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Confining excitation energy in Er³⁺-sensitized upconversion nanocrystals through Tm³⁺-mediated transient energy trapping

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Abstract: We present a new class of lanthanide-doped upconversion nanoparticles without Yb³⁺ or Nd³⁺ sensitizers in the host lattice. We find that in erbium-enriched core-shell NaErF₄:Tm (0.5mol%)@NaYF₄ nanoparticles a high degree of energy migration between Er^{3+} ions occurs to suppress the effect of concentration quenching upon surface coating. Unlike the conventional Yb³⁺-Er³⁺ system, Er^{3+} ion can serve as both the sensitizer and activator to enable an effective upconversion process. Importantly, an appropriate doping of Tm³⁺ has been demonstrated to further enhance upconversion luminescence through energy trapping. This endows the resultant nanoparticles with bright red (about 700-fold enhancement) and near-infrared luminescence that is achievable under multiple excitation wavelengths. Our results provide a fundamental new pathway to mitigate the concentration quenching effect, thus offering a convenient synthetic protocol for red-emitting upconversion nanoprobes attractive for biological applications.

P hoton upconversion in lanthanide-doped nanocrystals that converts near-infrared excitation into visible emissions has enabled many promising applications in anti-counterfeiting,^[1] molecular sensing,^[2] bioimaging,^[3] and therapeutics.^[4] However, an appropriate co-doping strategy involving low concentrations of a sensitizer-activator pair (e.g. Yb³⁺-Tm³⁺, Yb³⁺-Er³⁺ or Yb³⁺-Ho³⁺) is typically required to construct high-efficiency upconversion nanocrystals.^[5] Notably, doping high concentrations of sensitizers (Yb³⁺> 20 mol%) or activators (e.g., Er³⁺ > 2%) is known to induce severe luminescence quenching through cross-relaxation or the mechanism of energy migration to surface defects.^[6] As a result of this inherent limitation, a relatively low doping level of lanthanide activators is generally implemented.^[7]

A high power density of excitation ($\sim 10^6$ W cm⁻²) has been demonstrated to effectively alleviate luminescence concentration quenching in nanoparticles with heavily doped activators ($\sim 20\%$ Er³⁺ or $\sim 8\%$ Tm³⁺).^[8] Another general strategy to prevent the concentration quenching is to implement a core-shell design by which the dominant luminescence quenching through energy migration to surface defects can be effectively blocked (**Figure 1**a).^[9] However, this surface coating method is unable to mitigate the luminescence quenching caused by the energy migration to internal lattice defects.^[10] On the basis of previous findings, we reason that it might be possible to overcome this constraint by introducing a trapping center to confine the excitation energy and minimize the migration-mediated energy loss in the lattice. We realize that an effective energy transfer within a pair of Er³⁺ ions, mediated by impurity doping, is likely to suppress the isotropic migration of excitation energy (Figure 1b).

Through calculations based on density function theory (DFT), we find that Tm^{3+} -doping can lead to a subtle local re-alignment of the 4f/5d orbitals of Er^{3+} sub-lattice, meaning that all 4f/5d orbitals with spin-up configuration are promoted to energy levels slightly higher than the 4f orbitals with spin-down configuration (Figure1c and d). The spin-flip-flop is more energetically favorable for the transportation of those excitation energies to Er^{3+} activator through a successive triplet dipole de-excitation.^[11] Thus, we anticipate that the effective harvesting and preservation of excitation energies by Er^{3+} ions for enhanced upconversion luminescence can be facilitated through the use of Tm^{3+} as a transient energy trapping centre. Here we report the synthesis and characterization of NaErF₄:Tm (0.5 mol%)@NaYF₄ nanocrystals for host-sensitized upconversion. We demonstrate the possibility of enhancing upconversion luminescence in Er^{3+} -heavily-doped nanocrystals via energy condensation through combined effects of Tm^{3+} -mediated transient energy trapping and inert-shell coating. Our fundamental investigation and theoretical calculations reveal the phenomenon and evidence of Er^{3+} ions acting as both the sensitizer and emitter.

In our study, we first prepared NaErF₄:Tm (0.5 mol%) core nanocrystals, followed by coating with an inert shell of NaYF₄ via a coprecipitation method according to previous literatures.^[12] X-ray powder diffraction studies revealed the hexagonal phase of the asprepared samples (see Figure S1 in the Supporting Information). A representative low-resolution transmission electron microscopy (TEM) image shows high monodispersity of the resulting particles (**Figure 2**a). These core and core-shell nanoparticles are 19.7 nm and 28.6 nm in diameter on average (Figure S2, Supporting Information). High-resolution TEM image of an individual core-shell nanocrystal exhibits the lattice fringe of (110) planes with a *d*-spacing of 0.53 nm, which is in good agreement with that of its hexagonal-

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phased NaYF₄ counterpart. According to our theoretical calculations, the Er^{3+} ions doped in the as-synthesized nanocrystals are capable of acting as both the sensitizer and emitter, while the Tm^{3+} dopant can serve as the center for energy trapping (Figure 2b and Figure S3 in Supporting Information). We thereafter measured the luminescence spectra of NaErF₄:Tm (0.5 mol%) core and NaErF₄:Tm (0.5 mol%)@NaYF₄ core-shell nanocrystals dispersed in cyclohexane solutions (Figure 2c). Surprisingly, we observed that with the coating of an inert shell layer onto the Er^{3+} -based nanoparticle the particle's emission at 654 nm is significantly enhanced by a factor of 708 times. We also recorded a severe quenching in upconversion luminescence of the core nanocrystals, indicating a high level of energy migration to surface defects. The intensity ratio of red-to-green emission of the as-synthesized core-shell nanoparticles is much larger than that observed in typical NaYF₄:Yb/Er (18/2 mol%) nanocrystals. This is true even under a high pumping power density (Figure S4, Supporting Information). To examine the energy migration in Er^{3+} -based core nanocrystals, we further measured their lifetime decay at the ⁴F_{9/2} state of Er^{3+} (Figure 2d). A short lifetime of ~6.5 µs from NaErF₄:Tm (0.5mol%) nanocrystals suggests the occurrence of luminescence quenching due to rapid energy migration to lattice defects or surface quenchers. By comparison, the lifetime of Er^{3+} emission from NaErF₄:Tm (0.5 mol%)@NaYF₄ nanocrystals was significantly increased to ~370 µs, suggesting the effective suppression of luminescence quenching.

The energy migration through Er^{3+} ions to surface defects is further studied by optical investigation of nanoparticles upon surface passivation. On increasing the inert-shell thickness of NaYF₄ from 0 to 4 nm, we observed a significant enhancement of upconversion luminescence at 654 nm (Figure S5, Supporting Information). We reason that the luminescence quenching induced by cross-relaxation will not dominate in the nanocrystals heavily doped with Er^{3+} ions, because the recovery in excitation energy would occur due to a large spectral overlap between the emission and absorption bands of Er^{3+} ions around 1532 nm (Figure S6, Supporting Information). To examine the concentration quenching effects in the Er^{3+} -sensitized nanocrystal, we measured the emission spectra of NaYF₄: Er@NaYF₄ nanoparticles with different amounts of Er^{3+} (20 to 100 mol%) (**Figure 3**a). Our data support the idea that the enhancement of upconversion luminescence can be achieved by increasing the Er^{3+} concentration in the particle core without concerning the concentration quenching effect. It should be noted that this phenomenon was also reported in a recent investigation led by Almutairi and coworkers.^[13] Accordingly, the red-to-green ratio of the peaks at 654 nm and 540 nm increases with increasing Er^{3+} content (Figure S7, Supporting Information).

It is important to note that a further codoping of Tm^{3+} ions to the Er^{3+} -based host lead to an added enhancement in emission intensity (Figure 3a). This investigation strongly validates our proposed concept of energy condensation through Tm^{3+} -mediated transient energy trapping, which prevents distant energy migration and thereby minimizes the energy loss at defective lattice sites. To gain fundamental insights into the mechanism underlying the energy trapping by Tm^{3+} ions, we carried out DFT calculations to study projected partial density of states (PDOS) at the transient states given by the NaErF₄ lattices with and without Tm^{3+} doping (Figure 3b). The results showed that the Tm^{3+} codoped system enables a relatively small reduction in energy interval and allows the excited electrons to be accumulated in favor of excited-state population. This process minimizes energy migration to particle surface and promotes trapping of the excitation energy. Moreover, through the Tm^{3+} codoing strategy the 4f/5d orbitals of Er^{3+} can be raised to higher energy levels, facilitating the energy transfer from an excited Er^{3+} ion to a neighboring Er^{3+} activator ion residing at the ground state. As a result, an enhanced upconversion emission at 654 nm was experimentally observed.

For illumination of the energy transfer mechanism, let us consider the case of Er^{3+} ions with dual functions for energy harvesting and emission in Er^{3+} -based nanocrystals (Figure 3c). Indeed, the population of one 980 nm-photon at the $4I_{11/2}$ state of a given Er^{3+} ion can be realized by direct excitation or through energy transfer from an adjacent Er^{3+} ion. We found that an optimal doping of Tm^{3+} (0.5 mol%) into the Er^{3+} -based host leads to the trapping of the populated energy at the $^{3}H_{5}$ state of Tm^{3+} (Figure S9, Supporting Information). Subsequently, a back-energy-transfer process from the $^{3}H_{5}$ state of Tm^{3+} to the $^{4}I_{13/2}$ state of Er^{3+} takes place, followed by energy pumping with a second 980-nm photon to the $^{4}F_{9/2}$ state of Er^{3+} . Consequently, a red emission at 654 nm dominates the upconversion process.

Our proposed mechanism was further confirmed by power density-dependent luminescence studies, which were in accord with the above-mentioned energy transfer progress (Figure 3d). Notably, the three-photon population process for green emission is strongly suppressed, because the distance between Er^{3+} ions shortens with increasing concentrations. This may also lead to an increased rate of energy migration as confirmed by lifetime measurements of Er^{3+} emission at its ${}^{4}F_{9/2}$ state (Figure S10, Supporting Information). Furthermore, we investigated time-resolved population at the ${}^{4}I_{11/2}$ state of Er^{3+} . We observed that on increasing Tm^{3+} dopant concentration, the depopulation at the ${}^{4}I_{11/2}$ state of Er^{3+} mediated trapping through energy transfer (Figure 3e). This evidence clearly supports the role of Tm^{3+} ions in trapping energies from the ${}^{4}I_{11/2}$ state of Er^{3+} . The Tm^{3+} -mediated transient energy transfer was further confirmed by spectral comparison under the excitation of 1532 nm (Figure S11, Supporting Information). Taken together, these results unambiguously suggest that the Tm^{3+} -mediated energy condensation is responsible for minimized loss of excitation energies and thus enhanced luminescence intensity.

The construction of Er^{3+} -based host sensitization upconversion nanocrystals offers a unique ability to generate red emission. The quantum yield of Er^{3+} -sensitized upconversion nanocrystals is comparable to conventional Yb³⁺-sensitized upconversion nanoparticles under excitation with a 980-nm diode laser (Table S1, Supporting Information). Meanwhile, we observed that the upconversion luminescence of Er^{3+} -sensitized nanoparticles is stronger than cubic-phased KMnF₃:Yb/Er and NaYF₄:Yb/Er nanoparticles, while comparable to Yb³⁺/Tm³⁺-codoped hexagonal-phased nanoparticles but weaker than Yb³⁺/Er³⁺-based hexagonal core-shell nanoparticles (Figure S12, Supporting Information). Although the absorption cross-section of Er^{3+} at 980 nm is lower than that of Yb³⁺, the amount of luminescence centers in NaErF₄:Tm(0.5%)@NaYF₄ nanocrystals is much larger than that available in Yb³⁺/Er³⁺-codoped

counterparts. Different from Yb³⁺- and Nd³⁺-based nanocrystals excitable only at 980 and 808 nm, respectively, Er³⁺-based nanocrystals can be efficiently excited by three different wavelengths: 808, 980, and 1532 nm (**Figure 4**a). Such being the case, our Er³⁺-based upconversion nanoprobe permits *in vivo* imaging using three different laser sources for excitations (Figure 4b). The precise management of excitation and emission in a broad optical window will enable optimal consideration of detection sensitivity, light penetration, and photothermal effects in the context of *in vivo* imaging (Figure 4c).^[14]

In conclusion, we have presented a new class of hexagonal-phased NaErF₄:Tm (0.5 mol%)@NaYF₄ nanocrystals with bright red upconversion luminescence through Er^{3+} -based host sensitization. Our mechanistic investigation reveals that the luminescence quenching in the Er^{3+} -based nanocrystals is mainly dominated by rapid energy migration, rather than cross-relaxation often observed in conventional Yb³⁺/Er³⁺-codoped nanocrystals. Encouraged by this finding, we demonstrate that the concentration-induced quenching of luminescence in the nanocrystals under study can be largely suppressed by employing a core-shell structure. More importantly, through the use of Tm³⁺ dopants we have devised a new strategy to minimize energy losses at defective crystal sites. The effect of Tm³⁺ ions for trapping excitation energies is harnessed to maximally minimize the luminescence quenching effects by preventing distant energy migration in the host lattice. This study may open up new avenues of research on the development of multi-wavelength-excitable upconversion nanocrystals suitable for particular biomedical or security applications.

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Conflict of interest

The authors declare no conflict of interest.

Keywords: Er³⁺ sensitizer • energy migration • transient energy trapping • upconversion nanocrystals • optical imaging

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Figure 1. Schematic of energy migration in Er^{3+} -based upconversion nanocrystal. (a) Typical strategy of preventing energy migration to surface defects and eliminating luminescence quenching in nanocrystals through inert-shell coating. Note that this strategy is not able to mitigate the luminescence quenching caused by energy migration to crystal defects present inside the nanocrystal. (b) Proposed mechanism involving the use of Tm^{3+} -mediated trapping center for energy condensation in a core-shell nanocrystal to prevent energy migration over a long distance, resulting in enhanced photon upconversion in the nanocrystal. (c) Simplified energy level diagrams and energy transfer process in all Er^{3+} -based host sensitization nanocrystals. (d) Re-alignment of energy levels of 4f/5d orbitals in upconversion nanocrystals through Tm^{3+}/Er^{3+} codoping. The transfer of excitation energy to luminescence centres is boosted by a Tm^{3+} -mediated energy trapping process.



Figure 2. (a) Typical low-resolution TEM image (left), high-resolution TEM photograph (upper right), and the corresponding Fourier transform diffraction pattern (lower right) of the as-prepared NaErF4:Tm (0.5 mol%)@NaYF4 nanoparticles. (b) Proposed mechanism involving energy transfer upconversion with Er^{3+} ions acting as both sensitizer and emitter and with Tm³⁺ dopant as energy trapping center. (c) Luminescence spectra of NaErF4:Tm (0.5 mol%)@NaYF4 core-shell nanoparticles dispersed in cyclohexane solutions. The data were recorded under an excitation of 980-nm diode laser, and the emission spectra were compared at 654 nm of Er^{3+} emission. The insets are two typical photographs showing the luminescence of the core (left) and core-shell (right) nanocrystals. (d) Corresponding luminescence decay curves of Er^{3+} ions measured at 654 nm for the core and NaYF4 shell-coated nanocrystals, respectively.



Figure 3. (a) Emission spectra of the NaYF₄:Er/Tm@NaYF₄ nanoparticles doped with different Er^{3+} concentration (20, 40, 60, 80, and 100 mol%) and Tm³⁺ concentration (0, 0.1, 0.25, and 0.5 mol%) in the core, showing an increased in emission intensity with increasing dopant content. The spectral comparison of NaErF₄@NaYF₄ nanoparticles with Tm³⁺-doped counterparts shows an additional enhancement in the luminescence emission. The inset represents a structural model for Tm³⁺-mediated energy condensation between Er^{3+} ions. (b) Projected partial density of states (PDOS) of the transient states given by the NaErF₄ lattice with and without Tm³⁺ dopants. (c) Proposed upconversion mechanisms for NaErF₄:Tm (0.5 mol%) nanoparticles under excitation with a 980-nm diode laser. Note that an inert shell is typically coated on the NaErF₄:Tm core to prevent strong energy migration through Er^{3+} - Er^{3+} ion pairs to surface defects. The purple-solid, black-dashed and red (green)-solid arrows represent photon excitation, energy transfer, and radiative emission, respectively. (d) Power density dependence of Er^{3+} emission at 654 nm, indicating a two-photon population process for red emission and a three-photon population process for green emission in the NaErF₄:Tm (0.5 mol%)@NaYF₄ nanoparticles doped with various concentrations of Tm³⁺ ions (0, 0.25, and 0.5 mol%). The excitation and emission wavelengths were fixed at 970 nm and 1000 nm, respectively.



Figure 4. (a) Emission spectra recorded for NaErF₄:Tm (0.5 mol%)@NaYF₄ nanoparticles when illuminated at 808, 980, and 1532 nm. Insets are the corresponding photographs of the colloidal solutions irradiated under three different lasers. (b) *In vivo* optical imaging using silica-coated NaErF₄:Tm (0.5mol%)@NaYF₄ nanoparticles, recorded under excitation at 808, 980, and 1532 nm. (c) The compiled luminescence profiles for the as-synthesized nanocrystals.