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# Constitutive modeling of size-dependent deformation behavior in nano-dual-phase glass-crystal alloys

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## Abstract

Nano-dual-phase glass-crystal (NDPGC) metallic materials as the novel nanostructured materials have been proved experimentally to possess excellent mechanical properties, e.g. the nearly ideal strength. The present work is concerned with the constitutive analysis of size-dependent deformation behaviors in micropillars of a NDPGC alloy based on the micromechanics approach. The mechanism-based constitutive models are developed to explore the sample-size dependent mechanical behaviors of NDPGC pillars. An energy-based criterion for shear-band nucleation is employed to predict the diameter-dependent number of shear bands in large micropillars subjected to compression. The flow activation in metallic glass, grain reorganization, and grain refinement are involved in the proposed constitutive model for small micropillars. Numerical results demonstrate that the proposed theoretical model can describe the constitutive behaviors of the Mg-based NDPGC alloy. Good agreements between the theoretical and experimental results are achieved for the stress-strain relations and the diameter-dependent number of shear bands in large micropillars. It is found that the critical pillar diameter for generating shear bands increases with grain size and that the yield strength of NDPGC micropillars increases with the reduction in grain size (from 50 to 10 nm) without causing the inverse Hall-Petch effect. Therefore, a good combination of high yield strength and excellent plasticity can be achieved with small micropillars under compression. These findings show that the proposed model can be applied to optimize the mechanical performance of NDPGC alloys by controlling the microstructural size and sample (or feature) size.

1 **Keywords:** Nano-dual-phase glass-crystal alloys; Micropillars; Constitutive model;  
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3 Yield strength; Plasticity; Metallic glass flow; Grain size.  
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## 8 **1. Introduction**

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11 Advanced metallic materials, widely used in the chemical, transportation, and  
12 aerospace industries (Rashid, 1981; Llewellyn and Hillis, 1996; Zinkle and Busby,  
13 2009; Lu, 2010; Bouaziz et al., 2013), play a significant role in infrastructural and  
14 economic development (Ashby, 1999; Militzer, 2002; Davis et al., 2013). For most  
15 engineering applications, excellent mechanical properties—such as ultrahigh strength  
16 (e.g., close to the theoretical value) or a good combination of yield strength and  
17 ductility—are hoped for. It is however very challenging to have a material with nearly  
18 ideal strength (close to the theoretical value) especially when the sample or feature  
19 size is beyond nanoscale (Zhu and Li, 2010, Sun et al., 2020) because the enrichment  
20 of structural defects such as dislocations, voids, and impurities results in a yield  
21 strength far below the ideal strength of the material. Even though single-crystal  
22 whiskers, crystalline nanowires, and nanometre-sized metallic glasses (MG) with  
23 inhibited defects possess a nearly ideal strength (Richter et al., 2009; Deng and  
24 Sansoz, 2009; Tian et al., 2012), the complicated fabrication method and nano-sized  
25 feature obstruct practical applications. On the other hand, to meet the demands for the  
26 advanced metallic materials in energy-efficient and environmentally-benign  
27 engineering systems (Bleck, 1996; Frommeyer et al., 2003; De Cooman et al., 2011),  
28 it becomes another challenge to balance the mechanical properties between  
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1 formability, strength, and hardening capacity. Strengthening is easy to achieve  
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3 through various traditional methods such as the grain refinement, cold working,  
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5 alloying, as well as the phase transformation; However, these methods are  
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7 accompanied invariably with the loss of ductility and work-hardening capability  
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9 (Meyers et al., 2006; Dao et al., 2007; Bouaziz et al., 2011; Kou et al., 2014). Since  
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11 the mechanical properties of materials are dominated by the characteristic  
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13 microstructures which are associated with the interactions between various  
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15 microstructural defects, the key question in metallurgy, remaining unanswered, is how  
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17 to design the microstructures to achieve a desired mechanical property, e.g., to  
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19 overcome the strength-ductility tradeoff (Zhu and Liao, 2004; Ritchie, 2011; Ma and  
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21 Zhu, 2017).  
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31 Many experimental studies based on the paradigm of defect engineering have  
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33 indicated that refining grain size or generating nanoscale twins can effectively  
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35 strengthen materials (Meyers et al., 2006; Hahn and Meyers, 2015; Lu et al., 2004; Lu  
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37 et al., 2009; Tian et al., 2013; Huang et al., 2014; Beyerlein et al., 2014; Li and Lu,  
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39 2017) and that the effect of feature size, either grain size or twin spacing, follows the  
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41 Hall-Petch relation (Lu et al., 2004; Pande and Cooper, 2009; Li et al., 2016; Sun et  
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43 al., 2018). However, these approaches do not lead to a strength close to the ideal  
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45 strength of the concerned material, instead, softening occurs when the microstructural  
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47 size is below 10-15 nm, known as the inverse Hall-Petch effect (Schuh et al., 2002;  
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49 Schioz and Jacobsen, 2003; Trelewicz and Schuh, 2007; Li et al., 2010; Wei, 2011;  
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51 Zhu et al., 2011). The inverse Hall-Petch behavior comes from the transition of  
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1 deformation mechanisms. In nanograined metals there exists the transition from  
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3 dislocation motions to grain boundary activities or grain rotations (Trelewicz and  
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5 Schuh, 2007; Pande and Cooper, 2009; Lim et al., 2011; Naik and Walley, 2020). In  
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7 nanotwinned polycrystalline metals, dislocation-mediated deformation is replaced by  
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9 the interactions between partial dislocations and twin boundaries when the twin  
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11 spacing is less than a critical size (Dao et al., 2007; Li et al., 2010; Zhu et al., 2011;  
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13 Tucker and Foiles, 2015). To mitigate the inverse Hall-Petch effect, grain-boundary  
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15 engineering was proposed, which are essentially the approaches to stabilize grain  
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17 boundaries, such as the grain-boundary relaxation (Rupert et al., 2012), texturing  
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19 (Chen et al., 2012; Liu et al., 2013), and impurity segregation (Yu et al., 2017).  
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21 Moreover, it has been found that high pressure can effectively stabilize grain  
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23 boundaries, leading to the extension of the Hall-Petch relation into 3-nm nanograined  
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25 metals without the occurrence of the inverse Hall-Petch effect (Zhou et al., 2020).  
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27 Alternatively, a nanograined alloy can also be prepared through crystallizing the  
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29 amorphous counterpart, in which grain boundaries may inherit the original amorphous  
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31 arrangement with high stability. Such a material is called nano-dual-phase  
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33 glass-crystal (NDPGC) alloy to emphasize the importance of the stable amorphous  
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35 phase between nanocrystals (Wu et al., 2017; Sun et al., 2020).  
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50 Great efforts have also been carried out to achieve both high strength and high  
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52 ductility in advanced metallic materials (Zhu and Liao, 2004; Ritchie, 2011; Ma and  
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54 Zhu, 2017; Ovid'ko et al., 2018; Wu and Fan, 2020). To overcome the  
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56 strength-ductility trade-off, many efforts were spent on optimizing microstructures,  
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1 such as embedding the nanoscale twins in grains of a polycrystalline metal (Dao et al.,  
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3 2007; Lu et al., 2009), generating a bi/multi-modal microstructure (Wang et al., 2002;  
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5 Zhao et al., 2008; Simchi and Simchi, 2009; Farbaniec et al., 2014), achieving a  
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7 hierarchical nanostructures (Liddicoat et al., 2010; Wei et al., 2014; Shin et al., 2016;  
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9 Liu et al., 2018; Ming et al., 2019), or introducing gradient microstructures (Chen et  
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11 al., 2011; Lu, 2014; Wu et al., 2014; Tan et al., 2015; Hasan et al., 2019). These  
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13 approaches are applicable owing to the following mechanisms (Li et al., 2016; Hirth  
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15 et al., 2016; Sun et al., 2018; Cao et al., 2018; Ovid'ko et al., 2018): (i) the high  
16  
17 density of nanoscale twins provides additional obstacles preventing the dislocation  
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19 motions, and the interaction between dislocations and twin boundaries, which allows  
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21 partial penetration, is beneficial to ductility (Froseth et al., 2004; Zhu et al., 2007; Jin  
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23 et al., 2008; Zheng et al., 2009; Tucker and Foiles, 2015; Chowdhury et al., 2016),  
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25 and (ii) a reasonable distribution of both small and large grains leads to a balanced  
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27 strength and ductility, in which nano-sized microstructures lead to strengthening and  
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29 micro-sized ones delays the formation of large cracks (Fan et al., 2006; Lee et al.,  
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31 2010; Fang et al., 2011; Lu, 2014; Wu et al., 2014; Tan et al., 2015; Yang et al., 2016).  
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33 The corresponding theoretical models including mechanism-based plastic models  
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35 (Jiang and Weng, 2004; Barai and Weng, 2009; Guerses and El Sayed, 2011; Gu et al.,  
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37 2011; Zhu and Lu, 2012; Li et al., 2017; Zhu et al., 2017, 2019) and crystal plasticity  
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39 models (El Kadiri and Oppedal, 2011; Mirkhani and Joshi, 2011; Aoyagi et al., 2014;  
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41 Khan and Liu, 2016; Yuan et al., 2019; Haouala et al., 2020; Lu et al., 2020; Chen et  
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1 al., 2020) have been developed to describe the deformation behavior and predict the  
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3 mechanical properties in these advanced metallic materials.  
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6 Recently, an experimental study of Mg-based NDPGC alloy showed that the  
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8 micropillars of this alloy possess ultrahigh yield strength and excellent plasticity  
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10 under compression (Wu et al., 2020a), which indicates that achieving an NDPGC  
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12 microstructure is an alternative approach to overcome the dilemma of strength and  
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14 ductility. In addition, it was reported that the yield strength of the Mg-based NDPGC  
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16 alloy was close to the ideal strength and that the increase of pillar diameter from the  
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18 submicron scale to microscale led to a ductile to brittle transition. These new  
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20 phenomena call for a mechanism-based constitutive model for NDPGC alloys, which  
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22 will be described in the following text. The outline of the present work is as follows.  
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24 The next section (Section 2) is to summarize the experimental observations for the  
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26 Mg-based NDPGC alloy. Section 3 presents a micromechanics-based model to  
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28 describe the constitutive behavior in NDPGC alloys and an energy-based criterion for  
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30 generating the shear bands. Section 4 addresses the hierarchically micromechanical  
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32 models for smaller-sized pillars based on the deformation mechanism. The  
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34 comparisons between the theoretical and experimental results and the related  
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36 discussions are provided in Section 5, followed by a conclusion.  
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## 49 **2. Experimental observations**

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51 Mg-based NDPGC alloys with the nanoscale crystalline and glassy phases can be  
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53 prepared through magnetron sputtering and appropriate annealing. This work  
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55 concerns the Mg-based NDPGC alloy experimentally studied in the early  
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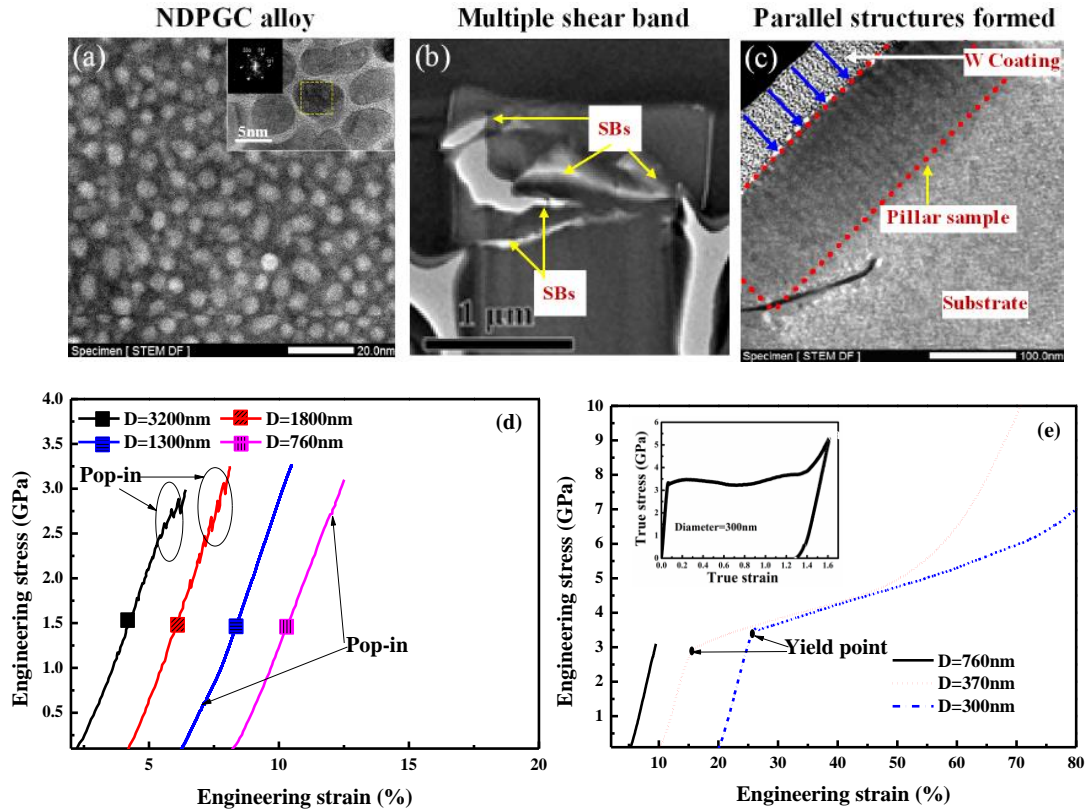


Figure 1. Transmission electron microscopy (TEM) images of (a)homogenous distribution of nanograins in the MG matrix, (b) the multiple shear bands in a larger micropillar, and (c) the cross-section of a significantly compressed small pillar exhibiting parallelly arranged nanocrystals, where the blue arrowhead represents the compression direction. The stress-strain curves shown in (d) and (e) were obtained by compressing micropillars of Mg-based NDPGC alloy with different diameters (D), which shows brittle and ductile behaviors, respectively. The yield strength is defined as the stress at 0.2% plastic strain for the micropillars showing plasticity.

publications (Wu et al., 2017, 2020a; Sun et al., 2020), where the average size of nanograins is 6 nm and the thickness of the MG phase around 2 nm, as exemplified in



1 Fig. 1(a). The corresponding compression tests of micropillar samples demonstrated  
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3 distinct mechanical behaviors when the sample size changes. The pillars with  
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5 diameters larger than 760 nm (large pillars) possess nearly ideal strength but no  
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7 plasticity. There are pop-in behaviors in the stress-strain curves of these large pillars  
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9 and the number of pop-in increases with the sample size, as shown in Fig. 1(d). **Note**  
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11 **that each pop-in corresponds to the formation of a shear band running across the**  
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13 **pillar, leading to a sudden increase in strain. Such a diameter-dependent pop-in**  
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15 **number indicates that the transition of deformation mechanism will happen**  
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17 **when pillar diameter reduces, i.e., the shear band running across a pillar could**  
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19 **vanish when the pillar diameter is sufficiently small. This is indeed the case as**  
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21 **small pillars exhibit large ductility.** For example, the small pillars with diameters of  
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23 370 and 300 nm (or more generally with diameters smaller than 500 nm) possess both  
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25 ultrahigh yield strength and excellent plasticity, as shown in Fig. 1(e).  
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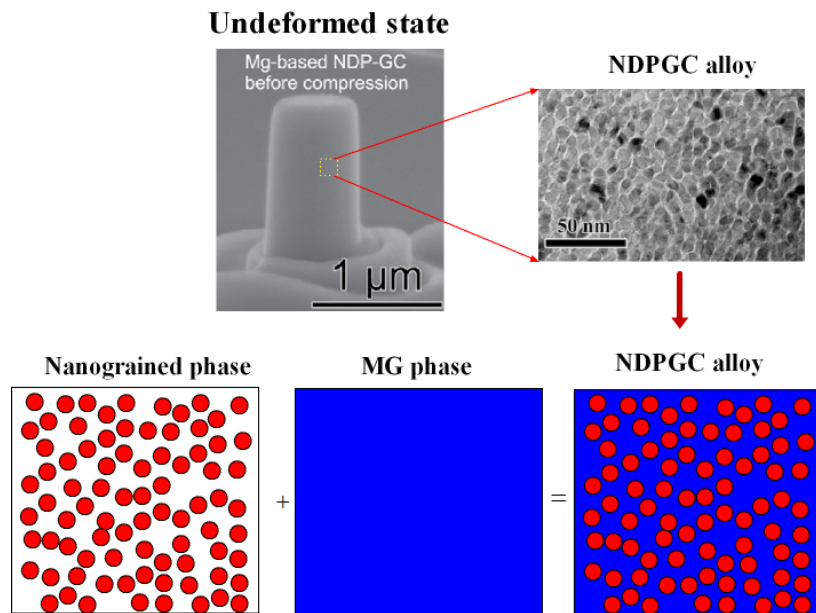
28  
29 It is supposed that the nearly ideal strength comes from the homogenous flow  
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31 behavior in the nanosized MG phase. In this deformation process, multiple shear  
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33 bands may generate during deformation as shown in Fig. 1(b) (Wu et al., 2017, 2020).  
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35 **Note that because the the lower density (atoms are more alienated) in shear**  
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37 **bands after the severe deformation, shear bands in a TEM image appear**  
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39 **brighter as shown in Fig. 1(b).** These localized deformation bands may accumulate  
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41 and covalence, resulting in a global crack and the brittle behavior in the large pillars.  
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43 However, in small pillars exhibiting large plasticity, the plastic flow in the MG phase  
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45 is homogenous and free of shear band; instead, it results in the reorganization,  
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1 migration, and even refinement of nanograins. This is evident by the parallelly  
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3 arranged nanograins after the pillar is significantly compressed, as shown in figure  
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6 1(c).  
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9 Motivated by these experimental observations, we propose a constitutive model  
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11 to describe the plastic flow in the MG phase and a criterion to evaluate the condition  
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13 of transition from shear banding to homogenous deformation when sample size  
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15 reduces. The model can describe the observed mechanical behaviors and predict the  
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17 size-dependent deformation behavior of NDPGC alloys.  
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### 22 3. Theoretical model for larger micropillars of NDPGC alloy

#### 23 3.1 Micromechanical model of NDPGC alloy



49 Figure 2. Schematic drawings of the composite structure model for the NDPGC alloys,  
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51 consisting of nanosized crystals and MG phase with feature dimensions (size and  
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53 spacing of nanocrystals) less than 10 nm.  
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60 Experimental observations demonstrated that nanocrystals distribute uniformly  
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1 in the MG matrix in the concerned NDPGC alloy as shown in Figs. 1(a) and 2.  
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3 Therefore, a NDPGC alloy can be treated as a composite material, in which the matrix  
4 and the reinforcing phase are MG and nanocrystals respectively, as shown  
5 schematically in Fig. 2. Because the crystalline and MG phases can be plastically  
6 deformed, the micromechanical model developed by G. Weng (1990) can be adopted  
7 to rationalize the stress-strain relation of NDPGC alloys. It is a modified mean-field  
8 model based on Hill's recognition of weakening constraint power and the  
9 Mori-Tanaka approach that deals with inclusion-inclusion interactions. This model  
10 has been employed to describe various dual-phase metallic materials, which agrees  
11 well with experimental results (Zhu and Lu, 2012; Zhu et al., 2017, 2019). Based on  
12 this micromechanical framework, stress-strain relations can be expressed as:

$$\begin{aligned}
\bar{\sigma}_{kk} &= 3\kappa_G \left[ 1 + \frac{c_C(\kappa_C - \kappa_G)}{c_C\alpha_C^s(\kappa_C - \kappa_G) + \kappa_G} \right] \bar{\varepsilon}_{kk}, \\
\bar{\sigma}'_{ij} &= 2\mu_G^s \left\{ \left[ 1 + \frac{c_C(\mu_C - \mu_G^s)}{c_G\beta_G^s(\mu_C - \mu_G^s) + \mu_G^s} \right] \bar{\varepsilon}'_{ij} - \frac{c_C\mu_C}{c_G\beta_G^s(\mu_C - \mu_G^s) + \mu_G^s} \varepsilon_{ij}^{p(C)} \right\}, \quad (1)
\end{aligned}$$

39 where,  $\bar{\sigma}_{kk}$  and  $\bar{\sigma}'_{ij}$  are effective dilatational and deviatoric stresses, respectively,  
40  $\bar{\varepsilon}_{ij}$  effective strains,  $c_i$  the volume fraction with  $i$  being G or C pertaining to the  
41 glass or crystalline phase, respectively,  $\alpha_i^s$  and  $\beta_i^s$  the components of Eshelby's  
42 tensor for spherical inclusions denoted by  $S_i^s = (\alpha_i^s, \beta_i^s)$  with  $\alpha_i^s = (1 + \nu_i^s)/3(1 - \nu_i^s)$   
43 and  $\beta_i^s = 2(4 - 5\nu_i^s)/15(1 - \nu_i^s)$ . The relations between the hydrostatic and deviatoric  
44 strains of the constituent phases and the effective ones of the composite are given by:  
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$$\begin{aligned}
\varepsilon_{kk}^{(G)} &= \frac{\alpha_G^s (\kappa_C - \kappa_G) + \kappa_G}{c_G \alpha_G^s (\kappa_C - \kappa_G) + \kappa_G} \bar{\varepsilon}_{kk}, \varepsilon_{kk}^{(C)} = \frac{\kappa_G}{c_G \alpha_G^s (\kappa_C - \kappa_G) + \kappa_G} \bar{\varepsilon}_{kk} \\
\varepsilon_{ij}^{(G)'} &= \frac{\beta_G^s (\mu_C - \mu_G^s)}{c_G \beta_G^s (\mu_C - \mu_G^s) + \mu_G^s} \bar{\varepsilon}_{ij}' - \frac{c_G \beta_G^s \mu_C}{c_G \beta_G^s (\mu_C - \mu_G^s) + \mu_G^s} \varepsilon_{ij}^{p(C)}, \\
\varepsilon_{ij}^{(G)'} &= \frac{\mu_G^s}{c_G \beta_G^s (\mu_C - \mu_G^s) + \mu_G^s} \bar{\varepsilon}_{ij}' + \frac{c_G \beta_G^s \mu_C}{c_G \beta_G^s (\mu_C - \mu_G^s) + \mu_G^s} \varepsilon_{ij}^{p(C)}
\end{aligned} \tag{2}$$

where  $\kappa_i = E_i / 3(1 - 2\nu_i)$  and  $\mu_i = E_i / 2(1 + \nu_i)$  with  $E_i$  and  $\nu_i$  ( $i = G, C$ ) being the elastic modulus and Poisson's ratio of the  $i$ th phase respectively,  $\varepsilon_{ij}^{p(C)}$  is the plastic strain of the crystalline phase,  $\varepsilon_{ij}^{(G)}$  and  $\varepsilon_{ij}^{(C)}$  are strains of MG and crystalline phases, respectively.

We assume that the secant bulk and shear moduli of the  $i$ th phase satisfy the isotropic relations:

$$k_i^S = \frac{E_i^S}{3(1 - 2\nu_i^S)}, \mu_i^S = \frac{E_i^S}{2(1 + \nu_i^S)}. \tag{3}$$

Employing the secant moduli approach, the secant Young's moduli and secant Poisson's ratio of the  $i$ th phase can be written as

$$E_i^S = \frac{\sigma^{(i)}}{\varepsilon^{e(i)} + \varepsilon^{p(i)}} = \frac{E_i}{1 + \frac{E_i \varepsilon^{(i)}}{\sigma_{flow}^{(i)}} - \left(\frac{\sigma_{11}^{(i)}}{\sigma_{flow}^{(i)}}\right)^{m_0 - 1}}, \nu_i^S = \frac{1}{2} - \left(\frac{1}{2} - \nu_i \frac{E_i^S}{E_i}\right). \tag{4}$$

### 3.2 Constitutive relations in MG phase and crystalline phase

We assume that the total strain rate  $\dot{\boldsymbol{\varepsilon}}$  can always be written as:

$$\dot{\boldsymbol{\varepsilon}} = \dot{\boldsymbol{\varepsilon}}^e + \dot{\boldsymbol{\varepsilon}}^p, \tag{5}$$

which includes the elastic part  $\dot{\boldsymbol{\varepsilon}}^e = \mathbf{M} : \dot{\boldsymbol{\sigma}}$  ( $\mathbf{M}$  is the elastic compliance tensor) and the plastic part  $\dot{\boldsymbol{\varepsilon}}^p$ . For the MG phase, the carriers of plastic deformation are shear transformation zones (Argon, 1979; Falk and Langer, 1998; Pan et al., 2008) or flow defects such as free volume (Spaepen, 1977, 2006). The plastic part of the strain rate is caused by viscous deformation. Therefore, Eq. (5) can be recast as:

$$\dot{\boldsymbol{\varepsilon}} = \dot{\boldsymbol{\varepsilon}}^e + \dot{\boldsymbol{\varepsilon}}^p = \mathbf{M} : \dot{\boldsymbol{\sigma}} + \boldsymbol{\sigma}' / \eta, \quad (6)$$

where,  $\eta$  is the shear viscosity depending on, temperature  $T$ , equivalent stress

$\sigma_e = \sqrt{3\sigma'_{ij}\sigma'_{ij}/2}$ , and free volume concentration  $\xi$  (Steif,1983), given as,

$$\eta = \sigma_e / f_0 \exp\left(-\frac{\Delta G^m}{k_B T}\right) \exp\left(-\frac{1}{\xi}\right) \sinh\left(\frac{\sigma_e \Omega}{2k_B T}\right), \quad (7)$$

where  $f_0$  is the frequency of atomic vibration,  $\Delta G^m$  the activation energy,  $k_B$  the Boltzmann's constant, and  $\Omega$  the atomic volume. In metallic materials, free volume can be created by shear deformation when an atom is squeezed into a void smaller than its own volume. The free volume concentration can also be changed by other mechanisms such as the diffusion. Herein, the diffusion-production equation is employed as its evolution law of free volume concentration, expressed as (Huang et al., 2002; Jiang et al., 2009):

$$\dot{\xi} = D \cdot \nabla^2 \xi + \frac{1}{\alpha} f_0 \exp\left(-\frac{\Delta G^m}{k_B T}\right) \exp\left(-\frac{1}{\xi}\right) \left\{ \frac{2k_B T}{\xi v^* S} \left[ \cosh\left(\frac{\sigma_e \Omega}{2k_B T}\right) - 1 \right] - \frac{1}{n_D} \right\}, \quad (8)$$

where  $\alpha$  is a geometrical factor of order unity,  $v^*$  a critical volume,  $S$  the Eshelby modulus given by  $S = 2(1+\nu)\mu/3(1-\nu)$ , and  $n_D$  is the number of atomic jumps needed to annihilate a free volume equal to  $v^*$ . The first term on the right-hand side of the equation represents the diffusion of free volume, and the second one is related to the annihilation and generation of free volume which is a thermally activated process. The temperature  $T$  in Eqs. (7) and (8) is determined from the heat conduction equation, given by (Yang et al., 2006):

$$\dot{T} = \lambda \nabla^2 T + \frac{\beta_{TQ}}{\rho C_V} \boldsymbol{\sigma}'_e : \dot{\boldsymbol{\varepsilon}}_e^p, \quad (9)$$

where  $\lambda$  is thermal conductivity,  $\beta_{TQ}$  the Taylor-Quinney coefficient,  $\rho$  the

1 density, and  $C_v$  the heat capacity. Because the MG phase surrounds nanograins in  
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 3 NDPGC alloys with the thickness in the order of several nanometers, it is safe to  
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 5 ignore the diffusion of free volume.  
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 9 For the crystalline phase, plastic strain rate is proportional to the deviatoric stress  
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 11  $\sigma'$  based on the conventional J2-flow theory of plasticity, given by  
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$$14 \quad \dot{\epsilon}^p = \frac{3\dot{\epsilon}^p}{2\sigma_e} \sigma', \quad (10)$$

15  
 16 where  $\dot{\epsilon}^p$  is the equivalent plastic strain rate, expressed as  
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$$19 \quad \dot{\epsilon}^p = \dot{\epsilon} \left[ \frac{\sigma_e}{\sigma_{flow}} \right]^{m_0}, \quad (11)$$

20  
 21 where  $\dot{\epsilon} = \sqrt{2\dot{\epsilon}'_{ij}\dot{\epsilon}'_{ij}}/3$  is the equivalent strain rate with  $\dot{\epsilon}'_{ij} = \dot{\epsilon}_{ij} - \dot{\epsilon}_{kk}\delta_{ij}/3$ ,  $m_0$  the  
 22  
 23 rate-sensitivity exponent, and  $\sigma_{flow}$  is a reference flow stress. For nanograins with  
 24  
 25 the size of a few nanometers, the strength could be close to the ideal strength because  
 26  
 27 the activity of lattice dislocations is blocked by inner boundaries. In order to account  
 28  
 29 for the effect of inner boundaries, we assumed a dislocation pile-up zone adjacent to  
 30  
 31 each of the boundaries, leading to the additional dislocation-density term in the  
 32  
 33 Taylor-type law of flow stress, expressed as,  
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 35

$$36 \quad \sigma_{flow} = M \alpha \mu b \sqrt{\rho_{IC} + \rho_{IB}}, \quad (12)$$

37  
 38 where  $\alpha$ ,  $\mu$ ,  $b$  and  $M$  are the empirical constant, shear modulus, Burger constant and  
 39  
 40 Taylor factor, respectively,  $\rho_{IB}$  and  $\rho_{IC}$  are the dislocation densities in the dislocation  
 41  
 42 pileup zones adjacent to inner boundaries and inside the grains, respectively.  $\rho_{IB}$  can  
 43  
 44 be expressed given by  $\rho_{IB} = k^{IB} \eta^{IB} / b$ , where  $k^{IB} = 6d_{IBZ} / \phi^{IB} d_G$ ,  $d_{IBZ}$  is the thickness  
 45  
 46 of dislocation pile-up zones,  $d_G$  is the grain size,  $\eta^{IB}$  is the strain gradient in  
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1 dislocation pile-up zones (Zhu et al., 2011, 2019).  $\rho_{IC}$  can be derived from Kocks  
 2 and Mecking's model (Kocks and Mecking, 2003). Based on the Taylor model of flow  
 3 stress, the other deformation mechanisms can also be involved in the crystalline phase  
 4 when there exist the nanoscale twins or nanolamellae in grains (Zhu et al, 2011; Cao  
 5 et al., 2018).

### 14 3.3 Criterion for generating shear bands in NDPGC pillars

17 During the deformation of a NDPGC alloy, multiple shear bands can be formed  
 18 before fracture, as shown in Fig. 1 and in the references (Wu et al., 2017; Sun et al.,  
 19 2020). The energy dissipation rate in shear bands determines the intrinsic resistance to  
 20 the shear band propagation. When the deformation energy increases more swiftly than  
 21 dissipation through shear banding, additional shear bands may be generated.  
 22 Therefore, a criterion based on energy competition is proposed for shear band  
 23 multiplication in NDPGC alloys. Following Grady (1992), the critical energy  
 24 dissipation per unit area within shear band of crystalline phase, considering thermal  
 25 and momentum dissipations, can be expressed as

$$26 \Pi_C = \frac{\rho c}{S_T} \left( \frac{9\rho^3 c^2 D_T^3}{S_T^2 \dot{\gamma} \sigma_y^3} \right)^{1/4}, \quad (13)$$

27 in which  $\rho$  is the density of the material,  $S_T$  is the thermal softening coefficient,  $c$   
 28 bulk specific heat,  $D_T$  the thermal diffusivity coefficient,  $\dot{\gamma}$  shear strain rate, and  $\sigma_y$   
 29 the yield strength. Note that  $\sigma_y$  is grain size-dependent (the Hall-Petch relation) but  
 30 independent of sample size as the latter is caused by the effect of free surface, which  
 31 becomes prominent only when the sample size is in the ten-nanometer scale (Zhang et  
 32 al., 2010; Zhu et al., 2014).

1 For the MG phase, the critical energy dissipation per unit area within shear band  
 2  
 3 can be given by (Jiang et al., 2011)  
 4

$$5 \quad \Pi_B = \frac{\sigma_e}{S_v R} \left( \frac{9\rho D_f^3}{S_v^2 R^2 \dot{\gamma} \sigma_e} \right)^{1/4}, \quad (14)$$

6  
 7 in which  $S_v$  is free volume softening coefficient,  $R$  the local dilatation ability,  $D_f$   
 8 the diffusion coefficient. Note that the deformation mechanism in MG is  
 9 sample-size-dependent (Greer et al., 2013). For a purely MG pillar, if the diameter is  
 10 smaller than 100 nm, the shear band-dominant deformation (which is brittle)  
 11 transforms to a homogeneous flow behavior (which is ductile) during compression.  
 12 However, in the NDPGC pillars, this brittle-to-ductile transition (BDT) occurs in the  
 13 much larger diameter, as shown in Fig. 1, which must be ascribed to the nanograins.  
 14 Therefore, we assume herein that the critical dissipation energy within a MG shear  
 15 band is also independent of sample size.  
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35 The critical dissipation energy within shear bands of NDPGC alloys can be  
 36 expressed based on the simple rule of mixture:  
 37

$$38 \quad \Pi_{\text{NGL}} = f_C \Pi_C + f_B \Pi_B. \quad (15)$$

39 Here,  $f_C$  and  $f_B$  are the volume fractions of crystalline and MG phases,  
 40 respectively. During the compression of a NDPGC micropillar, the deformation  
 41 energy per unit area within the cross-section of the specimen can be expressed as:  
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$$51 \quad \Pi_{\text{Def}} = \sigma_1 \varepsilon_1 L / 2. \quad (16)$$

52 Here,  $\sigma_1$  and  $\varepsilon_1$  are the compressive stress and strain in the loading direction,  
 53 respectively,  $L$  the length of the sample. Thus, the criterion for generating one more  
 54 shear band is:  
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$$\Pi_{\text{Def}} \geq N \cdot \Pi_{\text{NGL}}, \quad (17)$$

where  $N$  is the number of global shear bands in NDPGC alloy. Denoted by  $\alpha_r$  the aspect ratio of a pillar, i.e.,  $L = \alpha_r D$ , the criterion for generating multiple shear bands (Eq. (17)) is recast as

$$D \geq \frac{2N \cdot \Pi_{\text{NGL}}}{\alpha_r \sigma_1 \varepsilon_1}. \quad (18)$$

With Eq. (18) the critical sample size can be determined, at which the deformation mechanism transits from shear banding to the homogeneous plastic flow given that shear band has a finite thickness that determines maximum  $N$  in a nanopillar.

## 4. Hierarchical micromechanical model for smaller micropillars of NDPGC alloy

### 4.1 First type of hierarchical composite during activating MG flow behavior

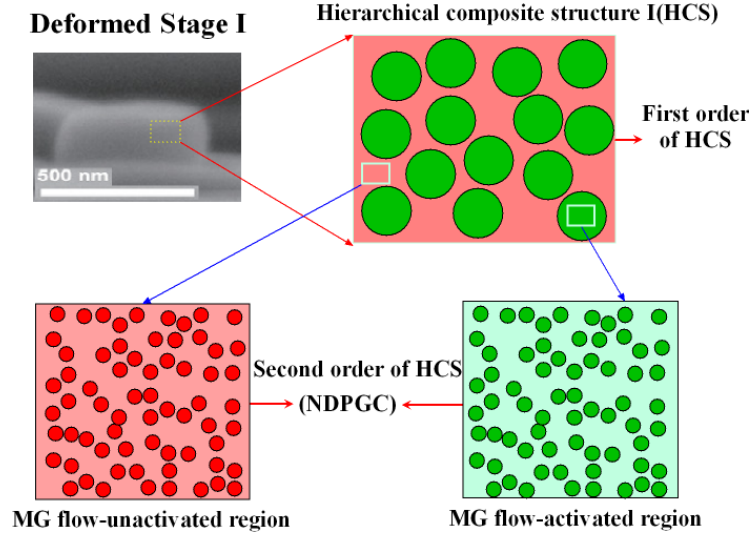


Figure 3. The schematic drawings of the first type of hierarchical structure in NDPGC alloys, in which the material is separated into two regions in micrometer scale. They are named MG flow-activated and MG flow unactivated regions, which possess both MG and crystalline phases.

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4 Because the atomic composition in a NDPGC alloy varies continuously from the  
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6 MG phase to crystal phase (Wu et al., 2017; Sun et al., 2020), we expect strong  
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8 interactions between the atoms in both side of the MG-crystalline interface. Because  
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10 of the constraint of atoms in the crystalline phase, the MG phase is more prone to  
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12 homogenous plastic flow than pure MG, which leads to the BDT size larger than that  
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14 of pure MG. However, the occurrence of homogenous flow also depends on the exact  
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16 distribution of nanograins in a MG matrix; therefore, it is proposed that the NDPGC  
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18 materials can be divided into the MG-flow activated (MG-FA) and the MG-flow  
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20 unactivated (MG-FUA) regions, which are both MG–crystalline composites, as  
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22 illustrated schematically in Fig. 2. It is anticipated that small NDPGC pillars mainly  
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24 consist of MG-FA regions as suggested by the experimental results. We shall further  
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26 clarify this point in the following text. It should be emphasized that the MG-FA region  
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28 appears to be soft owing to the activated flow. In contrast, the MG-FUA region  
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30 appears harder. Therefore, the total stress and strain of NDPGC micropillars,  
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32 consisting of the soft and hard regions, can be obtained based on the modified  
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34 Mori-Tanaka model (Zhu and Lu, 2012). The relations between the  
35  
36 hydrostatic/deviatoric stresses ( $\bar{\sigma}_{kk}$  or  $\bar{\sigma}'_{ij}$ ) and strains ( $\bar{\epsilon}_{kk}$  or  $\bar{\epsilon}'_{ij}$ ) are given by

$$\begin{aligned}
\bar{\sigma}_{kk} &= 3k_{UA} \left[ 1 + \frac{c_A(k_A - k_{UA})}{c_A \alpha_A^s (k_{UA} - k_{UA}) + k_{UA}} \right] \bar{\epsilon}_{kk} \\
\bar{\sigma}'_{ij} &= 2\mu_{UA}^s \left\{ \left[ 1 + \frac{c_A(\mu_A - \mu_{UA}^s)}{c_{UA} \beta_{UA}^s (\mu_A - \mu_{UA}^s) + \mu_{UA}^s} \right] \bar{\epsilon}'_{ij} - \frac{c_A(\mu_A - \mu_{UA}^s)}{c_{UA} \beta_{UA}^s (\mu_A - \mu_{UA}^s) + \mu_{UA}^s} \epsilon_{ij}^{p(A)} \right\}. \quad (19)
\end{aligned}$$

37  
38 Here, A refers to the MG-FA region, and UA represents the MG-FUA region.  $k_A$  and  
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40  $\mu_A^s$  are the bulk and shear moduli of MG-FA region, respectively.  $k_{UA}$  and  $\mu_{UA}^s$  are  
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the bulk and shear moduli of MG-FUA region, respectively.  $\varepsilon_{ij}^{p(A)}$  is the plastic strain of MG-FA region.  $\alpha_A^S$  and  $\beta_{UA}^S$  are the components of Eshelby's tensor.  $c_A$  and  $c_{UA}$  represent the volume fraction of the MG-FA region and MG-FUA region which may vary with plastic strain. The relations between the hydrostatic and deviatoric strains of the constituent phases (the MG-FA region and MG-FUA region) and the averaged ones of a pillar are:

$$\begin{aligned}\varepsilon_{kk}^{(UA)} &= \frac{\alpha_{UA}^S(k_A - k_{UA}) + k_{UA}}{c_{UA}\alpha_{UA}^S(k_A - k_{UA}) + k_{UA}} \bar{\varepsilon}_{kk}, \quad \varepsilon_{kk}^{(A)} = \frac{k_{UA}}{c_{UA}\alpha_{UA}^S(k_A - k_{UA}) + k_{UA}} \bar{\varepsilon}_{kk} \\ \varepsilon_{ij}^{(UA)'} &= \frac{\beta_{UA}^S(\mu_A - \mu_{UA}^S)}{c_{UA}\beta_{UA}^S(\mu_A - \mu_{UA}^S) + \mu_{UA}^S} \bar{\varepsilon}'_{ij} - \frac{c_{UA}\beta_{UA}^S\mu_A}{c_{UA}\beta_{UA}^S(\mu_A - \mu_{UA}^S) + \mu_{UA}^S} \varepsilon_{ij}^{p(A)} \\ \varepsilon_{ij}^{(A)'} &= \frac{\mu_{UA}^S}{c_{UA}\beta_{UA}^S(\mu_A - \mu_{UA}^S) + \mu_{UA}^S} \bar{\varepsilon}'_{ij} + \frac{c_{UA}\beta_{UA}^S\mu_A}{c_{UA}\beta_{UA}^S(\mu_A - \mu_{UA}^S) + \mu_{UA}^S} \varepsilon_{ij}^{p(A)},\end{aligned}\quad (20)$$

where  $\varepsilon_{kk}^{(UA)}$  and  $\varepsilon_{kk}^{(A)}$  are the hydrostatic strains of MG-FUA region and MG-FA region, respectively.  $\varepsilon_{ij}^{(UA)'}$  and  $\varepsilon_{ij}^{(A)'}$  are the deviatoric strains of MG-FUA region and MG-FA region, respectively.  $k_i = E_i/3(1 - 2v_i^S)$ ,  $\mu_i = E_i/2(1 + v_i^S)$ , in which  $E_i (i = A, UA)$  and  $v_i (i = A, UA)$  are the elastic modulus and Poisson's ratio. In the proposed model, the interfaces between MG and crystalline phases are assumed to be cohesive. This is also the case for the interfaces between MG-FA and MG-FUA regions.

For the part of MG phase exhibiting activated flow (or a homogenous plastic deformation), the free volume concentration must be in a steady state. Therefore, the annihilation of free volume induced by structural relaxation is taken into account, i.e., (Thamburaja and Ekambaram, 2007; Cheng and Ghosh, 2013; Dutta et al., 2018),

$$\dot{\xi} = D \cdot \nabla^2 \xi + \frac{f_0}{\alpha} \exp\left(-\frac{\Delta G^m}{k_B T}\right) \exp\left(-\frac{1}{\xi}\right) \left\{ \frac{2k_B T}{\xi v^* S} \left[ \cosh\left(\frac{\sigma_e \Omega}{2k_B T}\right) - 1 \right] - \frac{1}{n_D} \right\} - \frac{\xi - \xi_T}{\sigma_e / (\mu \dot{\varepsilon}^p)}. \quad (21)$$

Here,  $\xi_T$  is the a stress-free and temperature dependent equilibrium free volume

concentration, which can be described by the Cohen-Grest model (Grest and Cohen, 1981), given as

$$\xi_T = \left( \hat{T} + \sqrt{\hat{T}^2 - d_2 T} \right) / 2d_1, \quad (22)$$

where  $\hat{T} = T - T_{ref}$ .  $T_{ref}$  is the reference temperature,  $d_1$  and  $d_2$  are constants.

#### 4.2 Second type of hierarchical composite during constituent re-organization

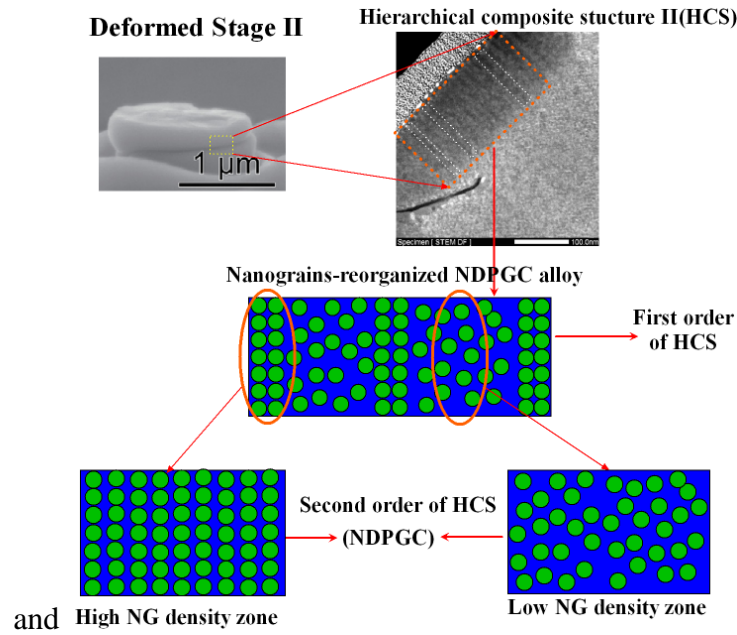


Figure 4. The schematic drawings for the second type of hierarchical structure in a NDPGC alloy in which the reorganization of nanograins occurs, forming the high NG and low NG density zones.

In small micropillars, all MG regions may be activated to deform homogeneously. Because the flow of MG can bring about the sliding and rotation of nanograins, the re-organization of nanograins occurs in a severely deformed micropillar. Such a re-organization causes some nanograins to become closer and aligned and other nanograins more separate. As a result, the high-density nanograin zone (HDGZ) and

low-density nanograin zone (LDGZ) are formed during plastic deformation, as shown in Fig. 1(c) and Fig. 4. These HDGZ and LDGZ gradually arrange layer by layer along the loading direction. The micropillar then can be regarded as a composite laminate consisting of the HDGZ and LDGZ. It is reasonable to assume that the strain in the cross-section pedicular to the loading direction distributes uniformly and that the strains in the HDGZ and LDGZ are the same. The averaged stress-strain relation can be expressed as:

$$\begin{aligned}\bar{\sigma}_{zz} &= f_H(\varepsilon_0)\sigma_{zz}^{(H)}(\varepsilon_0, d_G) + f_L(\varepsilon_0)\sigma_{zz}^{(L)}(\varepsilon_0, d_G) \\ \varepsilon_{zz}^{(H)} &= \varepsilon_{zz}^{(L)} = \varepsilon_0\end{aligned}\quad (23)$$

Here,  $f_i (i = H, L)$  is the volume fraction of the  $i$ th phase which is the function of the strain  $\varepsilon_0$  with the subscripts  $H$  and  $L$  pertaining to the HDGZ and LDGZ, respectively.  $\sigma_{zz}^{(i)}(\varepsilon_0, d_G)$  is the normal stress of the  $i$ th phase along the loading direction  $Z$ , which is the function of the grain size  $d_G$  and strain  $\varepsilon_0$ . Although both of HDGZ and LDGZ consist of the crystalline and MG phases, the volume fractions of them are no longer constant but varied with the plastic strain. Suppose the volume fraction of MG phase in HDGZ to be  $f_H^{MG}$  as a constant, the volume fraction of MG phase in LDGZ can be given as

$$f_L^{MG} = c_G - f_H f_H^{MG}. \quad (24)$$

Then, the volume fraction of crystalline phase in LDGZ is

$$f_L^C = c_C - f_L(1 - f_H^{MG}). \quad (25)$$

Because the volume fractions of HDGZ and LDGZ changes during deformation,  $f_L^{MG}$  and  $f_L^C$  are both the functions of the strain. On the other hand, since the nanograins

could touch each other during further compression and the crystalline grains may also be refined upon further loading, the average grain size also varies with plastic strain.

## 5. Results and discussion

In this section, we apply the constitutive model presented in Sections 3 and 4 to describe the size-dependent mechanical properties of Mg-based NDPGC alloys. The objective is to explore the effects of sample size and grain size. Table 1 lists the value of parameters in the proposed model for simulations, which were extracted from the literature (Huang et al., 2002; Gao, 2006; Jiang et al., 2009, 2011) or by fitting the experimental data (Wu et al., 2017, 2020a; Sun et al., 2020).

### 5.1 Comparisons between simulations and experiments

#### 5.1.1 Constitutive behavior and multiple shear band generation in large micropillars

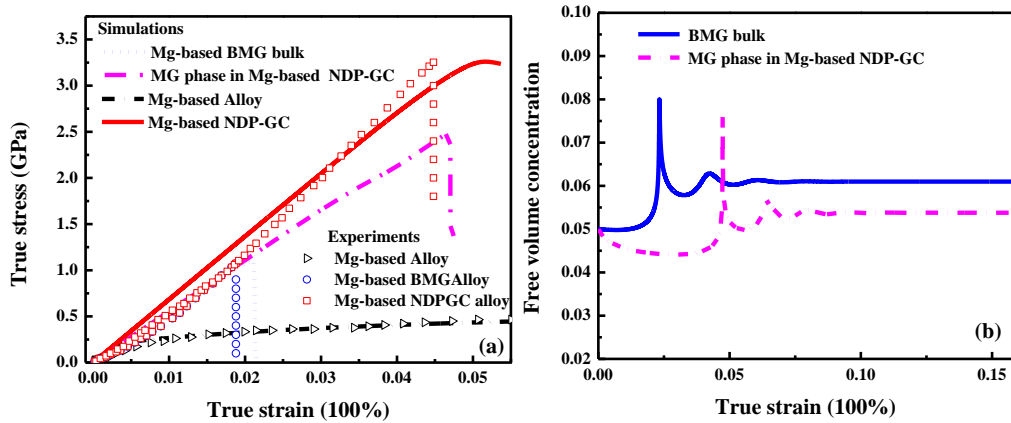
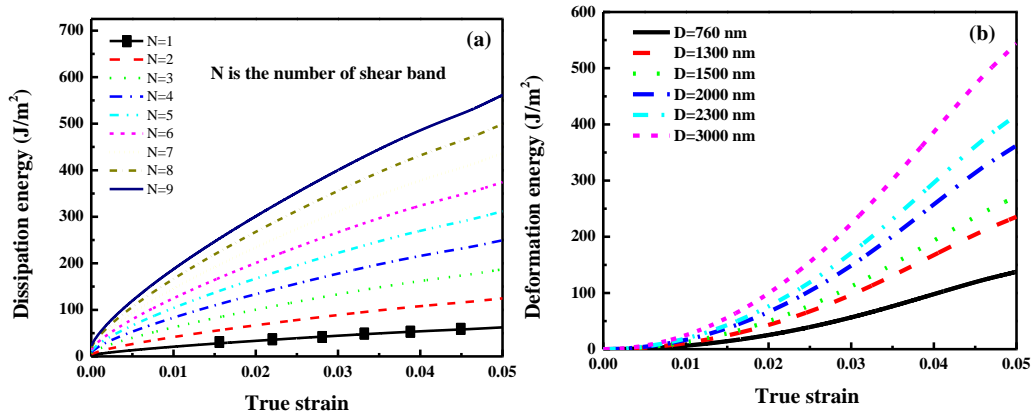


Figure 5. (a) The comparison of the simulation and experimental results in terms of stress-strain curves and (b) the variations of free volume concentration with strain in a bulk metallic glass (BMG) and in the MG phase of a Mg-based NDPGC alloy.

1 The stress-strain curves calculated by the proposed model for the large pillar of  
 2 Mg-based NDPGC alloy, coarse-grained MgCu<sub>2</sub>, Mg-based bulk metallic glass (BMG)  
 3 and the metallic glass phase in Mg-based NDPGC alloy are presented in Fig. 5(a),  
 4 accompanied by the experimental measurements. It is noted that the simulation results  
 5 agrees well with experimental results as shown in Fig. 5(a) and that the simulated  
 6 ultimate strength of the Mg-based NDPGC alloy is around 3.26 GPa close to the  
 7 experimental one of 3.3 GP for large pillars. Such an ultrahigh strength arises from the  
 8 strengthening effect of dislocation-free-nanosized MgCu<sub>2</sub> and the delayed generation  
 9 of global shear band in metallic glass phase. The comparison of the stress-strain  
 10 curves of the Mg-based BMG and the MG phase in the NDPGC alloy, as shown in  
 11 Fig. 5 (a), indicates that the shear-band-induced crack appears at the strain of around 2%  
 12 for the BMG and around 5% for the MG phase in Mg-based NDPGC alloy. The delay  
 13 of shear-band-induced cracking is originated from the difference in the evolution of  
 14 free-volume concentration in MG phase and in a BMG, as shown in Fig. 5(b). The  
 15 maximum free volume concentration in the MG phase of the NDPGC alloy occurs at  
 16 the larger strain.



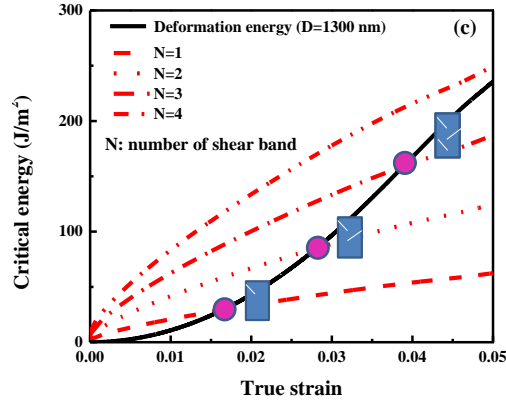


Figure 6. Energy criterion for shear band multiplication: (a) energy dissipation for generating multiple shear bands, (b) deformation energy as functions of strain in a Mg-based NDPGC alloy, and (c) the number of shear band determined by the intersections of dissipation energy and deformation energy curves for the micropillar with the diameter of 1300 nm.

Experiments have demonstrated pop-in behaviors in compressing large pillars (Wu et al., 2017), as shown in Fig. 1(d). Each pop-in is associated with the generation of a new shear band. For large pillars, the number of pop-ins increases with pillar diameter. This can be well explained using the energetic criterion for shear-band multiplication (see Section 3.4). Figs. 6(a) and 6(b) illustrate the energy dissipated within shear bands and the deformation energy in pillars, which are both functions of the applied strain. It is apparent that the increase of the number of shear band leads to the larger critical energy for generating an additional shear band (Fig. 6(a)) and that increasing the diameter of pillars leads to more deformation energy (Fig. 6(b)). When the curve of deformation energy intersects the curves of energy dissipation one more shear band must be formed. Give the diameter of 1300 nm as exemplified in Fig. 6(c), the three



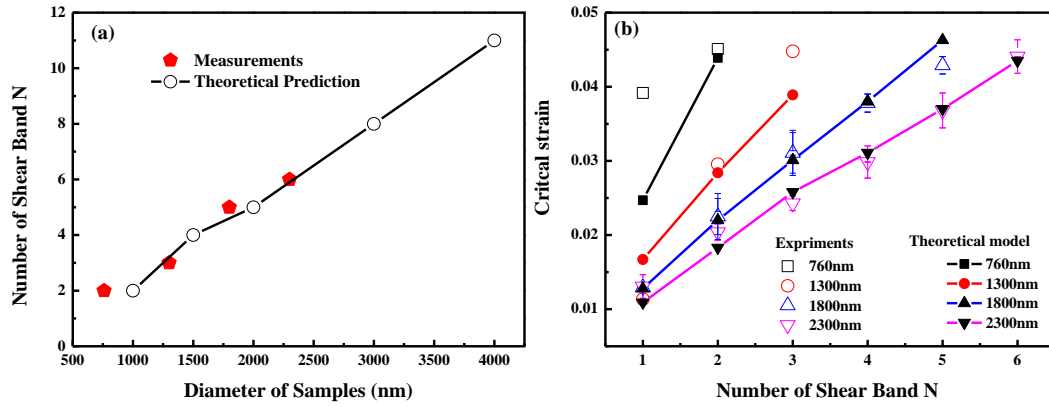


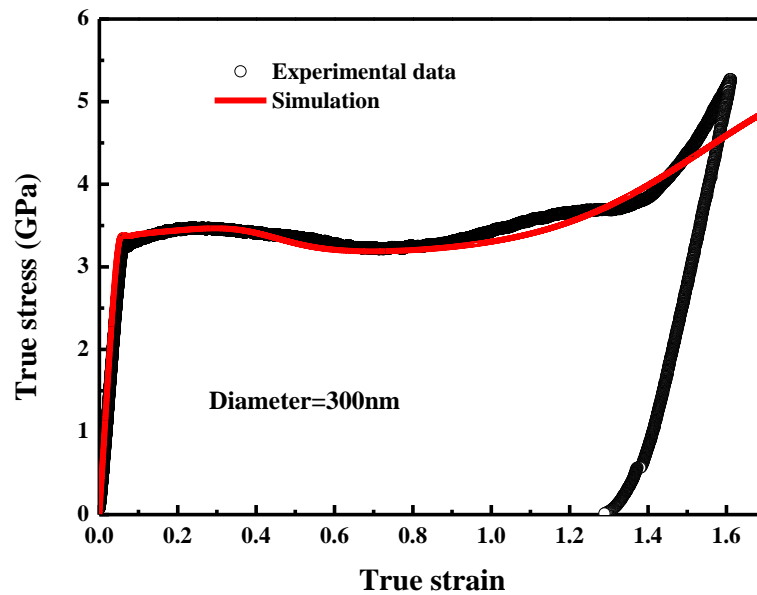
Figure 7. The comparisons between the simulations and experimental measurements for the number of shear band varied with the diameter of micropillars (a), and for the critical strain at which the corresponding shear band generated (b).

intersections before the fracture strain of 0.5% indicate that three shear bands formed in the 1300 nm pillar.

With the energy criterion, the maximum number of shear band varied with the diameter of pillars can be determined and the comparison with experimental results (by counting the number of pop-ins) is shown in Fig. 7(a). It is clear that the number of shear band increases with pillar diameter and that the theoretical results agree well with experimental ones. Fig. 7(b) shows the strain corresponds to each shear band formation with different pillar diameter. It is interesting to note is that the strain for the first shear band decreases with pillar diameter, but the strain for the final shear band is almost the same. Also, it is noted that the predictions based on the proposed criterion are in line with experimental results obtained when the pillar diameter is larger than 700 nm. There exists the difference between the simulation and experimental results. In particular, the discrepancy increases when the pillar diameter

1 becomes smaller (but still larger than 700 nm). Such inconsistency could be attributed  
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3 to two causes. First, the perfect cylindrical samples cannot be prepared through  
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5 focused-ion-beam milling. The deviation from a cylindrical shape is more significant  
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7 when pillar diameter becomes smaller. Second, the deformation mechanism in MG  
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9 phase would change from shear banding or homogenous flow when pillar diameter  
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11 decreases. This transition is not abrupt, namely that the two deformation mechanisms  
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13 could both operate when pillar diameter is in the submicron regime.  
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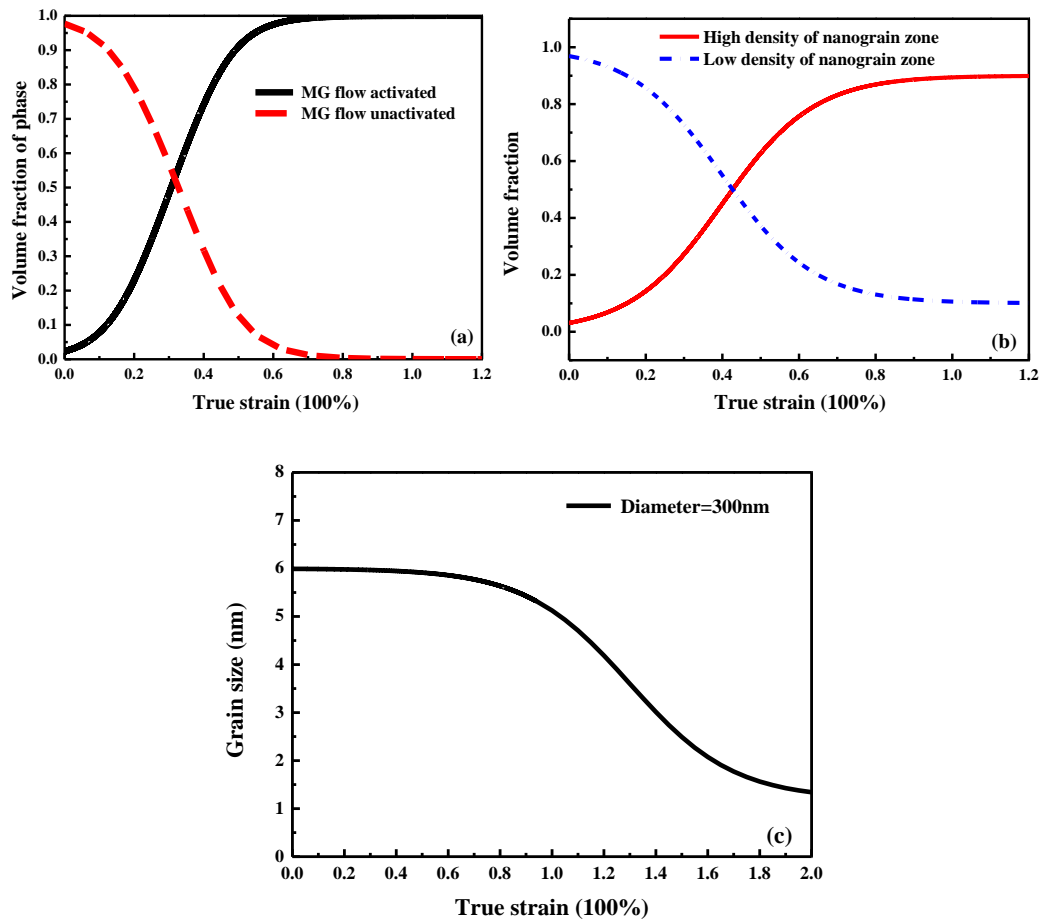
### 20 5.1.2 Constitutive behavior of small micropillars



45 Figure 8. The comparisons between the simulation and experimental data for the  
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47 constitutive behavior of smaller micropillars of Mg-based NDPGC alloy with the  
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49 diameter of 300 nm.  
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56 In Fig. 7(b), it has been shown that the critical strain for generating the first shear  
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58 band increases with the reduction in pillar diameter. In experiments, small Mg-based  
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1 NDPGC micropillars with diameters less than 500 nm are ductile under compression  
 2 as shown in Fig. 1(e). Shear band does not form during deformation (Wu et al., 2020),  
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 6 and homogenous flow occurs in the MG phase associated with grain re-organization  
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 9 and grain refinement. With the proposed model, the calculated stress-strain curve is  
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 11 compared with the experimental results for a 300 nm pillar in Fig. 8, showing a very  
 12  
 13 good agreement as the proposed model successfully captures the yielding, softening,  
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 17 and hardening behaviors.



51 Figure 9. The volume fractions of MG-FA and MG-FUA regions (a), the ones of  
 52 HDGZ and LDGZ (b), and the grain size (c) as the functions of strain in Mg-based  
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 57 NDPGC alloy.  
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The excellent agreement between the theoretical and experimental results for small pillars indicates that the presumed variations of the volume fractions of constituent regions or phases are necessary. In the early stage of plasticity, the harder MG-FUA regions are gradually active to become the softer MG-FA regions, resulting in the softening behavior. Afterward, the grain re-organization and refinement increase the HDGZ layers, resulting in hardening. In the proposed model, the volume fractions of MG-FA region and HDGZ as well as the grain size are assumed to be functions of the applied strain, expressed as:

$$c_A = 1 - \frac{1}{1 + \exp\left(\frac{\varepsilon - a_1}{a_2}\right)}, \quad f_H = b_0 - \frac{b_0}{1 + \exp\left(\frac{\varepsilon - b_1}{b_2}\right)}, \quad d_G = \frac{c_0}{1 + \exp\left(\frac{\varepsilon - c_1}{c_2}\right)} + c_3. \quad (26a,b,c)$$

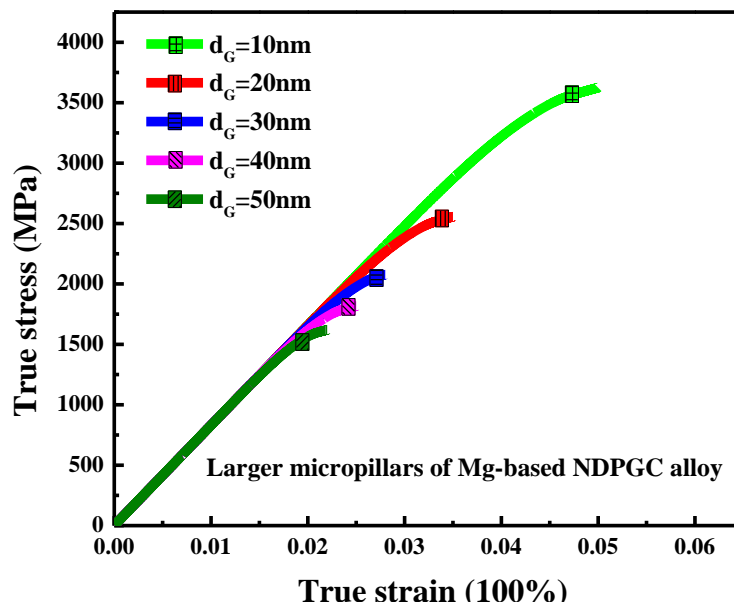
Here,  $\varepsilon$  is the strain,  $a_i (i = 1, 2)$ ,  $b_i (i = 0, 1, 2)$ ,  $c_i (i = 0, 1, 2, 3)$  are the fitting parameters as shown in Table 1. Fig. 9(a) shows the volume-fraction curves of MG-FA and MG-FUA regions against strain. Since the MG-FUA region is the harder phase, the strain hardening behavior occurs when the volume fraction of MG-FUA region dominates (>50 %). With further deformation, MG-FA regions gradually overwhelm (>50% when  $\varepsilon > 0.3$ ), as shown in Fig. 9(a), leading to the softening behavior (see Fig. 8). One can find from Fig. 9(a) that MG-FUA region almost vanishes at the strain around 0.7; consequently, the softening behavior ceases at this strain, as shown in Fig. 8. When flow activation process ceases, the formation of HDGZ takes place causing further hardening. Figs. 9(b) and 9(c) show the volume fractions of HDGZ/LDGZ and grain size with strain, respectively. It is noted that grain-reorganization causes an increase in HDGZ, which ceases at  $\varepsilon \approx 0.9$ . The subsequent sharp hardening as shown in Fig. 8 is caused by grain refinement as

1 shown in Fig. 9(c).

## 2 3 4 **5.2 Predictions of constitutive behaviors of NDPGC pillars**

### 5 6 *5.2.1 Grain size-dependent constitutive behavior and shear band generation in* 7 8 9 *large NDPGC pillars*

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11 Since the NDPGC alloy consists of crystalline and MG phases, the mechanical  
12 properties of such a composite material are functions of the properties of these  
13 constituents. While there are limitations in experiments to freely adjust the properties  
14 of constituent phases, we may employ our model to make some predictions. For  
15 large NDPGC pillars exhibiting brittle behavior, the effect of grain size ( $d_G$ ) is on  
16 stress-strain relation is shown Fig. 10. Decreasing the grain size from 50 nm to 10 nm,  
17 the yield strength increases because the softening mechanisms in nanocrystalline  
18 materials, such as the grain boundaries activities (grain boundary migration, diffusion,  
19 and grain rotation), no longer operate.  
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57 Figure 10. The predicted stress-strain relations of larger micropillars of Mg-based  
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60 NDPGC alloy with different grain size.

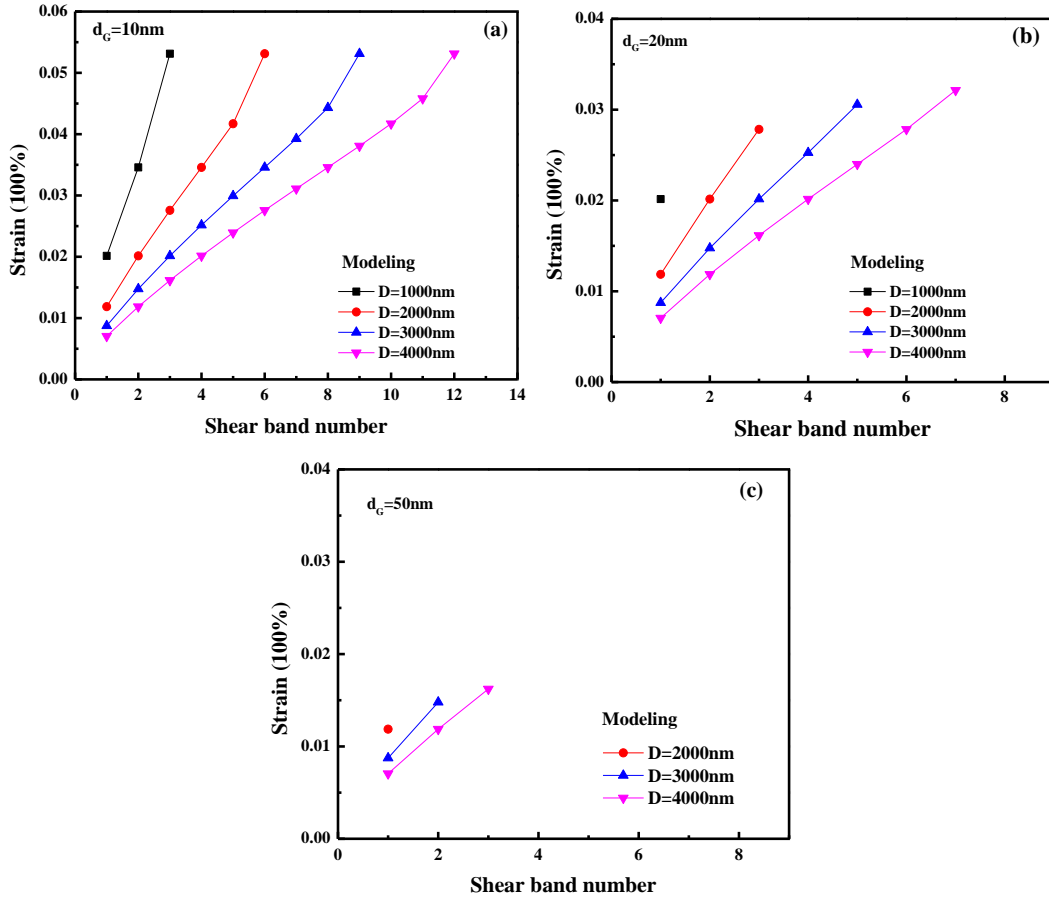


Figure 11. The predictions based on the proposed criterion for the critical strain vs the shear band number for different diameters of pillars with the grain size of (a) 10 nm, (b) 20 nm and (c) 50 nm.

Changing grain size leads to the change of deformation energy and the shear banding behavior. The number of shear band in large NDPGC pillars is therefore also grain-size-dependent. Figs. 11(a-c) demonstrate that the strains for generating different number of shear bands vary with grain size. The number of shear bands decreases when the grain size increases from 10 to 50 nm, because the deformation energy reduces with larger grain size. We further investigated the effect of pillar diameter on pop-in strains and shear band numbers, as shown in Figs. 12(a) and 12(b),

1 respectively. It is shown that increasing the pillar diameter (for large pillars) results in  
 2 smaller pop-in strains and more shear band number. As the maximum number of shear  
 3 bands is also grain-size-dependent, we show the combined effect of  $d_G$  and pillar  
 4 diameter in Fig. 12(b) and (c). These figures demonstrate that smaller grain size and  
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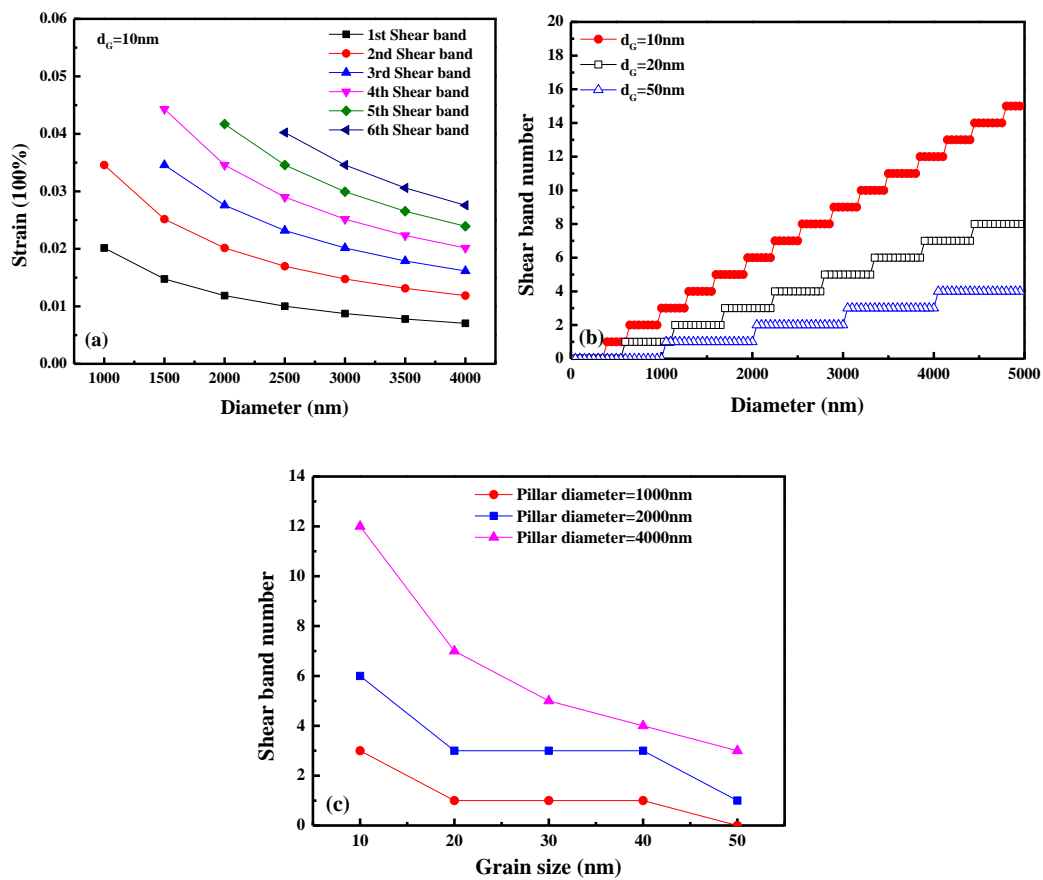


Figure 12. The predictions based on the proposed criterion for the critical strain vs the diameter with different shear band number (a), the shear band number vs the diameter with different grain size (b), and the shear band number vs grain size with different diameter (c).

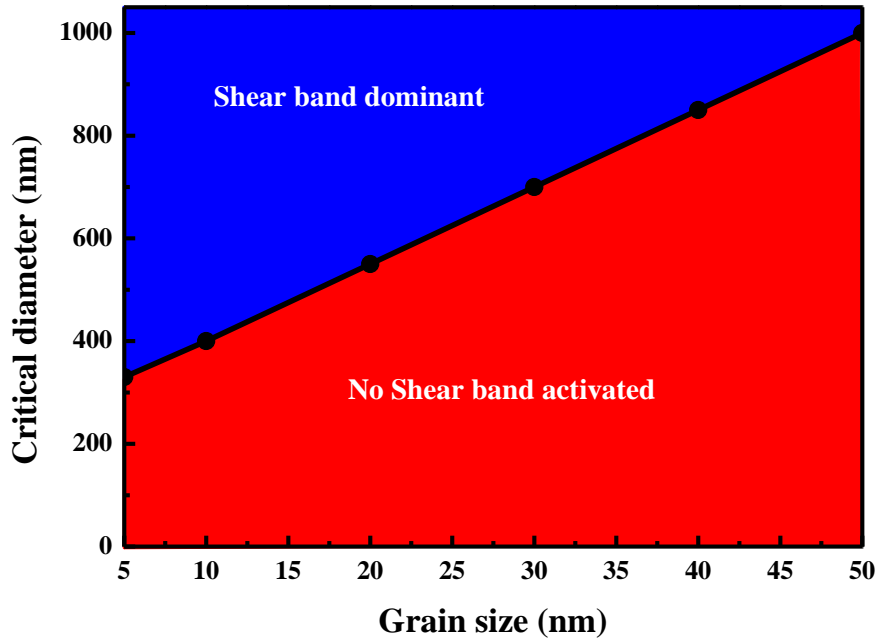


Figure 13. The critical diameter of micropillars for generating the shear band as the function of the grain size. The blue region is for enabling to generate the shear band, and the red region is for no shear band generation.

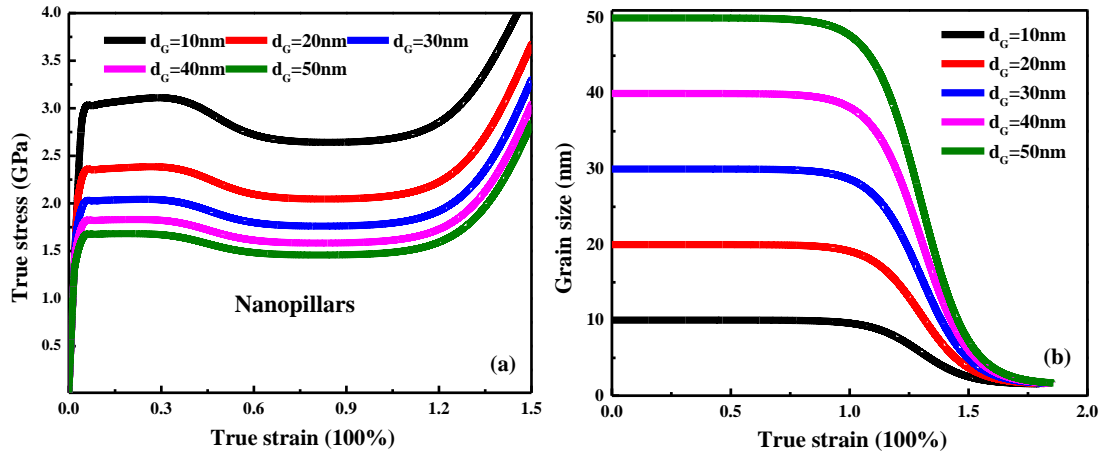
Additionally, one can also conclude from figures 11 and 12 that with further decreasing the pillar diameter of NDPGC alloy, there will be no shear band during deformation, as observed in the experiments. Therefore, there exists the critical pillar diameter for generating shear band which depends on grain size. Figure 13 shows the map of deformation mechanism which is governed by pillar diameter and grain size. It is noted that the critical pillar diameter for generating shear band increases with grain size. In Fig. 13, the blue region indicates shear-band dominant deformation mode, and the red region is for homogenous flow in the MG phase.

### 5.2.2 Plastic deformation in small pillars of Mg-based NDPGC alloy

For small pillars, the effect of grain sizes is shown in Fig. 14(a) and 14(b), which are stress-strain curves and grain size variations respectively. It is assumed that the



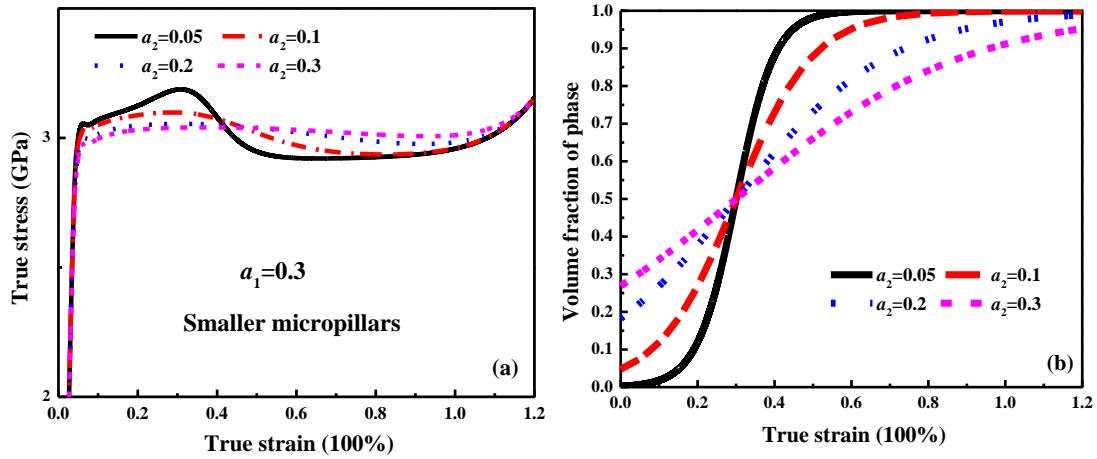
1 volume fractions of MG-FA region and HDGZ change according to those shown in  
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 3 Figs. 9 (a) and 9 (b), respectively. Fig. 14 demonstrates that the yield strength increase  
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 5 with decreasing grain size and the plastic behaviors are almost identical. It means that  
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 7 for the micropillars with diameters less than the critical size for generating the shear  
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 9 band, excellent plasticity can be achieved under compression. A better combination of  
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 11 strength and ductility can be expected in NDPGC pillars with smaller grain size and  
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 13 diameter.  
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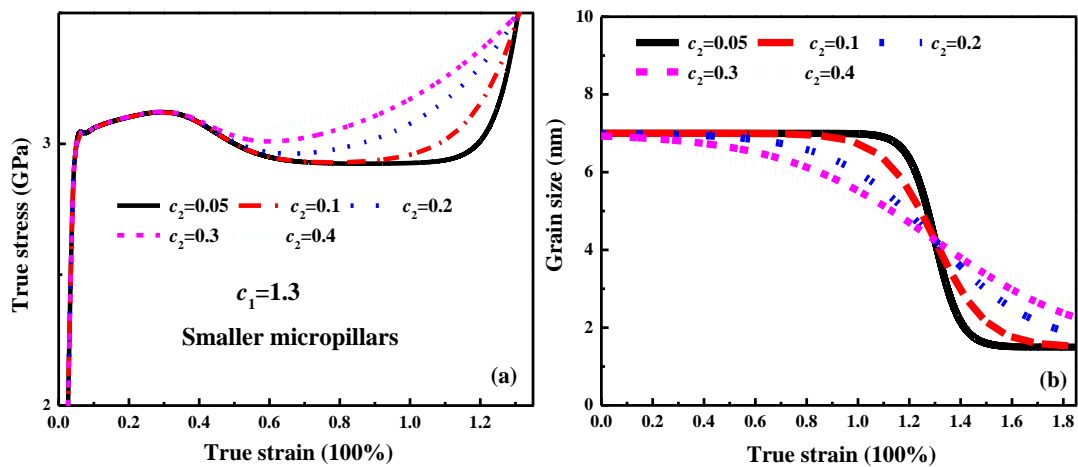
35 Figure 14. The predictions based on the proposed model for the constitutive behavior  
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 37 (a), and the grain size varied with strain during deformation for the smaller pillars of  
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 39 Mg-based NDPGC alloys with different grain size.  
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43 We further explore the influence of various parameters in the equations  
 44 governing the evolution of volume fraction and grain size. Figure 15(a) and (b)  
 45 demonstrate the effect of  $a_2$  (Eq. (26a)) on stress-strain relations of small NDPGC  
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 47 pillars and the volume fraction of MG-FA region, respectively. It is shown that the  
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 49 increase in  $a_2$  makes the hardening and softening behaviors less prominent and  
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 51 slightly reduces the yield strength because the volume fraction of MG-FA region is  
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 53 changed more gently with larger  $a_2$ . The reduced yield strength with larger  $a_2$  is owing  
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1 to the increment of MG-FA regions before the apparent yielding. Figure 16(a) shows  
 2 the effect of  $c_2$  (Eq. (26c)) on stress-strain relations of small NDPGC pillars. It is clear  
 3 that increasing  $c_2$  leads to stronger hardening when MG-FA region dominates because  
 4 grain refinement becomes easier, as shown in Fig. 16(b). One may also notice that the  
 5 change of grain refinement behavior does not influence the yield strength and early  
 6 stage of plastic deformation as grain refinement occurs in the late stage of plastic  
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35 Figure 15. The effect of  $a_2$  on (a) the stress-strain relations of small micropillars and  
 36 (b) the volume fraction of MG-FA region.  
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 57 Figure 16. The predictions for the stress-strain relations of smaller micropillars with  
 58 different parameter  $c_2$  (a), the grain size as the function of strain with different  $c_2$  (b)  
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## 6. Conclusions

In summary, the present work developed the constitutive model to describe the deformation behaviors of NDPGC micropillars. The constitutive relations of polycrystalline phase and metallic glass (MG) phase are presented for determining the stress-strain relations based on the micromechanics approach. The energy criterion for shear-band multiplication was also proposed to describe the pop-in behaviors in large pillars that possess the nearly ideal strength but no plasticity. For small pillars, the activation of MG flow, grain-reorganization and grain refinement are involved to capture the complicated plastic behavior, as featured by the hardening-softening-hardening process. The proposed model can describe the deformation behaviors of NDPGC micropillars, such as the ultrahigh strength, the multiple shear bands in larger pillars, and the excellent plasticity in smaller pillars. With the good agreements between the theoretical and experimental results, the proposed constitutive model and the energetic criterion are further employed to predict the effects of grain size and pillar diameter as well as the brittle-to-ductile transition. For small pillars, the model can capture the strain hardening and softening behaviors successfully. The constitutive behaviors of NDPGC alloys with different grains size are also investigated based on the proposed model, suggesting that the nearly ideal strength and excellent ductility can both be achieved in these small NDPGC pillars, overcoming the strength-ductility trade-off. In this sense, the model reported in this work could be an efficient tool to guide the alloy design based on the

1 NDPGC paradigm to achieve extreme properties of metallic materials.  
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3 Finally, we must remark that the proposed model and the associated parameter  
4 findings are based on experimental results of Mg-based NDPGC micropillars. Since  
5 the deformation mechanisms for the tensile behaviors of NDPGC micropillar could be  
6 different from those of compression (Wu et al., 2020b), the proposed constitutive  
7 models may not be applicable in the cases of tension.  
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Table 1.

Description, symbol, magnitude, and equation in which the different parameters of the models appear

Parameter (Unit)	Symbol	Magnitude
Grain size (nm)	$d_{G0}$	6
Elastic modulus (GPa)	$E_C, E_G$	88,45.1
Shear modulus (GPa)	$\mu_C, \mu_G$	38,22
Poisson's ratio	$\nu_C, \nu_G$	0.31,0.309
Magnitude of the Burgers vector (nm)	$b$	0.256
Taylor factor	$M$	3.06
Taylor constant	$\alpha$	0.33
Thickness of GBDPZ (nm)	$d_{GBDPZ}$	3.6
Dislocation density related parameters	$C_0, C_1, C_2$	$3.75 \times 10^{-5}, 2.12 \times 10^4, 1.74 \times 10^4$
Dynamic recovery constant	$k_{20}$	18.5
Proportionality factor	$\psi$	0.2
Dynamic recovery constant	$n$	12.25
Reference strain rate (s <sup>-1</sup> )	$\dot{\epsilon}_r$	1.75
Geometric factor	$\phi^{TB}, \phi_i (i = 1, 2)$	0.5~1.5
Frequency of atomic vibration(s <sup>-1</sup> )	$f_0$	$\sim 1.0 \times 10^{13}$
The activation energy (J)	$\Delta G^m$	$1 \times 10^{-19}$
Geometrical factor of order unity	$\alpha_o$	0.05
Critical volume (m <sup>3</sup> )	$v^*$	$15 \times 10^{-30}$
Number of atomic jumps	$n_D$	10
Atomic volume (m <sup>3</sup> )	$\Omega$	$2.0 \times 10^{-30}$
Thermal softening coefficient (K <sup>-1</sup> )	$S_T$	$7.0 \times 10^{-2}$
Thermal diffusivity coefficient (m <sup>2</sup> s <sup>-1</sup> )	$D_T$	$8.2 \times 10^{-6}$
Shear strain rate(s <sup>-1</sup> )	$\dot{\gamma}$	$1.0 \times 10^{-6}$
Free volume softening coefficient	$S_v$	$1.5 \times 10^{-2}$
Characterizes the local dilatation ability	$R$	$2.0 \times 10^{-2}$
The diffusion coefficient (m <sup>2</sup> s <sup>-1</sup> )	$D_f$	$2.4 \times 10^{-15}$
Aspect ratio of the samples	$\alpha_r$	3
Grain size evolution function parameters(nm)	$c_0, c_3$	4.5, 1.5
Grain size evolution function parametera	$c_1, c_2$	1.3, 0.1
Volume fraction evolution function parameter	$a_1, a_2$	0.3, 0.05
Volume fraction evolution function parameter	$b_0, b_1, b_2$	0.9,0.4, 0.12

## Figure Captions

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Figure 1. Transmission electron microscopy (TEM) images showing (a) homogenous distribution of nanograins in the MG matrix, (b) the multiple shear bands in a larger micropillar, and (c) the fiber-like structures in smaller micropillars. The stress-strain curves shown in (d) and (e) were obtained by compressing micropillars of Mg-based NDPGC alloy with different diameters ( $D$ ), which shows brittle and ductile behaviors, respectively. The yield strength is defined as the stress at 0.2% plastic strain for the micropillars showing plasticity.

Figure 2. Schematic drawings of the composite structure model for the NDPGC alloys, consisting of nanosized crystals and MG phase with feature dimensions (size and spacing of nanocrystals) less than 10 nm.

Figure 3. The schematic drawings of the first type of hierarchical structure in NDPGC alloys, in which the material is separated into two regions in micrometer scale. They are named MG flow-activated and MG flow unactivated regions, which possess both MG and crystalline phases.

Figure 4. The schematic drawings for the second type of hierarchical structure in a NDPGC alloy in which the reorganization of nanograins occurs, forming the high NG and low NG density zones.

Figure 5. (a) The comparison of the simulation and experimental results in terms of stress-strain curves and (b) the variations of free volume concentration with strain in a bulk metallic glass (BMG) and in the MG phase of a Mg-based

1 NDPGC alloy.

2  
3 Figure 6. Energy criterion for shear band multiplication: (a) energy dissipation for  
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Figure 6. Energy criterion for shear band multiplication: (a) energy dissipation for generating multiple shear bands, (b) deformation energy as functions of strain in a Mg-based NDPGC alloy, and (c) the number of shear band determined by the intersections of dissipation energy and deformation energy curves for the micropillar with the diameter of 1300 nm.

Figure 7. The comparisons between the simulations and experimental measurements for the number of shear band varied with the diameter of micropillars (a), and for the critical strain at which the corresponding shear band generated (b).

Figure 8. The comparisons between the simulation and experimental data for the constitutive behavior of smaller micropillars of Mg-based NDPGC alloy with the diameter of 300 nm.

Figure 9. The volume fractions of MG-FA and MG-FUA regions (a), the ones of HDGZ and LDGZ (b), and the grain size (c) as the functions of strain in Mg-based NDPGC alloy.

Figure 10. The predicted stress-strain relations of larger micropillars of Mg-based NDPGC alloy with different grain size.

Figure 11. The predictions based on the proposed criterion for the critical strain vs the shear band number for different diameters of pillars with the grain size of (a) 10 nm, (b) 20 nm and (c) 50 nm.

Figure 12. The predictions based on the proposed criterion for the critical strain vs the

1 diameter with different shear band number (a), the shear band number vs  
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3 the diameter with different grain size (b), and the shear band number vs  
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5 grain size with different diameter (c).  
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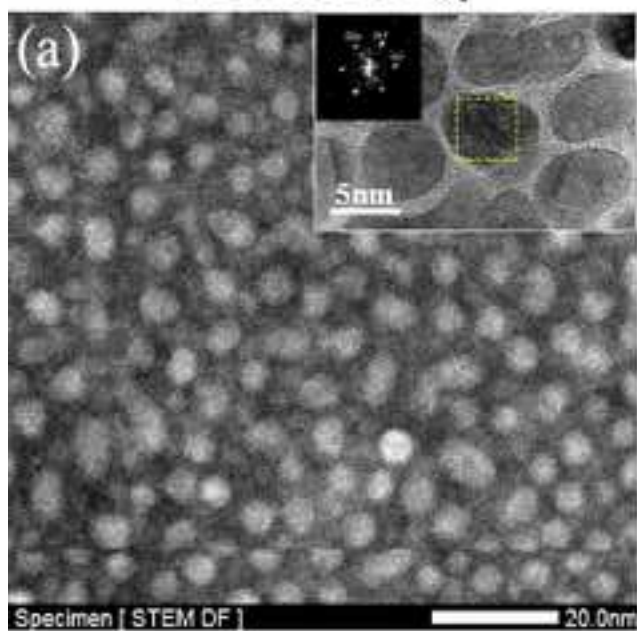
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9 Figure 13. The critical diameter of micropillars for generating the shear band as the  
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11 function of the grain size. The blue region is for enabling to generate the  
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13 shear band, and the red region is for no shear band generation.  
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17 Figure 14. The predictions based on the proposed model for the constitutive behavior  
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19 (a), and the grain size varied with strain during deformation for the smaller  
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21 pillars of Mg-based NDPGC alloys with different grain size.  
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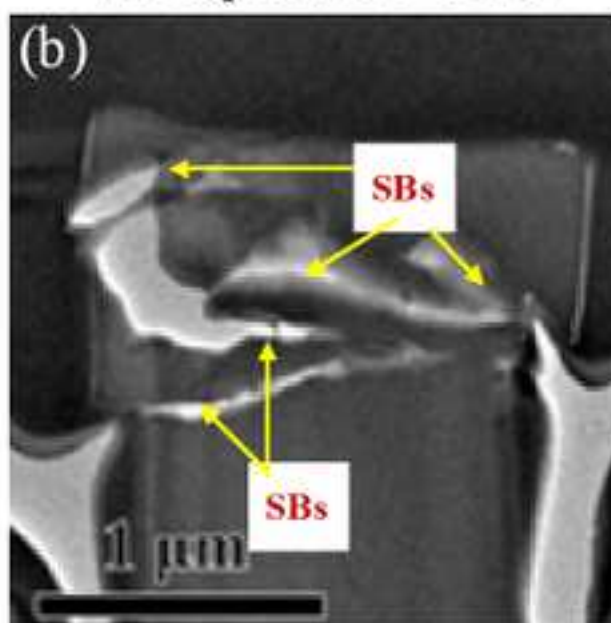
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25 Figure 15. The effect of  $a_2$  on (a) the stress-strain relations of small micropillars and  
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27 (b) the volume fraction of MG-FA region.  
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30  
31 Figure 16. The predictions for the stress-strain relations of smaller micropillars with  
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33 different parameter  $c_2$  (a), the grain size as the function of strain with  
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35 different  $c_2$  (b)  
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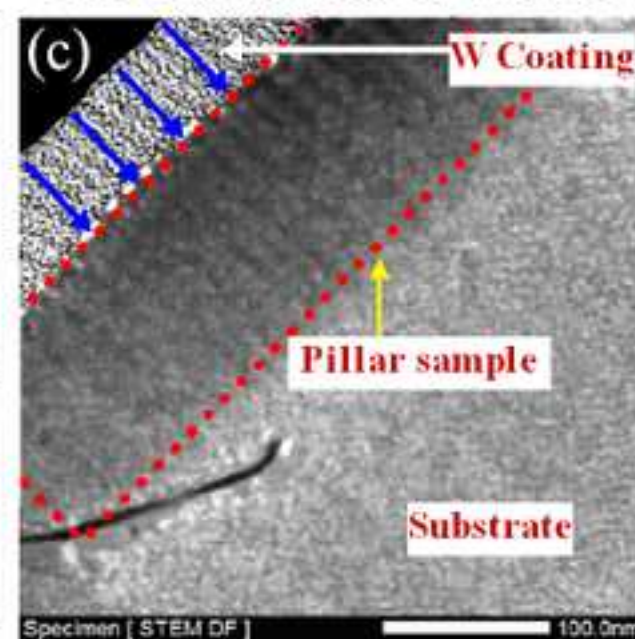
### NDPGC alloy

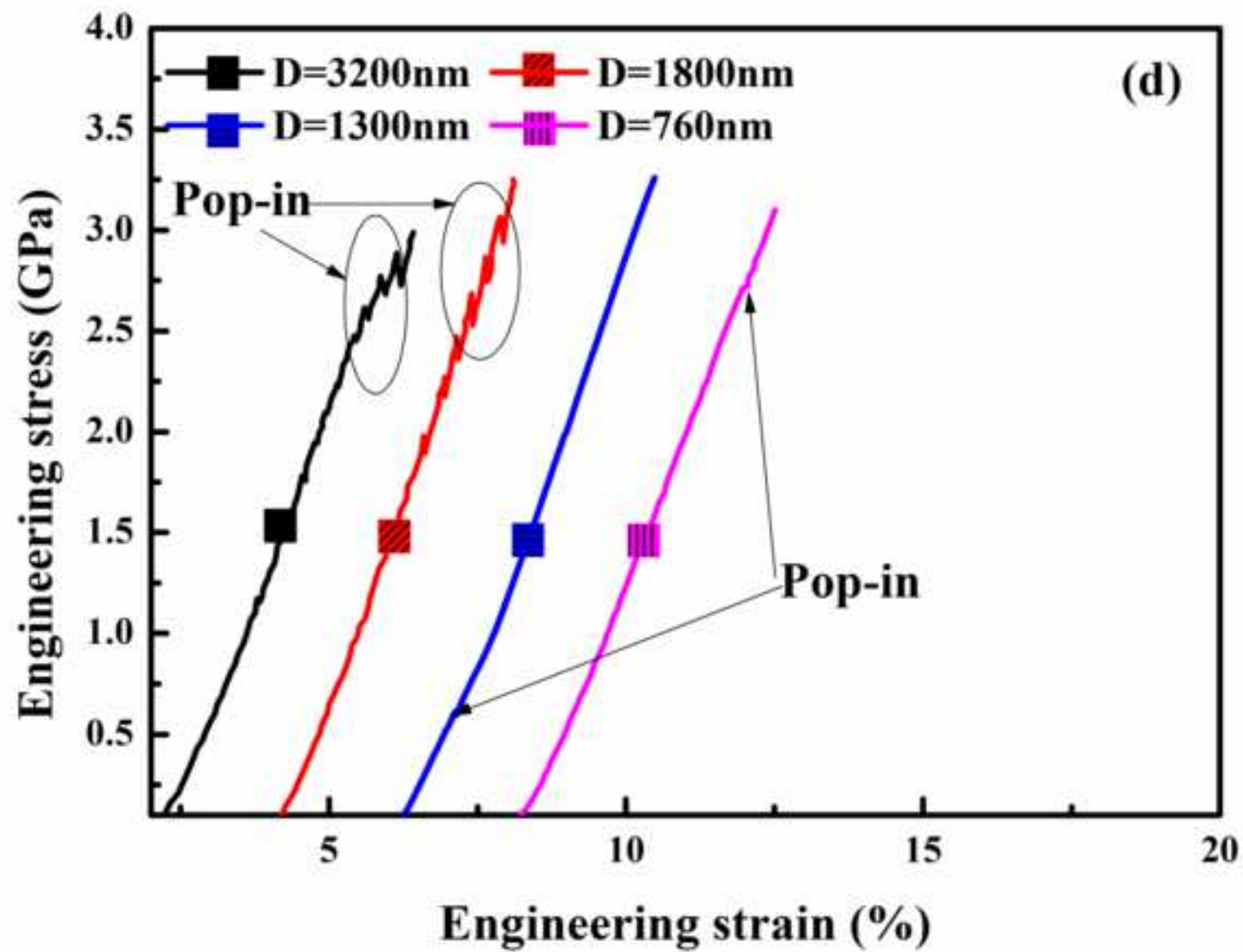


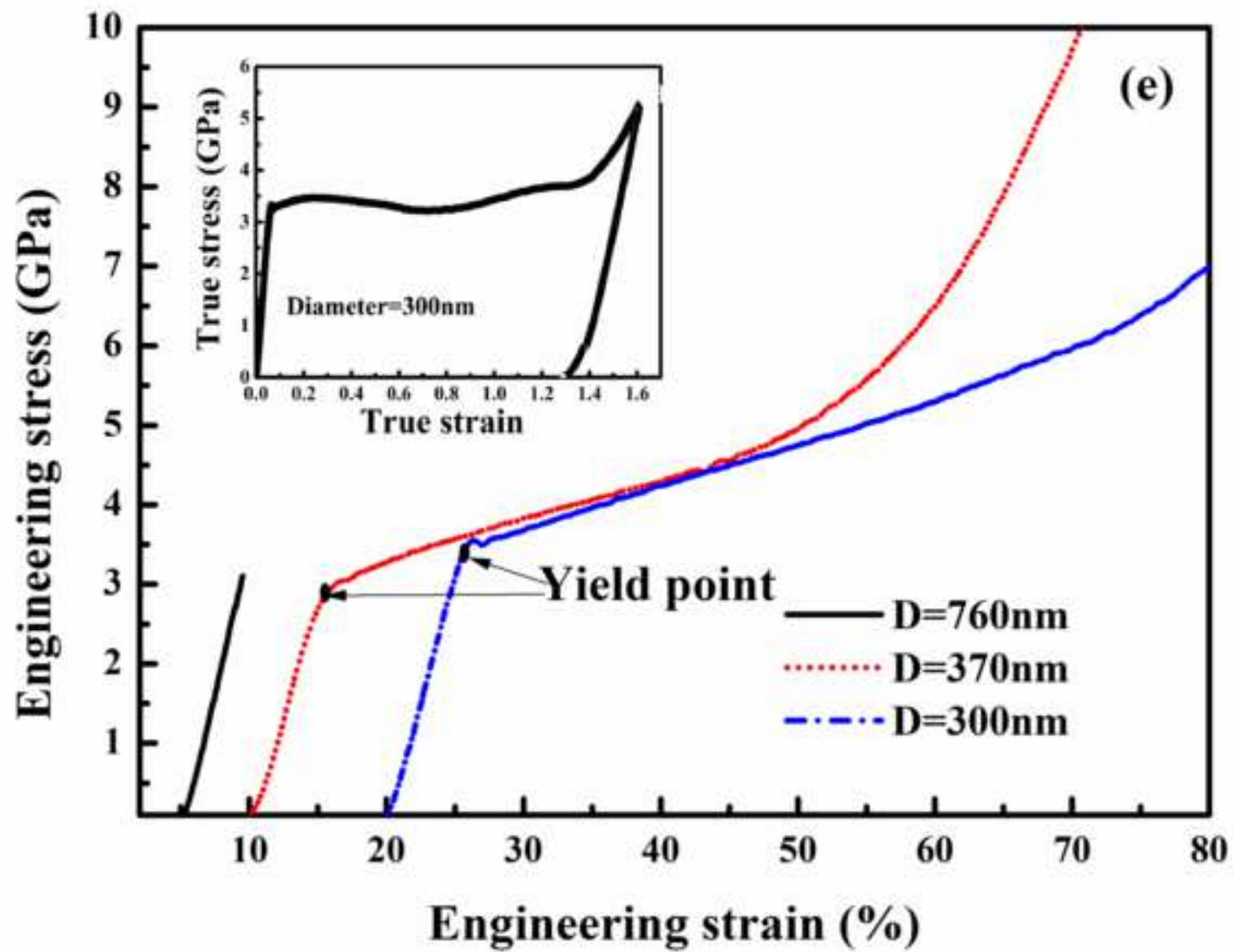
### Multiple shear band



### Parallel structures formed

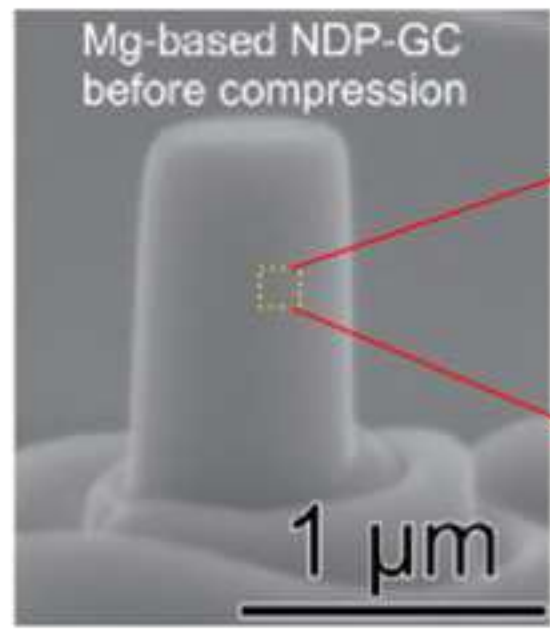




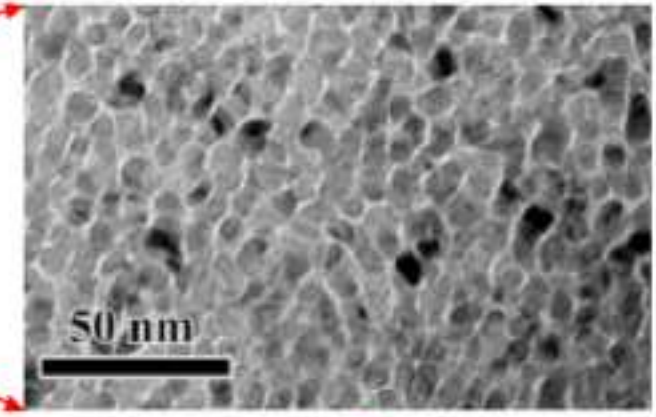




# Undeformed state



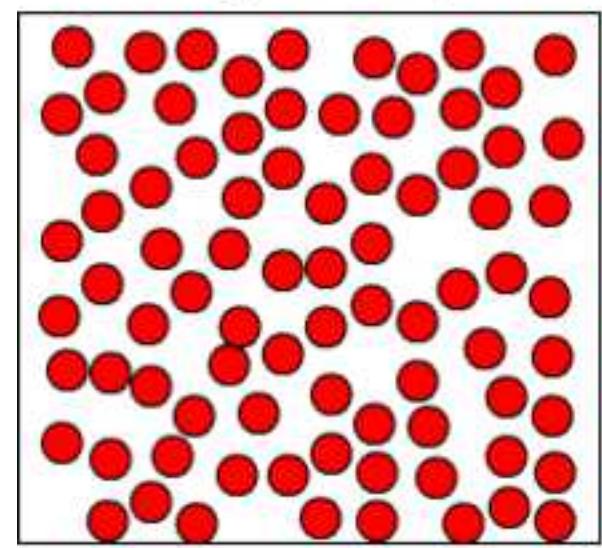
# NDPGC alloy



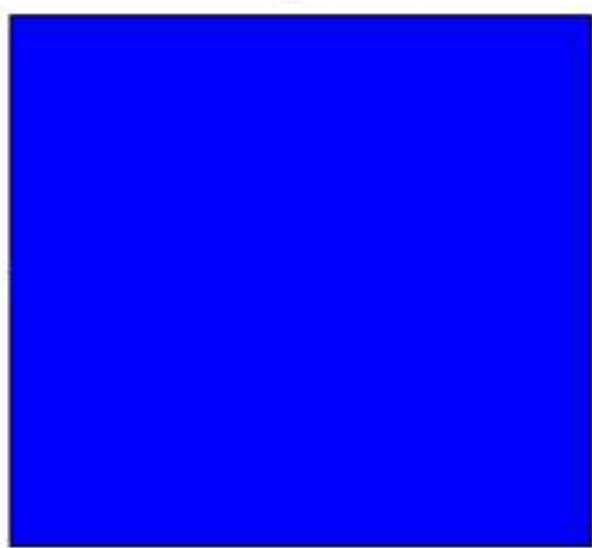
# Nanograined phase

# MG phase

# NDPGC alloy



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