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7 Time-evolving coupling functions for evaluating the interaction between

cerebral oxyhemoglobin and arterial blood pressure with hypertension

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28 Abstract

Purposes: This study aimed to investigate the network coupling between arterial blood pressure (ABP) and changes in cerebral oxyhemoglobin concentration (Δ [O₂Hb]/ Δ [HHb]) oscillations based on dynamical Bayesian inference in hypertensive subjects.

Methods: Two groups of subjects, consisting of 30 healthy (Group Control, 55.1 ± 10.6 y), and 32 32 33 hypertensive individuals (Group AH, 58.9 ± 8.7 y), participated in this study. A functional near-34 infrared spectroscopy system was used to measure the Δ [O₂Hb] and Δ [HHb] signals in the bilateral prefrontal cortex (LPFC/RPFC), motor cortex (LMC/RMC), and occipital lobe 35 36 (LOL/ROL) during the resting state (12 min). Based on continuous wavelet analysis and coupling 37 functions, the directed coupling strength (CS) between ABP and cerebral hemoglobin was identified 38 and analyzed in three frequency intervals (I: 0.6-2 Hz, II: 0.145-0.6 Hz, III: 0.01-0.08 Hz). The 39 Pearson correlations between the CS and blood pressure parameters were calculated in the 40 hypertension group.

41 **Results:** In interval I, Group AH exhibited a significantly higher CS for the coupling from ABP to 42 Δ [O₂Hb] than Group Control in LMC, RMC, LOL, and ROL. In interval III, the CS from ABP to Δ 43 [O₂Hb] in LPFC, RPFC, LMC, RMC, LOL, and ROL was significantly higher in Group AH than in 44 Group Control. For the patients with hypertension, diastolic blood pressure was negatively and 45 pulse pressure was positively related to the CS from ABP to Δ [O₂Hb] oscillations in interval III.

46 **Conclusions:** The higher CS from ABP to Δ [O₂Hb] in interval I indicated that the components of 47 cardiac activity in cerebral hemoglobin oscillations were more directly responsive to the changes in 48 systematic ABP in patients with hypertension than in healthy subjects. Meanwhile, the higher CS 49 from ABP to Δ [O₂Hb] in interval III indicated that the cerebral hemoglobin oscillations were

susceptible to changes in blood pressure in hypertensive subjects. The results may serve as evidence of impairment in cerebral autoregulation after hypertension. The Pearson correlation results showed that diastolic blood pressure and pulse pressure might be regarded as predictors of cerebral autoregulation function in patients with hypertension, and may be useful for hypertension stratification. This study provides novel insights into the interaction mechanism between ABP and cerebral hemodynamics and could help in the development of new assessment techniques for cerebral vascular disease.

57 Keywords: arterial blood pressure; cerebral hemodynamics; hypertension; dynamical Bayesian
58 inference

59 Introduction

60 The regulatory response of cerebral blood flow variables to changes in blood pressure ensures that the cerebral blood flow matches the brain's metabolic demands and protects it from hypo- or 61 hyperperfusion.¹ The ability of the brain to regulate its blood supply is termed cerebral 62 63 autoregulation (CA).² CA is altered or impaired in patients suffering from hypertension and stroke.^{2,3} However, studies have demonstrated that CA impairment is not an all-or-none status; it is 64 graded and variable among different diseases.⁴ Hypertension is the most powerful and important 65 modifiable risk factor for stroke.^{5,6} Long-term hypertension causes the cerebral arterial walls to 66 67 harden and thicken.⁷ It can also cause atherosclerosis or accelerate its development, and has a significant effect on brain structure and cognitive function.⁸ Thus, monitoring the dynamic 68 69 regulation between arterial blood pressure (ABP) and cerebral blood flow in patients with 70 hypertension would permit a more personalized physiology-based therapy designed to reduce the 71 risk of secondary brain damage.

72

73 Various mathematical methods have been developed for non-invasive assessment of CA in the 74 resting state. The most commonly used method was transfer function analysis, which involving the 75 relationship between ABP and cerebral blood flow velocity in the frequency domain. It quantifies 76 CA in terms of three parameters, including the amplitude with which cerebral blood flow velocity 77 changes driven by ABP (gain) as well as the timing (phase) and linearity (coherence) of this relationship.⁹ Transfer function analysis treats CA as a linear process while it is well known that CA 78 79 leads to a nonlinear pressure-flow interaction.¹⁰ Besides, it assumes stationary signals while 80 physiological signals including ABP and cerebral hemodynamics are nonstationary, particularly 81 under pathophysiological conditions.¹¹ Despite the demonstration that the linear model provides an 82 acceptable approximation, non-stationarities may render a high spread in the results.¹² By studying 83 the time-varying nature of CA, we can better understand the nature of CA and track improvement or 84 deterioration over time.

85

86 Continuous wavelet transform is a time-frequency analysis method that allows the identification of 87 time-varying frequency and phase, and can express the non-stationary characteristics of hemodynamics.¹³ Based on continuous wavelet transform, wavelet coherence analysis characterizes 88 intermittent cross-correlations between two time series at multiple time scales, which makes no 89 90 assumption about the stationarity of the input signals.¹⁴ The wavelet phase coherence can reveal 91 possible relationships by evaluating the match between the instantaneous phases of two signals.¹⁵⁻¹⁷ 92 It allows the identification of significant coherence of low-frequency components to cardiovascular signals even at low common power.¹⁸ However, the contributions of amplitude and phase in the 93 94 coupling strength cannot be distinguished by such methods, leading to concealment of the subtle interactions within the cardio-cerebral system.¹⁹ Dynamical Bayesian inference (DBI) can identify 95 96 time-varying dynamics in the presence of noise and follow the time evolution of the involved 97 parameters.²⁰ This method provides a new means of characterizing the directed interaction 98 mechanisms of interacting oscillators between the systems and manifests in terms of strength and 99 directionality.²¹ It can represent the functional contribution from each independent subsystem within a single coupling relationship.²² DBI has already been used to investigate effective coupling 100 101 interactions among different physiological indexes, such as neuronal, cardiorespiratory, and vascular regulation.^{13,23-25} In our recent studies, the interaction between cerebral activity and ABP 102 103 was detected and evaluated by using an effective coupling function based on DBI in patients with 104 stroke.²⁶ However, information about the functional mechanism and the causality underlying the coupling interaction between cerebral hemodynamic variables and ABP in subjects with 105 106 hypertension is far from comprehensive.

107

In the present work, we aimed to study the alteration in the effective coupling interaction between
blood pressure changes and cerebral hemoglobin oscillations based on DBI by using functional
near-infrared spectroscopy (fNIRS) in patients with hypertension. fNIRS is a widely used
noninvasive imaging technique that can describe the cerebral hemodynamic responses by measuring
changes in oxy- and deoxyhemoglobin concentrations (Δ [O₂Hb]/Δ [HHb], respectively).²⁷
Kainerstorfer et al. used fNIRS to measure Δ [O₂Hb] and Δ [HHb] to describe the CA and
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demonstrated that autoregulation can reliably be measured noninvasively in the microvasculature with fNIRS.²⁸ Cerebral blood flow autoregulation can be monitored continuously with fNIRS in adult patients undergoing cardiopulmonary bypass.²⁹ Furthermore, a good correlation was reported between fNIRS and transcranial Doppler assessments of cerebral blood flow autoregulation in 23 patients with sepsis, and fNIRS shows promise for the continuous assessment of CA in adults.³⁰ Spatial mapping of dynamic autoregulation by multichannel fNIRS may serve as a powerful tool for identifying brain regions at specific risks for ischemia in various neurovascular diseases.³¹

121

122 In this study, cerebral hemoglobin parameters (Δ [O₂Hb]/ Δ [HHb]) were measured in the prefrontal 123 cortex (PFC), motor cortex (MC), and occipital lobe (OL) using multichannel fNIRS. The PFC is 124 mainly responsible for cognitive control and advanced neural information processing functions, such as judgment and analysis.³² The MC plays an important role in motor functions and is involved 125 in the planning, control, and execution of voluntary movements.³³ The OL is the visual processing 126 127 center of the brain and is crucial for coordinating language, motion perception, and visuospatial processing.³⁴ It was hypothesized that (1) hypertension may disturb the relationship between ABP 128 129 and cerebral hemoglobin oscillations in the PFC, MC, and OL and (2) the degree of disturbance 130 may be related to the magnitude of hypertension. In this study, coupling functions based on the DBI 131 method were established to assess the relationship between ABP and cerebral hemoglobin 132 oscillations in patients with hypertension. Furthermore, correlation analysis was used to reveal the 133 relationship between the strength of the couplings and blood pressure. This study provides evidence 134 for alterations in the mechanisms underlying cerebrovascular autoregulatory dynamics caused by hypertension. 135

136

137 Methods

138 **Participants**

139 Two groups of right-handed subjects were recruited in this study: 30 healthy (Group Control) and

140 32 hypertensive participants (Group AH). Participants were recruited from the local community.

141 None of the participants experienced subjective memory problems and had unimpaired overall This article is protected by copyright. All rights reserved 142 cognitive function based on a Mini-Mental State Examination (MMSE) assessment.³⁵ Subjects in 143 Group Control had no cardiovascular or neurological abnormalities. Hypertensive patients had 144 systolic blood pressure (SBP) \geq 140 mmHg or diastolic blood pressure (DBP) \geq 90 mmHg. **Table 1** 145 shows the analysis of the characteristics of the participants by one-way ANOVA. The experimental 146 procedure was approved by the Human Ethics Committee of the National Research Center for 147 Rehabilitation Technical Aids and was in accordance with the Helsinki Declaration of 1975 (revised 148 in 2008). Written informed consent was obtained from the participants in the current study.

149

150 Data acquisition and preprocessing

151 The participants refrained from strenuous exercise and alcohol for at least 12 h before experimental 152 testing. All subjects underwent a 12 min resting-state session of fNIRS and ABP measurements. 153 They were seated comfortably in a chair in a silent and light-dimmed room. During the resting state 154 session, the subjects were instructed to maintain their sitting position at a wakeful resting state 155 while remaining as motionless as possible.

156

157 A 32-channel fNIRS device (NirSmart, Danyang Huichuang Medical Equipment Co., Ltd, China) 158 was applied to measure the cerebral hemoglobin variables (Δ [O₂Hb] and Δ [HHb]) with two 159 wavelengths (760 and 850 nm). The distance between the detectors and light sources was 3.0 cm. 160 The sampling rates for signal acquisition were set to 10 Hz, and the differential path-length factor was set to 6.0. This fNIRS system was used and verified in our previous studies.³⁶ Thirty-two 161 162 channels (16 channels on each side) were placed at the bilateral PFC (LPFC/RPFC), MC (LMC/RMC), and OL (LOL/ROL). The calibration function of the instrument and corresponding 163 template was used to ascertain that the channels fell exactly in accordance with the international 164 165 10–10 electrode distribution system.³⁷ During the placement of the probes into the template, the hair 166 of the subjects was manually parted to ensure that the probes were in direct contact with the scalp. 167 Finally, the probe template was covered with black cloth to reduce the impact of ambient light. Fig. 168 1(A) shows the configuration of the sources, detectors, and measurement channels.

169

170 Continuous ABP signals were synchronized and recorded with the fNIRS measurement, which was monitored with a noninvasive blood pressure device (CNAPTM Monitor 500, CNSystems 171 Medizintechnik AG, Graz, Austria). The sample frequency was 2000 Hz. This system comprises a 172 173 sensor placed on the finger (second and third digit), a cuff for calibration, and a CNAP monitor 174 (Fig. 1(B)). The ABP signal was fed into the platform using a DA100C amplifier for a Biopac 175 MP160 (BIOPAC Systems Inc., USA).³⁸ The Biopac MP160 and CNAPTM were connected to a 176 computer by Ethernet interfacing, and signals were acquired using the software Acknowledge, 177 which allows data conversion into MATLAB-compatible formats (MATLAB 2016b, MathWorks, MA, USA) files. The 2000 Hz raw ABP data were initially downsampled to 10 Hz to match the 178 179 time base of the fNIRS signals.

180

181 The fNIRS data were preprocessed according to the following steps. First, the first 2 min of raw 182 fNIRS data were discarded for each subject to obtain a steady signal. Second, the signals were 183 processed by low-pass filtering to 2 Hz (six-order Butterworth in the forward and backward directions) to improve the signal-to-noise ratio.³⁹ By applying the modified Beer–Lambert law,⁴⁰ the 184 185 filtered optical density signals were converted to Δ [O₂Hb] and Δ [HHb].⁴¹ Third, principal and independent component analysis methods ⁴²⁻⁴⁵ were separately performed on the Δ [O₂Hb] and Δ 186 187 [HHb] signals to reduce physiological interference in the fNIRS measurements as follows: (1) 188 Principal component analysis reduction was performed for each subject to reduce the data 189 dimensionality (N=32) to a low dimensional (N=K). The number K of retained principal 190 components (PCs) was determined according to the minimum number of PCs that retained more 191 than 99% of the data variance.⁴³ (2) The reduced data for each individual was subjected into 192 independent component analysis decomposition with the number of independent components equal 193 to the number of retained principal components. All the components derived from the independent 194 component analysis were visually inspected to determine the components that might be related to 195 physiological interference and artifacts. (3) Significant independent components were extracted by 196 confirming the power spectra and eliminating unwanted independent components. (4) The 197 hemodynamic response was reconstructed using the retained independent components (N=K), and This article is protected by copyright. All rights reserved

198 then the data were restored to the original dimensions (N=32). Finally, the filtered Δ [O₂Hb] and Δ 199 [HHb] signals for each channel were visually examined to check for movement artifacts, which 200 were removed by moving standard deviation and cubic spline interpolation.⁴⁶

201

202 Coupling function

203 In this study, the phase of the cerebral hemoglobin parameters (Δ [O₂Hb] and Δ [HHb]) and ABP 204 oscillations were extracted by continuous wavelet transform, which can provide logarithmic 205 frequency resolution and appropriate representation of low-frequency spectral structures.^{47,48} 206 Besides, this transformation allows direct reconstruction of any order time-derivatives of any order the component's amplitude and phase.⁴⁷ The oscillators of the Δ [O₂Hb] and Δ [HHb] signals were 207 distinguished in three frequency intervals as follows:⁴⁹ I, 0.6–2 Hz; II, 0.145–0.6 Hz; and III, 0.01– 208 209 0.08 Hz. The cerebral oxygenation oscillations in intervals I and II correspond to cardiac activity and respiratory activity, respectively.²³ The oscillations in frequency III mainly reflects 210 211 hemodynamic fluctuations that originate from spontaneous cortical activity.^{50,51}

212

The DBI of the coupling functions was used to reconstruct a stochastic differential model, where the deterministic part was allowed to be time varying.^{20,21,52} The model to be inferred is described by the following stochastic differential equation:⁵³

216

 $\dot{\phi}_1 = \omega_1 + q_1(\phi_1, \phi_2) + \xi_1(t)$ (1) $\dot{\phi}_2 = \omega_2 + q_2(\phi_1, \phi_2) + \xi_2(t)$

218 where ω_i is the parameter of the natural frequency, and ϕ_i is the phase of oscillator *i*. The coupling 219 function $q_i(\phi_i,\phi_\sigma)$ describes the influence of oscillator σ on the phase of oscillator *i*. The stochastic 220 part is modeled by Gaussian white noise $\xi_i(t)$.

221

224

In this study, CS was applied to quantify the coupling amplitude. $CS_{i,\sigma}$ from the oscillator *i* to σ is defined as the Euclidean norm of the inferred parameters from the phase dynamics as follows:⁵²

$$CS_{2,1} = \|q_1(\phi_1, \phi_2)\| = \sqrt{c_1^2 + c_3^2 + \dots},$$
(2)

 $CS_{1,2} = ||q_2(\phi_1,\phi_2)|| = \sqrt{c_2^2 + c_4^2 + \dots},$

226 where the odd inferred parameters are assigned to the base functions $q_1(\phi_1,\phi_2)$ for the coupling that 227 the first oscillator imposes on the second ($CS_{1,2}: 1 \rightarrow 2$), and vice versa ($CS_{2,1}: 2 \rightarrow 1$).

228

229 The coupling direction (CD) is defined as the normalization of the predominant coupling amplitude:54 230

231

$$CD = \frac{CS_{2,1} - CS_{1,2}}{CS_{2,1} + CS_{1,2}} \tag{3}$$

If $CD \in (0,1]$, then oscillator φ_2 drives φ_1 ; if $CD \in [-1,0)$, then oscillator φ_1 drives φ_2 . The 232 233 quantified values of the CS or the CD represent measures of the combined relationships between the 234 oscillators. To characterize the coupling function between ABP and cerebral hemoglobin more 235 clearly, channel-wise CS values were averaged in six regions of interest according to the 236 distribution of fNIRS channels. Because coupling in the weak direction is usually not important, for 237 the sake of simplicity, only the coupling in the principal direction was described.

238

239 Significance test

240 CS and CD were applied to quantitatively represent the directed coupling relationships between the oscillators from different physiological sources.^{54,55} CS was defined to quantify the coupling 241 242 amplitude and CD represents the predominant direction of the coupling function. Given the statistical properties of the signals, a nonzero CS may be detected from inferred couplings even 243 244 from completely uncoupled or very weakly coupled systems. Therefore, ascertaining whether the 245 detected CS is genuine or spurious due to the inference method is necessary. In this study, the 246 amplitude-adjusted Fourier transform surrogate test was employed to detect the effectiveness of the results for the coupling functions in each interval.⁵⁶ With this method, a set of 100 amplitude-247 adjusted Fourier transform surrogates were generated for each signal by randomizing the phases of 248 249 the original signal to create a new signal mimicking the original signal, but without having any phase relationship to it.⁵⁷ This method was applied for each channel, subject, and interval, thereby 250 251 providing pairs of surrogate phases (ABP and fNIRS signal). These pairs were used as input for the This article is protected by copyright. All rights reserved

DBI to calculate the surrogate coupling. For each interval, if the actual value of CS was higher than 95% of the highest values obtained for this artificial unrelated surrogate distribution, then the CS value was sufficiently high to indicate a significant relationship between the signals at this frequency. Only those exhibiting a statistically significant difference compared with their corresponding surrogates were discussed.

257

258 Statistical analysis

259 Shapiro-Wilk test was applied to test the variance normality of distribution of the CS. In the present 260 work, Wilcoxon signed-rank test was performed on the region-wise CS between Group Control and 261 Group AH because of the non-normal distribution of this variable. Bonferroni's t-test was used for 262 the inter-group pair-wise comparisons. In each frequency interval, two groups for CS comparison were designed (Group Control vs Group AH). Thus, there were inter-groups pair-wise 263 comparisons. Therefore, the corrected statistical significance was defined as p < 0.0167 (p < 0.0167) 264 265 $p_{\text{origin}}/3$). Pearson correlation coefficient test was conducted to identify the correlation between CS 266 and blood pressure parameters (SBP/DBP/pulse pressure). Although nonparametric tests were used, 267 box-and-whisker plots were used for the descriptive statistics to visually illustrate the significant 268 differences in the CS between the two groups.

269

270 **Results**

271 Coupling between ABP and cerebral hemoglobin

The coupling quantities and characteristics were described using the inferred parameters. The coupling function represents the coupling from ABP to Δ [O₂Hb] oscillations. An example of the region-averaged coupling function from ABP to Δ [O₂Hb] oscillations in RMC in interval III is shown in **Fig. 2** (**A**), and correspond surrogate data is illustrated in **Fig. 2** (**B**). Compared with that from the actual results, the amplitude of the coupling obtained from the surrogate data shown is negligible. The amplitude and shape of the coupling function might reveal the detailed mechanism of the directed interaction between ABP and cerebral hemodynamics.⁵⁸

Directed region-wise CS was quantified to assess the influence of hypertension on network coupling between cerebral hemoglobin variables and ABP. The results of the region-wise CS from ABP to cerebral hemoglobin (ABP $\rightarrow \Delta$ [O₂Hb] and ABP $\rightarrow \Delta$ [HHb]) are shown in **Fig. 3-4** (oscillation 1 \rightarrow oscillation 2, oscillation 1 exerted influence on oscillation 2). Inter-group comparisons of the frequency-specific CS between ABP and cerebral hemoglobin signals (Δ [O₂Hb]/ Δ [HHb]) were performed in six regions of interest (LPFC/RPFC, LMC/RMC, and LOL/ROL).

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279

In interval I, the CS from ABP to Δ [O₂Hb] was significantly higher in Group AH than in Group Control in LMC (p = 0.0007), RMC (p = 0.0008), LOL (p = 0.00001), and ROL (p = 0.00004) (Fig. 3 (A)). For the CS from ABP to Δ [HHb], no significant difference was found between the two groups (Fig. 3 (B)).

292

In interval III, the CS from ABP to Δ [O₂Hb] in Group AH was significantly higher than that in Group Control in LPFC (p = 0.016), RPFC (p = 0.003), LMC (p = 0.0008), RMC (p = 0.0008), LOL (p = 0.0007), and ROL (p = 0.001) (Fig. 4 (A)). The CS from ABP to Δ [HHb] was also significantly higher in Group AH than in Group Control in LMC (p = 0.012) and RMC (p = 0.008) (Fig. 4 (B)).

298

299 Correlation analysis between CS and blood pressure

The Pearson correlation between CS and blood pressure parameters (SBP/DBP/pulse pressure) was calculated in the hypertension group. Pulse pressure is the difference between the SBP and DBP. A significantly negative correlation was observed between DBP and CS (ABP $\rightarrow \Delta$ [O₂Hb]) in LMC (interval II: r = -0.467, p = 0.007; interval III: r = -0.468, p = 0.007) and RMC (interval II: r = -0.427, p = 0.015; interval III, r = -0.440, p = 0.012). Correlation analysis also revealed that pulse pressure was significantly positively correlated with the CS (ABP $\rightarrow \Delta$ [O₂Hb]) in LMC (interval

306 II, r = 0.467, p = 0.007) and RMC (interval II: r = -0.440, p = 0.012; interval III: r = 0.440, p = 307 - 0.012).

308

309 **Discussion**

310 Regulation of the cerebral circulation relies on the complex interaction among the cardiovascular, respiratory, and neurophysiological parameters.²³ Cerebral circulation may be disturbed by damage 311 to one or more of these parameters.⁵⁹ In this study, the frequency-specific coupling interaction 312 313 between ABP and cerebral hemoglobin oscillations measured by fNIRS was analyzed based on 314 coupling functions and DBI in subjects with hypertension. In interval I, Group AH exhibited 315 significantly higher CS for the coupling from ABP to Δ [O₂Hb] than Group Control in MC and OL. 316 In interval III, the CS from ABP to Δ [O₂Hb] in PFC, MC, and OL were significantly higher in 317 Group AH than in Group Control. Correlation analysis revealed that DBP was negatively and pulse pressure was positively related to the CS from ABP to Δ [O₂Hb] oscillations in interval III. This 318 319 study demonstrated the applicability of fNIRS-based technology in evaluating the directed 320 interaction relationship between ABP and cerebral hemodynamic oscillations in hypertensive 321 patients.

322

It is widely accepted that enhanced brain activation induces intensified blood flow in the active 323 324 brain regions, leading to an increase in Δ [O₂Hb] and a decrease in Δ [HHb].⁶⁰ However, the 325 correlation between Δ [O₂Hb] and Δ [HHb] is not perfectly negatively correlated, deviating especially in the resting state.^{61,62} In the present work, the CS between ABP and Δ [O₂Hb] was not 326 327 always the same as the CS between ABP and Δ [HHb]. This might be explained by the fact that the [HHb] signal may be less contaminated by systemic changes than the [O₂Hb] signal.⁶³ A previous 328 329 study also showed that the cerebral vein (containing more [HHb]) might be less reactive to blood 330 pressure variations than the artery (containing more [O₂Hb]).⁶⁴ Therefore, the coupling between 331 ABP and Δ [O₂Hb] was chosen for discussion in detail below.

332

The oscillations in interval I reflect the effects of cardiac activity.²³ Cardiac activity is the most 333 334 evident source of physiological oscillations and carries most of the burden of the increase in cerebral blood flow. Frequency interval II corresponds to respiration activity, which can provide 335 energy for physiological activities and promote blood flow through the vessels.²³ The oscillations in 336 337 intervals I and II serve as pumps that drive blood through the vessels.⁶⁵ The current study found that 338 the oscillations between ABP and cardiac activity were more strongly coupled than those of the 339 other oscillation sources, which is consistent with the fact. In interval I, the CS from ABP to Δ 340 $[O_2Hb]/\Delta$ [HHb] showed higher amplitudes in patients with hypertension than in Group Control. 341 This result indicated that the components of cardiac activity in cerebral hemoglobin oscillations 342 more directly respond to changes in systematic ABP in hypertension patients. These hypertension-343 related changes in the coupling pattern appear to reflect the altered regulation between the 344 fluctuation of systematic blood pressure and the cerebral hemodynamic response originating from 345 cardiac activity.

346

347 In the present work, the cerebral oscillations in interval III (0.01–0.08 Hz) are thought to mainly reflect hemodynamic fluctuations that originate from spontaneous cortical activity.^{50,51} The brain is 348 349 critically dependent on a continuous supply of blood to function. To ensure that the cerebral blood flow matches the brain's metabolic demands, cerebral blood vessels have actively respond to 350 spontaneous or induced blood pressure fluctuations.⁶⁶⁻⁶⁸ CA is the ability of the brain to regulate its 351 blood supply, which reflects the ability of cerebral microvasculature to adapt to ABP changes.⁶⁹ It 352 353 has the characteristics of a high-pass filter, dampening the slower frequency oscillations (< 0.1 Hz) in response to pressure changes.¹⁰ In subjects with a disturbed CA, the brain may be excessively 354 355 sensitive to fluctuations in ABP.¹²

356

In interval III, the coupling from ABP to Δ [O₂Hb] showed significantly higher strength in Group
AH than in Group Control (Fig. 4). These results indicated that ABP oscillations exerted a greater
influence on Δ [O₂Hb] in patients with hypertension than in healthy controls. It appears to suggest
that fluctuations in ABP would result in greater transmission to the Δ [O₂Hb] signal in the brain in
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361 patients with hypertension. This result is consistent with the literature, which indicates that even a slight change in perfusion pressure may lead to alterations in cerebral blood flow.⁷⁰ This may be 362 explained by the fact that the cerebral arterial and vessel walls become hardened and thickened due 363 to the long-term effects of hypertension,⁷ which in turn would increase the pulsatility of the flow 364 through the cerebral arteries.⁷¹ Consequently, the brain tissue is particularly vulnerable to blood 365 366 pressure changes. The increased CS from ABP to cerebral hemoglobin variables in Group AH in 367 interval III supports the idea that the loss of CA could increase the transmission of pressure to the 368 cerebral capillaries.72,73 This result was consistent with previous studies that CA is impaired in patients with hypertension.^{74,75} A previous study also suggested that hypertension might result in 369 370 the pathological alteration of the vascular wall, impairment of vital hemodynamic responses 371 regulating cerebral perfusion.⁷⁶

372

373 At present, various methods have been used to assess CA, such as autoregulatory index, transfer 374 function analysis, and wavelet phase coherence (WPCO).⁹ To verify the validity of the data 375 measured in our study, the WPCO method was adopted to analyze the relationships between ABP 376 and $\Delta [O_2Hb]/\Delta$ [HHb] signals in interval III (0.01–0.08 Hz). More details about the WPCO can be 377 found in the Supplement. Result showed that no significant difference was found in WPCO value 378 between normotensive and hypertensive groups in interval III. The same results have also been 379 observed in the previous studies using autoregulatory index and transfer function analysis to evaluate the function of CA in patients with hypertension.⁷⁷⁻⁷⁹ According to the definition, the 380 381 WPCO describes the functional connectivity, but does not provide information about causality or the directed influence between ABP and cerebral oxygenation hemodynamics. To fully understand 382 the causal relationship, the coupling function based on DBI was applied in our study. It can provide 383 a new means of characterizing the directed interaction mechanisms of interacting oscillators 384 between the systems and manifests in terms of strength and directionality.²¹ The current results 385 386 obtained by these two methods indicate that the application of the coupling function could be better 387 to detect the changes of CA. Previous study has proved that hypertension is involved in the pathogenesis of cardio-cerebrovascular diseases, such as stroke.⁷⁶ Therefore, monitoring and 388 This article is protected by copyright. All rights reserved

evaluating of CA in patients with hypertension might be helpful for early warning of cardio-cerebrovascular diseases.

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392 The frequency-specific changes in network coupling between ABP and Δ [O₂Hb] in different brain 393 suggest an alteration of the cerebral hemodynamic response in these brain regions, which might 394 affect the function of these corresponding regions. There is growing evidence that hypertension 395 contributes to both early cerebrovascular brain aging and cognitive decline.⁸⁰ A previous study also 396 reported that hypertensive individuals have impairments in cognitive function, mobility, and mood, even in the absence of clinical symptoms or disease.⁸¹ Consistent with the literature, this study 397 398 found that the CS from ABP to Δ [O₂Hb] increased significantly in PFC and MC in hypertensive 399 participants relative to normotensive participants, which indicates impaired CA regulation in PFC 400 and MC. These results might relate to a decline in cognitive and motor ability in patients with 401 hypertension. These results are in line with the previous observations (Hajjar et., al, 2010) that 402 hypertension is associated with impaired vasoreactivity in all cortical brain regions and is more prominent in the frontal and parietal areas.⁸² Previous studies have demonstrated that patients with 403 404 hypertension had worse visuospatial abilities.⁸³ Consistent with the literature, this research found 405 that the effects that change in ABP have an increased influence on the Δ [O₂Hb] in OL.

406

407 SBP and DBP are two fundamental components of blood pressure, and both are the risk factors for cardiovascular disease.⁸⁴ It has been confirmed that both SBP and DBP are important predictors of 408 409 brain structure and function, and the combined prediction afforded by SBP and DBP is stronger 410 than the prediction afforded by either of the two alone.⁸⁵ Pulse pressure is an indirect marker of 411 arterial stiffness, which is influenced by stroke volume and vascular resistance.^{80,86} The 2018 412 European blood pressure guidelines affirmed that a pulse pressure > 60 mmHg in older 413 hypertensive persons increases the risk of cardiovascular disease.⁸⁷ Besides, it is also recognized 414 that pulse pressure is associated with brain structure and function, and suboptimal pulse pressure 415 control may increase the risk of the development of cognitive impairment in elderly individuals.⁸⁸ Kannel et., al found that the incidence of cardiovascular events increased with a decrease in DBP < 416 This article is protected by copyright. All rights reserved

417 80 mmHg when the SBP remained ≥ 140 mmHg.⁸⁹ Besides, a study suggests that there is an 418 interaction between DBP and CA in elderly patients with hypertension.⁹⁰ Consistent with these 419 studies, in interval III, DBP was negatively and pulse pressure was positively related to the CS from 420 ABP to Δ [O₂Hb] oscillations in patients with hypertension. The results indicated that both DBP 421 and pulse pressure are closely related to the CA function. Thus, DBP and pulse pressure might be 422 regarded as predictors of CA function in patients with hypertension; moreover, they may be useful 423 for hypertension stratification and permit more personalized antihypertensive therapy.

424

425 **Conclusions**

In this study, the frequency-specific effective interaction between ABP and cerebral hemoglobin 426 signals (Δ [O₂Hb] and Δ [HHb]) was calculated based on coupling functions and DBI by using 427 428 fNIRS in subjects with hypertension. The CS values enabled us to quantitatively describe the 429 directed interactive regulation mechanism between ABP and cerebral hemodynamics. In interval I, 430 Group AH showed significantly higher CS for the coupling from ABP to Δ [O₂Hb] than Group 431 Control in LPFC, MC, and OL. In interval III, the CS from ABP to Δ [O₂Hb] in PFC, MC, and OL 432 was significantly higher in Group AH than in Group Control, which suggests a greater influence is 433 exerted by ABP fluctuations on cerebral hemoglobin variables in hypertension. This result indicates more direct changes in cerebral hemodynamics due to the changes in systemic blood pressure. 434 435 Taken together, the hypertension-related changes in the coupling interactions might suggest an 436 abnormal autoregulation function between ABP and cerebral hemodynamics, which might lead to 437 the brain becoming at risk for hyper or hypoperfusion injury. The Pearson correlations showed that 438 DBP and pulse pressure might be regarded as predictors of CA function in patients with 439 hypertension and may be useful for hypertension stratification. Assessing the frequency-specific coupling interaction between ABP and cerebral hemodynamics based on fNIRS could provide 440 441 valuable diagnostic information and help develop novel techniques to estimate the interactive 442 autoregulation capacity in patients with hypertension.

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444 **Conflicts of interest**

W.DF has a financial interest in Huichuang, Inc., which did not support this study. W.DF declare no
potential non-financial competing interests. The other authors declare no potential conflict of
interest.

448

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456 Author contributions statement

457 Conceived and designed the experiments: L.WH, H.CC. Performed the experiments: L.WH, H.CC,
458 C.W. Analyzed the data: L.WH, X.GC. Writing review & editing: Z.M, W.DF. Supervision: L.ZY.

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Figure 1. Schematic of the experimental layout. (A) Channel configuration of the fNIRS layout
with 20 sources (blue) and 12 detectors (yellow), resulting in 32 channels. "C" means channel.
Six cerebral cortex areas are separated by the rectangular frame as LPFC, RPFC, LMC, RMC,
LOL, and ROL. (B) Location illustration of the ABP layout.

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Figure 2. An example of region-averaged coupling functions in interval III. (A) The coupling function describes the functional influence from the ABP to Δ [O₂Hb] oscillator in RMC. (B) The corresponding surrogate coupling function. represents Δ [O₂Hb] oscillations and represents ABP oscillations.

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Figure 3. Comparison of the region-wise CS between different groups in interval I from ABP to (A) Δ [O₂Hb] and (B) Δ [HHb]. The arrows represent direction. "*" indicates a significant difference. Control: Group Control; AH: Group AH.

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Figure 4. Comparison of region-wise CS between different groups in interval III from ABP to (A) Δ [O₂Hb] and (B) Δ [HHb]. The arrows represent direction. "*" indicates a significant difference. Control: Group Control; AH: Group AH.

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| Parameters | Group Control | Group AH | p value |
|---------------------------------|----------------------|------------------|----------|
| | (N= 30) | (N=32) | |
| Age (years) | 55.1 ± 10.6 | 58.9 ± 8.7 | 0.133 |
| Sex (male/female) | 16/14 | 18/14 | 0.821 |
| BMI | 25.7 ± 3.3 | 25.8 ± 3.5 | 0.909 |
| MMSE | 25.7 ± 2.3 | 25.9 ± 1.9 | 0.796 |
| Systolic blood pressure (mmHg) | 126.2 ± 11.2 | 150.9 ± 16.1 | < 0.000* |
| Diastolic blood pressure (mmHg) | 82.6 ± 6.5 | 89.9 ± 0.8 | 0.003* |

Table 1. Characteristics of the participants

Values are presented as means with standard deviations. BMI, Body Mass Index. p for the difference between Group Control and Group AH. *p < 0.05.











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Interval III



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