This is a pre-copyedited, author-produced PDF of an article accepted for publication in IMA Journal of Numerical Analysis following peer review. The version of record Xiao Li, Zhonghua Qiao, Cheng Wang, Stabilization parameter analysis of a second-order linear numerical scheme for the nonlocal Cahn-Hilliard equation, IMA Journal of Numerical Analysis, Volume 43, Issue 2, March 2023, Pages 1089-1114 is available online at: https://doi.org/10.1093/imanum/drab109.

# Stabilization parameter analysis of a second order linear numerical scheme for the nonlocal Cahn-Hilliard equation 

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[Received on 10 February 2022]


#### Abstract

A second order accurate (in time) and linear numerical scheme is proposed and analyzed for the nonlocal Cahn-Hilliard equation. The backward differentiation formula (BDF) is used as the temporal discretization, while an explicit extrapolation is applied to the nonlinear term and the concave expansive term. In addition, an $O\left(\Delta t^{2}\right)$ artificial regularization term, in the form of $A \Delta_{N}\left(\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right)$, is added for the sake of numerical stability. The resulting constant-coefficient linear scheme brings great numerical convenience; however, its theoretical analysis turns out to be very challenging, due to the lack of higher order diffusion in the nonlocal model. In fact, a rough energy stability analysis can be derived, where an assumption on the $\ell^{\infty}$ bound of the numerical solution is required. To recover such an $\ell^{\infty}$ bound, an optimal rate convergence analysis has to be conducted, which combines a high order consistency analysis for the numerical system and the stability estimate for the error function. We adopt a novel test function for the error equation, so that a higher order temporal truncation error is derived to match the accuracy for discretizing the temporal derivative. Under the view that the numerical solution is actually a small perturbation of the exact solution, a uniform $\ell^{\infty}$ bound of the numerical solution can be obtained, by resorting to the error estimate under a moderate constraint of the time step size. Therefore, the result of the energy stability is restated with a new assumption on the stabilization parameter $A$. Some numerical experiments are carried out to display the behavior of the proposed second order scheme, including the convergence tests and long-time coarsening dynamics.


Keywords: nonlocal Cahn-Hilliard equation; second order accurate scheme; higher order consistency analysis; rough error estimate and refined error estimate; energy stability.

## 1. Introduction

The nonlocal Cahn-Hilliard (NCH) equation is taken into consideration, which turns out to be the $H^{-1}$ gradient flow with respect to the free energy functional with nonlocal interaction effect as follows (Bates,

[^0]2006; Bates et al., 2006, 2009; Bates \& Han, 2005a,b; Guan et al., 2014a,b, 2017):

$$
\begin{equation*}
E(\phi)=\int_{\Omega}\left(\frac{1}{4} \phi^{4}-\frac{1}{2} \phi^{2}+\frac{\varepsilon^{2}}{4} \int_{\Omega} J(\mathbf{x}-\mathbf{y})(\phi(\mathbf{x})-\phi(\mathbf{y}))^{2} d \mathbf{y}\right) d \mathbf{x} \tag{1.1}
\end{equation*}
$$

where $\varepsilon>0$ is an interfacial parameter and $\Omega=\prod_{i=1}^{d}\left(-X_{i}, X_{i}\right)$ is a rectangular domain in $\mathbb{R}^{d}$. The kernel function $J$ is required to satisfy the following conditions (Du et al., 2018; Li et al., 2021):
(a) $J(\mathbf{x}) \geqslant 0$ for any $\mathbf{x} \in \Omega$, and $\int_{\Omega} J(\mathbf{x}) d \mathbf{x}>0$;
(b) $J$ is $\Omega$-periodic and even, i.e., $J(-\mathbf{x})=J(\mathbf{x})$ for any $\mathbf{x} \in \mathbb{R}^{d}$;
(c) $\frac{1}{2} \int_{\Omega} J(\mathbf{x})|\mathbf{x}|^{2} d \mathbf{x}=1$,
where condition (c) means that $J$ has a finite second moment in $\Omega$. A nonlocal linear operator is introduced as $\mathscr{L}: \psi(\mathbf{x}) \mapsto \int_{\Omega} J(\mathbf{x}-\mathbf{y})(\psi(\mathbf{x})-\psi(\mathbf{y})) d \mathbf{y}$. Then, using condition (a), it is clear that $\mathscr{L} \psi=(J * 1) \psi-J * \psi$ with the following periodic convolution (Guan et al., 2014a):

$$
(J * \psi)(\mathbf{x})=\int_{\Omega} J(\mathbf{x}-\mathbf{y}) \psi(\mathbf{y}) d \mathbf{y}=\int_{\Omega} J(\mathbf{y}) \psi(\mathbf{x}-\mathbf{y}) d \mathbf{y}
$$

By condition (c), a careful calculation yields an equivalent form of the energy (1.1) as

$$
\begin{equation*}
E(\phi)=\int_{\Omega} F(\phi) d \mathbf{x}+\frac{\varepsilon^{2}}{2}(\mathscr{L} \phi, \phi)_{L^{2}}, \quad \text { with } F(\phi)=\frac{1}{4} \phi^{4}-\frac{1}{2} \phi^{2} \tag{1.2}
\end{equation*}
$$

and the chemical potential becomes

$$
\mu:=\delta_{\phi} E(\phi)=\phi^{3}-\phi+\varepsilon^{2} \mathscr{L} \phi
$$

As a consequence, the corresponding NCH equation turns out to be

$$
\begin{equation*}
\partial_{t} \phi=\Delta \mu=\Delta\left(\phi^{3}-\phi+\varepsilon^{2} \mathscr{L} \phi\right)=\Delta\left[\phi^{3}-\phi+\varepsilon^{2}((J * 1) \phi-J * \phi)\right] \tag{1.3}
\end{equation*}
$$

subject to the periodic boundary condition. The mass conservation of $\phi$ is obvious in the sense that $\frac{\mathrm{d}}{\mathrm{d} t} \int_{\Omega} \phi(\mathbf{x}, t) d \mathbf{x}=0$. In addition, the following diffusivity condition is taken:

$$
\begin{equation*}
\gamma_{0}:=\varepsilon^{2}(J * 1)-1>0 . \tag{1.4}
\end{equation*}
$$

Without such a condition, the solution may exhibit some singular behaviors.
As a nonlocal variant of the classic Cahn-Hilliard equation (Cahn \& Hilliard, 1958), the NCH equation has increasingly attracted attention and been widely used in various areas ranging from chemistry, material science to finance and image processing. The well-posedness of the NCH equation (1.3) equipped with Neumann or Dirichlet boundary condition was studied in Bates \& Han (2005a,b), and it was pointed out in Guan et al. (2014a) that the existence and uniqueness of the solution to the NCH equation subject to the periodic boundary condition may also be established by using a similar technique. A brief review of some parabolic-like evolution equations was made in Fife (2003), including nonlocal and pattern-formation problems, along with a comparison between the local and nonlocal equations.

Numerical investigations of nonlocal models have also attracted much attention in recent years. For a family of nonlocal diffusion equations equipped with various boundary conditions, finite difference,
finite element and spectral approximations were discussed in Du et al. (2018, 2019a); Tian \& Du (2014); Zhou \& Du (2010). Bates et al. $(2006,2009)$ studied $\ell^{\infty}$ stable and convergent numerical schemes for the nonlocal Allen-Cahn equation and related equation. An exponential time differencing method was applied to the nonlocal Allen-Cahn equation to establish first and second order accurate, $\ell^{\infty}$ stable linear numerical schemes in Du et al. (2019b), and further extended to a class of semilinear parabolic equations in Du et al. (2021). In particular, the energy stability (induced by the energetic variational formulation) has played a very important role in the numerical approximations. A theoretical justification of energy stability has been provided for a few first order numerical schemes (Guan et al., 2014a; Li et al., 2021), based on the convex splitting and linearized stabilization ideas, respectively. For the second order numerical schemes, the only existing energy stability and convergence analysis has been reported for a higher order convex splitting method (Guan et al., 2014b, 2017). Meanwhile, the computational cost for such a numerical approach turns out to be expensive, because of an implicit treatment for the nonlinear term (to ensure the energy stability).

Consequently, a second order accurate, linear and energy stable numerical scheme is highly desired for the NCH equation. In fact, this effort has been successful for the classic Cahn-Hilliard model (Li \& Qiao, 2017a,b), in which a stabilization term is added in the numerical scheme and a modified energy stability is theoretically established. However, these works rely heavily on the higher order surface diffusion term in the classic Cahn-Hilliard model, so that the reported methodology is hardly applicable to the NCH model. In this paper, we propose and analyze a second order accurate and linear numerical scheme for the NCH equation, with the energy stability and convergence analysis theoretically justified. In more details, the second order backward differentiation formula (BDF2) is chosen as the temporal discretization, combined with an implicit treatment of the nonlocal term, as well as explicit extrapolation for the nonlinear term and concave expansive term. Moreover, an $O\left(\Delta t^{2}\right)$ artificial stabilization term is added in the form of $A \Delta_{N}\left(\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right)$. In turn, this numerical scheme can be solved by using the fast Fourier transform, so that the nonlocal term does not cause much computation in comparison with the Laplacian term in the classic Cahn-Hilliard equation. To establish the energy stability, a uniform $\ell^{\infty}$ bound of the numerical solution is assumed and the requirement for the stabilizing constant turns out to depend on the unknown numerical solution. Subsequently, we conduct a novel convergence analysis of the proposed stabilized BDF2 scheme to recover such a requirement, by applying the high order consistency analysis, so that the uniform $\ell^{\infty}$ bound of the numerical solution can be theoretically justified. A crucial difference with the standard error estimate is that, we adopt $\left(-\Delta_{N}\right)^{-1}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)$ to test the error equation with respect to the numerical error function $\hat{e}^{n}$, instead of testing $\left(-\Delta_{N}\right)^{-1} \hat{e}^{n+1}$ as in a recent work (Li et al., 2021) for the first order scheme (where $\left(-\Delta_{N}\right)^{-1}$ is a spatial discrete operator to be defined in the next section). In other words, the key point is to use the discrete temporal derivative of the error function as the test function, rather than the error function directly, which would provide a higher order temporal truncation error to match the BDF2 discretization for the temporal derivative. Resorting to the convergence result, we obtain a uniform $\ell^{\infty}$ bound of the numerical solution by viewing it as a perturbation of the exact solution. As a result, the a priori assumption is recovered and a new condition is derived for the stabilizing constant in the energy stability analysis.

The rest of the paper is organized as follows. In Section 2, the stabilized BDF2 scheme is presented in the fully discrete form and an energy stability is established with respect to a modified energy under an assumption of the uniform $\ell^{\infty}$ bound of the numerical solution. Convergence analysis is presented in Section 3, which is the main part of the paper, including the high order consistency analysis, a rough error estimate based on the stability analysis, and a refined error estimate based on a priori bound obtained by the rough estimate. Consequently, the uniform $\ell^{\infty}$ bound of the numerical solution is recovered and the energy stability result is restated under a new requirement on the stabilizing constant. In Section 4,
some numerical experiments are carried out to display the behavior of the proposed numerical scheme. Finally, some concluding remarks are given in Section 5.

## 2. The numerical scheme and energy stability analysis

### 2.1 The Fourier pseudo-spectral spatial discretization

We adopt the 2-D Fourier pseudo-spectral method. An extension to the 3-D spatial discretization is straightforward. To simplify the notations in the later analysis, we assume that the domain is given by $\Omega=(-1,1)^{2}$ and denote by $C_{\text {per }}^{m}(\Omega)$ the set of all $C^{m}$-functions with period 2 , along each coordinate direction. Let $N$ be an even number: $N=2 K$ for some $K \in \mathbb{N}$; the analyses for more general cases are a bit more tedious, but can be carried out without essential difficulty. The spatial variables are evaluated on the standard 2-D numerical grid $\Omega_{N}$, which is defined by grid points $\left(x_{i}, y_{j}\right)$ with $x_{i}=-1+i h$, $y_{j}=-1+j h, 0 \leqslant i, j \leqslant N$, and $h=2 / N=1 / K$.

The grid function space is defined as

$$
\mathscr{M}_{h}:=\left\{f: \mathbb{Z}^{2} \rightarrow \mathbb{R} \mid f \text { is } \Omega_{N} \text {-periodic }\right\}
$$

For any grid functions $f, g \in \mathscr{M}_{h}$, the $\ell^{2}$ inner product and norm are defined as

$$
\langle f, g\rangle:=h^{2} \sum_{i, j=0}^{N-1} f_{i, j} \cdot g_{i, j}, \quad\|f\|_{2}:=\sqrt{\langle f, f\rangle}
$$

The zero-mean grid function subspace is denoted as $\mathscr{M}_{h}^{0}:=\left\{f \in \mathscr{M}_{h} \mid \bar{f}=0\right\}$ with $\bar{f}:=\frac{1}{4}\langle f, 1\rangle$. For $f \in \mathscr{M}_{h}$, we have the discrete Fourier expansion

$$
f_{i, j}=\sum_{\ell, m=-K+1}^{K} \hat{f}_{\ell, m}^{N} \exp \left(\pi \mathrm{i}\left(\ell x_{i}+m y_{j}\right)\right), \quad \hat{f}_{\ell, m}^{N}:=\frac{1}{N^{2}} \sum_{i, j=0}^{N-1} f_{i, j} \exp \left(-\pi \mathrm{i}\left(\ell x_{i}+m y_{j}\right)\right)
$$

The Fourier pseudo-spectral first and second order derivatives of $f$ are defined as

$$
\begin{aligned}
\mathscr{D}_{x} f_{i, j} & :=\sum_{\ell, m=-K+1}^{K}(\pi \mathrm{i} \ell) \hat{f}_{\ell, m}^{N} \exp \left(\pi \mathrm{i}\left(\ell x_{i}+m y_{j}\right)\right) \\
\mathscr{D}_{x}^{2} f_{i, j} & :=\sum_{\ell, m=-K+1}^{K}\left(-\pi^{2} \ell^{2}\right) \hat{f}_{\ell, m}^{N} \exp \left(\pi \mathrm{i}\left(\ell x_{i}+m y_{j}\right)\right)
\end{aligned}
$$

The differentiation operators in the $y$ direction, $\mathscr{D}_{y}$ and $\mathscr{D}_{y}^{2}$, can be defined in the same fashion. In turn, for any $f \in \mathscr{M}_{h}$ and $\boldsymbol{f}=\left(f^{1}, f^{2}\right) \in \mathscr{M}_{h} \times \mathscr{M}_{h}$, the discrete gradient, divergence and Laplacian operators are given respectively by

$$
\nabla_{N} f=\binom{\mathscr{D}_{x} f}{\mathscr{D}_{y} f}, \quad \nabla_{N} \cdot \boldsymbol{f}=\mathscr{D}_{x} f^{1}+\mathscr{D}_{y} f^{2}, \quad \Delta_{N} f=\mathscr{D}_{x}^{2} f+\mathscr{D}_{y}^{2} f
$$

Moreover, the following summation-by-parts formulas are valid (Cheng et al., 2016; Gottlieb et al., 2012; Gottlieb \& Wang, 2012; Li et al., 2021): for any periodic grid functions $f, g \in \mathscr{M}_{h}$ and $\boldsymbol{g} \in$ $\mathscr{M}_{h} \times \mathscr{M}_{h}$,

$$
\left\langle f, \nabla_{N} \cdot \boldsymbol{g}\right\rangle=-\left\langle\nabla_{N} f, \boldsymbol{g}\right\rangle, \quad\left\langle f, \Delta_{N} g\right\rangle=-\left\langle\nabla_{N} f, \nabla_{N} g\right\rangle=\left\langle\Delta_{N} f, g\right\rangle
$$

In addition, $-\Delta_{N}$ is self-adjoint and positive definite, and thus invertible, on $\mathscr{M}_{h}^{0}$.
Since the NCH equation (1.3) is an $H^{-1}$ gradient flow of (1.2), we need a discrete version of the $H^{-1}$ norm defined on $\mathscr{M}_{h}^{0}$. For any $f, g \in \mathscr{M}_{h}^{0}$, we define

$$
\langle f, g\rangle_{-1, N}:=\left\langle f,\left(-\Delta_{N}\right)^{-1} g\right\rangle=\left\langle\left(-\Delta_{N}\right)^{-\frac{1}{2}} f,\left(-\Delta_{N}\right)^{-\frac{1}{2}} g\right\rangle
$$

then the discrete $H_{h}^{-1}$ norm $\|\cdot\|_{-1, N}$ can be introduced as

$$
\|f\|_{-1, N}:=\sqrt{\langle f, f\rangle_{-1, N}}=\left\|\left(-\Delta_{N}\right)^{-\frac{1}{2}} f\right\|_{2}, \quad f \in \mathscr{M}_{h}^{0} .
$$

In addition to the standard $\ell^{2}$ norm, we also introduce the $\ell^{p}, 1 \leqslant p<\infty$, and $\ell^{\infty}$ norms for a grid function $f \in \mathscr{M}_{h}$ :

$$
\|f\|_{\infty}:=\max _{i, j}\left|f_{i, j}\right|, \quad\|f\|_{p}:=\left(h^{2} \sum_{i, j=0}^{N-1}\left|f_{i, j}\right|^{p}\right)^{\frac{1}{p}}, \quad 1 \leqslant p<\infty .
$$

The definition of the discrete convolution follows similar notations in Guan et al. (2014a) and Li et al. (2021). For any $\psi, f \in \mathscr{M}_{h}$, the discrete convolution $\psi \circledast f \in \mathscr{M}_{h}$ is introduced at a componentwise level:

$$
(\psi \circledast f)_{i j}=h^{2} \sum_{m, n=0}^{N-1} \psi_{i-m, j-n} f_{m n}, \quad 0 \leqslant i, j \leqslant N-1 .
$$

In addition, the following preliminary estimate is needed in the convergence analysis; the detailed proof has been provided in a recent work (Li et al., 2021), and the finite difference version has been analyzed in Guan et al. (2014a).
Lemma 2.1 (Li et al., 2021) Suppose $\mathrm{J} \in C_{\text {per }}^{1}(\Omega)$ and define its grid restriction by $J_{i j}:=\mathrm{J}\left(x_{i}, y_{j}\right)$. Then for any $\phi, \psi \in \mathscr{M}_{h}$ and any $\alpha>0$, we have

$$
\left|\left\langle J \circledast \phi, \Delta_{N} \psi\right\rangle\right| \leqslant \alpha\|\phi\|_{2}^{2}+\frac{C_{J}}{\alpha}\left\|\nabla_{N} \psi\right\|_{2}^{2}
$$

where $C_{\mathrm{J}}$ is a positive constant depending on J and $\Omega$, but independent of $h$.
Given a kernel $J$ satisfying conditions (a)-(c), the discrete version of the nonlocal operator $\mathscr{L}$ can be represented as

$$
\mathscr{L}_{N} f=(J \circledast 1) f-J \circledast f, \quad f \in \mathscr{M}_{h} .
$$

It is easy to verify that $\mathscr{L}_{N}$ commutes with $\Delta_{N}$ and is self-adjoint and positive semi-definite. Meanwhile, the discrete version of the energy (1.2) is introduced as

$$
E_{N}(v)=\langle F(v), 1\rangle+\frac{\varepsilon^{2}}{2}\left\langle\mathscr{L}_{N} v, v\right\rangle, \quad v \in \mathscr{M}_{h} .
$$

For the sake of brevity, we use $*$, instead of $*$, to denote the discrete convolutions below and the meaning depends on the functions on both sides of the notation.

### 2.2 The fully discrete scheme and energy stability analysis

Set $\Delta t$ as a uniform time step size, and $\left\{t_{k}=k \Delta t\right\}$ as the sequence of discrete time instants. Denote $\phi^{k}$ $(k \geqslant 0)$ as the numerical solution of the phase variable at time step $t_{k}$. The stabilized BDF2 scheme is proposed as follows: given $\phi^{n}, \phi^{n-1} \in \mathscr{M}_{h}^{0}$, find $\phi^{n+1} \in \mathscr{M}_{h}^{0}$ such that

$$
\begin{equation*}
\frac{\frac{3}{2} \phi^{n+1}-2 \phi^{n}+\frac{1}{2} \phi^{n-1}}{\Delta t}=\Delta_{N}\left(\left(\breve{\phi}^{n+1}\right)^{3}-\breve{\phi}^{n+1}+A\left(\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right)+\varepsilon^{2} \mathscr{L}_{N} \phi^{n+1}\right) \tag{2.1}
\end{equation*}
$$

where $\breve{\phi}^{n+1}=2 \phi^{n}-\phi^{n-1}$.
Since the proposed numerical scheme (2.1) is a two-step algorithm, an accurate approximation for the phase variable value at $t_{1}$ is needed in the initialization process. It is well-known that a single step numerical method would create a numerical solution with higher order temporal accuracy (than the order of truncation error) in the first step, if the exact initial data is imposed. Also see the detailed analysis in the related works Guo et al. $(2016,2021)$ for local Cahn-Hilliard equation, in which a single step, first order semi-implicit algorithm creates a second order accurate numerical solution in the first step. For the NCH equation, a higher order approximation at time step $t_{1}$ is more preferred, to facilitate the higher order asymptotic consistency analysis presented in the later sections. For example, the second order Runge-Kutta (RK2) method could be applied in the first step, which in turn gives an $O\left(\Delta t^{3}+h^{m}\right)$ approximation at $t_{1}$, if an exact initial data is imposed.

We have the following result on the energy stability with respect to a modified energy.
Proposition 2.1 For the stabilized BDF2 scheme (2.1), a modified energy dissipation property is available:

$$
\begin{equation*}
\tilde{E}_{N}\left(\phi^{n+1}, \phi^{n}\right) \leqslant \tilde{E}_{N}\left(\phi^{n}, \phi^{n-1}\right) \tag{2.2}
\end{equation*}
$$

where

$$
\tilde{E}_{N}\left(\phi^{n+1}, \phi^{n}\right):=E_{N}\left(\phi^{n+1}\right)+\frac{A+1}{2}\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}+\frac{1}{4 \Delta t}\left\|\phi^{n+1}-\phi^{n}\right\|_{-1, N}^{2}
$$

if the following constraints are valid with $C_{J}$ dependent only on the kernel $J$ and $\Omega$ :

$$
\begin{equation*}
A \geqslant \frac{9}{2 \gamma_{0}}\left(\left\|2 \phi^{n}-\phi^{n-1}\right\|_{\infty}^{2}+\left\|\phi^{n+1}\right\|_{\infty}^{2}\right)^{2}-1, \quad C_{J} \varepsilon^{4} \Delta t \leqslant \gamma_{0} \tag{2.3}
\end{equation*}
$$

Proof. Taking a discrete inner product with (2.1) by $\left(-\Delta_{N}\right)^{-1}\left(\phi^{n+1}-\phi^{n}\right)$ gives

$$
\begin{align*}
& \frac{1}{\Delta t}\left\langle\frac{3}{2} \phi^{n+1}-2 \phi^{n}+\frac{1}{2} \phi^{n-1}, \phi^{n+1}-\phi^{n}\right\rangle_{-1, N}+A\left\langle\phi^{n+1}-2 \phi^{n}+\phi^{n-1}, \phi^{n+1}-\phi^{n}\right\rangle \\
= & -\left\langle\left(\breve{\phi}^{n+1}\right)^{3}, \phi^{n+1}-\phi^{n}\right\rangle+\left\langle\breve{\phi}^{n+1}, \phi^{n+1}-\phi^{n}\right\rangle-\varepsilon^{2}\left\langle\mathscr{L}_{N} \phi^{n+1}, \phi^{n+1}-\phi^{n}\right\rangle, \tag{2.4}
\end{align*}
$$

in which summation-by-parts formulas have been repeatedly applied.
For the left-hand side term associated with the temporal stencil, the following estimate is straightforward:

$$
\begin{aligned}
& \left\langle\frac{3}{2} \phi^{n+1}-2 \phi^{n}+\frac{1}{2} \phi^{n-1}, \phi^{n+1}-\phi^{n}\right\rangle_{-1, N} \\
= & \left\langle\frac{3}{2}\left(\phi^{n+1}-\phi^{n}\right)-\frac{1}{2}\left(\phi^{n}-\phi^{n-1}\right), \phi^{n+1}-\phi^{n}\right\rangle_{-1, N} \\
\geqslant & \frac{3}{2}\left\|\phi^{n+1}-\phi^{n}\right\|_{-1, N}^{2}-\frac{1}{4}\left(\left\|\phi^{n+1}-\phi^{n}\right\|_{-1, N}^{2}+\left\|\phi^{n}-\phi^{n-1}\right\|_{-1, N}^{2}\right)
\end{aligned}
$$

$$
\begin{equation*}
=\frac{5}{4}\left\|\phi^{n+1}-\phi^{n}\right\|_{-1, N}^{2}-\frac{1}{4}\left\|\phi^{n}-\phi^{n-1}\right\|_{-1, N}^{2} \tag{2.5}
\end{equation*}
$$

For the artificial regularization term, the following identity is valid:

$$
\begin{equation*}
\left\langle\phi^{n+1}-2 \phi^{n}+\phi^{n-1}, \phi^{n+1}-\phi^{n}\right\rangle=\frac{1}{2}\left(\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}-\left\|\phi^{n}-\phi^{n-1}\right\|_{2}^{2}+\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2}^{2}\right) \tag{2.6}
\end{equation*}
$$

For the second linear term on the right-hand side, noticing that

$$
\begin{equation*}
\breve{\phi}^{n+1}=\phi^{n+1}-\left(\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right) \tag{2.7}
\end{equation*}
$$

we have

$$
\begin{align*}
\left\langle\breve{\phi}^{n+1}, \phi^{n+1}-\phi^{n}\right\rangle= & \left\langle\phi^{n+1}, \phi^{n+1}-\phi^{n}\right\rangle-\left\langle\phi^{n+1}-2 \phi^{n}+\phi^{n-1}, \phi^{n+1}-\phi^{n}\right\rangle \\
= & \frac{1}{2}\left(\left\|\phi^{n+1}\right\|_{2}^{2}-\left\|\phi^{n}\right\|_{2}^{2}+\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}\right) \\
& -\frac{1}{2}\left(\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}-\left\|\phi^{n}-\phi^{n-1}\right\|_{2}^{2}+\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2}^{2}\right) \tag{2.8}
\end{align*}
$$

The nonlocal diffusion term on the right-hand side can be rewritten as follows:

$$
\begin{align*}
\varepsilon^{2}\left\langle\mathscr{L}_{N} \phi^{n+1}, \phi^{n+1}-\phi^{n}\right\rangle= & \frac{\varepsilon^{2}}{2}\left(\left\langle\mathscr{L}_{N} \phi^{n+1}, \phi^{n+1}\right\rangle-\left\langle\mathscr{L}_{N} \phi^{n}, \phi^{n}\right\rangle\right) \\
& +\frac{\varepsilon^{2}}{2}(J * 1)\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}-\frac{\varepsilon^{2}}{2}\left\langle J *\left(\phi^{n+1}-\phi^{n}\right), \phi^{n+1}-\phi^{n}\right\rangle . \tag{2.9}
\end{align*}
$$

For the term $\varepsilon^{2}\left\langle J *\left(\phi^{n+1}-\phi^{n}\right), \phi^{n+1}-\phi^{n}\right\rangle$, we apply Lemma 2.1 and obtain

$$
\begin{align*}
\varepsilon^{2}\left\langle J *\left(\phi^{n+1}-\phi^{n}\right), \phi^{n+1}-\phi^{n}\right\rangle & =-\varepsilon^{2}\left\langle J *\left(\phi^{n+1}-\phi^{n}\right), \Delta_{N}\left(\left(-\Delta_{N}\right)^{-1}\left(\phi^{n+1}-\phi^{n}\right)\right)\right\rangle \\
& \leqslant \frac{1}{2} C_{J} \varepsilon^{4} \Delta t\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}+\frac{2}{\Delta t}\left\|\nabla_{N}\left(-\Delta_{N}\right)^{-1}\left(\phi^{n+1}-\phi^{n}\right)\right\|_{2}^{2} \\
& =\frac{1}{2} C_{J} \varepsilon^{4} \Delta t\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}+\frac{2}{\Delta t}\left\|\phi^{n+1}-\phi^{n}\right\|_{-1, N}^{2} \tag{2.10}
\end{align*}
$$

where $C_{J}$ depends only on $J$ and $\Omega$. Subsequently, a combination of (2.9)-(2.10) yields

$$
\begin{align*}
\varepsilon^{2}\left\langle\mathscr{L}_{N} \phi^{n+1}, \phi^{n+1}-\phi^{n}\right\rangle \geqslant & \frac{\varepsilon^{2}}{2}\left(\left\langle\mathscr{L}_{N} \phi^{n+1}, \phi^{n+1}\right\rangle-\left\langle\mathscr{L}_{N} \phi^{n}, \phi^{n}\right\rangle\right) \\
& +\left(\frac{\varepsilon^{2}}{2}(J * 1)-\frac{1}{4} C_{J} \varepsilon^{4} \Delta t\right)\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}-\frac{1}{\Delta t}\left\|\phi^{n+1}-\phi^{n}\right\|_{-1, N}^{2} \tag{2.11}
\end{align*}
$$

For the nonlinear inner product, we begin with the following decomposition:

$$
\left(\breve{\phi}^{n+1}\right)^{3}-\left(\phi^{n+1}\right)^{3}=-\left(\left(\breve{\phi}^{n+1}\right)^{2}+\breve{\phi}^{n+1} \phi^{n+1}+\left(\phi^{n+1}\right)^{2}\right)\left(\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right)
$$

where we have used the identity (2.7) again. In turn, the following estimate can be derived:

$$
\begin{aligned}
& \left\langle\left(\breve{\phi}^{n+1}\right)^{3}-\left(\phi^{n+1}\right)^{3}, \phi^{n+1}-\phi^{n}\right\rangle \\
\geqslant & -\left\|\left(\breve{\phi}^{n+1}\right)^{2}+\breve{\phi}^{n+1} \phi^{n+1}+\left(\phi^{n+1}\right)^{2}\right\|_{\infty} \cdot\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2} \cdot\left\|\phi^{n+1}-\phi^{n}\right\|_{2}
\end{aligned}
$$

$$
\begin{align*}
& \geqslant-\frac{3}{2}\left(\left\|\breve{\phi}^{n+1}\right\|_{\infty}^{2}+\left\|\phi^{n+1}\right\|_{\infty}^{2}\right) \cdot\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2} \cdot\left\|\phi^{n+1}-\phi^{n}\right\|_{2} \\
& \geqslant-\frac{9}{4 \gamma_{0}}\left(\left\|\breve{\phi}^{n+1}\right\|_{\infty}^{2}+\left\|\phi^{n+1}\right\|_{\infty}^{2}\right)^{2}\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2}^{2}-\frac{\gamma_{0}}{4}\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2} \tag{2.12}
\end{align*}
$$

Meanwhile, the following estimate is straightforward:

$$
\begin{equation*}
\left\langle\left(\phi^{n+1}\right)^{3}, \phi^{n+1}-\phi^{n}\right\rangle \geqslant \frac{1}{4}\left(\left\|\phi^{n+1}\right\|_{4}^{4}-\left\|\phi^{n}\right\|_{4}^{4}\right) \tag{2.13}
\end{equation*}
$$

which comes directly from the convexity of $\|\phi\|_{4}^{4}$ (in term of $\phi$ ). Therefore, a combination of (2.12)(2.13) yields

$$
\begin{align*}
\left\langle\left(\breve{\phi}^{n+1}\right)^{3}, \phi^{n+1}-\phi^{n}\right\rangle \geqslant & \frac{1}{4}\left(\left\|\phi^{n+1}\right\|_{4}^{4}-\left\|\phi^{n}\right\|_{4}^{4}\right)-\frac{\gamma_{0}}{4}\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2} \\
& -\frac{9}{4 \gamma_{0}}\left(\left\|\breve{\phi}^{n+1}\right\|_{\infty}^{2}+\left\|\phi^{n+1}\right\|_{\infty}^{2}\right)^{2}\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2}^{2} \tag{2.14}
\end{align*}
$$

Finally, a substitution of (2.5), (2.6), (2.8), (2.11) and (2.14) into (2.4) gives

$$
\begin{aligned}
& \frac{1}{4 \Delta t}\left(\left\|\phi^{n+1}-\phi^{n}\right\|_{-1, N}^{2}-\left\|\phi^{n}-\phi^{n-1}\right\|_{-1, N}^{2}\right)+\frac{A+1}{2}\left(\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2}-\left\|\phi^{n}-\phi^{n-1}\right\|_{2}^{2}\right) \\
& +E_{N}\left(\phi^{n+1}\right)-E_{N}\left(\phi^{n}\right)+\left(\frac{1}{2}\left(\varepsilon^{2}(J * 1)-1\right)-\frac{\gamma_{0}}{4}-\frac{1}{4} C_{J} \varepsilon^{4} \Delta t\right)\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2} \\
& +\left(\frac{A+1}{2}-\frac{9}{4 \gamma_{0}}\left(\left\|\breve{\phi}^{n+1}\right\|_{\infty}^{2}+\left\|\phi^{n+1}\right\|_{\infty}^{2}\right)^{2}\right)\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2}^{2} \leqslant 0
\end{aligned}
$$

Making use of the assumption $\gamma_{0}=\varepsilon^{2}(J * 1)-1>0$ (given by (1.4)), we get

$$
\begin{aligned}
& \tilde{E}_{N}\left(\phi^{n+1}, \phi^{n}\right)-\tilde{E}_{N}\left(\phi^{n}, \phi^{n-1}\right)+\left(\frac{\gamma_{0}}{4}-\frac{1}{4} C_{J} \varepsilon^{4} \Delta t\right)\left\|\phi^{n+1}-\phi^{n}\right\|_{2}^{2} \\
& +\left(\frac{A+1}{2}-\frac{9}{4 \gamma_{0}}\left(\left\|\breve{\phi}^{n+1}\right\|_{\infty}^{2}+\left\|\phi^{n+1}\right\|_{\infty}^{2}\right)^{2}\right)\left\|\phi^{n+1}-2 \phi^{n}+\phi^{n-1}\right\|_{2}^{2} \leqslant 0
\end{aligned}
$$

Consequently, under the constraint (2.3), a modified energy stability estimate (2.2) is valid. This completes the proof of Proposition 2.1.

Note that the right-hand side of (2.3) involves the $\ell^{\infty}$ norms of the numerical solutions $\phi^{n-1}, \phi^{n}$ and $\phi^{n+1}$. Therefore, we have to justify the lower bound of $A$ by estimating these $\ell^{\infty}$ norms. As mentioned before, a direct analysis given in Li \& Qiao (2017a,b); Li et al. (2016) for the classic CahnHilliard equation may be difficult to be extended to (2.1) due to the lack of higher order diffusion terms. Instead, by resorting to the idea that the numerical solution can be regarded as a perturbation of the exact solution, we will perform a local-in-time convergence analysis of (2.1) and then give the $\ell^{\infty}$ bound of the numerical solution by using the convergence result.

## 3. Convergence analysis

We use $\Phi$ to denote the exact solution to the NCH equation (1.3). The existence and uniqueness of $\Phi$ may be established in a similar technique adopted in Bates \& Han (2005a,b), and one can obtain

$$
\begin{equation*}
\|\Phi\|_{L^{\infty}\left(0, T ; L^{\infty}\right)}+\left\|\Phi_{t}\right\|_{L^{\infty}\left(0, T ; L^{\infty}\right)} \leqslant C \tag{3.1}
\end{equation*}
$$

for any $T>0$. Without loss of generality, we consider the 2-D case.
First, we introduce the (spatial) Fourier projection of the exact solution, which satisfies the discrete mass-conserving property. Let $\mathscr{B}^{K}$ be the space of trigonometric polynomials of degree up to $K=N / 2$. For a fixed time $t$, let $\Phi_{N}(\cdot, t):=\mathscr{P}_{N} \Phi(\cdot, t)$ be the Fourier projection of the exact solution into $\mathscr{B}^{K}$. Since $1 \in \mathscr{B}^{K}$, we have a useful property for the Fourier projection:

$$
\begin{equation*}
\int_{\Omega} \Phi_{N}(\cdot, t) d \mathbf{x}=\int_{\Omega} \Phi(\cdot, t) d \mathbf{x} \tag{3.2}
\end{equation*}
$$

If $\Phi \in L^{\infty}\left(0, T ; H_{\mathrm{per}}^{\ell}\right)$ for some $\ell \in \mathbb{N}$, the projection approximation is standard:

$$
\begin{equation*}
\left\|\Phi_{N}-\Phi\right\|_{L^{\infty}\left(0, T ; H^{k}\right)} \leqslant C h^{\ell-k}\|\Phi\|_{L^{\infty}\left(0, T ; H^{\ell}\right)}, \quad 0 \leqslant k \leqslant \ell \tag{3.3}
\end{equation*}
$$

Then, the rest of the work is to estimate the difference between the numerical solution and the projection solution $\Phi_{N}$.

Denote $\Phi_{N}^{k}=\Phi_{N}\left(\cdot, t_{k}\right)$. We denote by $\phi_{N}^{k}:=\mathscr{P}_{h} \Phi_{N}\left(\cdot, t_{k}\right)$ the values of $\Phi_{N}$ at discrete grid points at time $t_{k}$. By (3.2) and the fact that the exact solution $\Phi$ is mass conservative at the continuous level, we have

$$
\int_{\Omega} \Phi_{N}\left(\cdot, t_{k}\right) d \mathbf{x}=\int_{\Omega} \Phi\left(\cdot, t_{k}\right) d \mathbf{x}=\int_{\Omega} \Phi\left(\cdot, t_{k-1}\right) d \mathbf{x}=\int_{\Omega} \Phi_{N}\left(\cdot, t_{k-1}\right) d \mathbf{x}, \quad \forall k \in \mathbb{N} .
$$

Meanwhile, since $\Phi_{N} \in \mathscr{B}^{K}$ and (3.2), the mass conservative property is available at the discrete level:

$$
\overline{\phi_{N}^{k}}=\frac{1}{|\Omega|} \int_{\Omega} \Phi_{N}\left(\cdot, t_{k}\right) d \mathbf{x}=\frac{1}{|\Omega|} \int_{\Omega} \Phi_{N}\left(\cdot, t_{k-1}\right) d \mathbf{x}=\overline{\phi_{N}^{k-1}}, \quad \forall k \in \mathbb{N} .
$$

For the initial value $\phi^{0}$ of the numerical scheme (2.1), we apply the mass conservative projection: $\phi^{0}=\mathscr{P}_{h} \Phi_{N}(\cdot, t=0)$, that is, $\phi_{i, j}^{0}:=\Phi_{N}\left(x_{i}, y_{j}, t=0\right)$. Then, the solution of the numerical scheme (2.1) is mass conservative, i.e.,

$$
\overline{\phi^{k}}=\overline{\phi^{k-1}}, \quad \forall k \in \mathbb{N} .
$$

And also, corresponding to the regularity (3.1), we have

$$
\max _{1 \leqslant j \leqslant N_{k}}\left\|\phi_{N}^{j}\right\|_{\infty}+\max _{1 \leqslant j \leqslant N_{k}}\left\|\frac{\phi_{N}^{j}-\phi_{N}^{j-1}}{\Delta t}\right\|_{\infty}<C^{*} .
$$

Notice that the constant $C^{*}$ depends on $\|\Phi\|_{C^{1}\left(0, T ; H^{2}\right)}$, with an application of 2-D Sobolev inequality. Since $\phi_{N}^{k}$ and $\Phi_{N}^{k}$ have the same values on the discrete grid points, we just use the notation $\Phi_{N}^{k}$ in the following discussions, for the sake of brevity.

With initial data of sufficient regularity, we can assume that the exact solution has regularity as

$$
\Phi \in \mathscr{R}:=H^{5}\left(0, T ; C_{\text {per }}^{0}\right) \cap H^{4}\left(0, T ; C_{\text {per }}^{2}\right) \cap L^{\infty}\left(0, T ; C_{\text {per }}^{m+2}\right), \quad m \geqslant 3 .
$$

The following theorem is the main result on the error estimates of the stabilized BDF2 scheme (2.1).
THEOREM 3.1 Suppose the unique, smooth, periodic solution for the NCH equation (1.3), given by $\Phi(x, y, t)$ on $\Omega$ for $0<t<\infty$, is of regularity class $\mathscr{R}$. In addition, the constant $A$ is assumed to satisfy

$$
\begin{equation*}
A \geqslant \frac{18\left(M_{0}+1\right)^{4}}{\gamma_{0}}-1, \quad \text { with } M_{0}=1+C^{*}, C^{*}=\max _{1 \leqslant j \leqslant N_{k}}\left(\left\|\Phi_{N}^{j}\right\|_{\infty}+\left\|\partial_{t} \Phi_{N}^{j}\right\|_{\infty}\right) \tag{3.4}
\end{equation*}
$$

Then, if $\Delta t$ and $h$ are sufficiently small, under linear refinement path constraint $C_{1} h \leqslant \Delta t \leqslant C_{2} h$ with fixed constants $C_{1}$ and $C_{2}$, we have

$$
\begin{equation*}
\left\|\Phi_{N}^{n}-\phi^{n}\right\|_{2} \leqslant C\left(\Delta t^{2}+h^{m}\right) \tag{3.5}
\end{equation*}
$$

for all positive integers $n$ such that $n \Delta t \leqslant T$, where $C$ is independent of $h$ and $\Delta t$.
The detailed proof will be presented in the following subsections. First, we will conduct the higher order consistency analysis to provide a high order truncation error so that the desired order of error can be recovered by using the inverse inequality. In fact, this approach has been adopted for the numerical analysis of a large family of nonlinear PDEs, see, e.g., Baskaran et al. (2013); Duan et al. (2021, 2020); E \& Liu (1995); Guan et al. (2017, 2014a); Liu et al. (2021); Samelson et al. (2003); Wang et al. (2004, 2015). Subsequently, we carry out the stability estimates for the numerical error function. Due to the complexity of the nonlinear term, it seems difficult to obtain the expected results directly, so we have to divide this part into two steps: a rough estimate is first performed in order to give the $\ell^{\infty}$ norms of the numerical solution; a refined estimate is then given, combined with the $\ell^{\infty}$ bound obtained by the rough estimate, to derive the desired result of convergence rate. In addition, instead of testing the error equation by $\left(-\Delta_{N}\right)^{-1} \hat{e}^{n+1}$ as usual, we adopt a novel test function $\left(-\Delta_{N}\right)^{-1}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)$ so that a higher order temporal truncation error can be obtained to match the second order BDF discretization of the temporal derivative. This part is significantly different from the stability estimate in a recent work ( Li et al., 2021).

### 3.1 Higher order consistency analysis

By consistency, the Fourier projection solution $\Phi_{N}$ satisfies the discrete equation

$$
\frac{\frac{3}{2} \Phi_{N}^{n+1}-2 \Phi_{N}^{n}+\frac{1}{2} \Phi_{N}^{n-1}}{\Delta t}=\Delta_{N}\left(\left(\breve{\Phi}_{N}^{n+1}\right)^{3}-\breve{\Phi}_{N}^{n+1}+A\left(\Phi_{N}^{n+1}-2 \Phi_{N}^{n}+\Phi_{N}^{n-1}\right)+\varepsilon^{2} \mathscr{L}_{N} \Phi_{N}^{n+1}\right)+\tau_{0}^{n+1}
$$

where $\breve{\Phi}_{N}^{n+1}=2 \Phi_{N}^{n}-\Phi_{N}^{n-1}$ and $\tau_{0}^{n+1}$ is the truncation error satisfying $\left\|\tau_{0}^{n+1}\right\|_{-1, N} \leqslant C\left(\Delta t^{2}+h^{m}\right)$. With the standard stability estimates, one can bound the $H_{h}^{-1}$ norm of the numerical error $\Phi_{N}^{n}-\phi^{n}$ by the same order $O\left(\Delta t^{2}+h^{m}\right)$. However, this convergence order is not enough to recover the $\ell^{\infty}$ bound of the numerical solution and its discrete temporal derivative after the inverse inequality is used. To overcome this difficulty, we will construct a supplementary field to correct $\Phi_{N}$ so that a higher $O\left(\Delta t^{3}+h^{m}\right)$ consistency can be obtained, which is enough to recover the $\ell^{\infty}$ bound of the numerical solution.

According to the consistency, applying the temporal discretization in (2.1) to the Fourier projection solution $\Phi_{N}$, we can get

$$
\begin{align*}
\frac{\frac{3}{2} \Phi_{N}^{n+1}-2 \Phi_{N}^{n}+\frac{1}{2} \Phi_{N}^{n-1}}{\Delta t}= & \Delta\left(\left(\breve{\Phi}_{N}^{n+1}\right)^{3}-\breve{\Phi}_{N}^{n+1}+A\left(\Phi_{N}^{n+1}-2 \Phi_{N}^{n}+\Phi_{N}^{n-1}\right)+\varepsilon^{2} \mathscr{L} \Phi_{N}^{n+1}\right) \\
& +\Delta t^{2}\left(g^{(2)}\right)^{n+1}+O\left(\Delta t^{3}\right)+O\left(h^{m}\right) \tag{3.6}
\end{align*}
$$

where the function $g^{(2)}(x, y, t)$ is sufficiently smooth and depends only on the higher order partial derivatives of $\Phi_{N}$ by using the Taylor expansion in time.

With given profile $\left(\Phi_{N}\right)^{2}$, we define the temporal correction function $\Phi_{\Delta t}^{(2)}$ as the solution of the equation

$$
\begin{equation*}
\partial_{t} \Phi_{\Delta t}^{(2)}=\Delta\left(3\left(\Phi_{N}\right)^{2} \Phi_{\Delta t}^{(2)}-\Phi_{\Delta t}^{(2)}+\varepsilon^{2} \mathscr{L} \Phi_{\Delta t}^{(2)}\right)-g^{(2)} \tag{3.7}
\end{equation*}
$$

subject to the zero initial value and the periodic boundary condition. Note that (3.7) is a linear parabolic equation, so that the existence and uniqueness of $\Phi_{\Delta t}^{(2)}$ can be guaranteed by conducting the Galerkin approximation and Sobolev estimates (Temam, 2001). In addition, the solution $\Phi_{\Delta t}^{(2)}$ is smooth enough and depends only on $\Phi_{N}$. Then, applying the temporal discretization to (3.7), we get

$$
\begin{align*}
& \frac{\frac{3}{2}\left(\Phi_{\Delta t}^{(2)}\right)^{n+1}-2\left(\Phi_{\Delta t}^{(2)}\right)^{n}+\frac{1}{2}\left(\Phi_{\Delta t}^{(2)}\right)^{n-1}}{\Delta t} \\
= & \Delta\left(3\left(\breve{\Phi}_{N}^{n+1}\right)^{2}\left(\breve{\Phi}_{\Delta t}^{(2)}\right)^{n+1}-\left(\breve{\Phi}_{\Delta t}^{(2)}\right)^{n+1}+A\left(\left(\Phi_{\Delta t}^{(2)}\right)^{n+1}-2\left(\Phi_{\Delta t}^{(2)}\right)^{n}+\left(\Phi_{\Delta t}^{(2)}\right)^{n-1}\right)\right. \\
& \left.+\varepsilon^{2} \mathscr{L}\left(\Phi_{\Delta t}^{(2)}\right)^{n+1}\right)-\left(g^{(2)}\right)^{n+1}+O\left(\Delta t^{2}\right), \tag{3.8}
\end{align*}
$$

where $\left(\breve{\Phi}_{\Delta t}^{(2)}\right)^{n+1}=2\left(\Phi_{\Delta t}^{(2)}\right)^{n}-\left(\Phi_{\Delta t}^{(2)}\right)^{n-1}$. Subsequently, a correction of $\Phi$ is defined as

$$
\begin{equation*}
\hat{\Phi}=\Phi_{N}+\Delta t^{2} \mathscr{P}_{N} \Phi_{\Delta t}^{(2)} \tag{3.9}
\end{equation*}
$$

It is clear that $\hat{\Phi}(\cdot, t) \in \mathscr{B}^{K}$ and $\hat{\Phi}$ satisfies the mass conservation property. Multiplying the Fourier projection of (3.8) by $\Delta t^{2}$ and its sum with (3.6) leads to

$$
\begin{aligned}
\frac{\frac{3}{2} \hat{\Phi}^{n+1}-2 \hat{\Phi}^{n}+\frac{1}{2} \hat{\Phi}^{n-1}}{\Delta t}= & \Delta\left(\left(\breve{\Phi}^{n+1}\right)^{3}-\breve{\Phi}^{n+1}+A\left(\hat{\Phi}^{n+1}-2 \hat{\Phi}^{n}+\hat{\Phi}^{n-1}\right)+\varepsilon^{2} \mathscr{L} \hat{\Phi}^{n+1}\right) \\
& +O\left(\Delta t^{3}\right)+O\left(h^{m}\right)
\end{aligned}
$$

where $\breve{\Phi}^{n+1}=2 \hat{\Phi}^{n}-\hat{\Phi}^{n-1}$ and we have used the fact that

$$
\begin{aligned}
\left(\breve{\tilde{\Phi}}^{n+1}\right)^{3} & =\left(\breve{\Phi}_{N}^{n+1}+\Delta t^{2} \mathscr{P}_{N}\left(\breve{\Phi}_{\Delta t}^{(2)}\right)^{n+1}\right)^{3} \\
& =\left(\breve{\Phi}_{N}^{n+1}\right)^{3}+3 \Delta t^{2}\left(\breve{\Phi}_{N}^{n+1}\right)^{2} \mathscr{P}_{N}\left(\breve{\Phi}_{\Delta t}^{(2)}\right)^{n+1}+O\left(\Delta t^{4}\right)+O\left(h^{m}\right) \\
& =\left(\breve{\Phi}_{N}^{n+1}\right)^{3}+3 \Delta t^{2} \mathscr{P}_{N}\left(\left(\breve{\Phi}_{N}^{n+1}\right)^{2} \mathscr{P}_{N}\left(\breve{\Phi}_{\Delta t}^{(2)}\right)^{n+1}\right)+O\left(\Delta t^{4}\right)+O\left(h^{m}\right) .
\end{aligned}
$$

Finally, applying the spatial Fourier pseudo-spectral approximation, we obtain

$$
\begin{equation*}
\frac{\frac{3}{2} \hat{\Phi}^{n+1}-2 \hat{\Phi}^{n}+\frac{1}{2} \hat{\Phi}^{n-1}}{\Delta t}=\Delta_{N}\left(\left(\breve{\tilde{\Phi}}^{n+1}\right)^{3}-\breve{\hat{\Phi}}^{n+1}+A\left(\hat{\Phi}^{n+1}-2 \hat{\Phi}^{n}+\hat{\Phi}^{n-1}\right)+\varepsilon^{2} \mathscr{L}_{N} \hat{\Phi}^{n+1}\right)+\tau_{2}^{n+1} \tag{3.10}
\end{equation*}
$$

where $\tau_{2}^{n+1}$ is the truncation error satisfying $\left\|\tau_{2}^{n+1}\right\|_{-1, N} \leqslant C\left(\Delta t^{3}+h^{m}\right)$. Note that $\left\|\tau_{2}^{n+1}\right\|_{-1, N}$ is welldefined since $\tau_{2}^{n+1} \in \mathscr{M}_{h}^{0}$, which is because $\hat{\Phi}$ is mass-conserving.

For the correction $\hat{\Phi}$ defined by (3.9), a detailed analysis implies that

$$
\left\|\hat{\Phi}-\Phi_{N}\right\|_{\infty} \leqslant \breve{C}_{0}\left(\Delta t^{2}+h^{m}\right)
$$

since $\left\|\mathscr{P}_{N} \Phi_{\Delta t}^{(2)}\right\|_{\infty} \leqslant C$. Moreover, when $\Delta t$ and $h$ are sufficiently small so that

$$
\breve{C}_{0}\left(\Delta t^{2}+h^{m}\right) \leqslant \frac{1}{2}, \quad \frac{2 \breve{C}_{0}\left(\Delta t^{2}+h^{m}\right)}{\Delta t} \leqslant \frac{1}{2}, \quad \text { i.e. } \Delta t \leqslant \frac{1}{8 \breve{C}_{0}}, h \leqslant\left(\frac{C_{1}}{4 \breve{C}_{0}}\right)^{\frac{1}{m-1}}, C_{1} h \leqslant \Delta t \leqslant C_{2} h
$$

we have the following estimates:

$$
\begin{align*}
\left\|\hat{\Phi}-\Phi_{N}\right\|_{\infty} \leqslant C\left(\Delta t^{2}+h^{m}\right) & \leqslant \frac{1}{2} \Rightarrow\|\hat{\Phi}\|_{\infty} \leqslant\left\|\Phi_{N}\right\|_{\infty}+\left\|\hat{\Phi}-\Phi_{N}\right\|_{\infty} \leqslant C^{*}+\frac{1}{2}  \tag{3.11}\\
\left\|\frac{\hat{\Phi}^{j}-\hat{\Phi}^{j-1}}{\Delta t}-\frac{\Phi_{N}^{j}-\Phi_{N}^{j-1}}{\Delta t}\right\|_{\infty} & \leqslant \frac{1}{2} \Rightarrow\left\|\frac{\hat{\Phi}^{j}-\hat{\Phi}^{j-1}}{\Delta t}\right\|_{\infty} \leqslant C^{*}+\frac{1}{2} \tag{3.12}
\end{align*}
$$

In particular, an $O\left(\Delta t^{3}+h^{m}\right)$ bound between the numerical solution $\phi$ and the projection solution $\Phi_{N}$ could be obtained at the first time step $t_{1}$ :

$$
\phi^{1}-\Phi^{1}=O\left(\Delta t^{3}+h^{m}\right), \Phi^{1}-\Phi_{N}^{1}=O\left(h^{m}\right), \quad \text { so that } \phi^{1}-\Phi_{N}^{1}=O\left(\Delta t^{3}+h^{m}\right)
$$

in which the first estimate, $\phi^{1}-\Phi^{1}=O\left(\Delta t^{3}+h^{m}\right)$, comes from the fact that the RK2 numerical algorithm creates a third order accurate numerical solution in the first step. Meanwhile, since a trivial zero initial data is imposed for $\Phi_{\Delta t}^{(2)}$, we observe that

$$
\left(\Phi_{\Delta t}^{(2)}\right)^{1}=O\left(\Delta t+h^{m}\right)
$$

In turn, the construction formula (3.9) implies that

$$
\hat{\Phi}^{1}=\Phi_{N}^{1}+\Delta t^{2} \mathscr{P}_{N}\left(\Phi_{\Delta t}^{(2)}\right)^{1}=\Phi_{N}^{1}+O\left(\Delta t^{3}+h^{m}\right)
$$

Then we arrive at the following estimate at the first time step $t_{1}$ :

$$
\begin{equation*}
\phi^{1}-\hat{\Phi}^{1}=O\left(\Delta t^{3}+h^{m}\right), \quad \text { i.e. }\left\|\phi^{1}-\hat{\Phi}^{1}\right\|_{2} \leqslant C\left(\Delta t^{3}+h^{m}\right) \tag{3.13}
\end{equation*}
$$

### 3.2 A rough error estimate

We analyze the error between the numerical solution and the constructed solution $\hat{\Phi}$ to obtain a higher order convergence in the $\ell^{2}$ norm. Define the error function $\hat{e}^{k}:=\hat{\Phi}^{k}-\phi^{k}$, then $\hat{e}^{k} \in \mathscr{M}_{h}^{0}$ and thus $\left\|\hat{e}^{k}\right\|_{-1, N}$ is well-defined for any $k$. The difference between (2.1) and (3.10) gives

$$
\begin{equation*}
\frac{\frac{3}{2} \hat{e}^{n+1}-2 \hat{e}^{n}+\frac{1}{2} \hat{e}^{n-1}}{\Delta t}=\Delta_{N}\left(\left(\breve{\tilde{\Phi}}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}-\breve{e}^{n+1}+A\left(\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right)+\varepsilon^{2} \mathscr{L}_{N} \hat{e}^{n+1}\right)+\tau_{2}^{n+1} \tag{3.14}
\end{equation*}
$$

where $\breve{e}^{n+1}=2 \hat{e}^{n}-\hat{e}^{n-1}$. To estimate the nonlinear terms, we make an assumption for the numerical error function in the $\ell^{2}$ and $H_{h}^{-1}$ norms at the previous time steps $t_{n}, t_{n-1}$ :

$$
\begin{equation*}
\left\|\hat{e}^{k}\right\|_{2} \leqslant \Delta t^{\frac{19}{8}}+h^{m-\frac{3}{4}}(k=n, n-1), \quad \frac{1}{\Delta t^{\frac{1}{2}}}\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{-1, N} \leqslant \Delta t^{\frac{19}{8}}+h^{m-\frac{3}{4}} \tag{3.15}
\end{equation*}
$$

Under the linear constraint $\Delta t \leqslant C_{2} h$ enforced in Theorem 3.1, an application of 2-D inverse inequality reveals that

$$
\begin{equation*}
\left\|\hat{e}^{k}\right\|_{\infty} \leqslant \frac{C\left\|\hat{e}^{k}\right\|_{2}}{h} \leqslant C\left(\Delta t^{\frac{11}{8}}+h^{m-\frac{7}{4}}\right), \quad k=n, n-1 \tag{3.16}
\end{equation*}
$$

Consequently, the $\ell^{\infty}$ bound for the numerical solutions at $t_{n}$ and $t_{n-1}$, as well as their discrete temporal derivative, becomes available:

$$
\begin{equation*}
\left\|\phi^{k}\right\|_{\infty} \leqslant\left\|\hat{\Phi}^{k}\right\|_{\infty}+\left\|\hat{e}^{k}\right\|_{\infty} \leqslant C^{*}+\frac{1}{2}+\frac{1}{2}=M_{0}(k=n, n-1) \tag{3.17}
\end{equation*}
$$

$$
\begin{equation*}
\left\|\frac{\phi^{n}-\phi^{n-1}}{\Delta t}\right\|_{\infty} \leqslant\left\|\frac{\hat{\Phi}^{n}-\hat{\Phi}^{n-1}}{\Delta t}\right\|_{\infty}+\left\|\frac{\hat{e}^{n}-\hat{e}^{n-1}}{\Delta t}\right\|_{\infty} \leqslant C^{*}+\frac{1}{2}+C\left(\Delta t^{\frac{3}{8}}+h^{m-\frac{11}{4}}\right) \leqslant C^{*}+\frac{1}{2}+\frac{1}{2}=M_{0} \tag{3.18}
\end{equation*}
$$

where (3.11) and (3.12) have been used. The a priori assumption (3.15) will be recovered in the convergence analysis presented later.

It is noticed that, the a priori $\|\cdot\|_{\infty}$ assumption (3.15) is valid at $k=0,1$, and $n=1$, which comes from the fact that $\hat{e}^{0} \equiv 0$, and the initial error estimate (3.13) (at the first time step $t_{1}$ ), combined with the linear refinement requirement, $C_{1} h \leqslant \Delta t \leqslant C_{2} h$.

Taking a discrete inner product with (3.14) by $\left(-\Delta_{N}\right)^{-1}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)$ leads to

$$
\begin{align*}
& \frac{1}{\Delta t}\left\langle\frac{3}{2} \hat{e}^{n+1}-2 \hat{e}^{n}+\frac{1}{2} \hat{e}^{n-1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle_{-1, N}+A\left\langle\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \\
= & -\left\langle\left(\breve{\Phi}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle+\left\langle\hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle-\varepsilon^{2}\left\langle\mathscr{L}_{N} \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \\
& +\left\langle\tau_{2}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle_{-1, N} . \tag{3.19}
\end{align*}
$$

For the left-hand side term associated with the temporal stencil, the following estimate is straightforward:

$$
\begin{align*}
\left\langle\frac{3}{2} \hat{e}^{n+1}-2 \hat{e}^{n}+\frac{1}{2} \hat{e}^{n-1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle_{-1, N} & =\left\langle\frac{3}{2}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)-\frac{1}{2}\left(\hat{e}^{n}-\hat{e}^{n-1}\right), \hat{e}^{n+1}-\hat{e}^{n}\right\rangle_{-1, N} \\
& \geqslant \frac{3}{2}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}-\frac{1}{4}\left(\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}+\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{-1, N}^{2}\right) \\
& \geqslant \frac{5}{4}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}-\frac{1}{4}\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{-1, N}^{2} . \tag{3.20}
\end{align*}
$$

For the artificial regularization term, we have the following identity:

$$
\left\langle\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle=\frac{1}{2}\left(\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}-\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{2}^{2}+\left\|\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right\|_{2}^{2}\right) .
$$

The last term on the right-hand side of (3.19) can be bounded by

$$
\left\langle\tau_{2}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle_{-1, N} \leqslant\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N} \cdot\left\|\tau_{2}^{n+1}\right\|_{-1, N} \leqslant \frac{1}{4 \Delta t}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}+\Delta t\left\|\tau_{2}^{n+1}\right\|_{-1, N}^{2} .
$$

For the second linear term on the right-hand side, a direct computation gives

$$
\begin{align*}
\left\langle\breve{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle= & \left\langle\hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle-\left\langle\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \\
= & \frac{1}{2}\left(\left\|\hat{e}^{n+1}\right\|_{2}^{2}-\left\|\hat{e}^{n}\right\|_{2}^{2}+\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}\right) \\
& -\frac{1}{2}\left(\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}-\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{2}^{2}+\left\|\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right\|_{2}^{2}\right), \tag{3.21}
\end{align*}
$$

where we have used the fact that

$$
\begin{equation*}
\breve{e}^{n+1}=\hat{e}^{n+1}-\left(\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right) . \tag{3.22}
\end{equation*}
$$

The nonlocal linear term on the right-hand side can be rewritten as

$$
-\varepsilon^{2}\left\langle\mathscr{L}_{N} \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle=-\varepsilon^{2}\left\langle(J * 1) \hat{e}^{n+1}-J * \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle
$$

$$
\begin{equation*}
=-\varepsilon^{2}(J * 1)\left\langle\hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle+\varepsilon^{2}\left\langle J * \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \tag{3.23}
\end{equation*}
$$

For the first term appearing in above, the following identity is obvious:

$$
\left\langle\hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle=\frac{1}{2}\left(\left\|\hat{e}^{n+1}\right\|_{2}^{2}-\left\|\hat{e}^{n}\right\|_{2}^{2}+\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}\right)
$$

Meanwhile, for the term $\varepsilon^{2}\left\langle J * \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle$, we apply Lemma 2.1 and obtain

$$
\begin{align*}
\varepsilon^{2}\left\langle J * \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle & =-\varepsilon^{2}\left\langle J * \hat{e}^{n+1}, \Delta_{N}\left(\left(-\Delta_{N}\right)^{-1}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)\right)\right\rangle \\
& \leqslant C_{3} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}+\frac{1}{4 \Delta t}\left\|\nabla_{N}\left(-\Delta_{N}\right)^{-1}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)\right\|_{2}^{2} \\
& \leqslant C_{3} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}+\frac{1}{4 \Delta t}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2} \tag{3.24}
\end{align*}
$$

where $C_{3}$ depends only on $C_{J}$ and $\varepsilon$. Subsequently, a combination of (3.23)-(3.24) yields

$$
\begin{align*}
-\varepsilon^{2}\left\langle\mathscr{L}_{N} \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \leqslant & -\frac{1}{2} \varepsilon^{2}(J * 1)\left(\left\|\hat{e}^{n+1}\right\|_{2}^{2}-\left\|\hat{e}^{n}\right\|_{2}^{2}+\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}\right) \\
& +C_{3} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}+\frac{1}{4 \Delta t}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2} \tag{3.25}
\end{align*}
$$

For the nonlinear inner product on the right-hand side of (3.19), we begin with the following nonlinear expansion:

$$
\begin{equation*}
\left(\breve{\tilde{\Phi}}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}=\left(\left(\breve{\Phi}^{n+1}\right)^{2}+\breve{\Phi}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right) \breve{e}^{n+1} \tag{3.26}
\end{equation*}
$$

The consistency estimates (3.11), (3.12) and a priori estimates (3.17), (3.18) indicate that

$$
\left\|\breve{\hat{\Phi}}^{n+1}\right\|_{\infty} \leqslant C^{*}+\frac{1}{2}+\frac{1}{2}=M_{0}, \quad\left\|\breve{\hat{\phi}}^{n+1}\right\|_{\infty} \leqslant C^{*}+1+\frac{1}{2} \leqslant M_{0}+1
$$

which in turn leads to

$$
\begin{equation*}
\left\|\left(\breve{\hat{\Phi}}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right\|_{\infty} \leqslant 3\left(M_{0}+1\right)^{2} \tag{3.27}
\end{equation*}
$$

Then, we arrive at

$$
\left\|\left(\breve{\Phi}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}\right\|_{2} \leqslant\left\|\left(\breve{\Phi}^{n+1}\right)^{2}+\breve{\Phi}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right\|_{\infty} \cdot\left\|\breve{\hat{e}}^{n+1}\right\|_{2} \leqslant 3\left(M_{0}+1\right)^{2}\left\|\breve{e}^{n+1}\right\|_{2}
$$

As a consequence, the following rough estimate is available:

$$
\begin{align*}
-\left\langle\left(\breve{\Phi}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle & \leqslant\left\|\left(\breve{\Phi}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}\right\|_{2} \cdot\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2} \\
& \leqslant 3\left(M_{0}+1\right)^{2}\left\|\breve{e}^{n+1}\right\|_{2} \cdot\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2} \\
& \leqslant 9\left(M_{0}+1\right)^{4} \gamma_{0}^{-1}\left\|\breve{e}^{n+1}\right\|_{2}^{2}+\frac{\gamma_{0}}{4}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2} \tag{3.28}
\end{align*}
$$

Therefore, by substituting (3.20)-(3.21), (3.25), and (3.28) into (3.19), we obtain

$$
\frac{3}{4 \Delta t}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}-\frac{1}{4 \Delta t}\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{-1, N}^{2}+\frac{A+1}{2}\left(\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}-\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{2}^{2}\right)
$$

$$
\begin{align*}
& +\frac{1}{2}\left(\varepsilon^{2}(J * 1)-1\right)\left(\left\|\hat{e}^{n+1}\right\|_{2}^{2}-\left\|\hat{e}^{n}\right\|_{2}^{2}+\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}\right)-\frac{\gamma_{0}}{4}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2} \\
\leqslant & C_{3} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}+9\left(M_{0}+1\right)^{4} \gamma_{0}^{-1}\left\|\breve{e}^{n+1}\right\|_{2}+\Delta t\left\|\tau_{2}^{n+1}\right\|_{-1, N}^{2} \tag{3.29}
\end{align*}
$$

Making use of the assumption $\gamma_{0}=\varepsilon^{2}(J * 1)-1>0$ (given by (1.4)), we get

$$
\begin{aligned}
\frac{\gamma_{0}}{2}\left\|\hat{e}^{n+1}\right\|_{2}^{2} \leqslant & \frac{1}{4 \Delta t}\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{-1, N}^{2}+\frac{A+1}{2}\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{2}^{2}+\frac{\gamma_{0}}{2}\left\|\hat{e}^{n}\right\|_{2}^{2} \\
& +C_{3} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}+9\left(M_{0}+1\right)^{4} \gamma_{0}^{-1}\left\|\stackrel{e}{e n}^{n+1}\right\|_{2}^{2}+\Delta t\left\|\tau_{2}^{n+1}\right\|_{-1, N}^{2}
\end{aligned}
$$

Meanwhile, with the application of the a priori error estimate (3.15), we arrive at

$$
\frac{\gamma_{0}}{4}\left\|\hat{e}^{n+1}\right\|_{2}^{2} \leqslant C_{4}\left(\Delta t^{\frac{9}{2}}+h^{2 m-\frac{3}{2}}\right)
$$

by combining with $\frac{A+1}{2} \leqslant \Delta t^{-\frac{1}{2}}$ and $C_{3} \Delta t \leqslant \frac{\gamma_{0}}{4}$ provided that $\Delta t$ and $h$ are sufficiently small, with a linear refinement constraint $C_{1} h \leqslant \Delta t \leqslant C_{2} h$. Subsequently, an application of 2-D inverse inequality implies that

$$
\begin{align*}
& \left\|\hat{e}^{n+1}\right\|_{\infty} \leqslant \frac{C\left\|\hat{e}^{n+1}\right\|_{2}}{h} \leqslant \hat{C}_{1}\left(\Delta t^{\frac{5}{4}}+h^{m-\frac{7}{4}}\right) \leqslant \Delta t, \quad \text { with } \hat{C}_{1}:=C\left(4 C_{4} \gamma_{0}^{-1}\right)^{1 / 2} \\
& \text { provided that } \quad \Delta t \leqslant\left(\frac{1}{2 \hat{C}_{1}}\right)^{4}, h \leqslant\left(\frac{C_{1}}{2 \hat{C}_{1}}\right)^{\frac{1}{m-\frac{\pi 1}{4}}, \quad \text { and } C_{1} h \leqslant \Delta t \leqslant C_{2} h} \tag{3.30}
\end{align*}
$$

under the same linear refinement requirement. As a consequence, the following a priori bounds can be derived:

$$
\begin{gather*}
\left\|\phi^{n+1}\right\|_{\infty} \leqslant\left\|\hat{\Phi}^{n+1}\right\|_{\infty}+\left\|\hat{e}^{n+1}\right\|_{\infty} \leqslant C^{*}+\frac{1}{2}+\frac{1}{2}=M_{0}  \tag{3.31}\\
\left\|\frac{\phi^{n+1}-\phi^{n}}{\Delta t}\right\|_{\infty} \leqslant\left\|\frac{\hat{\Phi}^{n+1}-\hat{\Phi}^{n}}{\Delta t}\right\|_{\infty}+\left\|\frac{\hat{e}^{n+1}-\hat{e}^{n}}{\Delta t}\right\|_{\infty} \leqslant C^{*}+\frac{1}{2}+\frac{1}{2}=M_{0} \tag{3.32}
\end{gather*}
$$

These bounds will play a crucial role in the refined error estimate.

### 3.3 A refined error estimate

In this subsection, we perform a more refined error estimate for the nonlinear term to improve the estimate (3.28), under the a priori estimate (3.32). As a result, an inductive argument can be applied to the inequality (3.29).

The following nonlinear expansion (3.26) is still available. We begin with the following rewritten form

$$
\begin{align*}
& \left\langle\left(\breve{\hat{\Phi}}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \\
= & \left\langle\left(\left(\breve{\hat{\Phi}}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right) \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \\
& -\left\langle\left(\left(\breve{\tilde{\Phi}}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right)\left(\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right), \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \tag{3.33}
\end{align*}
$$

where we have used the identity (3.22). For the second term in (3.33), an application of (3.27) indicates that

$$
-\left\langle\left(\left(\breve{\hat{\Phi}}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right)\left(\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right), \hat{e}^{n+1}-\hat{e}^{n}\right\rangle
$$

$$
\begin{align*}
& \geqslant-3\left(M_{0}+1\right)^{2}\left\|\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right\|_{2} \cdot\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2} \\
& \geqslant-9\left(M_{0}+1\right)^{4} \gamma_{0}^{-1}\left\|\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right\|_{2}^{2}-\frac{\gamma_{0}}{4}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2} \tag{3.34}
\end{align*}
$$

For the first term in (3.33), we begin with the following obvious identity

$$
\hat{e}^{n+1}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)=\frac{1}{2}\left(\left(\hat{e}^{n+1}\right)^{2}-\left(\hat{e}^{n}\right)^{2}+\left(\hat{e}^{n+1}-\hat{e}^{n}\right)^{2}\right)
$$

which in turn implies that

$$
\begin{align*}
& \left\langle\left(\left(\breve{\hat{\Phi}}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right) \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \\
\geqslant & \frac{1}{2}\left(\left\langle\left(\breve{\hat{\Phi}}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2},\left(\hat{e}^{n+1}\right)^{2}\right\rangle-\left\langle\left(\breve{\Phi}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2},\left(\hat{e}^{n}\right)^{2}\right\rangle\right) \\
= & \frac{1}{2}\left\langle\left(\breve{\hat{\Phi}}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2},\left(\hat{e}^{n+1}\right)^{2}\right\rangle-I_{n l}^{n} \tag{3.35}
\end{align*}
$$

where $I_{n l}^{n}:=\frac{1}{2}\left\langle\left(\breve{\tilde{\Phi}}^{n+1}\right)^{2}+\breve{\Phi}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2},\left(\hat{e}^{n}\right)^{2}\right\rangle$. However, we observe that the first term in (3.35), $\frac{1}{2}\left\langle\left(\breve{\tilde{\Phi}}^{n+1}\right)^{2}+\breve{\tilde{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2},\left(\hat{e}^{n+1}\right)^{2}\right\rangle$, is not equal to $I_{n l}^{n+1}$. To apply the induction analysis in later steps, we have to estimate their difference. The following inequalities come from the consistency estimate (3.12) and a priori estimates (3.18), (3.32):

$$
\left\|\hat{\Phi}^{n}-\hat{\Phi}^{n-1}\right\|_{\infty},\left\|\hat{\Phi}^{n+1}-\hat{\Phi}^{n}\right\|_{\infty},\left\|\phi^{n}-\phi^{n-1}\right\|_{\infty},\left\|\phi^{n+1}-\phi^{n}\right\|_{\infty} \leqslant M_{0} \Delta t
$$

which in turn imply that

$$
\left\|\breve{\Phi}^{n+2}-\breve{\Phi}^{n+1}\right\|_{\infty} \leqslant 3 M_{0} \Delta t, \quad\left\|\breve{\phi}^{n+2}-\breve{\phi}^{n+1}\right\|_{\infty} \leqslant 3 M_{0} \Delta t .
$$

Moreover, the following estimates are available:

$$
\left\|\left(\breve{\Phi}^{n+2}\right)^{2}-\left(\breve{\tilde{\Phi}}^{n+1}\right)^{2}\right\|_{\infty} \leqslant\left\|\breve{\tilde{\Phi}}^{n+2}+\breve{\hat{\Phi}}^{n+1}\right\|_{\infty} \cdot\left\|\breve{\tilde{\Phi}}^{n+2}-\breve{\hat{\Phi}}^{n+1}\right\|_{\infty} \leqslant 2 M_{0} \cdot 3 M_{0} \Delta t=6 M_{0}^{2} \Delta t
$$

With similar arguments, we get

$$
\left\|\breve{\Phi}^{n+2} \breve{\phi}^{n+2}-\breve{\Phi}^{n+1} \breve{\phi}^{n+1}\right\|_{\infty} \leqslant 6 M_{0}^{2} \Delta t, \quad\left\|\left(\breve{\phi}^{n+2}\right)^{2}-\left(\breve{\phi}^{n+1}\right)^{2}\right\|_{\infty} \leqslant 6 M_{0}^{2} \Delta t
$$

Then we arrive at

$$
\left\|\left(\left(\breve{\Phi}^{n+2}\right)^{2}+\breve{\hat{\Phi}}^{n+2} \breve{\phi}^{n+2}+\left(\breve{\phi}^{n+2}\right)^{2}\right)-\left(\left(\breve{\Phi}^{n+1}\right)^{2}+\breve{\hat{\Phi}}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right)\right\|_{\infty} \leqslant 18 M_{0}^{2} \Delta t .
$$

As a direct consequence, the following bound is available:

$$
\left|I_{n l}^{n+1}-\frac{1}{2}\left\langle\left(\breve{\Phi}^{n+1}\right)^{2}+\breve{\Phi}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2},\left(\hat{e}^{n+1}\right)^{2}\right\rangle\right| \leqslant 9 M_{0}^{2} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}
$$

Its substitution into (3.35) yields

$$
\left\langle\left(\left(\breve{\Phi}^{n+1}\right)^{2}+\breve{\Phi}^{n+1} \breve{\phi}^{n+1}+\left(\breve{\phi}^{n+1}\right)^{2}\right) \hat{e}^{n+1}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \geqslant I_{n l}^{n+1}-I_{n l}^{n}-9 M_{0}^{2} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}
$$

Combining with (3.33) and (3.34), we obtain a refined error estimate for the nonlinear inner product:

$$
\begin{align*}
& \left\langle\left(\breve{\Phi}^{n+1}\right)^{3}-\left(\breve{\phi}^{n+1}\right)^{3}, \hat{e}^{n+1}-\hat{e}^{n}\right\rangle \\
\geqslant & I_{n l}^{n+1}-I_{n l}^{n}-9\left(M_{0}+1\right)^{4} \gamma_{0}^{-1}\left\|\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right\|_{2}^{2}-\frac{\gamma_{0}}{4}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}-9 M_{0}^{2} \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2} . \tag{3.36}
\end{align*}
$$

As a result, a substitution of (3.20)-(3.21), (3.25) and (3.36) into (3.19) results in

$$
\begin{aligned}
& \frac{3}{4 \Delta t}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}-\frac{1}{4 \Delta t}\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{-1, N}^{2} \\
& \quad+\frac{A+1}{2}\left(\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}-\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{2}^{2}\right)+\frac{A+1}{2}\left\|\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right\|_{2}^{2}+I_{n l}^{n+1}-I_{n l}^{n} \\
& \\
& +\frac{1}{2}\left(\varepsilon^{2}(J * 1)-1\right)\left(\left\|\hat{e}^{n+1}\right\|_{2}^{2}-\left\|\hat{e}^{n}\right\|_{2}^{2}+\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}\right)-\frac{\gamma_{0}}{2}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2} \\
& \leqslant \\
& 9\left(M_{0}+1\right)^{4} \gamma_{0}^{-1}\left\|\hat{e}^{n+1}-2 \hat{e}^{n}+\hat{e}^{n-1}\right\|_{2}^{2}+\left(C_{3}+9 M_{0}^{2}\right) \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}+\Delta t\left\|\tau_{2}^{n+1}\right\|_{-1, N}^{2} .
\end{aligned}
$$

Considering $\gamma_{0}=\varepsilon^{2}(J * 1)-1>0$ and condition (3.4) for the parameter $A$, we get

$$
\begin{aligned}
& \frac{1}{4 \Delta t}\left(\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}-\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{-1, N}^{2}\right) \\
& +\frac{A+1}{2}\left(\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}-\left\|\hat{e}^{n}-\hat{e}^{n-1}\right\|_{2}^{2}\right)+I_{n l}^{n+1}-I_{n l}^{n}+\frac{\gamma_{0}}{2}\left(\left\|\hat{e}^{n+1}\right\|_{2}^{2}-\left\|\hat{e}^{n}\right\|_{2}^{2}\right) \\
\leqslant & \left(C_{3}+9 M_{0}^{2}\right) \Delta t\left\|\hat{e}^{n+1}\right\|_{2}^{2}+\Delta t\left\|\tau_{2}^{n+1}\right\|_{-1, N}^{2} .
\end{aligned}
$$

The following quantity is introduced:

$$
F^{n+1}:=\frac{1}{4 \Delta t}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N}^{2}+\frac{A+1}{2}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{2}^{2}+I_{n l}^{n+1}+\frac{\gamma_{0}}{2}\left\|\hat{e}^{n+1}\right\|_{2}^{2}
$$

Then we get the following estimate:

$$
F^{n+1}-F^{n} \leqslant C_{5} \Delta t F^{n+1}+\Delta t\left\|\tau_{2}^{n+1}\right\|_{-1, N}^{2}, \quad \text { with } C_{5}=2\left(C_{3}+9 M_{0}^{2}\right) \gamma_{0}^{-1}
$$

Using the discrete Gronwall inequality results in the desired convergence estimate:

$$
F^{n+1} \leqslant \hat{C}_{2}\left(\Delta t^{6}+h^{2 m}\right)
$$

since $\left\|\tau_{2}^{j}\right\|_{-1, N} \leqslant C\left(\Delta t^{3}+h^{m}\right)$ for $j \leqslant n+1$. In particular, we see that

$$
\begin{equation*}
\left\|\hat{e}^{n+1}\right\|_{2}, \frac{1}{\Delta t^{\frac{1}{2}}}\left\|\hat{e}^{n+1}-\hat{e}^{n}\right\|_{-1, N} \leqslant C \hat{C}_{2}\left(\Delta t^{3}+h^{m}\right) \leqslant \Delta t^{\frac{19}{8}}+h^{m-\frac{3}{4}} \tag{3.37}
\end{equation*}
$$

so that the a priori assumption (3.15) has been recovered at time instant $t_{n+1}$. In turn, the analysis can be carried out in the induction style. This completes the error estimate for $\hat{e}$, the numerical error between the numerical solution $\phi$ and the constructed approximation solution $\hat{\Phi}$.

Finally, the error estimate (3.5) is a direct consequence of the following identity

$$
\Phi_{N}^{k}-\phi^{k}=\hat{e}^{k}-\Delta t^{2}\left(\mathscr{P}_{N} \Phi_{\Delta t}^{(2)}\right)^{k}
$$

which comes from the construction (3.9), as well as the fact that $\left\|\left(\mathscr{P}_{N} \Phi_{\Delta t}^{(2)}\right)^{k}\right\|_{2} \leqslant C$ for any $k \geqslant 0$. The proof of Theorem 3.1 is finished.

REMARK 3.1 The proof of Theorem 3.1 can be extended to the 3-D case without any essential difficulty. A key difference is an application of the 3-D inverse inequality, i.e.,

$$
\|\psi\|_{\infty} \leqslant \frac{C}{h^{\frac{3}{2}}}\|\psi\|_{2}, \quad \forall \psi \in \mathscr{M}_{h},
$$

to revise the inequalities (3.16) and (3.30) accordingly. In addition, the quantities on the right-hand side of the inequalities in (3.15) have to be replaced by $\Delta t^{\frac{11}{4}}+h^{m-\frac{1}{4}}$. As a result, following the similar derivations as the 2-D case, the last step of (3.37) can also be obtained by the same quantity, so that the induction process is completed.

### 3.4 Theoretical justification of the energy stability

As proved in Proposition 2.1, the numerical scheme (2.1) is energy stable under the condition (2.3), which involves the $\ell^{\infty}$ bound of the numerical solution. The proof of Theorem 3.1 implies that the $\ell^{\infty}$ bounds (3.17) and (3.31) for the numerical solution are available as long as another constraint (3.4) for $A$ is valid. Thus, we can give a theoretical justification of the energy stability as follows.
COROLLARY 3.1 Under the assumptions of Theorem 3.1, the energy stability, namely $\tilde{E}_{N}\left(\phi^{n+1}, \phi^{n}\right) \leqslant$ $\tilde{E}_{N}\left(\phi^{n}, \phi^{n-1}\right)$, is valid under the constraint (3.4) for the regularization parameter $A$, combined with a trivial constraint for $\Delta t: C_{2} \varepsilon^{4} \Delta t \leqslant \gamma_{0}$.

## 4. Numerical experiments

In this section, we conduct some numerical experiments by using the proposed stabilized BDF2 scheme (2.1) for solving the NCH equation (1.3) in the 2-D space. For the kernel involved in the nonlocal diffusion operator, as reported in (Du et al., 2018), we use a family of Gauss-type functions, parameterized by a constant $\delta>0$, taking the form

$$
\begin{equation*}
J_{\delta}(\mathbf{x})=\frac{4}{\pi \delta^{4}} \mathrm{e}^{-\frac{|\mathbf{x}|^{2}}{\delta^{2}}}, \quad \mathbf{x} \in \mathbb{R}^{2} \tag{4.1}
\end{equation*}
$$

Since $J_{\delta} * 1=4 / \delta^{2}$, the condition (1.4) is equivalent to $\delta<2 \varepsilon$.

### 4.1 Convergence tests

First, we test the temporal convergence rate of the proposed scheme with different values of the parameters $\boldsymbol{\varepsilon}$ and $\boldsymbol{\delta}$.

Example 4.1 Consider the NCH equation (1.3) in $\Omega=(-1,1) \times(-1,1)$ subject to periodic boundary condition and the initial value $\phi_{0}(x, y)=0.5 \sin \pi x \sin \pi y+0.1$ for the cases $\varepsilon^{2}=0.1$ and $\varepsilon^{2}=0.01$. The kernel (4.1) is adopted with $\delta^{2}=\varepsilon^{2}, \delta^{2}=2 \varepsilon^{2}$, and $\delta^{2}=3 \varepsilon^{2}$, respectively. We test the temporal convergence rate of the scheme (2.1) by calculating the numerical solution at $t=0.05$.

We adopt the uniform $1024 \times 1024$ spatial mesh. According to our observation in the numerical tests, such a spatial mesh is sufficiently fine so that the errors caused by the spatial approximation can be ignored. We compute the numerical solutions with various time step sizes $\Delta t=2^{-k} \Delta$, with $k=0,1, \ldots, 8$ and $\Delta=0.005$, which are the same as those in Du et al. (2018). The benchmark solution for the computing errors is taken as the approximated solution obtained with a smaller time step size $\Delta t=2^{-8} \Delta / 5$. The stabilizing constant is set to be $A=5$.

Fig. 1 plots the discrete $\ell^{2}$ errors of the numerical solutions with various values of $\varepsilon$ and $\delta$. The second order convergence rates are obvious in each case. In comparison with the corresponding results presented in Du et al. (2018), we find the numerical errors generated by the BDF2 scheme are less sensitive to the value of $\delta$, especially for large $\varepsilon$, than the ones computed by the Crank-Nicolson version.


Fig. 1. Temporal convergence rates in Example 4.1.

### 4.2 Coarsening dynamics

It is known (Dai \& Du, 2016) that the energy corresponding to the classic Cahn-Hilliard equation satisfies the $-\frac{1}{3}$ power law for the rate of decay, that is, $E(t) \sim t^{-\frac{1}{3}}$ for large $t$, while there is no similar theoretical result for the NCH equation (1.3). In the following experiment, we will simulate the power law for the NCH equation (1.3) numerically. In fact, the constraints on the time step size declared in the theoretical results are sufficient but not necessary, and a moderately larger time step will not lead to the violation of the energy stability in practical computations. Thus, to accelerate the simulation of the power law, we will use variable time step sizes in the following experiment without sacrificing the numerical accuracy, as done by Chen et al. (2014) and Ju et al. (2018).

EXAmple 4.2 Setting $\Omega=(-2 \pi, 2 \pi) \times(-2 \pi, 2 \pi)$, we simulate the coarsening dynamics of phase transition process with various values of $\varepsilon$ and $\delta$ shown later. The initial configuration is set to be a random initial data ranging uniformly in $[-0.1,0.1]$ on each grid point in a uniform mesh. The time step size is set as: $\Delta t=0.001$ on the time interval $[0,1000), \Delta t=0.01$ on $[1000,10000)$, and $\Delta t=0.1$ for $t \geqslant 10000$ if needed. The stabilizing constant is given by $A=5$.

First, we choose $\delta=0.05$ and $N=512$, and set $\varepsilon$ decreasing from 0.1 to 0.04 . FIG. 2 displays the evolution of the computed solutions at $t=1,3,10,100,400$, and 5000 for the case $\varepsilon=0.04$. It is obviously observed that the dynamic evolves from the initial disorder state to the ordered states rapidly and then reaches the steady state around $t=5000$. Fig. 3 (left) presents of the energy evolution curves for $\varepsilon=0.1,0.08,0.06$, and 0.04 . In comparison with the reference line corresponding to $C t^{-\frac{1}{3}}$, it can be observed that the rates of energy decay comply with the $-\frac{1}{3}$ power law well for all cases. Table 1 presents the digits of the coefficients of the linear fitting of the energy in the form $E(t) \sim b_{e} t^{m_{e}}$. In fact,
this scaling function is nonlinear, while the linear fitting is applied to $\ln (E(t))$, in terms of $\ln t$. All the values of $m_{e}$ approach to $-\frac{1}{3}$, which also implies the expected power law.

Then, we set $\delta=0.005$ and $N=1024$, and still let $\varepsilon$ decrease from 0.1 to 0.04 . Paralleled to the first case, Fig. 3 (right) and Table 2 show the evolution curves and the coefficients of the fitting of the energies, respectively. Again, the $-\frac{1}{3}$ power law of the energy decay rate is verified.


FIG. 2. Computed solutions at $t=1,3,10,100,400$, and 5000 for the case $\delta=0.05$ and $\varepsilon=0.04$ in Example 4.2.


FIG. 3. Evolutions of the energies for case $\delta=0.05$ (left) and $\delta=0.005$ (right) in Example 4.2.

| Table 1. Coefficients of the linear fitting $E(t) \sim b_{e} t^{m}$ for the case $\delta=0.05$ |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\varepsilon$ | 0.1 | 0.09 | 0.08 | 0.07 | 0.06 | 0.05 | 0.04 |
| $m_{e}$ | -0.326 | -0.314 | -0.331 | -0.321 | -0.327 | -0.341 | -0.332 |
| $b_{e}$ | 22.763 | 21.511 | 19.737 | 18.312 | 16.240 | 14.214 | 12.365 |

Table 2. Coefficients of the linear fitting $E(t) \sim b_{e} t^{m_{e}}$ for the case $\delta=0.005$.

| Table 2. Coefficients of the linear fitting $E(t) \sim b_{e} t t^{\prime}$ for the case $\delta=0.005$ |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\varepsilon$ | 0.1 | 0.09 | 0.08 | 0.07 | 0.06 | 0.05 | 0.04 |
| $m_{e}$ | -0.334 | -0.324 | -0.341 | -0.337 | -0.334 | -0.344 | -0.343 |
| $b_{e}$ | 11.274 | 10.604 | 9.675 | 8.821 | 7.938 | 6.943 | 6.020 |

## 5. Conclusion

In this paper, we study a second order (in time) stabilized BDF-type numerical scheme for the nonlocal Cahn-Hilliard equation, where the Fourier spectral collocation method is adopted for the spatial approximation. The main theoretical results consist of the convergence analysis, by performing a high order consistency analysis, combined with rough error estimate and refined error estimate. In turn, a modified energy stability becomes available. In comparison with a previous work (Li et al., 2021), we apply the second order convergence estimate to recover an $\ell^{\infty}$ bound of the numerical solution, i.e., the numerical solution can be regarded as a small perturbation of the exact solution. The crucial different technique used for the error estimate is that, we use $\left(-\Delta_{N}\right)^{-1}\left(\hat{e}^{n+1}-\hat{e}^{n}\right)$ as the test function, rather than the standard form $\left(-\Delta_{N}\right)^{-1} \hat{e}^{n+1}$, for the error equation, so that a higher order temporal truncation error is provided to match the BDF2 discretization.

The spectral accuracy order in the spatial discretization, as indicated by the estimate (3.3), has greatly facilitated the convergence analysis, provided that $m$ is large enough. Of course, one can also adopt the finite difference or other local approaches of spatial discretization. Due to the periodic boundary condition, the matrix for the discrete Laplacian is circulant, and the product of such a circulant matrix and a vector can also be implemented by the fast Fourier transform. In other words, the evaluation of the discrete Laplacian in the central difference method has more or less the same computational cost as the spectral method. However, the central difference yields a truncation error of order $O\left(h^{2}\right)$, which is not high enough to ensure the $\ell^{\infty}$ bound of the discrete temporal derivative, i.e., (3.18) with only $m=2$. To overcome this difficulty, one needs to conduct a higher order asymptotic analysis to supplement the consistency order in both time and space, by constructing a correction field with the truncation error of order $O\left(\Delta t^{3}+h^{4}\right)$. This technique is similar to the analysis presented in Section 3.1; also see related works Guan et al. (2014a,b, 2017).

Another natural way to develop the second order numerical schemes is to consider the CrankNicolson approximation combined with an appropriate extrapolation for the nonlinear term. However, whether the second order stabilized linear scheme proposed in Du et al. (2018) can be proved to be energy stable with respect to a modified energy is still an open question, which will be our future work.

## Acknowledgments

This work is supported by the CAS AMSS-PolyU Joint Laboratory of Applied Mathematics. X. Li's work is partially supported by National Natural Science Foundation of China grant 11801024 and the Hong Kong Polytechnic University grants 4-ZZMK and 1-BD8N. Z. Qiao's work is partially supported by the Hong Kong Research Council RFS grant RFS2021-5S03 and GRF grants 15300417 and 15302919. C. Wang's work is partially supported by US National Science Foundation grant DMS-
2012669.

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