

1 Primary emissions and secondary production of
2 organic aerosols from heated animal fats

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18 **Keywords**

19 Cooking emissions, oxidized organic aerosol formation, urban pollution, atmospheric oxidation,
20 aerosol mass spectrometry

21 **Synopsis**

22 Photooxidation of emissions from heated animal fats may be an important potential source of urban
23 secondary organic aerosols.

24

25

26 **Abstract**

27 Cooking is an important source of primary organic aerosol (POA) in urban areas, and it may also
28 generate abundant nonmethane organic gases (NMOG), which form oxidized organic aerosol
29 (OOA) after atmospheric oxidation. Edible fats play an important role in a balanced diet and are
30 part of various types of cooking. We conducted laboratory studies to examine the primary
31 emissions of POA and NMOG and OOA formation using an oxidation flow reactor (OFR) for
32 three animal fats (i.e., lard, beef and chicken fats) heated at two different temperatures (160 and
33 180 °C). Positive matrix factorization (PMF) revealed that OOA formed together with POA loss
34 after photochemical aging, suggesting the conversion of some POA to OOA. The maximum OOA
35 production rates (PRs) from heated animal fats, occurring under OH exposures (OH_{exp}) of 8.3-15
36 × 10¹⁰ molecules cm⁻³ s, ranged from 8.9 to 24.7 μg min⁻¹, 1.6-14.5 times as high as initial POA
37 emission rates (ERs). NMOG emissions from heated animal fats were dominated by aldehydes,
38 which contributed 14-71% of the observed OOA. We estimated that cooking-related OOA could
39 contribute to as high as ~10% of total OA in an urban area in Hong Kong, where cooking-related
40 organic aerosols (COA) dominated the POA. This study provides insights into the potential
41 contribution of cooking to urban OOA, which might be especially pronounced when cooking
42 contributions dominate the primary emissions.

43

44 **1 Introduction**

45 Organic aerosol (OA) contributes 20-90% of the submicron particulate mass in the atmosphere^{1, 2},
46 which influences air quality, climate and human health³. OA is a complex mixture comprising both
47 primary organic aerosol (POA) emitted directly from sources and secondary organic aerosol (SOA)
48 formed via atmospheric oxidation of volatile organic compounds (VOC). Currently, the sources of

49 POA are relatively well identified, while the formation and characteristics of SOA remain as an
50 open and active research field. Cooking-related organic aerosols (COA), commonly recognized as
51 primary species, have been found to represent 10 - 35% of the total OA measured in urban
52 locations⁴⁻¹⁰. Cooking contributions in organic aerosol even exceeded those from vehicles in urban
53 Hong Kong^{4, 5}. In addition to OA emissions, numerous gaseous pollutants are also produced from
54 cooking. Klein et al.¹¹ investigated the nonmethane organic gases (NMOG) emissions from a
55 broad variety of cooking styles and techniques and found that methanol dominated the emissions
56 from boiling vegetables and aldehydes dominated the emissions from the frying and charbroiling
57 processes. Large amounts of aldehydes were also found during heating culinary oils and fats¹²⁻¹⁵
58 and they dominated VOC emissions from lard fat- or olive oil-fried loin chops¹⁶. These aldehydes
59 may result in detrimental health impacts, such as genotoxicity and tumorigenicity^{17, 18}, and
60 potentially serve as precursors for SOA formation^{19, 20}.

61 Recent smog chamber and oxidation flow reactor (OFR) studies have demonstrated that
62 cooking emissions can generate a large amount of SOA through photochemical aging²⁰⁻²⁴. Cooking
63 SOA production has been identified from both western-style cooking, such as meat charbroiling²¹,
64 and oriental domestic style cooking^{24, 25}. Liu et al.²² observed SOA formation from gas-phase
65 emissions of heated vegetable oils, and its formation rate could be even one order of magnitude
66 higher than the POA emission rate¹⁵. Compared with vegetable oils, animal fats are known to have
67 a higher saturated fatty acid profile. Although initial epidemiological studies have associated
68 saturated fat intake with heart disease risk, subsequent studies have failed to confirm the link²⁶.
69 Owing to their low cost and wide availability, animal fats are widely used by food manufacturers
70 as a food ingredient in many countries²⁷. Woodgate et al.²⁸ reported that 172 million tonnes of
71 vegetable and animal oils and fats were produced worldwide in 2013, from which a non-negligible

72 amount of 25 million tonnes (14%) were of animal origin. In particular, animal fats are widely
73 used for frying fish and chips in Belgium and the UK²⁸ and as a major raw material for Chongqing
74 hotpot in China²⁹. They are also naturally related to meat cooking and are popular in the bakery
75 industry for bread and pastry making²⁸. SOA formation from emissions of heated vegetable oils
76 has received growing attention from researchers^{15, 20, 22, 23, 30}; however, the magnitude and
77 composition of SOA formed from emissions of heated animal fats are rarely studied.

78 In this study, we characterized both fresh and aged OA emissions from heated animal fats and
79 compared those to the emissions from heated vegetable oils. NMOG emissions and their potentials
80 to form oxidized OA (OOA) are evaluated and discussed. Here, OOA includes both oxidized POA
81 and SOA formed from gaseous precursors.

82

83 **2 Materials and methods**

84 **2.1 OFR experiments**

85 Photooxidation experiments were performed on emissions from three heated animal fats in an OFR
86 Gothenburg Potential Aerosol Mass Reactor, Go: PAM, which has been described in detail
87 elsewhere^{31, 32}. Briefly, Go: PAM is a 7.2 L cylindrical continuous-flow quartz glass flow reactor,
88 equipped with one Philips TUV 30 W fluorescent lamp ($\lambda=254$ nm). Hydroxyl radicals (OH) were
89 generated through O₃ photolysis irradiated by the UV lamp in the presence of water vapor to
90 simulate photochemical oxidation in the atmosphere. O₃ was produced by an O₃ generator (Model
91 610, Jelight Inc. USA) with pure oxygen supplied. A schematic of the experimental setup was
92 shown in Figure S1 (Supporting Information, SI). The tested animal fats include lard, beef and
93 chicken fats. For each experiment, animal fat was melted, and a sample of 250 mL was heated at
94 approximately 180 or 160 °C, associated respectively with standard and lower-bound temperatures

95 of frying practices^{13, 33, 34}, in a 500 mL glass bottle in a dimethyl silicone oil bath. The emissions
96 were firstly diluted by zero air by a factor of approximately 46, then $\sim 0.3 \text{ L min}^{-1}$ of the diluted
97 flow was introduced to the Go: PAM chamber with a final dilution factor of several hundred to
98 one thousand. The total flow in Go: PAM was around 6.3 L min^{-1} , resulting in a residence time of
99 $\sim 70 \text{ s}$. The relative humidity (RH) and temperature in the reactor were measured continuously and
100 stabilized at 77-80 % and 17-19 °C, respectively. The control of RH was achieved by passing pure
101 N_2 and O_2 through water bubblers. The OH levels were controlled by varying the input O_3
102 concentrations, which were adjusted to four different levels, ranging from 0.52 to 6.6 ppm. Fresh
103 emissions were measured in the absence of O_3 and with UV lamp off, and aged emissions were
104 subsequently characterized when OH radicals were produced.

105 Size-dependent particle wall losses in Go: PAM have been quantified by Watne et al.³², the
106 transmission efficiency for particles with mobility diameters (d_m) larger than 25 nm was higher
107 than 90%. The particles larger than 25 nm accounted for greater than 97% of the aerosol mass in
108 both fresh and aged animal fat emissions, and the wall loss of particles was calculated to be
109 generally less than 2%. No correction for this was made.

110

111 **2.2 Characterization of Gas- and Particle-phase chemical compositions**

112 NMOGs were characterized using an online proton transfer reaction - mass spectrometry (PTR-
113 MS, PTR-QMS500, IONICON Analytik GmbH, Innsbruck, Austria)³⁵. The observed NMOG
114 masses were assigned to the most likely compounds based on knowledge of the typical NMOG
115 emissions from cooking oils^{11, 15}, with a caveat that other compounds might be superimposed on
116 the same nominal mass. The calibration and operation of this instrument have been discussed
117 elsewhere³⁶. Even though PTR-MS relies on soft ionization of chemical species by protonation

118 with H_3O^+ , some degrees of fragmentation may still occur for many compounds present in cooking
119 emissions (e.g., aldehydes)³⁷. Fragmentation patterns of aldehydes were estimated from literature¹¹,
120 ¹⁵ and the corresponding corrections were applied to NMOG emissions in this study (Table S1).
121 The OH concentrations inside the OFR were determined from the decay of acrolein^{15, 38}. The
122 estimated OH exposures (OHexp) ranged from 6.7×10^9 to 1.5×10^{11} molecules cm^{-3} s, equivalent
123 to 1.2 h to 1.2 days of photochemical aging, assuming a 24 h average ambient OH concentration
124 of 1.5×10^6 molecules cm^{-3} ³⁹. Acrolein was measured to constitute around 88-96% of the unit mass
125 signal at m/z 57 $[\text{M}+\text{H}]^+$ in the NMOG emissions from heated canola and sunflower oils (180-
126 200°C) as measured with a time-of-flight PTR-MS¹¹. Therefore, by assuming similar contributions
127 of acrolein with potential interferences of butylene, the OHexp in this study maybe 3-8%
128 overestimated.

129 Particle number concentrations and size distributions were measured by a customized
130 scanning mobility particle sizer (SMPS), which is the combination of a differential mobility
131 analyzer column (DMA, model 3081, TSI Inc. USA) with flow controls and a condensation
132 particle counter (CPC, model MAGIC200, Aerosol Dynamics Inc. USA). When calculating
133 particle mass, particle sphericity and an aerosol density of 1.4 g cm^{-3} ⁴⁰ were assumed. The
134 chemical composition of submicron non-refractory particulate matter (NR-PM₁) was characterized
135 by a high-resolution time-of-flight aerosol mass spectrometer (hereafter AMS, Aerodyne Research
136 Inc. USA)⁴¹. The instrument was operated in high-sensitivity V mode and high-resolution W mode
137 alternating every 2 min. Since the OA from heated animal fats is likely liquid, the collection
138 efficiency (CE) of 1 was applied in this study. This would to some extent compensate for the
139 potential overestimation of OA concentrations attributed to the higher relative ionization efficiency
140 (RIE) for COA of 1.56-3.06 than the default value of 1.4⁴². The particle mass concentrations

141 measured by AMS and SMPS showed a good correlation (relative difference around 9%, $R^2=0.97$)
142 (Figure S2). The toolkit Squirrel 1.62F and Pika 1.22F were used in Igor (Wavemetrics Inc. USA)
143 to analyze the AMS data. The molar ratios of hydrogen to carbon (H:C) and oxygen to carbon
144 (O:C) were determined with the improved-ambient method⁴³. For better comparison, the ambient
145 related elemental ratio with original Aiken calibrations^{44, 45} in previous studies were multiplied by
146 a ratio of 1.27 to the O:C and 1.11 to the H:C according to Canagaratna et al.⁴³ in this study,
147 resulting in 27% and 11% higher than their originally reported values.

148

149 **2.3 POA emission rate and OOA production rate**

150 Emission rates (ER) and production rates (PR) were commonly used for the description of the
151 amount of primarily emitted and secondarily produced compounds from cooking activities^{22, 46-48}.
152 Here, micrograms (μg) of NMOG or POA emitted, or OOA produced per minute (min) from heated
153 animal fats were calculated using the following equation:

$$154 \quad ER_{\text{NMOG or POA}} \text{ or } PR_{\text{OOA}} = [\text{NMOG or OA}] \times DR \times F, \quad (1)$$

155 where [NMOG or OA] is the concentration of NMOG or OA in $\mu\text{g m}^{-3}$, DR is the dilution ratio
156 and F is the flow rate of carrier gas in $\text{m}^3 \text{min}^{-1}$. The adoption of ER or PR compensates for different
157 degrees of dilution during measurements, enabling a direct comparison with the previously
158 reported cooking emission data.

159

160 **3 Results and Discussion**

161 **3.1 Primary emissions**

162 Figure 1 shows the NMOG and POA emissions from heated animal fats (lard, beef and chicken
163 fats) at 160 and 180°C. The NMOGs were classified into eight families: alkanals, alkenals,

164 alkadienals, carboxylic acids, alcohols, O- containing, N- containing, and others. Alkadienals were
165 not directly measured in this study. Heptadienal has been reported as the most dominant
166 alkadienals^{15,20} and its concentration was estimated according to its good correlation with acrolein
167 ($R^2=0.97$) from emissions of heated vegetable oils¹⁵ (Figure S3). The “O-containing” family are
168 compounds not attributable to the other families but contain oxygen. A similar definition applies
169 to the “N-containing” family. The “Others” family denotes hydrocarbon fragments (see details in
170 Table S2). Note that the ERs of NMOGs were presented on a logarithmic scale to reflect the
171 contributions of the lowly emitted families. Heated lard had the highest NMOG emissions at both
172 temperatures, followed by beef fat, and lastly the chicken fat. The NMOG ERs for lard were 2.4 -
173 3.3 times that of chicken fat at the respective temperatures. When the heating temperature
174 increased from 160 to 180°C, ERs of NMOG were enhanced by 3.4 - 6.8 times for the three fats.
175 In general, the heating temperature played a more critical role than fat types in affecting NMOG
176 ERs in this study. Liu et al.¹⁵ reported variability in the ERs of NMOG ranging from 281 to 2612
177 $\mu\text{g min}^{-1}$ for various heated vegetable oils (sunflower, olive, peanut, canola, soybean and palm
178 oils) at 200°C. Slightly lower temperatures (160 or 180°C) were used for heating animal fats
179 because their smoke points (e.g., 190°C for lard⁴⁹) are lower than those of vegetable oils (generally
180 $> 200^\circ\text{C}$ ⁴⁹). In comparison, heated animal fats at 180°C gave similar ERs of NMOGs (539 -1321
181 $\mu\text{g min}^{-1}$), within the wide range of reported values from vegetable oils. Consistent with heated
182 vegetable oils¹⁵, charbroiling or shallow frying of meat and deep frying of fish and potato
183 processes¹¹, NMOG emissions from heated animal fats were also dominated by aldehydes but with
184 different relative compositions depending on heating temperatures and fat types. Generally,
185 alkanals (40 - 93%), alkenals (4 - 28%) and alkadienals (1 - 11%) together accounted for more
186 than 93% of NMOG emissions for most of the experiments, except for heated chicken fat at 160°C,

187 where they only contributed 79%. Large amounts of aldehydes were likely formed from the
188 oxidation of unsaturated fatty acids during heat treatments, while saturated fatty acids were more
189 resistant to oxidation⁵⁰. Animal fats generally have lower contents of unsaturated fatty acids
190 (around 60%) than vegetable oils (80-90%), except for coconut and palm oils (9-50%)⁵¹. Hence,
191 they are expected to produce less aldehydes. However, Chyau et al.⁵² reported the highest amounts
192 of hexanal, nonanal, heptenal, and even total VOCs in deep-fried shallot flavorings prepared with
193 lard, instead of soybean and corn oils in pot cooking at 150-160°C. Similarly, heated lard had a
194 higher emission of the total polar lipophilic aldehydes than peanut and canola oils⁵³. It was
195 postulated that some compounds in animal fats might catalyze the peroxidation process to form
196 aldehydes⁵³.

197 Figure 2 shows the speciation and distribution of aldehydes from heated animal fats. High
198 abundances of butanal, pentanal, hexanal, and heptanal were observed in alkanal emissions (open
199 circles), and acrolein dominated the alkenal emissions (closed triangles). Large amounts of these
200 compounds with different relative abundances have also been observed previously in the cooking
201 fumes of various animal fats and vegetable oils^{11, 12, 15, 18, 50, 54, 55}. The different relative abundances
202 of aldehydes may be associated with the composition of fatty acids in cooking oils. For example,
203 linoleic acid is commonly assumed to associate with the formation of pentanal and hexanal⁵⁶⁻⁵⁸,
204 while Chen et al.⁵⁹ found abundant emissions of these aldehydes from fried oleic acid. The
205 contents of linoleic and oleic acid vary, but their sum was similar for the three animal fats (50-
206 57%)⁵¹. Also, acrolein may be formed through the degradation of glycerol⁶⁰. Temperatures may
207 also play a role in different aldehyde profiles as the dependence with temperature was more evident
208 for alkanal than alkenal emissions⁵⁶.

209 Consistent with NMOG emissions, the emissions of POA were increased at higher heating
210 temperatures (Figure 1). Heated beef fats yielded the largest amount of POA, and followed by
211 chicken fats, while lard had the lowest POA ERs with almost zero emissions at 160°C. The average
212 particle number size distributions of lard emissions were bimodal, with a dominant mode peaking
213 at ~30nm and the other mode peaking at ~100 to 200 nm, whereas those of beef and chicken fats
214 were dominated by the latter mode (Figure S4).

215

216 **3.2 POA-OOA split**

217 Figure 3a shows measured OA from heated beef, lard and chicken fats at 160 and 180 °C as a
218 function of OHexp. OA ER was enhanced after photochemical aging. It reached a maximum as
219 early as 0.35×10^{11} molecules cm^{-3} s (around 6.5 h) for 180 °C beef fat but was still on the rise
220 even after 0.8-1.2 days equivalent of aging for lard at both temperatures. Compared with the initial
221 ERs, the maximum OA ERs increased by 1.8 times or more after several hours to 1.2 days of aging.
222 Animal fats heated at 180 °C exhibited faster and larger OA increases than those at 160 °C, as
223 reflected by a steeper slope in the OA evolution. This is likely due to the higher abundance of SOA
224 precursors at a higher heating temperature (Figure 1).

225 To further explore the sources and formation processes of OA, we performed positive matrix
226 factorization (PMF) analysis on each animal fat (at each temperature) OA dataset by combining
227 data at different OHexp for statistical significance (see details in SI Figures S5-10). Generally, two
228 factors were identified for most of the datasets, including one POA factor and one oxygenated
229 organic aerosol (OOA) factor. The only exception is lard at 160 °C; it has no POA factor but two
230 OOA factors with different levels of oxidation were identified. The ratios of the total residual
231 concentration to total OA concentration were less than 3% (Figures S5-10). PMF solutions with

232 more factors yield a mixed factor with both POA and OOA components (Figure S11), thus does
233 not improve the PMF performance. For all animal fats, the most prominent peaks in mass spectra
234 (MS) of PMF-derived POA factors were observed at m/z 41, 43 and 55 (Figure S12). The most
235 abundant fragments in these unit masses were dominated by $C_3H_5^+$, $C_3H_7^+$ and $C_4H_7^+$ ions. In
236 contrast, PMF-derived OOA factors have dominating peaks of m/z 28, 29, 43 and 44,
237 corresponding to CO^+ , CHO^+ , $C_2H_3O^+$ and CO_2^+ , respectively. The θ angles between the MS of
238 POA factors of different animal fats were 4-14° (Figure S13). Generally, a θ of 0-5, 6-10, 11-15,
239 16-30, and $> 30^\circ$ (corresponding to an R^2 ranging approximately 1 to 0.99, 0.98 to 0.97, 0.96 to
240 0.93, 0.92 to 0.75 and <0.75 respectively) indicates an excellent match, good match, many
241 similarities, limited similarity and poor match, respectively, between the two spectra^{21, 61}. The MS
242 of OOA factors of different animal fats exhibited excellent to limited similarities ($\theta = 5-23^\circ$), which
243 may be due to different degrees of photochemical aging. Generally, the significant increase of
244 oxygen-containing ions in OOA factors indicated the formation of the more oxidized organic
245 aerosols. The separation of factors was reasonable with an excellent agreement ($\theta < 5^\circ$) between
246 directly measured POA MS and PMF-derived POA factor spectra (Figure S13).

247 The average POA spectrum of animal fats was compared with that of laboratory-generated
248 cooking OA^{23, 62} and PMF COA factors from ambient measurements^{5-7, 63-69} from previous studies
249 (Figure 4a). The MS of average animal fat POA exhibited many similarities ($\theta = 13^\circ$) with that of
250 palm oil POA²³, and it has good agreement with different ambient COA factors derived from urban
251 areas in Hong Kong⁵, Beijing⁶⁶, Rome⁶⁵ and Oakland⁶³ with θ ranging from 14 to 19° (Figure 4a).
252 This is probably due to the heating of fats in western and Asian style cooking of meat. On the other
253 hand, while ambient COA factors in Barcelona urban background⁷ and Pasadena urban area⁶⁸ had
254 limited correlations with animal fat POA MS, they displayed relatively better agreements with the

255 average animal fat PMF OOA factor (Figure 4a). This highlights the influence of atmospheric
256 oxidation conditions on ambient COA factors. Angles between the average animal fat PMF OOA
257 factor and ambient PMF OOA factors^{5, 7, 64-66, 68-71} were in the range of 11 - 46° (Figure 4b). The
258 highest similarity of 11° was observed with the OOA factor reported by Lee et al.⁵ from the urban
259 Mong Kok site in Hong Kong, where COA contributed to 34.6% of OA, even more than that of
260 traffic POA (26.4%).

261 Figures 3b and 3c show the evolution of PMF resolved POA and OOA factors with OHexp.
262 The ERs of animal fat POA factors decreased by 68% to more than 90% after 0.6 -1.2 days of
263 photochemical aging, which may be due to the heterogeneous oxidation of POA. Liu et al.¹⁵
264 reported that POA from olive oil undergoes heterogeneous reaction more readily than palm oil
265 POA. They attributed this to more abundant unsaturated organic species in olive oil, which can
266 react with OH radicals or O₃ more quickly than saturated species⁷². The unsaturated fatty acid
267 contents of animal fats used in this study generally fell in between that of olive and palm oils⁵¹.
268 The OH oxidation of unsaturated hydrocarbons occurs either by the abstraction of an H atom or
269 by the addition of OH to the C=C double bond, while that of saturated hydrocarbons is initiated
270 solely by the H abstraction⁷³. In addition, Molina et al.⁷⁴ reported the full volatilization of a
271 monolayer of C₁₈ organic species following the heterogeneous loss of only 2 to 3 OH collisions.
272 Kaltsonoudis et al.²¹ also observed an evident decay of meat charbroiling POA due to
273 heterogeneous reaction.

274 The amounts of OOA formed from the oxidation of emissions from heated animal fats
275 increased substantially with photochemical aging (Figure 3c). The maximum OOA PRs ranged
276 from 8.9 to 24.7 μg min⁻¹ and, specifically, 14.5 times as high as initial POA ER for 180 °C lard,
277 followed by chicken and beef fats with enhancements of 1.6 - 3.4. These OOA to POA ratios

278 generally fell within previously reported ranges for vegetable oils heated at 200 °C, from 0.7 for
279 olive oil to 60 for sunflower oil¹⁵ (Figure S14). It should be noted that, in Liu et al.¹⁵'s study, the
280 precursors from vegetable oils were oxidized in the smog chamber at photochemical age of 1.9 h,
281 lower than that in this study. However, due to longer residence time to allow complete
282 condensation of semi-volatile species into SOA, chamber studies have been found to give a higher
283 SOA yield than flow reactor of equivalent OHexp⁷⁵. In this study, functionalization reactions may
284 play a leading role in the formation of OOA, as reflected by the continuous increase of OOA PRs.
285 However, fragmentation may be important in the growth of beef fat OOA at 180°C. Overall,
286 compared with the initial POA ERs, the OOA formation potential, represented as the maximum
287 OOA PR, varied less for different animal fats at the same temperature (Figure S14).

288

289 **3.3 Contributions of individual NMOGs to observed OOA**

290 The OOA production from oxidation of each speciated precursor in the NMOG mix was estimated
291 by multiplying the reacted precursor *i* at a certain OHexp and the corresponding mass yields *Y_i*
292 reported in the literature^{20, 72, 76-79}:

$$293 \quad OOA_{estimated} = \sum_i [NMOG]_i \times (1 - \exp(-k_i[OH]t)) \times Y_i, \quad (2)$$

294 where [NMOG]_{*i*} is the mass concentration of precursor *i* before photooxidation, and *k_i* is its
295 corresponding OH reaction rate constant. The values used for *k_i* and *Y_i* were presented in Table S3.
296 Liu et al.¹⁵ identified alkenals as the major precursors to the observed vegetable oil SOA in PTR
297 measurements. Although the SOA mass yields for < C₁₁ alkanals were generally less than 0.02 for
298 a maximum C_{OA} ~ 10 μg m⁻³⁸⁰, the latest study by Takhar et al.²⁰ revealed that heptanal contributed
299 7% to the observed canola oil SOA (only C₇ to C₁₀ aldehydes were quantified in their Tenax tube
300 study). Hence, due to the significant abundances in NMOG emissions, pentanal, hexanal and

301 heptanal were also included in our analysis. Chacon-Madrid et al.⁸⁰ reported no significant
302 difference between SOA mass yields for C₅, C₈ and C₁₁ alkanals, and therefore we assumed the
303 SOA yields of all alkanals are the same as that of heptanal in Takhar et al.²⁰. Available data of
304 SOA yields from various aldehydes precursors is still scarce, and hence future studies are
305 warranted. Figure 5 shows the estimated contributions of individual alkenals and the three most
306 abundant alkanals to the observed OOA. Alkenals accounted for 4-21% of the observed OOA,
307 comparable to fractions of 8-55% in vegetable oil experiments reported by Liu et al.¹⁵.
308 Incorporating the alkanals increased the explained contributions of OOA, 14% for chicken fat at
309 160 °C to 71% for lard fat at 180 °C. Over the experiments, the contributions of individual
310 aldehydes to observed OOA were highly variable. Acrolein and hexanal, the most prominent
311 compounds present in alkenal and alkanal emissions, contributed to 6 % and 39 % of the observed
312 OOA for lard fat at 180 °C but only 1 % and 19 % for beef fat at 180 °C. In general, these aldehydes
313 accounted for larger OOA fractions when animal fats heated at higher temperatures, likely related
314 to their higher abundances. The unexplained OOA may be attributed to the oxidation of POA itself
315 or fragments from heterogeneous reactions of the POA. Unidentified semi-volatile and
316 intermediate-volatility organic compounds (SVOCs and IVOCs) from cooking emissions may also
317 play a role in forming OOA¹⁵.

318

319 **3.4 Chemical evolution of OA**

320 In Figure 6, H:C and O:C ratios of OA from heated animal fats were compared to those reported
321 from laboratory cooking emission studies of vegetable oils²³, meat frying²⁴ or charbroiling²¹ and
322 Asian cuisine²⁴ and ambient PMF COA and OOA factors^{4, 5, 21, 65, 66, 69, 81, 82} in a Van Krevelen
323 diagram. The H:C and O:C were 1.88-2.03 and 0.14-0.19 for animal fat POA, consistent with those

324 of cooking POA reported in previous laboratory studies^{21, 23, 24} (H:C: 1.80-2.10, O:C: 0.09-0.21)
325 (black markers, color scaled by OHexp) and ambient COA factors^{4, 5, 21, 65, 66, 69, 82} (grey markers)
326 (H:C: 1.75-1.96, O:C: 0.10-0.27). The H:C versus O:C trend of our animal fat OA dataset fell on
327 a line with a slope of -0.24 (dark blue dashed line), which is comparable to that of -0.19 for heated
328 canola oil SOA in Takhar et al.²⁰. This implies the formation of both alcohol or peroxide and
329 carboxylic acid in animal fat OOA. However, this slope is far from those of the ambient OA dataset
330 (slope \approx -0.7 to -1) (pink and dark red markers)^{5, 7, 21, 65, 66, 69, 81}. Interestingly, for the ambient
331 measurements in urban Mong Kok, Hong Kong⁵, where cooking contributions in POA exceeded
332 those related to vehicles, the evolution of the COA factor to one of the three resolved OOA factors
333 (varying oxygenation) was linear with a slope of -0.19 (light blue dashed line). This agrees well
334 with the animal fat OOA evolution in our study, which might suggest this specific OOA factor is
335 likely dominated by the aged cooking-related OA. This is also supported by its highest MS
336 similarity among all the ambient OOA factors with the average animal fat PMF OOA factor (θ
337 $=11^\circ$) (details in Sect. 3.2 and Figure 4b). On the other hand, COA generally accounted for a small
338 fraction of OA in suburban areas. For example, COA contributed to less than 10% of total OA in
339 HKUST Supersite⁸², and the OA evolution followed a line with a slope of around -1. A recent study
340 near the entrance of a tunnel in Hong Kong yielded a slope of -0.64 from the COA factor to the
341 OOA factors⁴.

342

343 **3.5 Atmospheric implications**

344 Cooking and traffic emissions were dominant pollution sources in urban areas^{5-7, 83}, among which
345 traffic emissions have been continually decreasing over the years⁴ with the implementation of
346 increasingly stringent regulations, such as the adoption of cleaner engines and cleaner fuels^{32, 84-}

347 ⁸⁶. However, cooking emissions are barely regulated, and the contribution of cooking to urban
348 SOA is still poorly understood. Cooking involving the heating of vegetable and animal oils and
349 fats is common in preparing foods in numerous cultures⁸⁷. Our earlier works^{15, 22, 23} have studied
350 the emission characteristics from heated vegetable oils and demonstrated that SOA formed from
351 oil emissions likely exceeded corresponding POA emissions. Here, we investigated primary
352 emissions and secondary production of gas- and particle-phase pollutants from heated animal fats,
353 and evaluated their similarities and differences with those of vegetable oils. Heated animal fats at
354 180°C gave a similarly wide range of ERs of NMOGs (539 -1321 $\mu\text{g min}^{-1}$) to those of vegetable
355 oils at 200°C. Cooking at a lower temperature (160°C) could be efficient in eliminating NMOGs
356 emissions (3.4 - 6.8 times lower than those at 180°C). As the most dominant class of NMOGs
357 emitted from heated animal fats, aldehydes may play an important role in forming cooking SOA.
358 We observed that atmospheric oxidation of animal fat OA involved the formation of OOA
359 accompanying POA loss, with net OA reaching its maximum value (1.8 times or more than the
360 initial POA) after several hours to 1.2 days equivalent of aging.

361 We further revealed that potential OOA from cooking emissions might play an important role
362 in urban areas where cooking contributions dominate the primary emissions. Cooking exceeded
363 traffic as the major source of POA in Lee et al.⁵'s measurements in urban Mong Kok, Hong Kong.
364 One of three resolved OOA factors from their study has relatively high similarities with animal fat
365 OOA in this study regarding the mass spectrum ($\theta = 11^\circ$) and oxidation mechanisms (slope of -
366 0.19 in Van Krevelen diagram). This specific OOA factor might therefore be dominated by
367 cooking emissions. Based on this assumption, we estimate that cooking might contribute as high
368 as 44.1 % of total OA at the urban Mong Kok site. Therein, primary COA and cooking-related
369 OOA contributed 34.6% and 9.5%, respectively. Future studies are encouraged to employ the mass

370 spectra of OOA formed from heated animal fats and other various cooking styles and techniques
371 to constrain the OA source apportionments and further estimate the contribution of cooking OOA
372 in ambient air.

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377 **ASSOCIATED CONTENT**

378 **Supporting Information**

379 Schematic of the experimental setup (Figure S1), comparison between AMS mass vs. SMPS mass
380 (Figure S2), emission rates of heptadienal and acrolein from vegetable oils (Figure S3), average
381 particle number size distributions for fresh and aged particles (Figure S4), diagnostic plots of the
382 PMF analysis (Figures S5-10), comparisons of two-factor and three-factor solutions of PMF
383 analysis (Figure S11), mass spectra for PMF resolved POA factor, OOA factor and the difference
384 between the two factors (Figure S12), θ between directly measured POA mass spectra and PMF
385 resolved POA and OOA factor spectra (Figure S13), comparisons of POA emission rates and
386 captured maximum OOA production rates for animal fats and vegetable oils (Figure S14),
387 fragmentation table of the most abundant aldehydes (Table S1), assigned ions and families for all
388 detected m/z of PTR-MS (Table S2), and OH reaction rate constants of alkenals and alkanals and
389 applied SOA yields data (Table S3).

390

391 **Notes**

392 The authors declare no competing financial interest.

393

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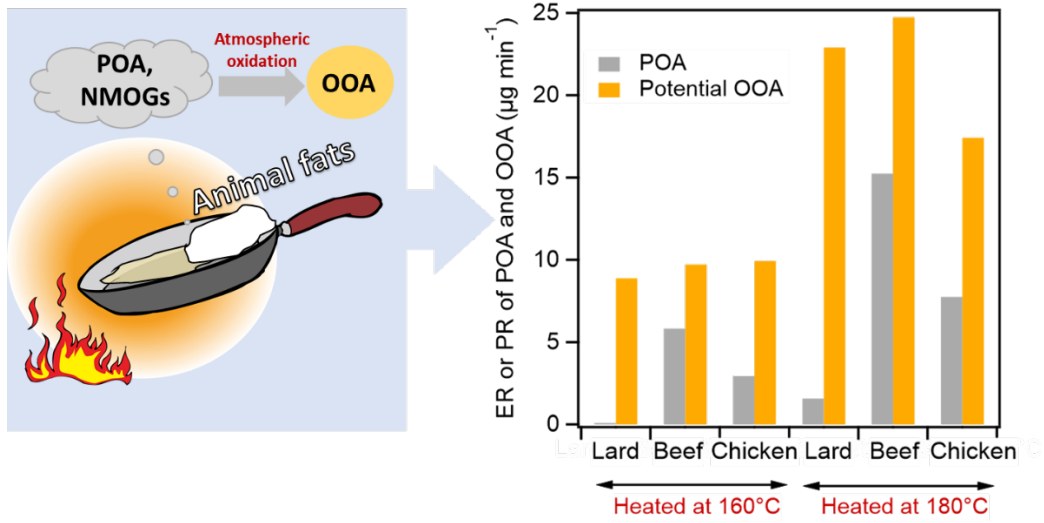
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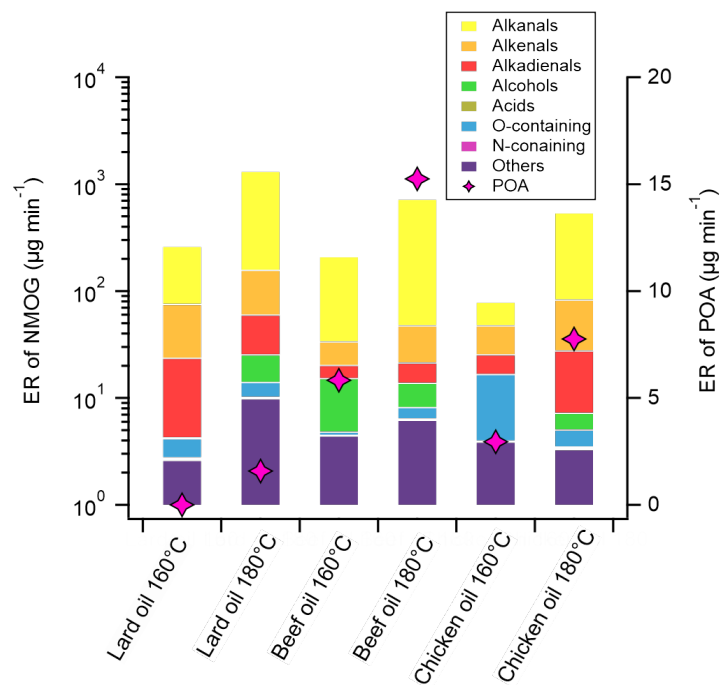
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676 **Graphic for Table of Contents (TOC)**



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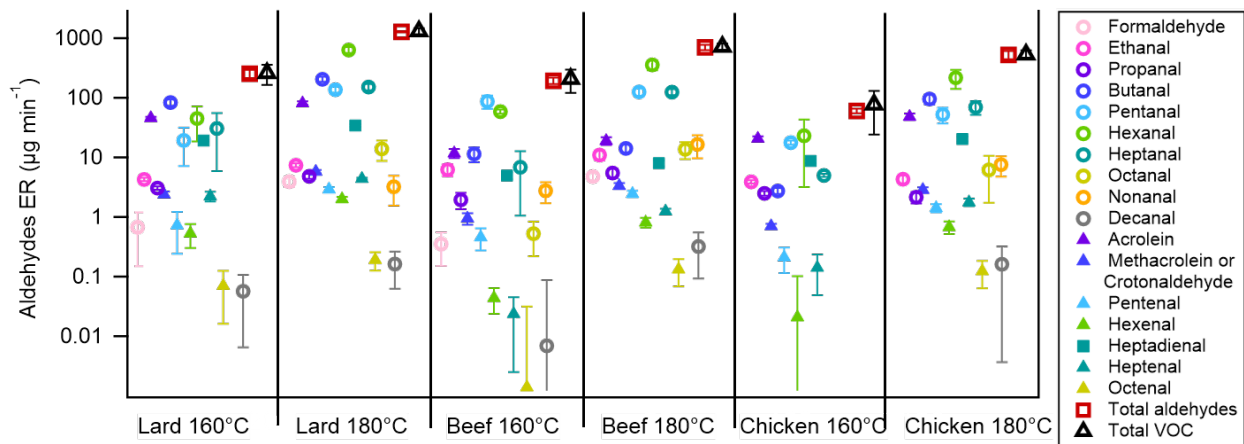


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680 **Figure 1.** Emission rates of NMOGs and POA from different heated animal fats at 160 and 180°C.

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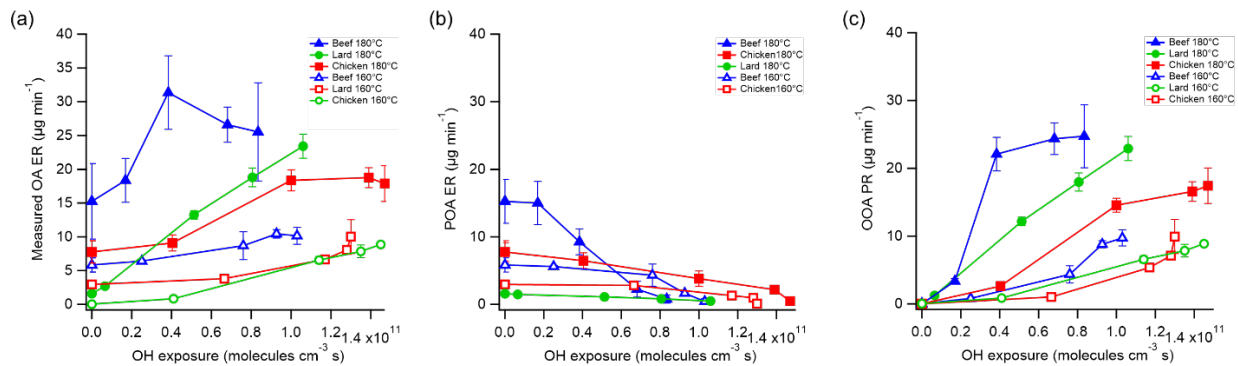
684 **Figure 2.** Speciation and distribution of aldehydes from the heated animal fats at 160 and 180°C.

685 Error bars represent the standard deviation (1σ).

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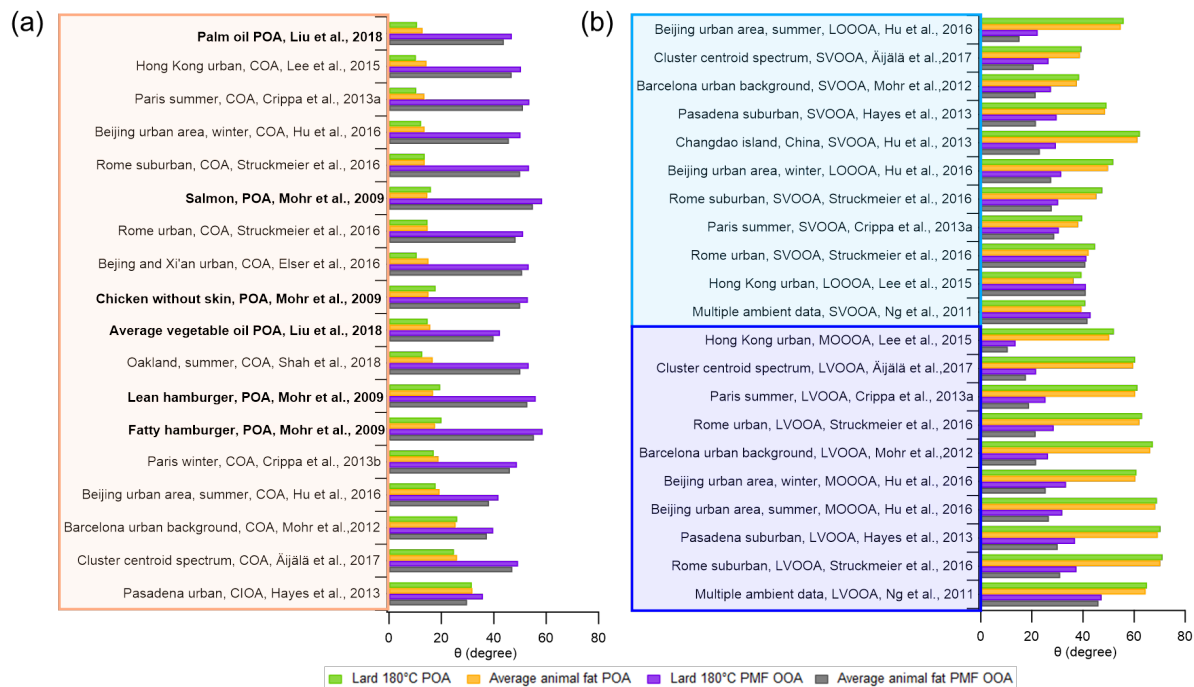


689 **Figure 3.** (a) Measured OA ER, and (b) POA factor ER and (c) OOA factor PR from the PMF
690 analysis of the emission oxidation experiments of heated animal fats at 160 and 180°C as a function
691 of OHexp. For 160 °C lard, two PMF OOA factors were combined in Figure 3c. Error bars
692 represent the standard deviation (1σ).

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697 **Figure 4.** Angles (θ) between (a) ambient COA factor^{5-7, 63-69} and laboratory-generated cooking

698 POA^{23, 62} mass spectra, (b) ambient SVOOA, LOOOA, MOOOA and LVOOA factor^{5, 7, 64-66, 68-71}

699 mass spectra and the 180°C lard POA mass spectrum, average animal fat POA mass spectrum,

700 180°C lard PMF OOA factor spectrum, and average animal fat PMF OOA factor spectrum. The

701 average POA mass spectrum was averaged for lard (180°C), beef (160 and 180°C) and chicken

702 fats (160 and 180°C). The average PMF OOA spectrum was averaged for lard (160 and 180°C),

703 beef (160 and 180°C) and chicken fats (160 and 180°C). Laboratory studies were marked in bold.

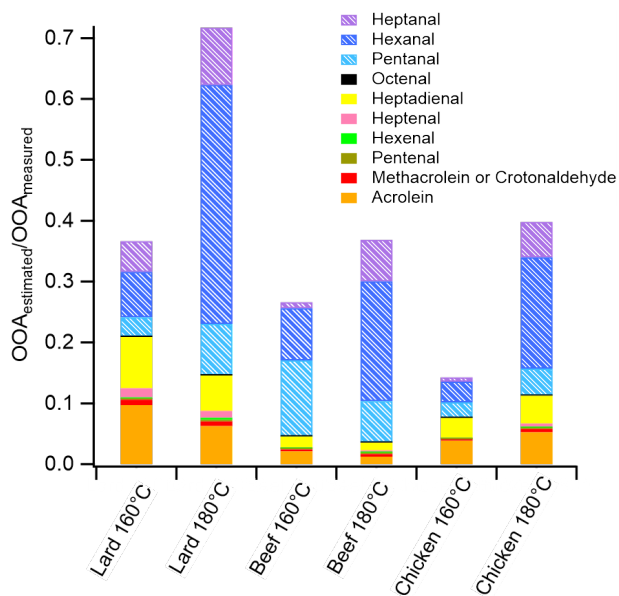
704 COA, SVOOA, LOOOA, MOOOA and LVOOA indicated cooking organic aerosol, semi-volatile

705 oxygenated organic aerosol, less oxidized oxygenated organic aerosol, more oxidized oxygenated

706 organic aerosol and low volatility oxygenated organic aerosol, respectively.

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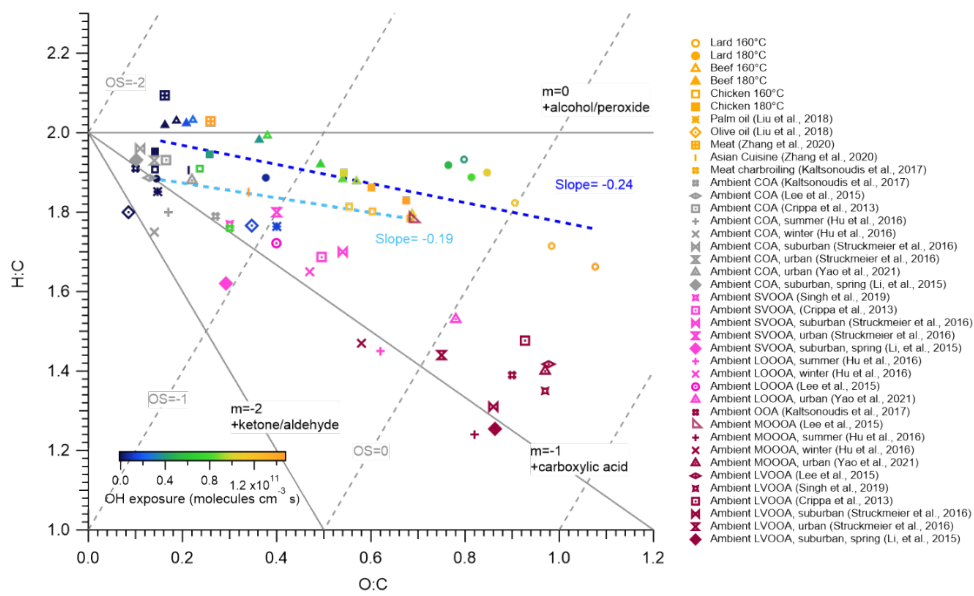


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710 **Figure 5.** Estimated contributions of individual alkenals and alkanals to observed OOA for heated
 711 animal fats at 160 and 180°C. The abundance of heptadienal was estimated based on its good
 712 correlation with acrolein ($R^2=0.97$) in Liu et al. ¹⁵.

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 716 **Figure 6.** Van Krevelen diagram of OA from different animal fats, vegetable oils²³, meat frying²⁴
 717 or charbroiling²¹ and Asian cuisine²⁴ as well as ambient PMF COA and OOA factors^{4, 5, 21, 65, 66, 69,}
 718 ^{81, 82}. COA, SVOOA, LOOOA, MOOOA and LVOOA indicated cooking organic aerosol, semi-
 719 volatile oxygenated organic aerosol, less oxidized oxygenated organic aerosol, more oxidized
 720 oxygenated organic aerosol and low volatility oxygenated organic aerosol, respectively.

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