is capable of
66 accurately characterizing the viscoelastic behavior of asphalt mixture [13-17]. Xu [16] established
67 the modified *Burgers* model using a dashpot in tandem modified by an exponential function, based
68 on which various *RS* models were developed to describe the *RS* under static repeated loading.
69 Zhang et al. [17] proposed an *RS* model under dynamic repeated loading by transforming the
70 dynamic load into the static load. Nevertheless, one shortcoming of the model is that it fails to
71 capture the *RS* in the third stage. In order to characterize the three-stage *RS* under dynamic loading,
72 Zhang et al. [18-20] developed an *RS* model by modifying the *Burgers* model with a quadratic
73 function. It was concluded that the *RS* is mainly composed of nonlinear viscous strain and residual
74 viscoelastic strain. Later, Fang et al. [21] applied the *RS* model proposed by Zhang et al. [18-20] to
75 define the ratio of residual strain change (*RRSC*) for characterizing the resistance to the fatigue
76 damage to a certain extent. Their results showed there exists a phenomenological correlation
77 between the *RS* and fatigue damage of asphalt mixture tested by stress-controlled fatigue test with
78 excessive creep. However, there have been very few studies that focus on quantitatively modelling
79 such correlation [22, 23].

80 Fatigue damage of an asphalt mixture is a dynamic process with stages of different damage
81 evolution rates, and N_f is a parameter which reflects the overall damage evolution rate of the
82 mixture [5, 9, 21]. Accurately characterizing the varying-rate processes of the accumulated *RS* and
83 damage is crucially important for reducing the damage evolution rate and extending the service life
84 [24]. Previous studies [257] have shown that the kinetics theory can be applied to accurately
85 characterize the evolution rate of a chemical or physical process. Herrington [26] proposed a
86 kinetics-based viscosity model for asphalt binder by investigating the viscosity change law. Jin et al.
87 [27] established an oxidation kinetics model of asphalt binder by investigating the changes of
88 carbonyl area in binder's infrared spectrum. Luo et al. [28-30] successfully predicted the modulus
89 of aged asphalt mixture by developing an aging kinetics model for asphalt pavement. Liu et al. [31,
90 32] developed a kinetics-based framework for measuring the rheological properties of aged asphalt
91 binder. Recently, Luo et al. [33, 34] and Li et al. [35-37] applied kinetics theory to the healing in
92 asphalt mixture and the cracking in asphalt binder, respectively.

93 Although kinetics theory has been applied in literature to evaluate various properties of
94 viscoelastic materials, such as aging, healing and cracking, this theory has been seldomly applied to

95 investigate the *RS* and damage of asphalt mixture. Correspondingly, this study aims to investigate
 96 the fatigue damage of asphalt mixture from the *RS* perspective by applying the kinetics theory. First,
 97 ITFTs were conducted on laboratory prepared asphalt mixture samples to analyze the *RS* response.
 98 Then, the *RS* kinetics model was established to determine the *RS* kinetics parameters, i.e, the *RS*
 99 constant rate and the activation energy. Finally, these two parameters were applied to investigate N_f ,
 100 and the fatigue damage resistance, respectively.

101 **2 Materials and Experimental Program**

102 *2.1 Materials and Specimen Preparation*

103 Granite was selected as the aggregate to produce the stone mastic asphalt (SMA) mixture with
 104 the aggregate gradation shown in Table 1. SBS modified asphalt binder with a Superpave
 105 performance grade of 76-16 (PG76-16) and base asphalt binder with a penetration grade of 60/70
 106 (Pen60/70) were selected to produce the SMA mixture specimens with the target air void content of
 107 4% and the binder content of 6%. The basic properties of the selected binders are shown in Table 2.
 108 In order to simulate the aging condition, asphalt mixture was aged in the oven at 135°C for 4 hours
 109 and then fabricated into cylindrical specimens. The cylindrical specimens with the size of 150 mm
 110 in height and 100 mm in diameter were compacted using a gyratory compactor. The top and bottom
 111 layers with a height of 15mm were cut to obtain the cylindrical specimens with the size of 100 mm
 112 in diameter and 40 mm in thickness, as shown in Fig. 1.

113 **Table 1** Aggregate gradation

Composition	Bulk specific gravity (g/cm ³)	Sieve size (mm)	Percentage (%)
Coarse aggregates	2.642	14-10	3.5
	2.663	10-5	59.5
	2.709	5-2.36	9.0
Fine aggregates	2.649	2.36-0.075	16.5
	2.661	<0.075	9.5
Hydrated lime	2.587		2.0

114 **Table 2** Technical properties of asphalt binders
 115

Indices	PG76-16	Pen60/70
Penetration (25°C, 100 g, 5 s) (0.1 mm)	46	64.5
Softening point (°C)	93	50
Viscosity (135°C) (m Pa·s)	2450	477.5



(a) Specimen



(b) Measuring horizontal tensile strain

Fig. 1. Indirect tensile fatigue test

116 **2.2 Experimental Program**

117 The stress-controlled ITFT was conducted in this study to simulate the fatigue damage
 118 behavior of asphalt mixture, because of advantages, such as simple specimen preparation and high
 119 repeatability [8]. Therefore, the ITFT was carried out to verify the feasibility of investigating the
 120 fatigue damage asphalt mixture based on the residual strain (*RS*) kinetics characterization.

121 To investigate the effects of temperature, loading frequency, binder type and aging on the
 122 fatigue damage of asphalt mixture by applying the kinetics theory, the ITFTs were carried out
 123 according to the test conditions summarized in Table 3. The load ratio was 0.3 and the half-sine load
 124 pulse was repeatedly applied by an UTM-30 machine. The applied force amplitude was equal to the
 125 product of the load ratio and the maximum force measured at the loading rate of 50mm/min [8].

126 **Table 3** ITFT conditions

Test number	Asphalt binder type	Temperature (°C)	Frequency (Hz)	Aged/Unaged	N_f
1	PG76	25	10	Unaged	5173
2	PG76	15	10	Unaged	8209
3	PG76	5	10	Unaged	12514
4	PG76	15	5	Unaged	3389
5	PG76	15	2	Unaged	2157
6	PG76	25	10	Aged	10994
7	PG76	15	10	Aged	35137
8	PG76	5	10	Aged	97541
9	60/70	25	10	Unaged	1691
10	60/70	15	10	Unaged	2907
11	60/70	5	10	Unaged	3133

127 There is a non-negligible error between the horizontal tensile strain calculated by the vertical
 128 displacement data and the true horizontal tensile strain. Therefore, epoxy glue was used to glue two
 129 steel sheets on both sides of the cylindrical specimen, and the horizontal tensile strain (ϵ_t) was

130 continually monitored by the two LVDTs installed in the holes of the steel sheets. It can be observed
 131 from Fig. 2, the ε_t curve exhibits a rising cyclic trend, and the strain at each trough is defined as the
 132 RS . The tested specimens will fail due to the coupled effects of excessive creep and fatigue damage.
 133 The corresponding RS and fatigue cracking that are coupled with each other will be produced
 134 simultaneously. Compared with the fatigue cracking difficult to be quantitatively characterized, the
 135 RS can be a direct and promising parameter for approximating the degree of fatigue damage to a
 136 certain extent [5, 6].

137 According to all related conducted researches [5, 9, 21], the ratio of residual strain change
 138 ($RRSC$) represented as Eq. (1) can indicate the resistance to the fatigue damage of the asphalt
 139 mixture tested by the stress-controlled fatigue tests with excessive creep to a certain extent, and the
 140 damage evolution rate can be positively correlated with the $RRSC$. Fig. 3 illustrates that the $RRSC-N$
 141 curve is composed of three stages. The intersection point F of the tangents of the second and third
 142 stages is the failure point where the damage reaches the failure threshold and the material structure
 143 becomes seriously unstable. The loading cycle number corresponding to the point F is recorded as
 144 the fatigue life (N_f).

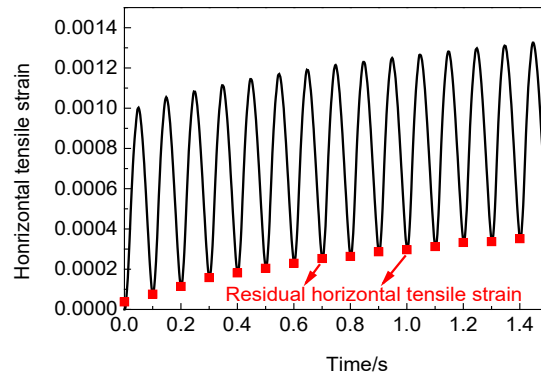


Fig. 2. Horizontal tensile strain curve

$$RRSC = \frac{RS_{N+1} - RS_N}{RS_N} \quad (1)$$

145 where RS_N is the residual strain of the loading cycle N .

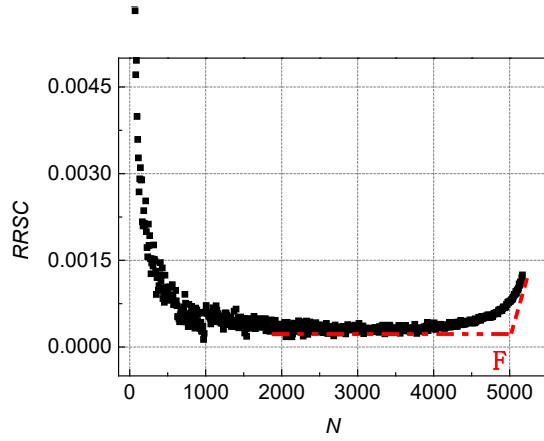


Fig. 3. RRSC- N curve

146

147 3 Residual Strain Response Analysis

148 3.1 Residual Strain Empirical Model

149 Zhang et al. [14, 18-20] developed the RS empirical model, and the derivation process can be
 150 elaborated in Eqs. (2)-(11). This empirical model has been used to describe the overall RS trend of
 151 the asphalt mixture tested by ITFT. Because the corresponding RS and fatigue cracking that are
 152 coupled with each other will be produced simultaneously. This RS empirical model can reflect the
 153 process of fatigue damage to a certain extent. Moreover, this model can be widely used in the field
 154 of road engineering and indoor tests because of its simple form and derivations.

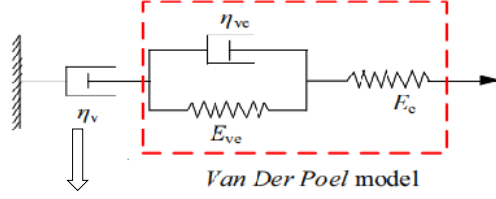
155 The strain of a viscoelastic asphalt mixture mainly includes three components, namely the
 156 elastic strain (ε_e), the viscoelastic strain (ε_{ve}) and the nonlinear viscous strain (ε_{nlv}) [14, 18-21]. After
 157 the applied load is removed, the ε_{nlv} and partial ε_{ve} are unrecoverable, while the ε_e can be fully
 158 recovered. In this paper, the sum of the unrecovered viscoelastic strain (ε_{rve}) and ε_{nlv} is defined as
 159 the residual strain (RS) that can be approximately recorded as the strain corresponding to the red
 160 dots as shown in Fig 2 [5, 9, 21], as shown in Eq. (2).

$$\varepsilon_{r,N} = \varepsilon_{nlv} + \varepsilon_{rve} \quad (2)$$

161 where the $\varepsilon_{r,N}$ is the accumulated RS .

162 Traditional *Burgers* model with the simple form and derivations has been widely used in the
 163 field of road engineering. Its defects can also be addressed to a certain extent by the modified
 164 *Burgers* model combined with the modified tandem dashpot (η_v) and the *Van Der Poel* model.
 165 Therefore, Zhang et al. [14, 18-20] developed the RS empirical model based on the modified
 166 *Burgers* model, which can describe the RS accumulation process. In their works, the residual

167 viscoelastic strain can be determined by the *Van Der Poel* model with the creep compliance ($J(t)$)
 168 calculated by Eq. (3). And the nonlinear viscous flow strain can be determined by the η_v with the
 169 viscous coefficient calculated by Eq. (4).



$$\eta_v = \frac{\eta_0}{at^2 + bt + 1}$$

Fig. 4 Modified *Burgers* model

$$J(t) = \frac{1}{E_e} + \frac{1}{E_{ve}}(1 - e^{-E_{ve}t/\eta_{ve}}) \quad (3)$$

170 where E_e and E_{ve} are the elastic moduli of the tandem and parallel springs; η_{ve} is the viscous
 171 coefficient of the parallel dashpot.

$$\eta_v = \frac{\eta_0}{at^2 + bt + 1} \quad (4)$$

172 where η_0 is the initial viscous coefficient of η_v ; a and b are constants.

173 *Boltzmann* principle can be applied to determine the dynamic strain responses of the
 174 viscoelastic material under non-constant load, as expressed in Eq. (5). *Van Der Poel* model is a
 175 linear viscoelastic body, and *Boltzmann* principle can be applied to derive the residual viscoelastic
 176 strain under half-sine pulse load [14, 18-20].

$$\varepsilon = \int_0^t J(t-\tau) \frac{d\sigma}{d\tau} d\tau \quad (5)$$

177 where ε and σ are the viscoelastic strain and stress of the viscoelastic material, respectively; and τ is
 178 the arbitrary time between 0 and t .

179 At the end of loading cycle N , the residual viscoelastic strain caused by the i th pulse load ($\varepsilon_{rve,i}$)
 180 can be derived as Eq. (6) [14, 18-20].

$$\begin{aligned}
\varepsilon_{rve,i} &= \int_0^T J[NT - (i-1)T - \tau] \frac{d\sigma(\tau)}{d\tau} d\tau \\
&= \int_0^T \left\{ \frac{1}{E_e} + \frac{1}{E_{ve}} \left(1 - e^{-\frac{E_{ve}[NT - (i-1)T - \tau]}{\eta_{ve}}} \right) \right\} \frac{\sigma_0 \pi}{T} \cos \frac{\pi \tau}{T} d\tau \\
&= \frac{\pi \sigma_0 T (1 + e^{E_{ve}T/\eta_{ve}})}{\eta_{ve} \left(\frac{E_{ve}^2}{2} T^2 + \pi^2 \right)} e^{-\frac{E_{ve}[N - (i-1)]T}{\eta_{ve}}}
\end{aligned} \tag{6}$$

181 where T is the loading period; σ_0 is the loading amplitude. The loading time from loading cycle i to
182 the end of loading cycle N is equal to $NT - (i-1)T$. Therefore, N was involved when calculating $\varepsilon_{rve,i}$
183 [14, 18-20].

184 After N loading cycles, the accumulated residual viscoelastic strain ($\varepsilon_{rve,N}$) is expressed as
185 follows [14, 18-20].

$$\varepsilon_{rve,N} = \sum_{i=1}^N \varepsilon_{rve,i} = \lambda (1 - e^{-\kappa N}) \tag{7}$$

$$\text{where } \lambda = \frac{\pi T (1 + e^{E_{ve}T/\eta_{ve}}) e^{-E_{ve}T/\eta_{ve}} \sigma_0}{\eta_{ve} \left(\frac{E_{ve}^2}{2} T^2 + \pi^2 \right) (1 - e^{-E_{ve}T/\eta_{ve}})}; \kappa = \frac{E_{ve}}{\eta_{ve}} T.$$

186 The ε_{nlv} of the viscoelastic material under half-sine pulse load can be determined by Eq. (8) [14,
187 18-20].

$$\varepsilon_{nlv} = \int_0^t \frac{\sigma}{\eta_v(\tau)} d\tau \tag{8}$$

188 At the end of loading cycle N , the ε_{nlv} caused by the i th pulse load ($\varepsilon_{nlv,i}$) can be derived as Eq.
189 (9) [14, 18-20].

$$\begin{aligned}
\varepsilon_{nlv,i} &= \int_0^T \frac{\sigma(\tau)}{\eta_{v,i}(\tau)} d\tau = \frac{\sigma_0}{\eta_0} \int_0^T \sin \frac{\pi \tau}{T} \{ a[(i-1)T + \tau]^2 + b[(i-1)T + \tau] + 1 \} d\tau \\
&= \frac{2a\sigma_0 T^3}{\pi \eta_0} (i-1)^2 + \frac{2b\sigma_0 T^2 + 2a\sigma_0 T^3}{\pi \eta_0} (i-1) + \frac{\sigma_0}{\pi \eta_0} (2T + bT^2 + aT^3 - \frac{4aT^3}{\pi^2})
\end{aligned} \tag{9}$$

190 After N loading cycles, the accumulated nonlinear viscous strain ($\varepsilon_{nlv,N}$) is expressed as follows
191 [14, 18-20].

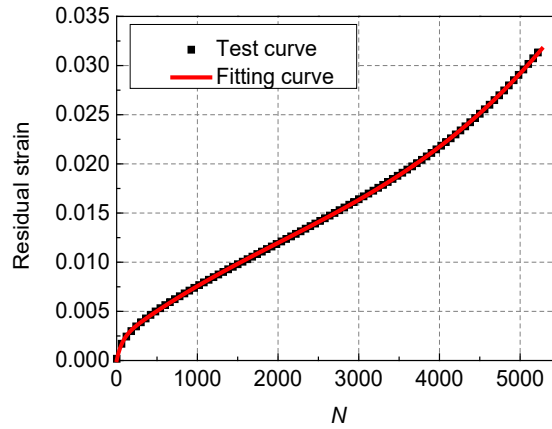
$$\varepsilon_{nlv,N} = \sum_{i=1}^N \varepsilon_{nlv,i} = \alpha N^3 + \beta N^2 + \gamma N \tag{10}$$

where $\alpha = \frac{2aT^3\sigma_0}{3\eta_0\pi}$; $\beta = \frac{bT^2\sigma_0}{\eta_0\pi}$; $\gamma = \sigma_0 \frac{6\pi^2T + \pi^2aT^3 - 12aT^3}{3\eta_0\pi^3}$.

192 Then, the *RS* empirical model can be established as Eq. (11). More details about the *RS*
 193 empirical model can be found in [14, 18-20].

$$\varepsilon_{r,N} = \alpha N^3 + \beta N^2 + \gamma N + \lambda(1 - e^{-\kappa N}) \quad (11)$$

194 The *RS-N* curves were fitted by Eq. (11) and the fitting result is shown in Fig.5 and Table 4.
 195 Tests 2, 4 and 5 with different loading frequencies were under the same material type and
 196 temperature. The E_{ve} , η_{ve} , η_0 , obtained from test 2 can accurately describe the *RS* in tests 4 and 5
 197 only when the a and b are different, which indicates the developed model is an empirical model and
 198 can describe the *RS* mathematically.



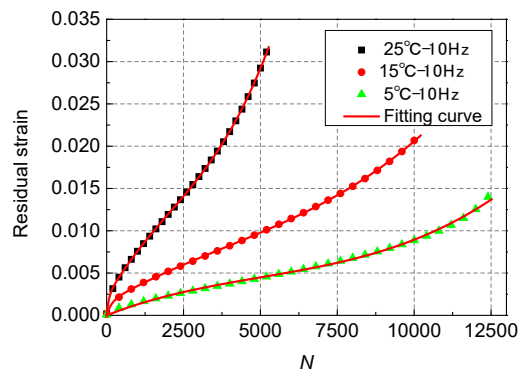
199 **Fig. 5.** Fitting result of *RS* empirical model

200 **Table 4** Fitting results of *RS* empirical model

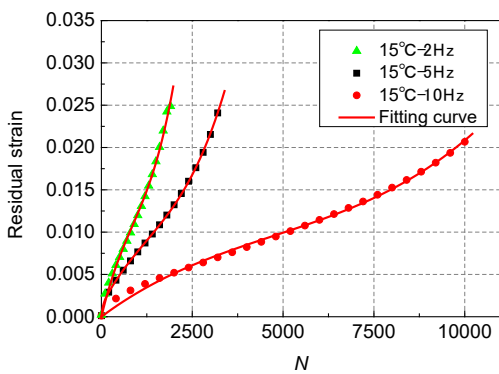
Test number	E_{ve} (MPa)	η_{ve} (MPa·s)	a ($\times 10^{-8} s^{-2}$)	b (s^{-1})	η_0 (MPa·s)	R^2
1	81.36955	538.32068	822.549	-0.001660001	2693.90203	0.99841
2	251.51738	3838.07685	200.726	-0.000761068	18132.64039	0.99832
3	700.06809	57500.20141	158.959	-0.000440258	111705.4454	0.99946
4	251.51738	3838.07685	558.165	-0.001030001	18132.64039	0.98838
5	251.51738	3838.07685	142.258	-0.000245115	18132.64039	0.99745
6	149.42999	2320.27005	1.65667	-0.000689779	12386.06813	0.99979
7	194.24146	5686.33347	19.8715	-0.000246996	59621.08029	0.99984
8	371.14205	49361.98726	2.47822	-0.000086441	325834.6818	0.99986
9	63.22769	159.07404	8536.31	-0.005100002	552.86702	0.9999
10	173.64888	427.16173	3207.08	-0.002800012	2240.22627	0.99994
11	1295.39002	2210.31873	3298.01	-0.003470001	10481.70196	0.99971

201 3.2 Residual Strain Response Analysis

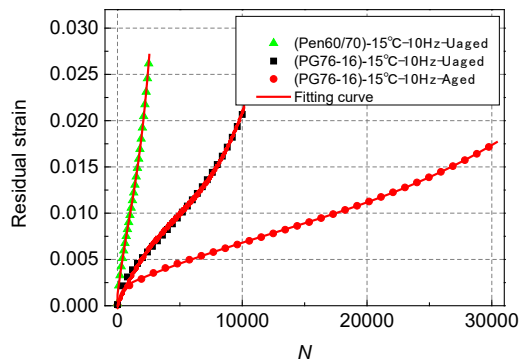
202 The overall damage evolution rate of asphalt mixture can be reflected by N_f . Fig. 6 illustrates
 203 the RS response under different conditions. N_f exhibits a decreasing trend with the increase of the RS
 204 rate. From Fig. 6 (a) and (b), it can be seen that the RS response is highly dependent on temperature
 205 and loading frequency [38-41]. At high loading frequency and low temperature, the asphalt mixture
 206 exhibits slower RS rate and longer N_f . This is because the asphalt mixture behaves in a more elastic
 207 way under such conditions [42-44]. Thus, it exhibits greater capacity in supporting more cyclic
 208 loading without flow [1-4]. Consequently, the brittle fracture occurs, as shown in Fig. 7 (a): the
 209 cracks are thin and un-ramified. In contrast, at low frequency and high temperature, the asphalt
 210 mixture exhibits larger RS rate and shorter N_f . This is because the viscoelastic material behaves in a
 211 more viscous way of being susceptible to accumulating the RS . Therefore, the ductile fracture
 212 occurs, as shown in Fig. 7 (b): the cracks are wide and ramified [1-4].



(a) (PG76-16)-25/15/5°C-10Hz-Unaged



(b) (PG76-16)-15°C-10/5/2Hz-Unaged



(c) (Pen60/70)/(PG76-16)-15°C-10Hz-Unaged/Aged

Fig. 6. Residual strain results

213



(a) Brittle fracture at low temperature and high frequency (b) Ductile fracture at high temperature and low frequency

Fig. 7. Brittle and ductile fracture damages

214 As illustrated in Fig. 6 (c), compared with the asphalt mixture with base binder (Pen60/70), the
215 SBS modified asphalt mixture exhibits slower RS rate and longer N_f . This is because the SBS
216 modifiers form the complex polymer network in asphalt binder structure. The network leads to the
217 more elastic mechanical response, which retards the appearance of strain hardening [1-4].
218 Accordingly, the RS accumulation are retarded. Similarly, aging can increase the content of
219 asphaltenes with larger molecular weight in asphalt binder, meaning the weaker
220 asphaltenes/maltenes relationship. Then the asphalt binder structure becomes stiffer leading to the
221 more elastic mechanical response. Consequently, the aged asphalt mixture is less susceptible to
222 accumulating the RS and can be resistant to more loading cycles than the unaged one [1-4].

223 As discussed above, the faster RS enters the third stage, the faster the fatigue damage evolves
224 to the threshold. There exists a phenomenological correlation between the RS rate and the N_f of the
225 asphalt mixture tested by ITFT. This is because the RS and fatigue damage will be produced
226 simultaneously and coupled with each other in the corresponding cyclic loading process, where the
227 specimens will fail due to the coupled effects of excessive creep and fatigue damage. The fatigue
228 damage evolution laws can be captured to a certain extent by identifying the development of the
229 accumulated RS [6-9].

230 Kinetics theory can be applied to accurately characterize the evolution rate of a chemical or
231 physical process. In section 3, the RS empirical model inherited from previous studies [14, 18-20]
232 has been used to describe the overall RS trend. The following chapters will verify the feasibility of
233 modeling the phenomenological correlation between the RS and fatigue damage using the kinetics
234 theory.

235 4 Kinetics-based Fatigue Damage Investigation of Asphalt mixture

236 4.1 Kinetics Characterization of Residual Strain

237 In kinetics theory, the chemical or physical process reaching its equilibrium can be quantified
238 by the representative rate constant (k). In addition, the required minimum input energy ensuring the
239 process to proceed is called activation energy (E_a), which indicates the reaction difficulty degree
240 and depends on the material properties and process conditions [25, 26]. The key procedure of the
241 kinetics approach is to establish the kinetics model and obtain the kinetics parameters (the k and the
242 E_a). The commonly used *Arrhenius* kinetics equation is shown in Eq. (12), which can accurately
243 determine the relationship between k and E_a [27, 28].

$$k = Ae^{\frac{-E_a}{RT}} \quad (12)$$

244 where A is the exponential factor; R is the gas constant; and T is the absolute temperature.

245 Eq. (13) presents the commonly used kinetics model of viscoelastic materials, which can
246 accurately simulate the chemical or physical processes with two stages, namely the fast stage and
247 the constant stage, such as the change laws of carbonyl, modulus and viscosity of asphalt binder
248 during the aging process [27-30]. Taking the natural logarithm of the *Arrhenius* kinetics equation,
249 Eq. (12) can be converted to Eq. (14). The rate constants at different temperatures are fitted by Eq.
250 (14) for determining the E_a equal to the fitted slope.

$$y = y_{\text{initial}} + (y_0 - y_{\text{initial}})(1 - e^{-k_f x}) + k_c x \quad (13)$$

$$\ln k = \ln A - \frac{E_a}{RT} \quad (14)$$

251 where y is the dependent variable; y_{initial} is the initial value of y ; y_0 is the intercept of the constant
252 rate line of growth of y versus x ; k_f is the fast rate; x is the independent variable; k_c is the constant
253 rate; and k is the representative rate.

254 As illustrated in Fig. 8, the overall *RS* accumulation trend exhibits three stages, namely the fast
255 rate stage, the constant rate stage and the acceleration stage, among which the serious structure
256 instability occurs at the acceleration stage leading to the evolution with high discreteness and
257 uncertainty. Additionally, the damage evolution of the third stage is the evolution result of the first
258 two stages, and accounts for a small proportion. Consequently, establishing the kinetics-based
259 model to predict the *RS* in the first two stages is of great significance for describing the overall rate
260 process of the accumulated *RS* [5, 9, 21].

261 The RS and N correspond to the dependent variable of y and the independent variable of x in
 262 Eq. (13), respectively. The initial RS value can be regarded as 0, that was, $y_{\text{initial}}=0$. Substituting
 263 $y_{\text{initial}}=0$ into Eq. (13), the RS kinetics model was established as shown in Eq. (15). The fast rate
 264 stage and constant rate stage of the RS accumulation process can be described by the k_f and k_c ,
 265 respectively. Given that the proportion of the fast rate stage corresponding to the k_f is small, the k_c is
 266 selected as the representative rate in Eq. (14) for quantifying the overall accumulation rate of the RS
 267 and the required minimum input energy ensuring the process of RS accumulation to proceed. The
 268 RS increases steadily in the constant rate stage with the main proportion and the RS rate steadily
 269 approaches a constant value, which means the k_c can be approximately obtained by loading to a
 270 certain cycle before the end of the constant rate stage and this cycle can theoretically be much less
 271 than N_f . Eq. (15) is used to fit the test RS curve in the fast and the constant rate stages, and the
 272 fitting results are shown in Fig. 8 and Table 5. As observed, the fitting curve shows good agreement
 273 with the test curve, which means the developed kinetics-based model is able to model the overall
 274 trend of the RS curve.

$$\begin{aligned}\varepsilon_r &= \varepsilon_{r,0}(1 - e^{-k_f N}) + k_c N \\ &= \varepsilon_{r,0}(1 - e^{(-A_f e^{\frac{-E_{a,f}}{RT}}) N}) + (A_c e^{\frac{-E_{a,c}}{RT}}) N\end{aligned}\quad (15)$$

275 where ε_r is the residual strain; k_f , A_f and $E_{a,f}$ are the fast rate, exponential factor and activation energy
 276 of the RS in the fast rate stage, respectively; k_c , A_c and $E_{a,c}$ are the constant rate, exponential factor
 277 and activation energy of the RS in the constant rate stage; $\varepsilon_{r,0}$ is the intercept of the constant rate
 278 stage.

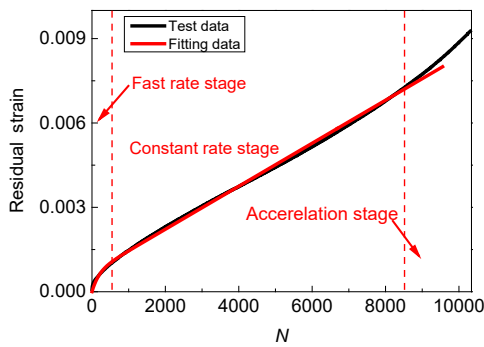


Fig. 8. RS kinetics model fitting

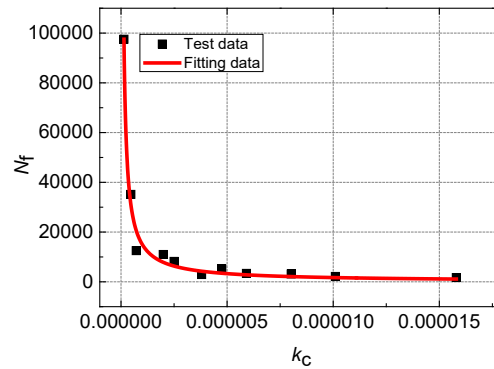


Fig. 9. Fitting results of N_f - k_c curve

279 Fig. 9 presents the N_f - k_c curve. As presented, the k_c (in the stable damage evolution process)
 280 exhibits a good correlation with the N_f . The corresponding RS and fatigue cracking will be produced
 281 simultaneously and coupled with each other. According to the kinetics theory, RS rate can be used
 282 to determine the material property of activation energy representing the minimum energy required

283 for the development of the accumulated RS and fatigue damage. Therefore, the remaining chapters
 284 will verify the feasibility of investigating fatigue damage using the kinetics theory.

285 **Table 5** Fitting results of RS kinetics model

Test number	N_f	k_c	k_f	R^2
1	5173	4.75E-06	0.01169691	0.9014
2	8209	2.50E-06	0.00421913	0.9214
3	12514	7.17E-07	0.00273325	0.9612
4	3389	5.91E-06	0.01814621	0.9712
5	2157	1.01E-05	0.02360068	0.9423
6	10994	1.99E-06	0.00402244	0.9111
7	35137	4.65E-07	0.00250097	0.9321
8	97541	1.39E-07	0.00060709	0.9345
9	1691	1.58E-05	0.04096532	0.9364
10	2907	8.02E-06	0.01648633	0.9145
11	3133	3.80E-06	0.01831483	0.9712

286 *4.2 Fatigue Life Investigation Base on Residual Strain Constant Rate*

287 Fang et al. [5, 21] and Sun et al. [9] quantified the RS rate by defining the $RRSC$, and
 288 determined the phenomenological correlation between the RS and fatigue damage of asphalt
 289 mixture tested by the fatigue tests with excessive creep using the $RRSC$. Their results showed the
 290 potential of the $RRSC$ as an effective parameter for indicating the resistance of asphalt mixture
 291 under stress-controlled mode to the fatigue damage, and the resistance is negatively correlated with
 292 the $RRSC$. In this paper, the fatigue damage of asphalt mixture is defined by modulus degradation to
 293 analyze the process of fatigue damage, as shown in Eq. (16).

$$D = \frac{S_0 - S_N}{S_0} \quad (16)$$

294 where D is damage variable; S_0 is initial stiffness modulus; and S_N is stiffness modulus of the
 295 loading cycle N [5]. Fig.10 presents the damage evolution curve of asphalt mixture [5, 9, 21]. It can
 296 be seen that RS rapidly increases at the fast rate of k_f in the first stage for a short period, and then the
 297 RS rate becomes slow leading to rapidly decreasing $RRSC$. Meanwhile, D rapidly reaches a higher
 298 level but the damage evolution rate (D_s) gradually decreases. The main damage stage is the second
 299 stage, where RS increases at the relatively constant rate of k_c . The corresponding $RRSC$ steadily
 300 approaches a stable value, indicating stable resistance to damage accumulation. Consequently, D_s
 301 tends to stabilize and D increases slowly. Eventually, RS rapidly increases in a short time leading to
 302 the sharply increasing $RRSC$, and the material structure reaches N_f when D evolves to the failure
 303 threshold. The faster RS enters the third stage, the faster the fatigue failure occurs.

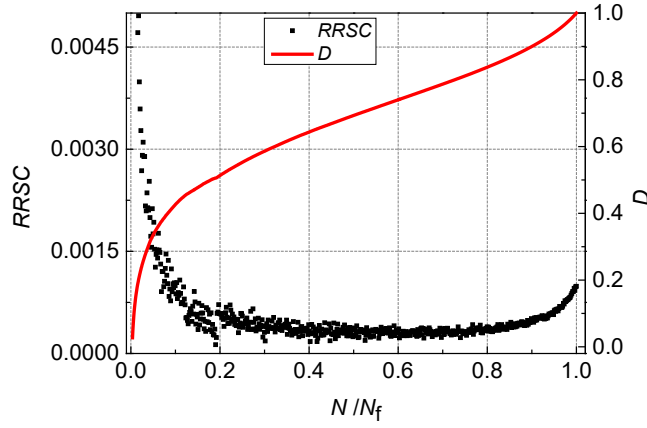


Fig. 10. Damage evolution analysis curve

304 As discussed above, N_f and RS rate exhibit a close correlation. The faster RS enters the third
 305 stage, the faster the initial damage ($D_{initial}$) evolves to the threshold ($D_{threshold}$) leading to shorter N_f ,
 306 as Eq. (17) and Eq. (18) indicate. Theoretically, $D_{initial}$ and $D_{threshold}$ can be regarded as 0 and 1,
 307 respectively. N_f and damage evolution rate (D_s) are negatively correlated, as shown in Eq. (18). The
 308 main damage evolution stage is the second stage (constant rate stage) where RS steadily increases at
 309 the constant rate of k_c and D evolves at the stable rate of D_s , which means D_s can be determined
 310 from k_c . Therefore, k_c was used to establish the fatigue equation in the simple power function form.
 311 The fitting results are shown in Eq. (19) and Fig. 9. It can be seen that R^2 is more than 0.98. In order
 312 to verify the validity of the fatigue equation, the ITFTs were carried out according to the test
 313 conditions summarized in Table 6, and the measured k_c were substituted into Eq. (19) to predict the
 314 N_f results. As observed in Table 6, the relative errors between the measured N_f and predicted N_f at
 315 different temperatures were 7.4% and 12.5%, respectively, indicating the fatigue equation can
 316 quantify the relationship between k_c and N_f with reasonable accuracy.

317 **Table 6** Comparison results between predicted N_f and measured N_f .

Asphalt binder type	Temperature (°C)	Frequency (Hz)	Aged / Unaged	k_c	Measured N_f	Predicted N_f	Relative error (%)
PG76	20	10	Unaged	2.61E-06	6512	6971	7
PG76	10	10	Unaged	2.11E-06	9210	8348	9.3

$$D(N) = \int_0^N D_s(N) dN \quad (17)$$

$$N_f = f(D_s, D_{initial}, D_{threshold}) = f(D_s, 0, 1) \quad (18)$$

$$N_f = 0.13763 (k_c)^{-0.84269}, R^2 = 0.9859 \quad (19)$$

319 4.3 Fatigue Damage Resistance Investigation Based on Residual Strain Accumulation Activation
 320 Energy

321 E_a represents the minimum energy required for a specific process. Therefore, it is negatively
 322 correlated with the reaction difficulty degree [25, 26]. Eq. (15) was used to fit k_c at different
 323 temperatures to obtain the E_a corresponding to k_c ($E_{a,c}$). The $E_{a,c}$ results are shown in Fig. 11 and
 324 Table 7. As presented, the ascending ranking of the tested mixtures in terms of $E_{a,c}$ is Pen60/70
 325 ($49.2185\text{kJ}\cdot\text{mol}^{-1}$), unaged PG76-16 ($63.7394\text{kJ}\cdot\text{mol}^{-1}$) and aged PG76-16 ($91.6217\text{kJ}\cdot\text{mol}^{-1}$), which
 326 is consistent with the ranking in RS rate and N_f as illustrated in Fig. 6(c). Therefore, it can be
 327 reasonably inferred that the $E_{a,c}$ can be used to characterize the difficulty degree of RS accumulation
 328 and predict the damage resistance. A larger $E_{a,c}$ indicates more energy is required to accumulate RS ,
 329 and the mixture is less susceptible to RS accumulation, leading to stronger damage resistance.

330
 331

Table 7 $E_{a,c}$ results

Test condition number	Test condition	$E_{a,c}$ ($\text{kJ}\cdot\text{mol}^{-1}$)
1	(Pen60/70)-10Hz-Uaged	49.2185
2	(PG76-16)-10Hz-Unaged	63.7394
3	(PG76-16)-10Hz-Aged	91.6217

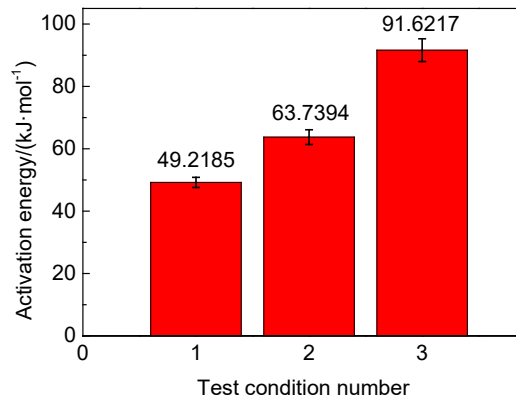


Fig. 11. $E_{a,c}$ results

332 **5 Conclusions and Recommendations**

333 In this study, the ITFT was conducted to develop the RS kinetics model, and the kinetics theory
 334 was applied to investigate the fatigue damage of asphalt mixtures. The following points summarize
 335 the major findings of this study:

- 336 • The RS rate of the asphalt mixture tested by ITFT is negatively correlated with the fatigue life
 337 (N_f). The established RS kinetics model can describe the whole corresponding RS accumulation
 338 process with high accuracy.
- 339 • The RS constant rate (k_c) of the asphalt mixture tested by ITFT is used to represent the rate of

340 the initial damage evolving to the failure threshold. The established k_c -based fatigue equation can be
341 used to predict the corresponding N_f from k_c .

342 • The RS accumulation activation energy of the asphalt mixture tested by ITFT measures the
343 difficulty degree of RS accumulation. It can be used to characterize the corresponding damage
344 resistance of an asphalt mixture.

345 • Note that the above conclusions may work for the stress-controlled ITFT, where creep and
346 fatigue cracking will be produced simultaneously and coupled with each other, but not for tests with
347 less of this excessive creep phenomenon, such as fatigue tests with centered sinusoidal signals, with
348 zero residual strain, and that produce fatigue failure.

349 The outcomes of this study prove that the kinetics theory can be used as a powerful tool to
350 investigate the fatigue damage evolution of the asphalt mixture tested by ITFT from the perspective
351 of RS accumulation. Theoretically, these conclusions may work for other stress-controlled fatigue
352 tests, where the specimens will fail due to the coupled effects of excessive creep and fatigue
353 damage. However, more research is still needed to evaluate the effects of other test variables, such
354 as material types, loading conditions and test types on the performance of the models developed in
355 this study and verify their general applicability. Furthermore, the obtained results should be
356 correlated with the field performance of asphalt pavement, and integrated into pavement design to
357 ensure that the same level of correspondence based on the laboratory test data remains valid for
358 pavement field performance.

359 **Acknowledgments**

360 This study was funded by the National Natural Science Funding of China under Grant No.
361 51308084, the Natural Science Foundation Project of Liaoning No. 2018010659-301 and the
362 Special Subsidized Project of Basic Scientific Research Business Fees in Central Universities under
363 Grant No. 3132017029.

364 **References**

- 365 [1] F. Moreno-Navarro, M.C. Rubio-Gómez, A review of fatigue damage in bituminous mixtures:
366 Understanding the phenomenon from a new perspective, *Constr. Build. Mater.* 113 (2016)
367 927-938.
- 368 [2] F. Moreno, M. Sol-Sanchez, F. Moreno-Navarro, et al., Fatigue behavior of macro fiber
369 reinforced gap graded asphalt mixtures, *Mater. Struct.* 53 (4) (2020)

- 370 [3] F. Moreno-Navarro, M.C. Rubio-Gómez, UGR-FACT test for the study of fatigue cracking in
371 bituminous mixes, *Constr. Build. Mater.* 43 (2013) 184-190.
- 372 [4] F. Moreno-Navarro, M.C. Rubio-Gómez, Mean damage parameter for the characterization of
373 fatigue cracking behavior in bituminous mixes, *Mater. Des.* 54 (2014) 748-754.
- 374 [5] C.Z. Fang, Research on damage evolution and fatigue life prediction of asphalt mixture,
375 Shenyang Jianzhu University. Shenyang, 2019. (in Chinese)
- 376 [6] J.W. Jiang, Investigation of the fatigue property and internal structure of asphalt mixtures
377 based on multiscale methods, Southeast University. Nanjing, 2019. (in Chinese)
- 378 [7] J.W. Jiang, F.J. Ni, Q. Dong, et al., Fatigue damage model of stone matrix asphalt with
379 polymer modified binder based on tensile strain evolution and residual strength degradation
380 using digital image correlation methods, *Measurement*. 123 (2018) 30-38.
- 381 [8] J.W. Jiang, F.J. Ni, Evaluation of fatigue property of asphalt mixtures based on digital image
382 correlation method, *Journal of Southeast University (English Edition)*. 33 (2) (2017) 216-223.
- 383 [9] Y.Z. Sun, C.Z. Fang, J.C. Wang, et al., Method of fatigue-life prediction for an asphalt mixture
384 based on the plateau value of permanent deformation ratio, *Materials*. 11 (5) (2018) 1-16.
- 385 [10] P. Ayar, F. Moreno-Navarro, M. Sol-Sánchez, et al., Exploring the recovery of fatigue damage
386 in bituminous mixtures: the role of rest periods, *Mater. Des.* 51 (25) (2018)
- 387 [11] J.P. Zhang, X.M. Huang, T. Ma, Study on damage-creep characteristics and model of asphalt
388 mixture, *Chin. J. Geotech. Eng.* 12 (2008) 1867-1871. (in Chinese)
- 389 [12] S. Hussan, M. A. Kamal, I. Hafeez, et al., Evaluation and modelling of permanent deformation
390 behavior of asphalt mixtures using dynamic creep test in uniaxial model, *Int. J. Pavement Eng.*
391 20 (9) (2019) 1026-1043.
- 392 [13] I.L. Al-Qadi, P.J. Yoo, M.A. Elseifi, et al., Creep behavior of hot-mix asphalt due to heavy
393 vehicular tire loading, *J. Eng. Mech.* 135 (1) (2009) 1265-1273.
- 394 [14] J.P. Zhang, X.M. Huang, H. Li, Permanent deformation of asphalt mixture under repeated load,
395 *Chin. J. Southeast. Univ. (Nat. Sci. Ed)*. 38 (3) (2008) 511-515. (in Chinese)
- 396 [15] R. A. Schapery, Nonlinear viscoelastic and viscoplastic constitutive equations with growing
397 damage, *Int. J. Fract.* 97 (1999) 33-66.
- 398 [16] S. F. Xu, Prediction and control of rutting in asphalt pavements, Tongji University, Shanghai,
399 China, 1991. (in Chinese)
- 400 [17] Y.Q. Zhang, X.M. Huang, Viscoelastic mechanical model of permanent deformation of asphalt
401 mixtures under repeated load, *Journal of Highway and Transportation Research and*
402 *Development*. 25 (4) (2008) 1-6. (in Chinese)

- 403 [18] J.P. Zhang, X.M. Huang, Viscoelastic model for asphalt mixture under repeated haversine load,
404 J. Southeast. Univ. (English. Ed). 25 (4) (2009) 523-526.
- 405 [19] J.P. Zhang, Z.P. Fan, K. Fang, et al., Development and validation of nonlinear viscoelastic
406 damage (NLVED) model for three-stage permanent deformation of asphalt concrete, Constr.
407 Build. Mater. 102 (2016) 384-392.
- 408 [20] J.Z. Pei, Z.P. Fan, J.P. Zhang, et al., Nonlinear viscoelastic model for asphalt mixture subjected
409 to repeated loading, Road. Mater. Pavement. 17 (4) (2016) 892-905.
- 410 [21] C.Z. Fang, N.S Guo, ZP. You, Y.Q. Tan, Investigating fatigue life prediction of rubber asphalt
411 mixture based on damage evolution using residual strain analysis approach, Constr. Build.
412 Mater. 257 (2020) 119476.
- 413 [22] H. Di Benedetto, C. de La Roche, H. Baaj, A. Pronk, R. Lundstron, Fatigue of bituminous
414 mixtures: different approaches and RILEM group contribution, in: Proceedings of the 6th
415 International RILEM Symposium, Zurich, Swiss, 2003.
- 416 [23] I. Artamendi, H. Khalid, Characterization of fatigue damage for paving asphaltic materials,
417 Fatigue Fract. Eng. Mater. Struct. 28 (2005) 1113-1118.
- 418 [24] A.A. Rose, I.R. Lenz, C.T. Than, C.J. Glover, Investigation of the effects of recycled engine oil
419 bottoms on asphalt field performance following an oxidation modelling approach, Pet. Sci.
420 Technol. 34 (21) (2016) 1768-1776.
- 421 [25] G.L. Liu, C.J. Glover, A study on the oxidation kinetics of warm mix asphalt, Chem. Eng. J.
422 280 (2015) 115-120.
- 423 [26] P.R. Herrington, Oxidation of bitumen in the presence of a constant concentration of oxygen,
424 Pet. Sci. Technol. 16 (7-8) (1998) 743-765.
- 425 [27] X. Jin, R. Han, Y. Cui, C.J. Glover, Fast-rate-constant-rate oxidation kinetics model for asphalt
426 binders, Ind. Eng. Chem. Res. 50 (23) (2011) 13373-13379.
- 427 [28] X. Luo, F. Gu, R.L. Lytton, Kinetics-based aging prediction of asphalt mixtures using field
428 deflection data, Int. J. Pavement Eng. 20 (3) (2019) 287-297.
- 429 [29] X. Luo, F. Gu, R.L. Lytton, Prediction of field aging gradient in asphalt pavements, Transp.
430 Res. Rec. 2507 (1) (2015) 19-28.
- 431 [30] X. Luo, F. Gu, Y. Zhang, R.L. Lytton, B. Birgisson, Kinetics-based aging evaluation of
432 in-service recycled asphalt pavement, J. Cleaner Prod. 200 (2018) 934-944.
- 433 [31] F. Liu, Z. Zhou, Y. Wang, Predict the rheological properties of aged asphalt binders using a
434 universal kinetic model, Constr. Build. Mater. 195 (2019) 283-291.
- 435 [32] F. Liu, Z. Zhou, X. Zhang, Y. Wang, On the linking of the rheological properties of asphalt

436 binders exposed to oven aging and PAV aging, *Int. J. Pavement Eng.* (2019) 1-10.

437 [33] X. Luo, F.Q. Ma, Bjorn Birgisson, Z.Y. Huang, Coupled mechanical and kinetic modeling of
438 recovery in asphalt mixtures, *Constr. Build. Mater.* 254 (2020) 118889.

439 [34] X. Luo, B. Birgisson, R. L. Lytton, Kinetics of healing of asphalt mixtures, *J. Cleaner Prod.*
440 252 (2020) 119790.

441 [35] H. Li, X. Luo, Y.Q. Zhang, A kinetics-based model of fatigue crack growth rate in bituminous
442 material, *Int. J. Fatigue*, 148(1) (2020) 106185.

443 [36] H. Li, X. Luo, W.Z. Yan, Y.Q. Zhang, Energy-based mechanistic approach for crack growth
444 characterization of asphalt binder, *Mech. Mater.* 148(1) (2020) 103462.

445 [37] H. Li, X. Luo, Y.Q. Zhang, Pseudo energy-based kinetic characterization of fatigue in asphalt
446 binders, *China Journal of Highway and Transport*, 33 (10) (2020) 115-124. (in Chinese)

447 [38] C.Z. Fang, N.S. Guo, Y.Z. Sun, et al., Research on fatigue life of rubber asphalt mixture based
448 on stiffness modulus analysis, *Eng. Mech.* 36 (1) (2019) 1-10. (in Chinese)

449 [39] C.Z. Fang, N.S. Guo, ZP. You, Y.Q. Tan , et al., Fatigue damage characteristics for rubber
450 asphalt mixture based on energy dissipation history, *Journal of Southeast University (Natural
451 Science Edition)*. (2021). (in Chinese)

452 [40] Y.Z. Sun, C.Z. Fang, J.C. Wang, et al., Method of fatigue life prediction for rubber asphalt
453 mixture based on plateau value of dissipated energy ratio, *J. Build. Materials.* 22 (1) (2019)
454 108-112. (in Chinese)

455 [41] C.H. Wang, M.H. Wang, Q. Chen, et al., Basic performance and asphalt smoke absorption
456 effect of environment-friendly asphalt to improve pavement construction environment, *J.
457 Cleaner. Prod.* 2022 (333): 130142.

458 [42] G. Lu, Z. Wang, P. Liu , et al., Investigation of the hydraulic properties of pervious pavement
459 mixtures: characterization of Darcy and non-Darcy flow based on pore microstructures, *Journal
460 of Transportation Engineering, Part B: Pavements*, 146(2) (2020) 04020012.

461 [43] G. Lu, P. Liu, T. Törzs, et al., Numerical analysis for the influence of saturation on the base
462 course of permeable pavement with a novel polyurethane binder, *Construction and Building
463 Materials*, 240 (2020) 117930.

464 [44] R. Li, Z. Leng, J. Yang, G. Lu, et al., Innovative application of waste polyethylene
465 terephthalate (PET) derived additive as an antistripping agent for asphalt mixture: Experimental
466 investigation and molecular dynamics simulation, *Fuel*, 300 (2021) 121015.