1	Novel Fiber Bragg Grating-based Strain Gauges for Monitoring Dynamic
2	<b>Responses of Celtis Sinensis under Typhoon Conditions</b>
3	by
4	Pei-Chen WU
5	Department of Civil and Environmental Engineering
6	The Hong Kong Polytechnic University, Hong Kong, China
7	Email: peichen.wu@connect.polyu.hk
8	
9	Dao-Yuan TAN (Corresponding Author)
10	Department of Civil and Environmental Engineering
11	The Hong Kong Polytechnic University, Hong Kong, China
12	Email: <u>dao.y.tan@polyu.edu.hk</u>
13	
14	Wen-Bo CHEN
15	Department of Civil and Environmental Engineering
16	The Hong Kong Polytechnic University, Hong Kong, China
17	Email: geocwb@gmail.com
18	
19	Numan MALIK
20	Department of Civil and Environmental Engineering
21	The Hong Kong Polytechnic University, Hong Kong, China
22	Email: <u>numan.malik@connect.polyu.hk</u>
23	
24	Jian-Hua YIN
25	Department of Civil and Environmental Engineering
26	The Hong Kong Polytechnic University, Hong Kong, China
27	Email: <u>cejhyin@polyu.edu.hk</u>
28	
29	

#### 30 Abstract

31 In recent decades, conventional electric instruments have been widely adopted to monitor 32 rupture failure of trees by measuring the longitudinal strains of tree trunks. However, the good 33 measurement accuracy is compromised by the significant difference in stiffness of the sensing 34 element and tree trunks. Besides, the reliability of electric instruments under harsh 35 environments, especially extreme weathers, such as thunderstorms and typhoons, is also 36 doubtful. In this study, a novel strain gauge based on fiber Bragg grating (FBG) sensing 37 technology was developed specifically for measuring the strain distribution of tree trunks under 38 static or dynamic loading. The main principle of the design of the strain gauges is presented in 39 detail. The laboratory calibration proves that the FBG-based strain gauges in 40 polyoxymethylene (POM) and polylactic acid (PLA) backings show a better performance than 41 those made of metal. To test the performance of this novel FBG-based strain gauge, a set of 42 transducers were installed at different heights of a *Celtis sinensis*. Firstly, a pull test on this tree 43 trunk was conducted to validate the good performance of the novel strain gauge when the tree 44 is subjected to static loading. Secondly, the good dynamic performance of the novel strain 45 gauge is proved by successfully recording the dynamic motion of a tree trunk during a typhoon. 46 Furthermore, a monitor system relied on the FBG-based strain gauges is conceived to assess the resilience of urban ecosystems formed by trees to extreme weather events. 47

48

49 Keywords: Tree monitoring, strain measurement, optical fiber sensing, typhoon

#### 51 **1.Introduction**

The geographical position of Hong Kong makes it susceptible to weather-related threats especially typhoons, like many other tropical and sub-tropical coastal cities. Since records began in 1946, twelve super-typhoons, two in the past three years, have hit Hong Kong. Among those, the super-typhoon (*Mangkhut*) in 2018 was the most severe storm that ever hit Hong Kong over the past 100 years (Abbas *et al.*, 2020). Accompanied strong winds and torrential rains have caused disastrous damages to both humans and ecosystems.

58

59 Monitoring of trees under wind loads can be of great necessity for evaluating status of trees 60 and protecting trees from failure. The damage of trees caused by wind loads can be divided into stem breakages and root-plate overturning (Marchi et al., 2018). Monitoring systems on 61 62 trees usually rely on strain gauges for measuring the strain (Moore et al., 2005), tiltmeters for measuring the stability of root plate (James et al., 2013), displacement sensors for measuring 63 64 the deflection, and accelerometers for measuring the oscillation (Hassinen *et al.*, 1998; 65 Rudnicki et al., 2001; Rodriguez et al., 2012). However, Hassinen et al. (1998) also pointed out the accelerometers overestimate the low frequency response of trees under wind loads. It 66 is more popular to directly measure the sway motions or the strain responses of trees. Nicholson 67 68 (1971) and Muneri et al. (1999) designed and used a dial gauge-based instrument to measure 69 the growing strains of trees. Moore et al. (2005) invented a strain gauge-based transducer for 70 measuring the dynamic response of trees. Although strain gauges have been widely employed 71 for engineering purposes, the inherent shortages of traditional electrical resistance and 72 vibrating wire strain gauges including malfunction due to electromagnetic interference and 73 unsuitability for long-distance measuring, show the difficulties of the application in harsh 74 environments, such as thunderstorms and typhoons. As optical fiber sensing techniques boost in this century, the drawbacks of conventional sensors based on electronic signals could beovercome by adopting the optical fiber sensors.

77

Optical fiber sensing based on, such as fiber Bragg grating (FBG) technology, Brillouin optical 78 79 time-domain analysis (BOTDA) technology, and optical frequency domain reflectometry (OFDR) technology, have been developed and adopted as reliable tools for health monitoring 80 81 in civil engineering projects (Lima et al., 2008; Kerrouche et al., 2009; Soto et al., 2010; 82 Arsenault et al., 2013; Ding et al., 2018; Feng et al., 2019). Among different optical fiber 83 sensing techniques, FBG sensing technology has attracted much attention because of its 84 relatively low cost, high accuracy, capacity of multiplexing, and immunity to electromagnetic 85 interference. Therefore, various types of FBG-based transducers have been invented and 86 employed in recent decades (Zhu,2018; Hong et al., 2019; Qin et al., 2020; Chen et al., 2020; 87 Yin et al., 2020). Successful experience of using FBG-based transducers for health monitoring 88 in structures provides an enlightening idea for monitoring trees and forests through similar 89 instruments, such as FBG-based strain gauges. Due to fragility of the fiber itself, FBG fibers 90 are usually attached to or encapsulated in backing materials. Recently, 3-D printing technique 91 has been utilized to fabricate FBG-based transducers with good performance (Leal-Junior et 92 al., 2018, 2019 and 2020). Two typical designs of FBG-based strain gauges are shown in Figure 93 1. Similar designs can be also found in Schulz et al. (2001), Zhou et al. (2003), Zhu (2009), 94 Schilder et al. (2012). However, these transducers might not be feasible to measure the strains 95 of tree trunks whose mechanical properties are not compatible with those of the backing 96 materials of the transducers which are originally designed for concrete or steel structures in 97 civil engineering.

99 A newly designed FBG-strain gauge for strain measuring on tree trunks is proposed in this 100 study. The principle of the FBG strain gauges and backing materials selection based on a set 101 of calibration tests are described and followed by in-situ calibration on a *Celtis sinensis* 102 (Chinese hackberry tree) by pulling tests. Monitoring results of the responses of trees under 103 strong winds during a recent typhoon are presented and discussed at the end of this paper.

104

105 **2.Principles and materials** 

106 2.1 Principle of the FBG strain gauge transducer

107 The main principle of the FBG sensor is shown in Figure 2. An incident optical signal with the 108 wavelength of  $\lambda$  passes the Bragg gratings engraved in the fiber reflecting a signal with the 109 Bragg wavelength of  $\lambda_B$  which is determined by Morey *et al.* (1989):

110 
$$\lambda_B = 2n_{eff}\Lambda \tag{1}$$

111 where  $n_{\text{eff}}$  is the effective core refractive index of the optical fiber and  $\Lambda$  is the grating period. 112 Changes in strain ( $\Delta \varepsilon$ ) and temperature ( $\Delta T$ ) induce a Bragg wavelength shift ( $\Delta \lambda_B$ ), which 113 can be represented by (Morey *et al.*, 1989; Hill and Meltz, 1997):

114 
$$\frac{\Delta\lambda_B}{\lambda_{B0}} = (1 - p_e)\Delta\varepsilon + (\alpha + \xi)\Delta T = c_{\varepsilon}\Delta\varepsilon + c_T\Delta T$$
(2)

115 where  $\lambda_{B0}$  is the original Bragg wavelength;  $p_e$  is the effective photo-elastic coefficient;  $\alpha$ 116 is the thermal expansion coefficient of the fiber material;  $\xi$  is the thermo-optic coefficient;  $c_{\varepsilon}$ 117 is the coefficient of strain with a typical value of 0.78, and  $c_T$  is the coefficient of temperature 118 with a typical value of  $6.67 \times 10^{-6} / {}^{\circ}C$ .

Since the temperature in the laboratory is stable at 25  $C\pm$  0.2°C, the wavelength shift in FBG sensors due to the temperature change is negligible compared with the wavelength shift caused by strain increments, and hence the strain measured by the FBG sensors is:

$$\varepsilon_{measured} = \frac{\Delta \lambda_B}{c_{\varepsilon} \lambda_{B0}} + \varepsilon_0 \tag{3}$$

124 where  $\varepsilon_0$  is the initial strain, which is considered as zero for the calibration test.

125

126 2.2 Transducer design and installation

The FBG-based strain gauge is fabricated by encapsulating a commercial FBG sensor, whose specifications are listed in Table 1, in a small backing (65 mm-long in total) for supporting and protecting the fragile fiber gratings. The measured strain is the average values of the strains along the length covered by the strain gauge from the center of one end of the small backing to the other end. Different designs of the backing in terms of shape and size were optimized and iterated by 3D-printing technology to reach a perfect shape of the prototype, as shown in Figure 3.

134

To measure the accurate and reliable strain of the tree trunk, compatibility of backing materials of FBG-based strain gauges to be used for transferring strain from trunk to FBG sensors is a prominent concern. Cannel and Morgan (1987) reported that the Young's modulus of a living tree trunk is around 2.4-7.5 GPa. The transducers designed by Moore *et al.* (2005) to measure the dynamic behavior of trees were made of aluminum with Young's modulus around 70 GPa, which is too stiff compared to tree trunks. It is doubtful whether the significant difference in the moduli of transducers and trees compromises the accuracy of the measured data. Therefore, 142 the main idea of backing design is to use the materials possessing a compatible Young's 143 modulus to that of the living tree trunks or to use thin flexible foils. Generally, engineering plastics have a lower Young's modulus compared to conventional metals and have been widely 144 145 adopted for medical and sensing applications (Penick et al., 2005; Ni et al., 2017). Polylactic 146 acid (PLA), polyoxymethylene (POM), and beryllium bronze foil are selected to fabricate the 147 FBG-based strain gauges. The performances of different backings are checked by a set of 148 calibration tests in the laboratory condition. Rakhshtadt et al. (1960), Rémond and Védrines 149 (2004), Kamthai and Magaraphan (2015) presented Young's moduli of beryllium bronze foil, 150 POM, and PLA, respectively, as shown in Table 2. In this study, the PLA backings were 151 manufactured by 3D printing, while the other two types of backings were manufactured by 152 computer numerical control (CNC). The FBG-based strain gauges formed by encapsulating 153 FBG sensors with backings using epoxy can be mounted by self-tapping screws on a tree trunk 154 or other testing objects, as shown in Figure 3.

155

#### 156 **3.Testing methods**

The purpose of conducting a laboratory calibration is to select the most suitable backing for field testing and assess the reproducibility and repeatability of the FBG-based strain gauge. The purpose of conducting a field testing is to test the performance of FBG-based strain gauges with selected backing on a Celtis Sinensis tree. The testing methods and setups are described in this Section, while the testing results will be described in Section 4.

162

163 3.1 Laboratory calibration

FBG-based strain gauges were mounted on a wood beam with a length of 900 mm and a rectangular cross-section area of 98 mm  $\times$  22 mm. One end of the wood beam is fixed, while another end is supported by a precision motion control device on an advanced calibration
platform to form a cantilever, as shown in Figure 4. The precision motion control device allows
to precisely apply a displacement at a small level of 0.01 mm to the wood beam. Such a
configuration provides the wood beam a pure bending condition during the calibration.
According to the bending theory of cantilevers, the bending moment at a given point (*x*) can be
expressed as:

$$M = p(a - x) \tag{3}$$

where *a* is the distance from the loading point to the fixed end, *p* is the applied loading at the loading point. The theoretical strain at the given point (*x*) is:

175 
$$\varepsilon = \frac{\sigma}{E} = \frac{MD/2}{EI} = \frac{p(a-x)D/2}{EI}$$
(4)

where *D*, *E*, *I* are the thickness, Young's modulus, and moment of inertia of the wood beam, respectively. Using the beam deflection formulas (Gere and Goodno, 2013), the relationship between the applied loading and corresponding displacement at the loading point (x = a) can be expressed as:

180 
$$\Delta y = \frac{pa^2}{6EI} (3x - a) = \frac{pa^2}{6EI} (3 \times a - a) = \frac{pa^3}{3EI}$$
(5)

181 Combining Eqs. (4) and (5), the relationship between applied displacement and theoretical182 strain at the given point (*x*) is expressed as:

183 
$$\varepsilon = \frac{3\Delta y(a-x)D}{2a^3} \tag{6}$$

184 The layout of the FBG-based strain gauges with different backings on the wood beam is185 illustrated in Figure 4. B1, B2, and B3 are three strain gauges with beryllium bronze backing;

PLA1, PLA2, PLA3, and PLA4 are four strain gauges with 3D-printing PLA backing; POM1 and POM2 are two strain gauges with POM backing. The purpose of installing duplicated strain gauges is to check the reproducibility. The original point of the axis is set at the fixed end of the wood beam, and the loading point is located at 850 mm. For each loading test, at least two loops (loading-unloading) were conducted to ensure the repeatability.

191

192 Meanwhile, the optical frequency domain reflectometry (OFDR) sensing technology (optical 193 fibers and an OFDR interrogator) with a spatial resolution of 10 mm was also used to measure 194 the strain responses along the wood beam under different displacements. The sensing fiber for 195 OFDR using was attached on the wood beam from 0.12 m to 0.85 m, represented by the 196 effective measurement range. The fiber beyond this range did not attach to the wood beam and 197 only worked as a jumping cable to transmit optical signals, as shown in Figure 5. The OFDR 198 technology has been successfully used for strain measurement in civil, mechanical, and 199 aerospace applications, even for flexible structures (Henault et al., 2011; Lally et al., 2012).

200

201 3.2 Field testing

Based on the analysis and results determined from the laboratory calibration tests, which will 202 203 be described in Section 4, the FBG-based strain gauges with POM backing are selected for 204 field testing. A *Celtis sinensis* (Chinese hackberry tree) with the height of its main trunk of 4.3 205 m, diameter at breast height of 33 cm, was equipped with FBG-based strain gauges at different 206 heights and chosen for conducting a pulling test. Figure 6 illustrates the testing process, applied 207 displacements, and layout of the FBG-based strain gauges. The FBG-based strain gauges were 208 installed at the heights of 3.95 m and 2.92 m on the tree trunk using the identical method as 209 that adopted for laboratory calibration tests. A fiber for OFDR was also attached to the tree

from 1 m to 4.3 m and connected to the OFDR interrogator. The strain responses of the tree trunk recorded by the OFDR interrogator during the fielding testing are regarded as the reference to check the in-situ responses of the FBG-based strain gauges.

213

214 The pulling system used for field testing consists of a steel strand cable, a cable puller, and a laser distance meter. One end of the steel strand cable is tied on the top of the main trunk where 215 216 the main tree trunk starts to bifurcate into two branches, while the other end is tied on the steel 217 frame attached to a concrete block. During the pulling test, staged displacements were applied 218 on the top of the main trunk and measured by the laser distance meter. The sampling rate for 219 FBG-based strain gauges was set as 10 Hz, which is capable of covering the sway frequencies 220 (up to 2Hz) of trees (James et al., 2006). For the strain measurement using OFDR technology, 221 the strain distribution along the tree trunk was scanned and recorded when the tree reaches a 222 stable position after each staged displacement.

223

### 224 **4.Results and discussion**

### 225 4.1 Laboratory calibration results

226 The calibration results of FBG-based strain gauges with different backings are shown in Figure 227 7. The slope of the correlation lines represents the relationship between the theoretical strain 228 and measured strain. The ideal unit slope indicates that measured strain equals theoretical strain, 229 as shown by the dashed lines. If the value of the slope is larger than one, the measured strain 230 underestimates the theoretical strain. Otherwise, the measured strain overestimates the 231 theoretical strain. The calibration results on the strain gauges with beryllium bronze backing 232 (B1, B2, and B3) show the value of the slope in a range from 1.41 to 2.45, revealing that the 233 beryllium bronze foil is not a good backing material to transfer the strain of wood beam to FBG

sensors. The calibration results on the FBG-based strain gauges with PLA backing (PLA1, PLA2, PLA3, and PLA4) show the value of the slope in a range from 0.85 to 1.13, which are quite close to unit, indicating that the PLA backing is capable of deforming compatibly with the wood beam. The calibration results on the strain gauges made of POM backing (POM1 and POM2) give the slopes with the values of 0.93 and 1.19, proving that POM backing is also able to have a consistent strain response as that of the wood beam.

240

241 A further correlation analysis is carried out between the ideal line of y = x and the data from 242 the calibration tests, with the values of correlation coefficient listed in Table 1. The strain of 243 the wood beam can be well transferred to the FBG sensors bridging by both POM and PLA 244 backings under the current configuration and mounting method. However, PLA has a glass 245 transition temperature of around 55  $^{\circ}$  (Szycher, 1991). It is highly likely to exceed this 246 temperature under summer sunlight, which may cause significant changes in its mechanical 247 properties. In contrast, the glass transition temperature of POM is around -60°C, which is 248 beyond the range of working temperature of the FBG sensors. Given other advantages such as 249 high strength, hardness, and rigidity, the POM backings are selected as the backing mechanism 250 for FBG-based strain gauges for tree monitoring. Besides, a t-test is also carried out on the 251 theoretical strains caused by applied displacement and the strains measured by FBG-based 252 strain gauges made of POM, indicating that the strain caused by the applied displacement 253 accounts for 99.6% of the variation in the output of the FBG-based strain gauges made of POM. 254 Therefore, the FBG-based strain gauges with POM backing are selected for field testing.

255

Figure 5 shows the good consistency of the strain measurement conducted in the laboratory using OFDR technology on a wood beam. However, considering that data scanning and processing by the OFDR interrogator is time-consuming (depending on the measured length. 3 s was needed in this study), this method is not suitable for measuring dynamic strain but can be used in pulling tests in which the strain responses can be considered as static. Therefore, the OFDR technology is also applied in field testing to provide a reference measurement for FBGbased strain gauges with POM backing.

263

4.2 Field testing results

265 Figure 8 presents the strain profiles along the tree trunk measured by OFDR and the strain measured by the FBG-based strain gauges at different heights. Due to the irregular cross-266 section of the tree, the strain profiles of the tree trunk are not as linear as those of a simple 267 268 cantilever beam. Nevertheless, the trend of that strain along the tree trunk increases with the 269 decrease in the height, which agrees well with that of a cantilever beam subjected to a point 270 loading. The sudden increase in strain over 4.3 m is due to the stress concentration caused by 271 the steel strand which was tied on the top of the tree trunk. Figure 9 shows the relationship 272 between the strains measured by the FBG-based strain gauges at the heights of 2.92 m and 3.95 m and the reference strains measured by OFDR at the same locations. The fitting line is 273 274 formulated by a linear function with a high correlation coefficient at the location of each FBG-275 based strain gauge. The slope of the fitting lines represents the difference between the strain 276 measured by FBG-based strain gauges and that measured by OFDR. At 3.95 m height, the 277 slope of the fitting line is 1.051 indicating good consistency between the strains measured by 278 FBG-based strain gauges and OFDR technology. At 2.92 m height, the slope increases to 1.257 279 indicating that the FBG-based strain gauges slightly underestimate the strain at a lower height. 280 Overall, considering the heterogeneity in geometry and mechanical properties of living trees, 281 the new FBG-based strain gauge has a good performance in measuring the strains of trees the 282 difference between these two measurements is acceptable.

284 The results of the field test validate that the developed strain gauges can accurately reflect the 285 strains on a tree.

286

#### 287 5.Responses of the FBG-based strain gauge under strong winds

288 The typhoon season occurs in Southeast Asia every year from June to September. There was a 289 reported Typhoon (Higos) that affected Hong Kong from 18 August 2020 to 19 August 2020 290 (Hong Kong Observatory, 2020). The strain responses at different heights of the monitored tree 291 under this typhoon were recorded by the FBG-based strain gauges, as shown in Figure 10. It is 292 found that the strain at 3.95 m height is lower than that at 2.92 m of the tree trunk. This is 293 probably due to damping effect of the canopy of the tree which mitigates the sway at the top 294 of the tree trunk, and thus reduces the strain. The maximum strain responses at different heights 295 of the tree trunk occurred at 03:30 AM of 19 August 2020, which agrees well with the intensity 296 of Typhoon Higos recorded by Hong Kong Observatory.

297

Figure 11 shows the spectral analysis of the strains showed a constant broad peak at 0.46 Hz at different heights, with some other closely spaced sway frequencies present. This is consistent with the dynamic response of a tree with large side branches, that prevent any large oscillations with dangerous harmonic sways (James *et al.*, 2006). The oscillation frequency obtained from the FBG-based strain gauges is within the frequency range of 0.3-1.5 Hz, reported by Baker (1997) and James *et al.* (2006) measured by laser beams and conventional electronic strain gauges.

306 Based on the successful experience from the strain measurement under typhoon loading, a 307 smart monitoring system can be set up using the FBG-based strain gauges to study the dynamic 308 behavior of trees under extreme weathers and capture dangerous situations of the monitored 309 trees for preventing damages of the trees or injuries of people nearby. Considering that the 310 wavelength shifts of the FBG sensors are also related to temperature change, for long-term 311 monitoring with significant temperature fluctuations, additional FBG-based transducers with a 312 cantilever-like backing, which only experience the temperature effects can be installed adjacent 313 to the FBG-based strain gauges for temperature measurement and compensation as shown in 314 Figure 12.

315

## 316 **6.Conclusion**

317 Based on FBG sensing technology, a novel strain gauge for tree monitoring is designed and 318 tested in both laboratory and in-situ conditions. Laboratory calibration tests verify that POM 319 and PLA backings with similar Young's moduli to that of living tree trunks deform compatibly 320 with the wood beam. It is confirmed from the measured data of the strain gauges with beryllium 321 bronze backings that the significant difference in the moduli of transducers and trees does 322 reduce the accuracy of the strain measurement. Considering the thermostability of the backings 323 under working temperature and good mechanical properties, the FBG-based strain gauges with 324 POM backings are recommended. An in-situ pulling test was conducted on a Celtis sinensis to 325 demonstrate the reliability of the strain measurement of the FBG-based strain gauges. The 326 responses of the monitored tree under typhoon loading were well captured by the FBG-based 327 strain gauges and showed a good agreement with the intensity of the typhoon recorded by the 328 Hong Kong Observatory. Besides, using the proposed strain gauges, the oscillation frequency 329 of the Celtis sinensis which is 0.46 Hz was measured under typhoon conditions. Compared with existing transducers, the main improvements of the new FBG-based strain gaugesproposed in this study are listed in Table 3.

332

## 333 Acknowledgement

334 The work in this paper is supported by the Development Bureau of Hong Kong SAR 335 Government, a Research Impact Fund (RIF) project (R5037-18), a Theme-based Research 336 Scheme Fund (TRS) project (T22-502/18-R), and three General Research Fund (GRF) projects 337 (PolyU 152209/17E; PolyU 152179/18E; PolyU 152130/19E; ) from Research Grants Council 338 (RGC) of Hong Kong SAR. The authors also acknowledge the financial supports from 339 Research Institute for Sustainable Urban Development of The Hong Kong Polytechnic 340 University and three grants (BBAG, ZDBS, ZVNC) from The Hong Kong Polytechnic 341 University.

342

## 343 References

Abbas, S., Nichol, J. E., Fischer, G. A., Wong, M. S., & Irteza, S. M. (2020). Impact assessment
of a super-typhoon on Hong Kong's secondary vegetation and recommendations for
restoration of resilience in the forest succession. Agricultural and Forest Meteorology,
280, 107784.

Arsenault, T. J., Achuthan, A., Marzocca, P., Grappasonni, C., & Coppotelli, G. (2013).
Development of a FBG based distributed strain sensor system for wind turbine
structural health monitoring. Smart Materials and Structures, 22(7), 075027.

Cannell, M. G. R., & Morgan, J. (1987). Young's modulus of sections of living branches and
tree trunks. Tree Physiology, 3(4), 355-364.

353	Chen, W. B., Feng, W. Q., Yin, J. H., & Qin, J. Q. (2020). New FBG-based device for
354	measuring small and large radial strains in triaxial apparatus. Canadian Geotechnical
355	Journal, https://doi.org/10.1139/cgj-2020-0145.

- Ding, Z., Wang, C., Liu, K., Jiang, J., Yang, D., Pan, G., ... & Liu, T. (2018). Distributed optical
  fiber sensors based on optical frequency domain reflectometry: A review. Sensors,
  18(4), 1072.
- Feng, W. Q., Yin, J. H., Borana, L., Qin, J. Q., Wu, P. C., & Yang, J. L. (2019). A network
  theory for BOTDA measurement of deformations of geotechnical structures and error
  analysis. Measurement, 146, 618-627.
- 362 Gardiner, B. A. (1995). The interactions of wind and tree movement in forest canopies. Wind363 and Trees, 41-59.
- Gere, J. M., and Goodno, B. J. (2013). Mechanics of Materials. Cengage Learning, Stamford,
  CT.
- Hassinen, A., Lemettinen, M., Peltola, H., Kellomäki, S., & Gardiner, B. (1998). A prismbased system for monitoring the swaying of trees under wind loading. Agricultural and
  Forest Meteorology, 90(3), 187-194.
- 369 Henault, J. M., Salin, J., Moreau, G., Delepine-Lesoille, S., Bertand, J., Taillade, F., ... &
- Benzarti, K. (2011). Monitoring of concrete structures using OFDR technique.
  American Institute of Physics Conference Proceedings, 1335(1), 1386-1393
- 372 Hill, K. O., & Meltz, G. (1997). Fiber Bragg grating technology fundamentals and overview.
  373 Journal of Lightwave Technology, 15(8), 1263-1276.
- Hong, C., Zhang, Y., Lu, Z., & Yin, Z. (2019). A FBG tilt sensor fabricated using 3D printing
  technique for monitoring ground movement. IEEE Sensors Journal, 19(15), 6392-6399.

- Hong Kong Observatory. (2020). Tropical Cyclone Warning Signals Retrieved from
   <u>https://www.weather.gov.hk/en/wxinfo/climat/warndb/warndb1.shtml?opt=1&sgnl=1.</u>
   or.higher&start\_ym=202008&end\_ym=202009&submit=Submit+Query
- James, K. R., Haritos, N., & Ades, P. K. (2006). Mechanical stability of trees under dynamic
  loads. American Journal of Botany, 93(10), 1522-1530.
- James, K. R., & Kane, B. (2008). Precision digital instruments to measure dynamic wind loads
  on trees during storms. Agricultural and Forest Meteorology, 148(6-7), 1055-1061.
- James, K., Hallam, C., & Spencer, C. (2013). Tree stability in winds: Measurements of root
  plate tilt. Biosystems Engineering, 115(3), 324-331.
- Kamthai, S., & Magaraphan, R. (2015, May). Thermal and mechanical properties of polylactic
  acid (PLA) and bagasse carboxymethyl cellulose (CMCB) composite by adding
  isosorbide diesters. American Institute of Physics Conference Proceedings, 1664(1),
  060006.
- Kerrouche, A., Boyle, W. J. O., Sun, T., & Grattan, K. T. V. (2009). Design and in-the-field
  performance evaluation of compact FBG sensor system for structural health monitoring
  applications. Sensors and Actuators A: Physical, 151(2), 107-112.
- Lally, E. M., Reaves, M., Horrell, E., Klute, S., & Froggatt, M. E. (2012). Fiber optic shape
  sensing for monitoring of flexible structures. In Sensors and Smart Structures
  Technologies for Civil, Mechanical, and Aerospace Systems, 8345, 1-9.
- Leal-Junior, A. G., Marques, C., Ribeiro, M. R., Pontes, M. J., & Frizera, A. (2018). FBGembedded 3-D printed ABS sensing pads: The impact of infill density on sensitivity
  and dynamic range in force sensors. IEEE Sensors Journal, 18(20), 8381-8388.

398	Leal-Junior, A. G., Díaz, C., Marques, C., Frizera, A., & Pontes, M. J. (2019). 3D-printing
399	techniques on the development of multiparameter sensors using one FBG. IEEE
400	Sensors Journal, 19(16), 3514.

- 401 Leal-Junior, A. G., Rocha, H. R., Theodosiou, A., Frizera, A., Marques, C., Kalli, K., & Ribeiro,
  402 M. R. (2020). Optimizing linearity and sensitivity of 3D-printed diaphragms with
- 403 chirped FBGs in CYTOP fibers. IEEE Access, 8, 31983-31991.
- Lima, H. F., da Silva Vicente, R., Nogueira, R. N., Abe, I., de Brito Andre, P. S., Fernandes,
  C., & de Lemos Pinto, J. (2008). Structural health monitoring of the church of Santa
  Casa da Misericórdia of Aveiro using FBG sensors. IEEE Sensors Journal, 8(7), 12361242.
- Livesley, S. J., McPherson, E. G., & Calfapietra, C. (2016). The urban forest and ecosystem
  services: impacts on urban water, heat, and pollution cycles at the tree, street, and city
  scale. Journal of Environmental Quality, 45(1), 119-124.
- Marchi, L., Grigolato, S., Mologni, O., Scotta, R., Cavalli, R., & Montecchio, L. (2018). State
  of the Art on the Use of Trees as Supports and Anchors in Forest Operations. Forests,
  9(8), 467.
- Moore, J. R., Gardiner, B. A., Blackburn, G. R., Brickman, A., & Maguire, D. A. (2005). An
  inexpensive instrument to measure the dynamic response of standing trees to wind
  loading. Agricultural and Forest Meteorology, 132(1-2), 78-83.
- Morey, W. W., Meltz, G., & Glenn, W. H. (1990). Fiber optic Bragg grating sensors. In Fiber
  Optic and Laser Sensors VII, 1169, 98-107.
- 419 Nicholson, J. E. (1971). A rapid method for estimating longitudinal growth stresses in logs.
  420 Wood Science and Technology, 5(1), 40-48.

- Ni, Y., Ji, R., Long, K., Bu, T., Chen, K., & Zhuang, S. (2017). A review of 3D-printed sensors.
  Applied Spectroscopy Reviews, 52(7), 623-652.
- Penick, K. J., Solchaga, L. A., Berilla, J. A., & Welter, J. F. (2005). Performance of
  polyoxymethylene plastic (POM) as a component of a tissue engineering bioreactor.
  Journal of Biomedical Materials Research Part A: An Official Journal of The Society
  for Biomaterials, The Japanese Society for Biomaterials, and The Australian Society
  for Biomaterials and the Korean Society for Biomaterials, 75(1), 168-174.
- Qin, J. Q., Feng, W. Q., Wu, P. C., & Yin, J. H. (2020). Fabrication and performance evaluation
  of a novel FBG-based effective stress cell for directly measuring effective stress in
  saturated soils. Measurement, 155, 107491.
- Rémond, Y., & Védrines, M. (2004). Measurement of local elastic properties of injection
  moulded polymer structures by analysis of flexural resonant frequencies. Applications
  in POM, PA66, filled PA 66. Polymer Testing, 23(3), 267-274.
- Rodriguez, M., Ploquin, S., Moulia, B., & de Langre, E. (2012). The multimodal dynamics of
  a walnut tree: experiments and models. Journal of Applied Mechanics, 79(4).
- Rudnicki, M., Silins, U., Lieffers, V. J., & Josi, G. (2001). Measure of simultaneous tree sways
  and estimation of crown interactions among a group of trees. Trees, 15(2), 83-90.
- Schilder C., Kohlhoff H., Hofmann D., & Habel W. (2012). Structure-integrated fibre-optic
  strain wave sensor for pile testing and monitoring of reinforced concrete piles,
  Proceedings of the 6th European Workshop on Structural Health Monitoring.
- Schulz W.L., Conte J.P., & Udd E., (2001). Long-gage fiber optic Bragg grating strain sensors
  to monitor civil structures, Proceedings of the International Society of Optical
  Engineering, 4330, 56-65.

444	Soto, M. A., Bolognini, G., Di Pasquale, F., & Thévenaz, L. (2010). Simplex-coded BOTDA
445	fiber sensor with 1 m spatial resolution over a 50 km range. Optics Letters, 35(2), 259-
446	261.

- 447 Szycher, M. (1991). High performance biomaterials: a complete guide to medical and
  448 pharmceutical applications. CRC Press.
- Yin, J. H., Qin, J. Q., & Feng, W. Q. (2020). Novel FBG-based effective stress cell for direct
  measurement of effective stress in saturated soil. International Journal of
  Geomechanics, 20(8), 04020107.
- Zhou Z., Graver T. W., Hsu L., & Ou J. P. (2003). Techniques of advanced FBG sensors:
  fabrication, demodulation, encapsulation, and their application in the structural health
  monitoring of bridges, Pacific Science Review, 5, 116–121.
- Zhu, H. H. (2009). Optical fiber monitoring and performance evaluation of geotechnical
  structures, (Doctoral dissertation, The Hong Kong Polytechnic University).
- Rakhshtadt, A. G., Rogel'Berg, I. L., Vorob'Eva, L. P., & Puchkov, B. I. (1960). The effect of
  heat treatment on the properties and structure of beryllium bronze. Metal Science and

Heat Treatment of Metals, 2(2), 87-98.

Zhu, X. B. (2018). A novel FBG velocimeter with wind speed and temperature synchronous
measurement. Optoelectronics Letters, 14(4), 276-279.

462



Figure 1. Typical designs of FBG-based strain gauges: (a) tube type (after Zhu, 2009) and (b)







473 Figure 3. (a) Prototype design of FBG-based strain gauges (unit in mm) and (b) FBG-based
474 strain gauges with different backing materials













478 Figure 4. (a) Setup of calibration test and (b) Layout of FBG-based strain gauges with

different backing materials on a wood beam

480









486 Figure 6. Illustration of in-situ pulling test with its loading schedule and the layout of FBG-

487 based strain gauges

488



491 Figure 7. Calibration results on FBG-based strain gauge made by different backing materials





Figure 8. Measured strains by FBG strain gauges and OFDR technology



503 Figure 10. Strain responses of the tree measured by FBG-based strain gauges under strong

504



511 Figure 12. A temperature compensation method

Item	Specification
Center wavelength	1530~1560 nm
FBG length	10 mm
Reflectivity	≥90%
Bandwidth at 3dB	≤0.3nm
Recoating	Acrylate
Fiber type	SMF-28e

Material	Description	E (GPa)	$\mathbb{R}^2$
POM	A plastic material with high	3	0.9533
1 0101	strength, hardness, and rigidity	5	0.7555
	A plastic material which is	2	0.0427
PLA	commonly used for 3D printing	2	0.9437
D	Metal with excellent resistance		
berymum	to fatigue and abrasion and	125	0.3371
bronze	ability in elastic recovery		

## Table 2 Description and performance of different backing materials

518 calibration tests.

# 521 Table 3 Comparative study of existing measurement methods for trees movement under wind

## 

loads

Method	Principle	Justification
Calliper type strain gauge transducers (Moore et al., 2005)	Electrical conductance	Accuracy is influenced by the significan difference in stiffness between the metal backing materials and living trees; malfunction due to electromagnetic interference and unsuitability for long- distance measuring
Prism-based monitor system (Hassinen et al., 1997)	Measuring displacement by optical signal using prism system	High accuracy for static or dynamic measurement under low winds. Not suitable for typhoon conditions
Indirect measurement using accelerometers (Gardiner, 1995; Hassinen et al., 1997)	Integrating to obtain strain/displacement	Low accuracy due to the accumulated errors caused by integration
Strainmeters (James and Kane, 2008)	Measuring strain by a digital probe	Digital output. Only suitable for those trees with large sized branches because the instrument is 0.5 m long
FBG-based strain gauge in this study	FBG sensing technology	Mini size (65 mm in length), high accuracy, capacity of multiplexing, and immunity to electromagnetic interference suitable for the measurement under extreme weathers such as typhoons