# SECOND-ORDER CONVERGENCE OF THE LINEARLY EXTRAPOLATED CRANK-NICOLSON METHOD FOR THE NAVIER-STOKES EQUATIONS WITH $H^{1}$ INITIAL DATA 

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#### Abstract

This article concerns the numerical approximation of the two-dimensional nonstationary Navier-Stokes equations with $H^{1}$ initial data. By utilizing special locally refined temporal stepsizes, we prove that the linearly extrapolated Crank-Nicolson scheme, with the usual stabilized Taylor-Hood finite element method in space, can achieve secondorder convergence in time and space. Numerical examples are provided to support the theoretical analysis.


Key words: Navier-Stokes equations, linearly extrapolated Crank-Nicolson method, locally refined stepsizes, nonsmooth initial data, error estimate.

Mathematics Subject Classification (2010): 65M12, 65M15, 65M60, 76D05

## 1. Introduction

Let $\Omega \subset \mathbb{R}^{2}$ be a convex polygonal domain with boundary $\partial \Omega$. We consider the timedependent Navier-Stokes (NS) equations describing the dynamics of an incompressible, homogeneous, viscous fluid in the domain $\Omega$ up to a given time $T>0$, i.e.,

$$
\left\{\begin{align*}
\partial_{t} u+(u \cdot \nabla) u-\Delta u+\nabla p & =0 & & \text { in } \Omega \times(0, T],  \tag{1.1}\\
\nabla \cdot u & =0 & & \text { in } \Omega \times(0, T], \\
u & =0 & & \text { on } \partial \Omega \times[0, T], \\
u & =u^{0} & & \text { in } \Omega \times\{0\},
\end{align*}\right.
$$

where $u=u(x, t)=\left(u_{1}(x, t), u_{2}(x, t)\right)$ and $p=p(x, t)$ denote the fluid velocity and pressure, respectively, and $u^{0}=u^{0}(x)$ is a given initial value of the fluid velocity.

As the fundamental mathematical equations to understand and predict the dynamics of incompressible fluid flow, the numerical solution of the NS equations has attracted much attention in the community of scientific computing and numerical analysis. In particular, if the solution of the NS equations is sufficiently smooth (with enough compatibility conditions), then optimal-order convergence of high-order numerical methods can be proved; see [4, $6,18,19,26,27$.

For $H^{2}$ initial data, i.e., $u^{0} \in H_{0}^{1}(\Omega)^{2} \cap H^{2}(\Omega)^{2}$ and $\nabla \cdot u^{0}=0$ without additional compatibility conditions, Heywood \& Rannacher [13-15] considered both semidiscrete and fully discrete finite element methods for the NS equations and proved second-order convergence in time for the implicit Crank-Nicolson scheme. Shen [20, 21] proved optimal-order convergence of the first-order and second-order projection methods for decoupling velocity and pressure. He \& Sun [12] proved second-order convergence of the Crank-Nicolson/AdamsBashforth implicit-explicit scheme. Emmrich [5] proved second-order convergence of the
two-step backward differentiation formula. Guo \& He [8] proved second-order convergence of the linearly extrapolated Crank-Nicolson scheme. Tang \& Huang [23] proved second-order convergence of the Crank-Nicolson leap-frog scheme. For the Crank-Nicolson methods mentioned above, the convergence of pressure was proved with sub-optimal order. Recently, Sonner \& Richter [22] proved second-order convergence of pressure for the Crank-Nicolson method.

For $H^{1}$ initial data, i.e., $u^{0} \in H_{0}^{1}(\Omega)^{2}$ and $\nabla \cdot u^{0}=0$ without additional compatibility conditions, only a few results were provided in the literature. As far as we know, Hill and Süli [16] proved second-order convergence of the semidiscrete finite element method. He derived first-order convergence of the Euler implicit/explicit scheme in 9 and 1.5th-order convergence of the Crank-Nicolson/Adams-Bashforth implicit-explicit scheme in 10 .

The objective of this paper is to prove that, for $H^{1}$ initial data without additional compatibility conditions, the linearly extrapolated Crank-Nicolson scheme has second-order convergence by utilizing a class of locally refined stepsizes, with the semi-implicit Euler scheme at the first two time levels. The total computational cost would be equivalent to using a uniform stepsize. The proof is based on two technical lemmas (Lemma 3.2 and 3.3) established in section 3.1 and the consistency error estimate presented in section 3.2. For simplicity, we focus on the homogeneous NS equations (1.1) (i.e., the right-hand side is zero in the velocity equation) with a normalised viscosity. All the results can be carried over to the general case if we assume appropriate smoothness of $f$.

## 2. Preliminary results for the semidiscrete finite element method

2.1. Functional setting of the NS equations. For $s \geq 0$ and $1 \leq p \leq \infty$, we denote by $W^{s, p}(\Omega)$ the conventional Sobolev space of functions on $\Omega$, with abbreviations $H^{s}(\Omega)=$ $W^{s, 2}(\Omega), L^{2}(\Omega)=H^{0}(\Omega)$ and $L^{p}(\Omega)=W^{0, p}(\Omega)$. As usual, we denote by $H_{0}^{1}(\Omega)$ the space of functions in $H^{1}(\Omega)$ with zero trace on the boundary $\partial \Omega$. For simplicity, the norms on the spaces $H^{s}(\Omega), H^{s}(\Omega)^{m}$ and $H^{s}(\Omega)^{m \times m}$, with any integer $m \geq 1$, are all denoted by $\|\cdot\|_{H^{s}(\Omega)}$.

We introduce the following Hilbert spaces associated with the NS equations:

$$
\begin{aligned}
X & =H_{0}^{1}(\Omega)^{2} \\
Y & =\left\{v \in L^{2}(\Omega)^{2} ; \nabla \cdot v=0,\left.v \cdot n\right|_{\partial \Omega}=0\right\} \\
M & =L_{0}^{2}(\Omega)=\left\{q \in L^{2}(\Omega) ; \int_{\Omega} q \mathrm{~d} x=0\right\}
\end{aligned}
$$

Let $X$ be the divergence-free subspace of $X$, defined by

$$
\dot{X}=\{v \in X ; \nabla \cdot v=0\} .
$$

In a convex polygon $\Omega$, it is known that the steady-state Stokes equations

$$
\left\{\begin{aligned}
-\Delta v+\nabla q=g & \text { in } \Omega, \\
\nabla \cdot v=0 & \text { in } \Omega, \\
v=0 & \text { on } \partial \Omega,
\end{aligned}\right.
$$

with $g \in L^{2}(\Omega)^{2}$, have a unique solution $(v, q) \in\left(\dot{X} \cap H^{2}(\Omega)^{2}\right) \times H^{1}(\Omega) / \mathbb{R}$ satisfying the following estimate:

$$
\begin{equation*}
\|v\|_{H^{2}(\Omega)}+\|q\|_{H^{1}(\Omega) / \mathbb{R}} \leq c_{1}\|g\|_{L^{2}(\Omega)}, \tag{2.1}
\end{equation*}
$$

where $c_{1}>0$ is some positive constant depending on $\Omega$. This result can be found in 17 , Theorem 2] and [24, p. 33, Proposition 2.2].

Let $D(A)=\dot{X} \cap H^{2}(\Omega)^{2} \subset Y$ and define the Stokes operator

$$
A=-P \Delta: D(A) \rightarrow Y,
$$

where $P$ is the $L^{2}$-orthogonal projection of $L^{2}(\Omega)^{2}$ onto $Y$. As a result of (2.1), the following inequalities hold; see [1,13):

$$
\begin{aligned}
\|v\|_{L^{2}(\Omega)} \leq c_{2}\|\nabla v\|_{L^{2}(\Omega)} & v \in X, \\
\|v\|_{H^{2}(\Omega)} \leq c_{2}\|A v\|_{L^{2}(\Omega)} & v \in D(A),
\end{aligned}
$$

where $c_{2}$ is some positive constant depending on $\Omega$.
We recall the following result concerning the existence and uniqueness of a global strong solution to the Navier-Stokes problem (1.1) (cf. [16, Theorem 2.1]).

Theorem 2.1. For any given $u^{0} \in X$ there exists a unique solution to (1.1) such that

$$
\begin{aligned}
& u \in H^{1}\left(0, T ; L^{2}(\Omega)^{2}\right) \cap L^{2}\left(0, T ; H^{2}(\Omega)^{2}\right) \cap C([0, T] ; \dot{X}), \\
& p \in L^{2}\left(0, T ; H^{1}(\Omega) / \mathbb{R}\right) .
\end{aligned}
$$

The initial condition is satisfied in the sense that

$$
\left\|u(\cdot, t)-u^{0}\right\|_{H^{1}(\Omega)} \rightarrow 0 \quad \text { as } \quad t \rightarrow 0 .
$$

We define a trilinear form on $X \times X \times X$ by

$$
\begin{aligned}
b(u, v, w) & =((u \cdot \nabla) v, w)+\frac{1}{2}((\nabla \cdot u) v, w) \\
& =\frac{1}{2}((u \cdot \nabla) v, w)-\frac{1}{2}((u \cdot \nabla) w, v) \quad \text { for } u, v, w \in X .
\end{aligned}
$$

Then the solution of problem (1.1), as stated in Theorem 2.1, satisfies the following equations for all $(v, q) \in X \times M$ and $t \in(0, T]$ :

$$
\left\{\begin{array}{r}
\left(\partial_{t} u, v\right)+b(u, u, v)+(\nabla u, \nabla v)-(p, \nabla \cdot v)=0,  \tag{2.2}\\
(\nabla \cdot u, q)=0 .
\end{array}\right.
$$

2.2. Semidiscrete finite element approximation. Let $X_{h} \times M_{h}$ be a finite element subspace of $X \times M$ subject to a triangulation of $\Omega$ with mesh size $h>0$, with the following three properties.
(1) Inverse inequality: there exists a constant $c_{3}>0$ (independent of $h$ ) such that

$$
\begin{equation*}
\left\|v_{h}\right\|_{W^{m, q}(\Omega)} \leq c_{3} h^{-(m-l)-\left(\frac{2}{p}-\frac{2}{q}\right)}\left\|v_{h}\right\|_{W^{l, p}(\Omega)} \quad \forall v_{h} \in X_{h}, \tag{2.3}
\end{equation*}
$$

for $0 \leq l \leq m \leq 1$ and $1 \leq p \leq q \leq \infty$.
(2) Inf-sup condition: there exists a constant $c_{4}>0$ (independent of $h$ ) such that

$$
\begin{equation*}
\left\|q_{h}\right\|_{L^{2}(\Omega)} \leq c_{4} \sup _{v_{h} \in X_{h} \backslash\{0\}} \frac{\left(\nabla \cdot v_{h}, q_{h}\right)}{\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}} \quad \forall q_{h} \in M_{h} . \tag{2.4}
\end{equation*}
$$

(3) Fortin projection: there exists a linear projection $\Pi_{h}: H_{0}^{1}(\Omega)^{2} \rightarrow X_{h}$ such that for $v \in H_{0}^{1}(\Omega)^{2} \cap H^{2}(\Omega)^{2}$

$$
\begin{array}{ll}
\left\|v-\Pi_{h} v\right\|_{H^{m}(\Omega)} \leq c_{5} h^{s-m}\|v\|_{H^{s}(\Omega)} & 0 \leq m \leq 1,1 \leq s \leq 2,  \tag{2.5}\\
\left\|\Pi_{h} v\right\|_{W^{1, p}(\Omega)} \leq c_{5}\|v\|_{W^{1, p}(\Omega)} & 1 \leq p<\infty,
\end{array}
$$

where $c_{5}>0$ is a constant independent of $h$.
For example, the Taylor-Hood P2-P1 element space [7,25 has all these properties.
For the simplicity of notation, in the rest of this paper, we denote by $c$ a generic positive constant that is independent of $h$.

Let $\dot{X}_{h}$ be the discrete divergence-free subspace of $X_{h}$, defined by

$$
\dot{X}_{h}:=\left\{v_{h} \in X_{h} ;\left(\nabla \cdot v_{h}, q_{h}\right)=0 \quad \forall q_{h} \in M_{h}\right\} .
$$

Let $P_{h}: L^{2}(\Omega)^{2} \rightarrow \stackrel{\circ}{X}_{h}$ be the $L^{2}$-orthogonal projection defined by

$$
\left(P_{h} v, v_{h}\right)=\left(v, v_{h}\right) \quad \forall v_{h} \in \stackrel{\circ}{X}_{h} .
$$

Equivalently, $P_{h} v$ can be found by solving the following coupled equations:

$$
\begin{cases}\left(P_{h} v, v_{h}\right)-\left(\eta_{h}, \nabla \cdot v_{h}\right)=\left(v, v_{h}\right) & \forall v_{h} \in X_{h}, \\ \left(\nabla \cdot P_{h} v, q_{h}\right)=0 & \forall q_{h} \in M_{h} .\end{cases}
$$

Then the following inequalities are consequences of properties (2.3)-2.5); see 3]:

$$
\begin{align*}
\left\|\nabla P_{h} v\right\|_{L^{2}(\Omega)} \leq c\|\nabla v\|_{L^{2}(\Omega)} & \forall v \in \dot{X},  \tag{2.6}\\
\left\|v-P_{h} v\right\|_{L^{2}(\Omega)}+h\left\|\nabla\left(v-P_{h} v\right)\right\|_{L^{2}(\Omega)} \leq \operatorname{ch}^{2}\|v\|_{H^{2}(\Omega)} & \forall v \in \dot{X} \cap H^{2}(\Omega)^{2} . \tag{2.7}
\end{align*}
$$

The semidiscrete finite element method for (2.2) reads: Find $\left(u_{h}(t), p_{h}(t)\right) \in X_{h} \times M_{h}$ such that

$$
\left\{\begin{align*}
\left(\partial_{t} u_{h}, v_{h}\right)+b\left(u_{h}, u_{h}, v_{h}\right)+\left(\nabla u_{h}, \nabla v_{h}\right)-\left(p_{h}, \nabla \cdot v_{h}\right) & =0,  \tag{2.8}\\
\left(\nabla \cdot u_{h}, q_{h}\right) & =0, \\
u_{h}(0) & =P_{h} u^{0},
\end{align*}\right.
$$

holds for all $\left(v_{h}, q_{h}\right) \in X_{h} \times M_{h}$ and $t \in(0, T]$.
It is known that the semidiscrete finite element solution $u_{h}(t)$ satisfies the following regularity estimates; see [10].
Lemma 2.2 (Regularity of semidiscrete finite element solution). Let $u^{0} \in H_{0}^{1}(\Omega)^{2}$ and $\nabla \cdot u^{0}=0$, and assume that the finite element space $X_{h} \times M_{h}$ has properties (2.3)-2.5). Then the semidiscrete finite element solution $u_{h}(t)$ determined by (2.8) satisfies the following regularity estimates:

$$
\begin{align*}
& \left\|\partial_{t}^{m} u_{h}(t)\right\|_{H^{1}(\Omega)} \leq C t^{-m} \quad \forall t \in(0, T], \quad m=1,2,  \tag{2.9}\\
& \left\|u_{h}(t)\right\|_{L^{2}(\Omega)}+\left\|\nabla u_{h}(t)\right\|_{L^{2}(\Omega)}+t^{\frac{1}{2}}\left\|A_{h} u_{h}(t)\right\|_{L^{2}(\Omega)} \leq C \quad \forall t \in(0, T], \tag{2.10}
\end{align*}
$$

where $C$ is a general positive constant depending on $\left\|u^{0}\right\|_{H^{1}(\Omega)}, \Omega$ and $T$.

## 3. The linearly extrapolated Crank-Nicolson scheme

In this section, we present the error estimate for the fully discrete finite element method with the linearly extrapolated Crank-Nicolson scheme in time. We consider a partition $0=t_{0}<t_{1}<\cdots<t_{N}=T$ of the time interval $[0, T]$ with the following stepsizes:

$$
\begin{align*}
& \tau_{1}=\tau_{2}=T\left(\frac{\tau}{T}\right)^{\frac{1}{1-\alpha}}  \tag{3.1}\\
& \tau_{n}=t_{n}-t_{n-1} \sim\left(\frac{t_{n-1}}{T}\right)^{\alpha} \tau \quad \text { for } n \geq 3
\end{align*}
$$

where $\tau$ is the maximal stepsize and $\frac{3}{4}<\alpha<1$ is any fixed number.

Remark 3.1. The computational cost using the stepsizes in (3.1) is equivalent to using a uniform stepsize $\tau$. For example, for the stepsize choice $\tau_{n}=\left(\frac{t_{n-1}}{T}\right)^{\alpha} \tau$ we can estimate the number of total time levels as follows. We divide the time interval $\left[t_{1}, T\right]$ into dyadic subintervals $\left[2^{-j-1} T, 2^{-j} T\right]$, with $j=0,1, \ldots, J$, where $J$ is the smallest integer satisfying $2^{-J} T \leq t_{1}$. Since $t_{1}=\tau_{1}=T\left(\frac{\tau}{T}\right)^{\frac{1}{1-\alpha}}$, it follows that $J \leq 1+\frac{1}{(1-\alpha) \ln 2} \ln \left(\frac{T}{\tau}\right)$. Any time interval $\left[t_{n-1}, t_{n}\right] \subset\left[2^{-j-1} T, 2^{-j} T\right]$ would satisfy

$$
\tau_{n}=\left(\frac{t_{n-1}}{T}\right)^{\alpha} \tau \geq 2^{-(j+1) \alpha} \tau .
$$

Hence, the number of time levels in $\left[2^{-j-1} T, 2^{-j} T\right]$ is bounded by

$$
N_{j} \leq \frac{2^{-(j+1)} T}{2^{-(j+1) \alpha} \tau}=2^{-(j+1)(1-\alpha)} \frac{T}{\tau} .
$$

As a result, the number of total time levels in $[0, T]$ is bounded by

$$
N \leq \sum_{j=0}^{J} N_{j} \leq \sum_{j=0}^{J} 2^{-(j+1)(1-\alpha)} \frac{T}{\tau} \leq \frac{1}{2^{1-\alpha}-1} \frac{T}{\tau} \quad \text { for } \alpha \in(0,1) .
$$

Therefore, for any fixed $\alpha \in(0,1)$, the number of total time levels is bounded by a constant multiple of $T / \tau$. The number of total time levels is increasing as $\alpha$ increases and blows up as $\alpha \rightarrow 1$. But in practical computation we only need to choose a fixed $\alpha \in(0,1)$ for a given problem. For example, in the numerical solution of the NS equations we only need to choose a fixed constant $\alpha \in\left(\frac{3}{4}, 1\right)$; see Theorem 3.1.

For any sequence of functions $u_{h}^{n}, n=0,1, \ldots, N$, we adopt the conventional notations:

$$
\begin{array}{ll}
\delta_{\tau} u_{h}^{n}:=\frac{u_{h}^{n}-u_{h}^{n-1}}{\tau_{n}}, & \bar{u}_{h}^{n-\frac{1}{2}}:=\frac{u_{h}^{n}+u_{h}^{n-1}}{2} \\
& n \geq 1, \\
\widehat{u}_{h}^{n-\frac{1}{2}}:=\left(1+\frac{r_{n}}{2}\right) u_{h}^{n-1}-\frac{r_{n}}{2} u_{h}^{n-2} & \text { with } r_{n}=\frac{\tau_{n}}{\tau_{n-1}}
\end{array}
$$

The stepsizes in (3.1) guarantee that $r_{n} \leq c$ for some positive constant $c$.
Let $u_{h}^{0}=P_{h} u^{0} \in \stackrel{\circ}{X}_{h}$. For $\left(u_{h}^{n}, p_{h}^{n}\right) \in X_{h} \times M_{h}, n=1,2$, we compute the numerical solutions by the semi-implicit Euler method:

$$
\left\{\begin{align*}
\left(\delta_{\tau} u_{h}^{n}, v_{h}\right)+b\left(u_{h}^{n-1}, u_{h}^{n}, v_{h}\right)+\left(\nabla u_{h}^{n}, \nabla v_{h}\right)-\left(p_{h}^{n}, \nabla \cdot v_{h}\right) & =0 & \forall v_{h} \in X_{h},  \tag{3.2}\\
\left(\nabla \cdot u_{h}^{n}, q_{h}\right) & =0 & \forall q_{h} \in M_{h} .
\end{align*}\right.
$$

For $n \geq 3$ and given functions

$$
\left(u_{h}^{n-2}, p_{h}^{n-2}\right),\left(u_{h}^{n-1}, p_{h}^{n-1}\right) \in \dot{X}_{h} \times M_{h},
$$

we consider the following linearly extrapolated Crank-Nicolson method: Find $\left(u_{h}^{n}, p_{h}^{n}\right) \in$ $X_{h} \times M_{h}$ such that

$$
\left\{\begin{align*}
&\left(\delta_{\tau} u_{h}^{n}, v_{h}\right)+b\left(\widehat{u}_{h}^{n-\frac{1}{2}}, \bar{u}_{h}^{n-\frac{1}{2}}, v_{h}\right)+\left(\nabla \bar{u}_{h}^{n-\frac{1}{2}}, \nabla v_{h}\right)-\left(p_{h}^{n-\frac{1}{2}}, \nabla \cdot v_{h}\right)=0 \forall v_{h} \in X_{h}  \tag{3.3}\\
&\left(\nabla \cdot \bar{u}_{h}^{n-\frac{1}{2}}, q_{h}\right)=0 \forall q_{h} \in M_{h} .
\end{align*}\right.
$$

The main result of this paper is presented in the following theorem.

Theorem 3.1. Let $u^{0} \in H_{0}^{1}(\Omega)^{2}$ and $\nabla \cdot u^{0}=0$, and assume that the finite element space has properties $2.3-(2.5)$ (such as the Taylor-Hood element space). If the temporal stepsizes are chosen from (3.1) with some fixed $\alpha$ satisfying $3 / 4<\alpha<1$, then the fully discrete finite element solution $u_{h}^{n}$ given by (3.2)-(3.3) has the following error bound:

$$
\begin{equation*}
\left\|u\left(t_{n}\right)-u_{h}^{n}\right\|_{L^{2}(\Omega)} \leq C \tau^{2}+C t_{n}^{-\frac{1}{2}} h^{2}, \tag{3.4}
\end{equation*}
$$

where $C$ is a general positive constant depending on $\left\|u^{0}\right\|_{H^{1}(\Omega)}, \Omega, T, c_{3}$ and $c_{5}$.
The proof of Theorem 3.1 is presented in the following subsections.
Remark 3.2. The Taylor-Hood P2-P1 elements can achieve at most third-order convergence when the solution is sufficiently smooth, but only have lower-order convergence when the regularity of the solution is not enough. For example, in 2.5 we only consider the approximation of the Fortin projection for $v \in H_{0}^{1}(\Omega)^{2} \cap H^{2}(\Omega)^{2}$. If $v \in H_{0}^{1}(\Omega)^{2} \cap H^{3}(\Omega)^{2}$ then (2.5) can also hold for $s=3$.
3.1. Some technical inequalities. In this subsection, we present two technical lemmas to be used in the error estimate for the linearly extrapolated Crank-Nicolson method.

In a convex polygon, it is known that the following interpolation inequalities hold (cf. 2 , p. 139, Theorem 5.8 and 5.9]):

$$
\begin{array}{rlr}
\|\nabla v\|_{L^{4}(\Omega)} & \leq c\|\nabla v\|_{L^{2}(\Omega)}^{\frac{1}{2}}\|\Delta v\|_{L^{2}(\Omega)}^{\frac{1}{2}} & \forall v \in H_{0}^{1}(\Omega)^{2} \cap H^{2}(\Omega)^{2}, \\
\|v\|_{L^{\infty}(\Omega)} & \leq c\|v\|_{L^{2}(\Omega)}^{\frac{1}{2}}\|v\|_{H^{2}(\Omega)}^{\frac{1}{2}} & \forall v \in H_{0}^{1}(\Omega)^{2} \cap H^{2}(\Omega)^{2} . \tag{3.6}
\end{array}
$$

For the discrete Stokes operator $A_{h}=-P_{h} \Delta_{h}: X_{h} \rightarrow \dot{X}_{h}$ defined by

$$
\left(A_{h} v_{h}, w_{h}\right)=-\left(\Delta_{h} v_{h}, w_{h}\right)=\left(\nabla v_{h}, \nabla w_{h}\right) \quad \forall v_{h} \in X_{h}, w_{h} \in \dot{X}_{h} .
$$

We shall need the following discrete analogues of (3.5)-(3.6).
Lemma 3.2 (Discrete Sobolev interpolation inequalities).

$$
\begin{align*}
\left\|\nabla v_{h}\right\|_{L^{4}(\Omega)} \leq c\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} & \forall v_{h} \in \dot{X}_{h},  \tag{3.7}\\
\left\|v_{h}\right\|_{L^{\infty}(\Omega)} \leq c\left\|v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} & \forall v_{h} \in \dot{X}_{h} . \tag{3.8}
\end{align*}
$$

Proof. To obtain a bound of $\left\|\nabla v_{h}\right\|_{L^{4}(\Omega)}$, we let $v \in D(A)=\dot{X} \cap H^{2}(\Omega)^{2}$ be the solution of

$$
\begin{equation*}
A v=A_{h} v_{h} \quad v_{h} \in \dot{X}_{h}, \tag{3.9}
\end{equation*}
$$

where (3.9) is equivalent to the linear Stokes equations for $(v, q) \in X \times M$

$$
\left\{\begin{align*}
-\Delta v+\nabla q & =A_{h} v_{h} & & \text { in } \Omega,  \tag{3.10}\\
\nabla \cdot v & =0 & & \text { in } \Omega, \\
v & =0 & & \text { on } \partial \Omega .
\end{align*}\right.
$$

According to the estimate 2.1), we know that the solution $v \in D(A)$ satisfies that

$$
\begin{equation*}
\|v\|_{H^{2}(\Omega)}+\|q\|_{H^{1}(\Omega)} \leq c\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)} . \tag{3.11}
\end{equation*}
$$

Note that $v_{h}$ is the solution of the following equations:

$$
\begin{cases}\left(\nabla v_{h}, \nabla w_{h}\right)-\left(q_{h}, \nabla \cdot w_{h}\right)=\left(A_{h} v_{h}, w_{h}\right) & \forall w_{h} \in X_{h}, \\ \left(\nabla \cdot v_{h}, \eta_{h}\right)=0 & \forall \eta_{h} \in M_{h} .\end{cases}
$$

As a result, $v_{h}$ is the Stokes-Ritz projection of $v$, i.e., there exists $q_{h} \in M_{h}$ such that

$$
\begin{cases}\left(\nabla\left(v-v_{h}\right), \nabla w_{h}\right)-\left(q-q_{h}, \nabla \cdot w_{h}\right)=0 & \forall w_{h} \in X_{h} \\ \left(\nabla \cdot\left(v-v_{h}\right), \eta_{h}\right)=0 & \forall \eta_{h} \in M_{h} .\end{cases}
$$

It is known that the Stokes-Ritz projection satisfies the following estimate; see 25]:

$$
\begin{equation*}
\left\|v-v_{h}\right\|_{H^{m}(\Omega)} \leq c h^{s-m}\left(\|v\|_{H^{s}(\Omega)}+\|q\|_{H^{s-1}(\Omega)}\right) \quad 0 \leq m \leq 1,1 \leq s \leq 2 . \tag{3.12}
\end{equation*}
$$

In view of (2.5) and (3.12), we derive that

$$
\begin{equation*}
\left\|v_{h}-\Pi_{h} v\right\|_{H^{m}(\Omega)} \leq c h^{s-m}\left(\|v\|_{H^{s}(\Omega)}+\|q\|_{H^{s-1}(\Omega)}\right) \quad 0 \leq m \leq 1,1 \leq s \leq 2 . \tag{3.13}
\end{equation*}
$$

Inequality (3.5) and (3.11) imply that

$$
\|\nabla v\|_{L^{4}(\Omega)} \leq c\|\nabla v\|_{L^{2}(\Omega)}^{\frac{1}{2}}\|v\|_{H^{2}(\Omega)}^{\frac{1}{2}} \leq c\|\nabla v\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}},
$$

and therefore

$$
\begin{align*}
\left\|\nabla \Pi_{h} v\right\|_{L^{4}(\Omega)} & \leq c\|\nabla v\|_{L^{4}(\Omega)} \\
& \leq c\|\nabla v\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} . \tag{3.14}
\end{align*}
$$

Since

$$
\begin{array}{ll}
\left\|\nabla\left(v_{h}-\Pi_{h} v\right)\right\|_{L^{4}(\Omega)}  \tag{3.15}\\
\leq c\left\|\nabla\left(v_{h}-\Pi_{h} v\right)\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|\nabla\left(v_{h}-\Pi_{h} v\right)\right\|_{L^{\infty}(\Omega)}^{\frac{1}{2}} \\
\leq c\left\|\nabla\left(v_{h}-\Pi_{h} v\right)\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} h^{-\frac{1}{2}}\left\|\nabla\left(v_{h}-\Pi_{h} v\right)\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} & \\
\leq c\left(\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}+\|\nabla v\|_{L^{2}(\Omega)}\right)^{\frac{1}{2}}\left(\|v\|_{H^{2}(\Omega)}+\|q\|_{H^{1}(\Omega)}\right)^{\frac{1}{2}} & \text { (2.5) and (3.13) are used) } \\
\leq c\left(\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}+\|\nabla v\|_{L^{2}(\Omega)}\right)^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} & \text { (3.11) is used), }
\end{array}
$$

combining (3.14) and (3.15) yields that

$$
\begin{align*}
\left\|\nabla v_{h}\right\|_{L^{4}(\Omega)} & \leq\left\|\nabla \Pi_{h} v\right\|_{L^{4}(\Omega)}+\left\|\nabla\left(v_{h}-\Pi_{h} v\right)\right\|_{L^{4}(\Omega)} \\
& \leq c\left(\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}+\|\nabla v\|_{L^{2}(\Omega)}\right)^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} . \tag{3.16}
\end{align*}
$$

It remains to prove the following inequality

$$
\begin{equation*}
\|\nabla v\|_{L^{2}(\Omega)} \leq c\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} . \tag{3.17}
\end{equation*}
$$

Then substituting (3.17) into (3.16) yields the desired inequality (3.7). In fact, testing equation (3.10) by $v \in D(A)$ gives

$$
\begin{aligned}
\|\nabla v\|_{L^{2}(\Omega)}^{2} & =\left(A_{h} v_{h}, v\right)+(q, \nabla \cdot v) \\
& =\left(A_{h} v_{h}, P_{h} v\right)=\left(\nabla v_{h}, \nabla P_{h} v\right) \\
& \leq c\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}\left\|\nabla P_{h} v\right\|_{L^{2}(\Omega)} \\
& \leq c\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}\|\nabla v\|_{L^{2}(\Omega)},
\end{aligned}
$$

where we have used (2.6) in the last inequality. This proves the first inequality of Lemma 3.2 .

To prove the second inequality of Lemma 3.2, we first test 3.10) by $w$ and obtain

$$
\begin{aligned}
(q, \nabla \cdot w) & =(\nabla v, \nabla w)-\left(A_{h} v_{h}, P_{h} w\right) \\
& =(\nabla v, \nabla w)-\left(\nabla v_{h}, \nabla P_{h} w\right) \\
& \leq c\left(\|\nabla v\|_{L^{2}(\Omega)}+\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}\right)\|w\|_{H^{1}(\Omega)} \\
& \leq c\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}\|w\|_{H^{1}(\Omega)} \quad \forall w \in X,
\end{aligned}
$$

where we have used (3.17) in the last inequality. Through the inf-sup condition, we derive that

$$
\begin{equation*}
\|q\|_{L^{2}(\Omega)} \leq c\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \tag{3.18}
\end{equation*}
$$

On the one hand, by using the inverse inequality and (3.13), we have

$$
\begin{aligned}
\left\|v_{h}-\Pi_{h} v\right\|_{L^{\infty}(\Omega)} & \leq c h^{-1}\left\|v_{h}-\Pi_{h} v\right\|_{L^{2}(\Omega)} \\
& =c h^{-1}\left\|v_{h}-\Pi_{h} v\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|v_{h}-\Pi_{h} v\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} \\
& \leq c h^{\frac{1}{2}}\left(\|v\|_{H^{1}(\Omega)}+\|q\|_{L^{2}(\Omega)}\right)^{\frac{1}{2}}\left(\|v\|_{H^{2}(\Omega)}+\|q\|_{H^{1}(\Omega)}\right)^{\frac{1}{2}} \\
& \leq c h^{\frac{1}{2}}\left\|v_{h}\right\|_{H^{1}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} \quad((3.17), \text { (3.18) and (3.11) are used) } \\
& \leq c\left\|v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} .
\end{aligned}
$$

On the other hand, it follows from the fact

$$
\begin{array}{rlr}
\|v\|_{L^{2}(\Omega)} & \leq\left\|v-v_{h}\right\|_{L^{2}(\Omega)}+\left\|v_{h}\right\|_{L^{2}(\Omega)} & \\
& \leq c h\left(\|v\|_{H^{1}(\Omega)}+\|q\|_{L^{2}(\Omega)}\right)+\left\|v_{h}\right\|_{L^{2}(\Omega)} & (\sqrt{3.12}) \text { is used }) \\
& \leq c h\left\|v_{h}\right\|_{H^{1}(\Omega)}+\left\|v_{h}\right\|_{L^{2}(\Omega)} & (3.17) \text { and (3.18) are used }) \\
& \leq c\left\|v_{h}\right\|_{L^{2}(\Omega)}, &
\end{array}
$$

and therefore

$$
\begin{array}{rlrl}
\left\|\Pi_{h} v\right\|_{L^{\infty}(\Omega)} & \leq\|v\|_{L^{\infty}(\Omega)} \\
& \leq c\|v\|_{L^{2}(\Omega)}^{\frac{1}{2}}\|v\|_{H^{2}(\Omega)}^{\frac{1}{2}} & & (\sqrt[3.6]{ }) \text { is used })  \tag{3.20}\\
& \leq c\left\|v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} & (\sqrt{3.11}) \text { is used }) .
\end{array}
$$

Using the triangle inequality and combining (3.19) and (3.20) yield that

$$
\begin{aligned}
\left\|v_{h}\right\|_{L^{\infty}(\Omega)} & \leq\left\|\Pi_{h} v\right\|_{L^{\infty}(\Omega)}+\left\|v_{h}-\Pi_{h} v\right\|_{L^{\infty}(\Omega)} \\
& \leq c\left\|v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}} .
\end{aligned}
$$

This completes the proof of this Lemma.
By the definition of the trilinear form, it is easy to see that

$$
\begin{equation*}
b\left(u_{h}, v_{h}, v_{h}\right)=0 \tag{3.21}
\end{equation*}
$$

For $u_{h}, v_{h}, w_{h} \in X_{h}$, it is known that (cf. [15, p. 360, eq. (3.7)])

$$
\begin{equation*}
\left|b\left(u_{h}, v_{h}, w_{h}\right)\right| \leq c\left\|u_{h}\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)}\left\|w_{h}\right\|_{H^{1}(\Omega)} \tag{3.22}
\end{equation*}
$$

By using the interpolation inequalities (3.7)-(3.8), we prove the following result.

Lemma 3.3. For $u_{h}, v_{h}, w_{h} \in \stackrel{\circ}{X}_{h}$, there holds

$$
\begin{equation*}
\left|b\left(u_{h}, v_{h}, w_{h}\right)\right| \leq c\left\|u_{h}\right\|_{L^{2}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|w_{h}\right\|_{H^{1}(\Omega)} . \tag{3.23}
\end{equation*}
$$

Proof. According to the definition of the trilinear form and Lemma 3.2, we derive that

$$
\begin{aligned}
& \left|b\left(u_{h}, v_{h}, w_{h}\right)\right| \\
& \leq \frac{1}{2}\left|\left(\left(u_{h} \cdot \nabla\right) v_{h}, w_{h}\right)\right|+\frac{1}{2}\left|\left(\left(u_{h} \cdot \nabla\right) w_{h}, v_{h}\right)\right| \\
& \leq c\left\|u_{h}\right\|_{L^{2}(\Omega)}\left\|\nabla v_{h}\right\|_{L^{4}(\Omega)}\left\|w_{h}\right\|_{L^{4}(\Omega)}+c\left\|u_{h}\right\|_{L^{2}(\Omega)}\left\|v_{h}\right\|_{L^{\infty}(\Omega)}\left\|\nabla w_{h}\right\|_{L^{2}(\Omega)} \\
& \leq c\left\|u_{h}\right\|_{L^{2}(\Omega)}\left(\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}+\left\|v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\right)\left\|w_{h}\right\|_{H^{1}(\Omega)} \\
& \leq c\left\|u_{h}\right\|_{L^{2}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)}^{\frac{1}{2}}\left\|A_{h} v_{h}\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|w_{h}\right\|_{H^{1}(\Omega)} .
\end{aligned}
$$

This proves the desired result.
In addition to the two lemmas above, we also need to use the discrete Gronwall inequality, which is stated in the following lemma; see 11.

Lemma 3.4. Let $B$ and $a_{n}, b_{n}, d_{n}, \tau_{n}$ be nonnegative numbers such that

$$
a_{m}+\sum_{n=n_{0}+1}^{m} b_{n} \tau_{n} \leq \sum_{n=n_{0}}^{m-1} a_{n} d_{n} \tau_{n}+B \quad \text { for } m \geq n_{0} \geq 1 .
$$

Then

$$
a_{m}+\sum_{n=n_{0}+1}^{m} b_{n} \tau_{n} \leq B \exp \left(\sum_{n=n_{0}}^{m-1} d_{n} \tau_{n}\right) \quad \text { for } m \geq n_{0} .
$$

3.2. Consistency. Under the assumptions of Theorem 3.1, Hill and Süli [16] proved the following result for the semidiscrete finite element approximation:

$$
\begin{equation*}
\max _{t \in(0, T]}\left\|u(t)-u_{h}(t)\right\|_{L^{2}(\Omega)} \leq C t^{-1 / 2} h^{2} \tag{3.24}
\end{equation*}
$$

Hence, we only need to present the estimate for the temporal discretization error

$$
e_{h}^{n}:=u_{h}\left(t_{n}\right)-u_{h}^{n} \quad n \geq 1 .
$$

In this subsection, we consider the consistency error for the linearly extrapolated CrankNicolson scheme (3.2)-(3.3) in the $H^{-1}$ norm, by comparing the fully discrete scheme (3.2)(3.3) with the semidiscrete scheme 2.8). Here and after, we use the following notations:

$$
\begin{array}{ll}
\delta_{\tau} u_{h}\left(t_{n}\right)=\frac{u_{h}\left(t_{n}\right)-u_{h}\left(t_{n-1}\right)}{\tau_{n}} & n \geq 1, \\
\bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)=\frac{u_{h}\left(t_{n}\right)+u_{h}\left(t_{n-1}\right)}{2} & n \geq 1, \\
\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right)=\left(1+\frac{r_{n}}{2}\right) u_{h}\left(t_{n-1}\right)-\frac{r_{n}}{2} u_{h}\left(t_{n-2}\right) & n \geq 2 .
\end{array}
$$

Then the semidiscrete solution $u_{h}\left(t_{n}\right)$ given by (2.8) satisfies the following system for $n=$ 1,2 :

$$
\left\{\begin{align*}
\left(\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)+b\left(u_{h}\left(t_{n-1}\right), u_{h}\left(t_{n}\right), v_{h}\right)+\left(\nabla u_{h}\left(t_{n}\right), \nabla v_{h}\right) &  \tag{3.25}\\
-\left(p_{h}\left(t_{n}\right), \nabla \cdot v_{h}\right)+\left(\varepsilon^{n}, v_{h}\right)=0 & \forall v_{h} \in X_{h}, \\
\left(\nabla \cdot u_{h}\left(t_{n}\right), q_{h}\right)=0 & \forall q_{h} \in M_{h},
\end{align*}\right.
$$

and the following system for $n \geq 3$ :

$$
\left\{\begin{align*}
\left(\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)+b\left(\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right)+\left(\nabla \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), \nabla v_{h}\right)  \tag{3.26}\\
-\left(p_{h}\left(t_{n-\frac{1}{2}}\right), \nabla \cdot v_{h}\right)+\left(\varepsilon^{n}, v_{h}\right)=0 \quad \forall v_{h} \in X_{h}, \\
\left(\nabla \cdot \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), q_{h}\right)=0 \quad \forall q_{h} \in M_{h},
\end{align*}\right.
$$

where $\varepsilon^{n} \in X_{h}$ is the consistency error defined by

$$
\left(\varepsilon^{n}, v_{h}\right)= \begin{cases}\left(\partial_{t} u_{h}\left(t_{n}\right)-\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)+b\left(u_{h}\left(t_{n}\right)-u_{h}\left(t_{n-1}\right), u_{h}\left(t_{n}\right), v_{h}\right) & \text { for } n=1,2,  \tag{3.27}\\ \left(\partial_{t} u_{h}\left(t_{n-\frac{1}{2}}\right)-\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)+\left(\nabla\left(u_{h}\left(t_{n-\frac{1}{2}}\right)-\bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right), \nabla v_{h}\right) \\ \quad+b\left(u_{h}\left(t_{n-\frac{1}{2}}\right), u_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right)-b\left(\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right) & \\ =:\left(\varepsilon_{1}^{n}, v_{h}\right)+\left(\varepsilon_{2}^{n}, v_{h}\right)+\left(\varepsilon_{3}^{n}, v_{h}\right) & \text { for } n \geq 3\end{cases}
$$

The following lemma gives a proof that $r_{n} \leq c$ for $n \geq 2$, where $c$ is a positive constant. It will be used in the consistency error estimate.
Lemma 3.5. For $n \geq 2$, there holds $r_{n} \leq c$.
Proof. From the stepsizes choice in (3.1) we know that

$$
\begin{array}{rlrl}
r_{2} & =\frac{\tau_{2}}{\tau_{1}}=1 & n=2, \\
r_{3} & =\frac{\tau_{3}}{\tau_{2}} \sim \frac{\left(\frac{t_{2}}{T}\right)^{\alpha} \tau}{\tau_{2}}=\frac{\left(2 \tau_{2}\right)^{\alpha} \tau}{T^{\alpha} \tau_{2}}=2^{\alpha}<2 & n=3, \\
r_{n} & =\frac{\tau_{n}}{\tau_{n-1}} \sim \frac{\left(\frac{t_{n-1}}{T}\right)^{\alpha} \tau}{\left(\frac{t_{n-2}}{T}\right)^{\alpha} \tau}=\frac{t_{n-1}^{\alpha} \tau}{t_{n-2}^{\alpha} \tau}=\left(\frac{t_{n-2}+\tau_{n-1}}{t_{n-2}}\right)^{\alpha} & \\
& =\left(1+\frac{\tau_{n-1}}{t_{n-2}}\right)^{\alpha} \sim\left(1+\frac{t_{n-2}^{\alpha-1} \tau}{T^{\alpha}}\right)^{\alpha} & & \\
& \leq 1+\frac{t_{n-2}^{\alpha-1} \tau}{T^{\alpha}} \leq 1+\frac{t_{1}^{\alpha-1} \tau}{T^{\alpha}}=2 & & n \geq 4 .
\end{array}
$$

This proves the desired result.
Lemma 3.6. If $u^{0} \in H_{0}^{1}(\Omega)^{2}$ and $\nabla \cdot u^{0}=0$ and the stepsizes in (3.1) are used, then the consistency error defined in (3.27) satisfies the following estimate:

$$
\begin{equation*}
\left|\left(\varepsilon^{n}, v_{h}\right)\right| \leq C \tau_{n}^{2} t_{n}^{-2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \quad \forall v_{h} \in \dot{X}_{h} . \tag{3.28}
\end{equation*}
$$

Proof. For $n=1,2$ we have

$$
\left|\left(\varepsilon^{n}, v_{h}\right)\right|=\left|\left(\partial_{t} u_{h}\left(t_{n}\right)-\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)+b\left(u_{h}\left(t_{n}\right)-u_{h}\left(t_{n-1}\right), u_{h}\left(t_{n}\right), v_{h}\right)\right|
$$

$$
\begin{align*}
& \leq c\left|\left(\partial_{t} u_{h}\left(t_{n}\right)-\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)\right| \\
&\left.+c\left\|u_{h}\left(t_{n}\right)-u_{h}\left(t_{n-1}\right)\right\|_{H^{1}(\Omega)}\left\|u_{h}\left(t_{n}\right)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)} \quad(\underline{3.22}) \text { is used }\right) \\
& \leq c\left|\left(\partial_{t} u_{h}\left(t_{n}\right)-\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)\right|  \tag{3.29}\\
& \quad+c\left\|u_{h}\left(t_{n}\right)-u_{h}\left(t_{n-1}\right)\right\|_{H^{1}(\Omega)}\left\|u_{h}\left(t_{n}\right)\right\|_{H^{1}(\Omega)}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \\
& \leq c \max _{t \in\left[0, t_{2}\right]}\left|\left(\partial_{t} u_{h}(t), v_{h}\right)\right|+c \max _{t \in\left[0, t_{2}\right]}\left\|u_{h}(t)\right\|_{H^{1}(\Omega)}^{2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \\
& \leq c \max _{t \in\left[0, t_{2}\right]}\left|\left(\partial_{t} u_{h}(t), v_{h}\right)\right|+C\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)},
\end{align*}
$$

where the last inequality uses the boundedness of $\left\|u_{h}(t)\right\|_{H^{1}(\Omega)}$ as shown in 2.10). By choosing $v_{h} \in \dot{X}_{h}$ in (2.8), we have $\left(p_{h}, \nabla \cdot v_{h}\right)=0$ and therefore

$$
\begin{equation*}
\left(\partial_{t} u_{h}(t), v_{h}\right)+b\left(u_{h}(t), u_{h}(t), v_{h}\right)+\left(\nabla u_{h}(t), \nabla v_{h}\right)=0 \quad \forall v_{h} \in \dot{X}_{h}, \tag{3.30}
\end{equation*}
$$

which implies that

$$
\begin{aligned}
\left|\left(\partial_{t} u_{h}(t), v_{h}\right)\right| & \leq\left|b\left(u_{h}(t), u_{h}(t), v_{h}\right)\right|+\left|\left(\nabla u_{h}(t), \nabla v_{h}\right)\right| \\
& \leq c\left\|u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)}+c\left\|\nabla u_{h}(t)\right\|_{L^{2}(\Omega)}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \\
& \leq C\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} .
\end{aligned}
$$

Substituting this into (3.29) yields that

$$
\left|\left(\varepsilon^{n}, v_{h}\right)\right| \leq C\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \leq C \tau_{n}^{2} t_{n}^{-2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \quad \text { for } v_{h} \in \dot{X}_{h} \text { and } n=1,2 .
$$

In the case $n \geq 3$, we present estimates for $\left|\left(\varepsilon_{j}^{n}, v_{h}\right)\right|, j=1,2,3$, respectively. First, we note that

$$
\begin{equation*}
\left|\left(\varepsilon_{1}^{n}, v_{h}\right)\right|=\left|\left(\partial_{t} u_{h}\left(t_{n-\frac{1}{2}}\right)-\delta_{\tau} u_{h}\left(t_{n}\right), v_{h}\right)\right| \leq c \tau_{n}^{2} \max _{t \in\left[t_{n-1}, t_{n}\right]}\left|\left(\partial_{t}^{3} u_{h}(t), v_{h}\right)\right| . \tag{3.31}
\end{equation*}
$$

By differentiating (3.30) in time twice, we obtain

$$
\begin{aligned}
\left(\partial_{t}^{3} u_{h}(t), v_{h}\right)+b\left(\partial_{t}^{2} u_{h}(t), u_{h}(t), v_{h}\right)+2 b\left(\partial_{t} u_{h}(t), \partial_{t} u_{h}(t), v_{h}\right) \\
+b\left(u_{h}(t), \partial_{t}^{2} u_{h}(t), v_{h}\right)+\left(\nabla \partial_{t}^{2} u_{h}(t), \nabla v_{h}\right)=0 \quad \forall v_{h} \in \dot{X}_{h},
\end{aligned}
$$

which implies that

$$
\begin{aligned}
\left|\left(\partial_{t}^{3} u_{h}(t), v_{h}\right)\right| \leq & c\left\|\partial_{t}^{2} u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)} \\
& +c\left\|\partial_{t} u_{h}(t)\right\|_{H^{1}(\Omega)}^{2}\left\|v_{h}\right\|_{H^{1}(\Omega)} \\
& +c\left\|\partial_{t}^{2} u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)} \\
\leq & C t^{-2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)},
\end{aligned}
$$

where we have used (2.9) (with $m=1,2$ therein) and 2.10). Substituting this into (3.31) yields that

$$
\begin{equation*}
\left|\left(\varepsilon_{1}^{n}, v_{h}\right)\right| \leq C \tau_{n}^{2} t_{n-1}^{-2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \quad \forall v_{h} \in \stackrel{\circ}{X}_{h} \tag{3.32}
\end{equation*}
$$

Second, by using the definitions of $\left(\varepsilon_{2}^{n}, v_{h}\right)$ and $\left(\varepsilon_{3}^{n}, v_{h}\right)$ for $v_{h} \in \dot{X}_{h}$, we have

$$
\begin{align*}
\left|\left(\varepsilon_{2}^{n}, v_{h}\right)\right| & \leq c\left\|\nabla\left(u_{h}\left(t_{n-\frac{1}{2}}\right)-\bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right)\right\|_{L^{2}(\Omega)}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \\
& \leq c \tau_{n}^{2} \max _{t \in\left[t_{n-1}, t_{n}\right]}\left\|\partial_{t}^{2} u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)}  \tag{3.33}\\
& \leq C \tau_{n}^{2} t_{n-1}^{-2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)},
\end{align*}
$$

and

$$
\begin{align*}
\left|\left(\varepsilon_{3}^{n}, v_{h}\right)\right|= & \left|b\left(u_{h}\left(t_{n-\frac{1}{2}}\right), u_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right)-b\left(\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right)\right| \\
= & \left\lvert\, b\left(u_{h}\left(t_{n-\frac{1}{2}}\right)-\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right), u_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right)\right. \\
& \left.+b\left(\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right), u_{h}\left(t_{n-\frac{1}{2}}\right)-\bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right) \right\rvert\, \\
\leq & c\left\|u_{h}\left(t_{n-\frac{1}{2}}\right)-\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)}\left\|u_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)} \\
& +c\left\|\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)}\left\|u_{h}\left(t_{n-\frac{1}{2}}\right)-\bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)}  \tag{3.34}\\
\leq & c \tau_{n}^{2} \max _{t \in\left[t_{n-2}, t_{n}\right]}\left\|\partial_{t}^{2} u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|u_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)} \\
& +c\left\|\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)} \tau_{n}^{2} \max _{t \in\left[t_{n-1}, t_{n}\right]}\left\|\partial_{t}^{2} u_{h}(t)\right\|_{H^{1}(\Omega)}\left\|v_{h}\right\|_{H^{1}(\Omega)} \\
\leq & C \tau_{n}^{2} t_{n-2}^{-2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)},
\end{align*}
$$

where in the last inequality we have used

$$
\left\|\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)} \leq\left(1+\frac{r_{n}}{2}\right)\left\|u_{h}\left(t_{n-1}\right)\right\|_{H^{1}(\Omega)}+\frac{r_{n}}{2}\left\|u_{h}\left(t_{n-2}\right)\right\|_{H^{1}(\Omega)} \leq C,
$$

which is a result of Lemma 3.5 and (2.10).
Since $t_{n-2} \sim t_{n-1} \sim t_{n}$ for $n \geq 3$, summing up the above three estimates (3.32)-(3.34), we obtain

$$
\left|\left(\varepsilon^{n}, v_{h}\right)\right| \leq C \tau_{n}^{2} t_{n}^{-2}\left\|\nabla v_{h}\right\|_{L^{2}(\Omega)} \quad \text { for } v_{h} \in \dot{X}_{h} \text { and } n \geq 3
$$

This proves the desired estimate in Lemma 3.6.
3.3. Error estimate. Let $e_{h}^{n}=u_{h}\left(t_{n}\right)-u_{h}^{n}$ and $\eta_{h}^{n}=p_{h}\left(t_{n}\right)-p_{h}^{n}$ be the error functions. Then subtracting (3.2) from (3.25) yields the following error equations for $n=1,2$ :

$$
\left\{\begin{align*}
&\left(\delta_{\tau} e_{h}^{n}, v_{h}\right)+\left(\nabla e_{h}^{n}, \nabla v_{h}\right)+b\left(u_{h}\left(t_{n-1}\right), u_{h}\left(t_{n}\right)\right.\left., v_{h}\right)-b\left(u_{h}^{n-1}, u_{h}^{n}, v_{h}\right)  \tag{3.35}\\
&-\left(\eta_{h}^{n}, \nabla \cdot v_{h}\right)+\left(\varepsilon^{n}, v_{h}\right)=0 \\
&\left(\nabla \cdot e_{h}^{n}, q_{h}\right)=0
\end{align*}\right.
$$

for all $\left(v_{h}, q_{h}\right) \in X_{h} \times M_{h}$.
In the light of (3.21), we notice that

$$
\begin{align*}
& \left|b\left(u_{h}\left(t_{n-1}\right), u_{h}\left(t_{n}\right), e_{h}^{n}\right)-b\left(u_{h}^{n-1}, u_{h}^{n}, e_{h}^{n}\right)\right| \\
& \quad=\left|b\left(e_{h}^{n-1}, u_{h}\left(t_{n}\right), e_{h}^{n}\right)+b\left(u_{h}^{n-1}, e_{h}^{n}, e_{h}^{n}\right)\right| \\
& \quad=\left|b\left(e_{h}^{n-1}, u_{h}\left(t_{n}\right), e_{h}^{n}\right)\right|  \tag{3.36}\\
& \quad \leq c\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}\left\|u_{h}\left(t_{n}\right)\right\|_{H^{1}(\Omega)}^{\frac{1}{2}}\left\|A_{h} u_{h}\left(t_{n}\right)\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|e_{h}^{n}\right\|_{H^{1}(\Omega)}
\end{align*}
$$

(here we have used Lemma 3.3)

$$
\leq C t_{n}^{-\frac{1}{4}}\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}\left\|\nabla e_{h}^{n}\right\|_{L^{2}(\Omega)}
$$

where we have used (2.10) in the last inequality. Then, substituting $\left(v_{h}, q_{h}\right)=\left(e_{h}^{n}, \eta_{h}^{n}\right) \in$ $\stackrel{\circ}{X}_{h} \times M_{h} \subset X_{h} \times M_{h}$ into the error equations (3.35) and using estimate (3.36), we obtain

$$
\begin{aligned}
& \frac{1}{2 \tau_{n}}\left(\left\|e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2}-\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+\left\|e_{h}^{n}-e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}\right)+\left\|\nabla e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2} \\
& \leq\left|\left(\varepsilon^{n}, e_{h}^{n}\right)\right|+C t_{n}^{-\frac{1}{4}}\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}\left\|\nabla e_{h}^{n}\right\|_{L^{2}(\Omega)}
\end{aligned}
$$

$$
\begin{aligned}
& \leq C \tau_{n}^{2} t_{n}^{-2}\left\|\nabla e_{h}^{n}\right\|_{L^{2}(\Omega)}+C t_{n}^{-\frac{1}{4}}\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}\left\|\nabla e_{h}^{n}\right\|_{L^{2}(\Omega)} \\
& \leq C \tau_{n}^{4} t_{n}^{-4}+C t_{n}^{-\frac{1}{2}}\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+\frac{1}{2}\left\|\nabla e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2} \quad \text { for } n=1,2
\end{aligned}
$$

where we have used Lemma 3.6 in obtaining the second to last inequality. The last term of the inequality above can be absorbed by the left-hand side. As a result, we have

$$
\begin{aligned}
\left\|e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2}+\tau_{n}\left\|\nabla e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2} & \leq C \tau_{n}^{5} t_{n}^{-4}+\left(1+C \tau_{n} t_{n}^{-\frac{1}{2}}\right)\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2} \\
& \leq C \tau_{n}+\left(1+C \tau_{n} t_{n}^{-\frac{1}{2}}\right)\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2} \quad \text { for } n=1,2
\end{aligned}
$$

Since $\left\|e_{h}^{0}\right\|_{L^{2}(\Omega)}=0$, it follows that

$$
\begin{align*}
& \left\|e_{h}^{1}\right\|_{L^{2}(\Omega)}^{2}+\tau_{1}\left\|\nabla e_{h}^{1}\right\|_{L^{2}(\Omega)}^{2} \leq C \tau_{1} \\
& \left\|e_{h}^{2}\right\|_{L^{2}(\Omega)}^{2}+\tau_{2}\left\|\nabla e_{h}^{2}\right\|_{L^{2}(\Omega)}^{2} \leq C \tau_{2}+\left(1+C \tau_{2}^{\frac{1}{2}}\right)\left\|e_{h}^{1}\right\|_{L^{2}(\Omega)}^{2} \tag{3.37}
\end{align*}
$$

When $3 / 4<\alpha<1$, we have

$$
\tau_{1}=\tau_{2}=T\left(\frac{\tau}{T}\right)^{\frac{1}{1-\alpha}} \leq c \tau^{4}
$$

Substituting this into (3.37) yields that

$$
\begin{equation*}
\left\|e_{h}^{1}\right\|_{L^{2}(\Omega)}+\left\|e_{h}^{2}\right\|_{L^{2}(\Omega)} \leq C \tau^{2} \tag{3.38}
\end{equation*}
$$

For $n \geq 3$, subtracting (3.3) from (3.26) yields the following error equations:

$$
\left\{\begin{array}{r}
\left(\delta_{\tau} e_{h}^{n}, v_{h}\right)+\left(\nabla \bar{e}_{h}^{n-\frac{1}{2}}, \nabla v_{h}\right)+b\left(\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), v_{h}\right)-b\left(\widehat{u}_{h}^{n-\frac{1}{2}}, \bar{u}_{h}^{n-\frac{1}{2}}, v_{h}\right)  \tag{3.39}\\
-\left(\eta_{h}^{n-\frac{1}{2}}, \nabla \cdot v_{h}\right)+\left(\varepsilon^{n}, v_{h}\right)=0 \\
\left(\nabla \cdot \bar{e}_{h}^{n-\frac{1}{2}}, q_{h}\right)=0
\end{array}\right.
$$

for all $\left(v_{h}, q_{h}\right) \in X_{h} \times M_{h}$.
In view of 3.21 , it can easily be seen that

$$
\begin{align*}
& \left|b\left(\widehat{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{e}_{h}^{n-\frac{1}{2}}\right)-b\left(\widehat{u}_{h}^{n-\frac{1}{2}}, \bar{u}_{h}^{n-\frac{1}{2}}, \bar{e}_{h}^{n-\frac{1}{2}}\right)\right| \\
& \quad=\left|b\left(\widehat{e}_{h}^{n-\frac{1}{2}}, \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{e}_{h}^{n-\frac{1}{2}}\right)+b\left(\widehat{u}_{h}^{n-\frac{1}{2}}, \bar{e}_{h}^{n-\frac{1}{2}}, \bar{e}_{h}^{n-\frac{1}{2}}\right)\right| \\
& \quad=\left|b\left(\widehat{e}_{h}^{n-\frac{1}{2}}, \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right), \bar{e}_{h}^{n-\frac{1}{2}}\right)\right|  \tag{3.40}\\
& \quad \leq c\left\|\widehat{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}\left\|\bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)}^{\frac{1}{2}}\left\|A_{h} \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{L^{2}(\Omega)}^{\frac{1}{2}}\left\|\bar{e}_{h}^{n-\frac{1}{2}}\right\|_{H^{1}(\Omega)}
\end{align*}
$$

(here we have used Lemma 3.3)

$$
\leq C t_{n-1}^{-\frac{1}{4}}\left\|\widehat{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}
$$

where in the last inequality we have used

$$
\begin{aligned}
& \left\|A_{h} \bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{L^{2}(\Omega)} \leq \frac{1}{2}\left\|A_{h} u_{h}\left(t_{n-1}\right)\right\|_{L^{2}(\Omega)}+\frac{1}{2}\left\|A_{h} u_{h}\left(t_{n}\right)\right\|_{L^{2}(\Omega)} \leq C t_{n-1}^{-\frac{1}{2}} \\
& \left\|\bar{u}_{h}\left(t_{n-\frac{1}{2}}\right)\right\|_{H^{1}(\Omega)} \leq \frac{1}{2}\left\|u_{h}\left(t_{n-1}\right)\right\|_{H^{1}}+\frac{1}{2}\left\|u_{h}\left(t_{n}\right)\right\|_{H^{1}} \leq C
\end{aligned}
$$

which are consequences of 2.10 .

Substituting $\left(v_{h}, q_{h}\right)=\left(\bar{e}_{h}^{n-\frac{1}{2}}, \eta_{h}^{n-\frac{1}{2}}\right) \in \dot{X}_{h} \times M_{h} \subset X_{h} \times M_{h}$ into the error equations (3.39) and using estimate (3.40), we obtain

$$
\begin{aligned}
& \frac{1}{2 \tau_{n}}\left(\left\|e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2}-\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}\right)+\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}^{2} \\
& \leq\left|\left(\varepsilon^{n}, \bar{e}_{h}^{n-\frac{1}{2}}\right)\right|+C t_{n-1}^{-\frac{1}{4}}\left\|\hat{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)} \\
& \leq C \tau_{n}^{2} t_{n}^{-2}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}+C t_{n-1}^{-\frac{1}{4}}\left\|e_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)} \\
& \leq C \tau_{n}^{4} t_{n}^{-4}+C t_{n-1}^{-\frac{1}{2}}\left\|e_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}^{2}+\frac{1}{2}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}^{2} .
\end{aligned}
$$

The last term of the inequality above can be absorbed by the left-hand side. As a result, we have

$$
\begin{align*}
& \frac{1}{2 \tau_{n}}\left(\left\|e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2}-\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}\right)+\frac{1}{2}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}^{2}  \tag{3.41}\\
& \leq C \tau_{n}^{4} t_{n}^{-4}+C t_{n-1}^{-\frac{1}{2}}\left(\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+\left\|e_{h}^{n-2}\right\|_{L^{2}(\Omega)}^{2}\right) \quad \text { for } n \geq 3
\end{align*}
$$

When $4 \alpha-4>-1$ (or equivalently $\alpha>3 / 4$ ), we have

$$
\begin{equation*}
\sum_{n=3}^{N} \tau_{n} t_{n}^{4 \alpha-4} \leq \int_{0}^{T} t^{4 \alpha-4} \mathrm{~d} t \leq c \tag{3.42}
\end{equation*}
$$

Hence, summing up (3.41) times $2 \tau_{n}$ for $n=3, \ldots, m$ yields

$$
\begin{aligned}
& \left\|e_{h}^{m}\right\|_{L^{2}(\Omega)}^{2}+\sum_{n=3}^{m} \tau_{n}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}^{2} \\
& \leq\left\|e_{h}^{2}\right\|_{L^{2}(\Omega)}^{2}+C \tau^{4} \sum_{n=3}^{m} \tau_{n} t_{n}^{4 \alpha-4}+C \sum_{n=3}^{m} \tau_{n} t_{n-1}^{-\frac{1}{2}}\left(\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+\left\|e_{h}^{n-2}\right\|_{L^{2}(\Omega)}^{2}\right) \\
& \leq C \tau^{4}+C \sum_{n=3}^{m} \tau_{n} t_{n-1}^{-\frac{1}{2}}\left(\left\|e_{h}^{n-1}\right\|_{L^{2}(\Omega)}^{2}+\left\|e_{h}^{n-2}\right\|_{L^{2}(\Omega)}^{2}\right),
\end{aligned}
$$

where we have used $(\sqrt[3.38]{ })$ and $(3.42)$ in deriving the last inequality. Since this inequality holds for all $3 \leq m \leq N$, by applying Gronwall's lemma (i.e. Lemma 3.4), we obtain

$$
\begin{equation*}
\max _{3 \leq n \leq N}\left\|e_{h}^{n}\right\|_{L^{2}(\Omega)}^{2}+\sum_{n=3}^{N} \tau_{n}\left\|\nabla \bar{e}_{h}^{n-\frac{1}{2}}\right\|_{L^{2}(\Omega)}^{2} \leq C \tau^{4} \tag{3.43}
\end{equation*}
$$

Combining (3.38) and (3.43), we have

$$
\max _{1 \leq n \leq N}\left\|e_{h}^{n}\right\|_{L^{2}(\Omega)} \leq C \tau^{2}
$$

This result and $(3.24)$ imply the desired error bound in Theorem 3.1 .

## 4. Numerical examples

In this section, we present numerical experiments to support the theoretical analysis in Theorem 3.1. In Example 4.1 we present numerical results to illustrate that the number of total time levels $N$ using the variable stepsize in (3.1) is equivalent to the number of total time levels using a uniform stepsize. In Example 4.2 and 4.3 we present numerical results to illustrate the convergence rates of numerical method by solving problem (1.1) in the unit

Table 4.1. The number of time levels $N$

| $\alpha$ | $\tau$ | 0.1 | 0.5 | 1.0 | 10 | 100 | $N \tau / T$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0.6 | $1 / 80$ | 20 | 101 | 201 | 2003 | 20005 | 2.6 |
|  | $1 / 160$ | 40 | 201 | 402 | 4004 | 40005 | 2.6 |
| 0.7 | $1 / 80$ | 26 | 135 | 269 | 2672 | 26674 | 3.4 |
|  | $1 / 160$ | 54 | 269 | 536 | 5339 | 53342 | 3.4 |
| 0.8 | $1 / 80$ | 40 | 203 | 404 | 4009 | 40013 | 5.1 |
|  | $1 / 160$ | 81 | 404 | 805 | 8010 | 80015 | 5.1 |

square $\Omega=(0,1) \times(0,1)$ up to $T=0.1$. The Taylor-Hood P2-P1 finite element space is used for spatial discretization, and the method (3.2) $-(3.3)$ for temporal discretization.

For the stepsizes in (3.1), we simply choose $\tau_{n}=\left(\frac{t_{n-1}}{T}\right)^{\alpha} \tau$ for $n \geq 3$ in all numerical simulations. All the computations are performed by FreeFEM++; see www.freefem.org.

Example 4.1. In Table 4.1, we present the number of total time levels $N$ using the stepsizes (3.1) corresponding to different parameters, including $T=0.1,0.5,1.0,10,100$, $\alpha=0.6,0.7,0.8$ and $\tau=1 / 80,1 / 160$. We can see that when $\alpha=0.6$, the total number of time levels $N \leq 2.6(T / \tau)$; when $\alpha=0.7, N \leq 3.4(T / \tau)$; when $\alpha=0.8, N \leq 5.1(T / \tau)$. This is consistent with the conclusion we proved in Remark 3.1.

In Figures 4.1 and 4.2, we present the evolution of the stepsize $\tau_{n}$ with different parameters $\alpha=0.6,0.7,0.8$, and different maximal stepsizes $\tau=1 / 80,1 / 160$, for both $T=0.1$ and $T=$ 1.0. Figures 4.1 and 4.2 illustrate how the variable stepsize in (3.1) increases from $T\left(\frac{\tau}{T}\right)^{\frac{1}{1-\alpha}}$ to $\tau$, while Table 4.1 shows that the number of total time levels satisfies $N \leq C(T / \tau)$.


Figure 4.1. The evolution of $\tau_{n}$ at $T=0.1$.


Figure 4.2. The evolution of $\tau_{n}$ at $T=1.0$.
Example 4.2. We consider an example with initial value in $H_{0}^{1}(\Omega)^{2}$ but not in $H^{2}(\Omega)^{2}$, i.e., $u^{0}=\left(u_{1}^{0}(x, y), u_{2}^{0}(x, y)\right)$ with

$$
\begin{aligned}
& u_{1}^{0}(x, y)=\frac{5}{2} \pi \sin ^{\frac{5}{2}}(\pi x) \sin ^{\frac{3}{2}}(\pi y) \cos (\pi y), \\
& u_{2}^{0}(x, y)=-\frac{5}{2} \pi \sin ^{\frac{3}{2}}(\pi x) \cos (\pi x) \sin ^{\frac{5}{2}}(\pi y) .
\end{aligned}
$$

The initial value satisfies

$$
u^{0} \in H^{2-\epsilon}(\Omega)^{2} \cap H_{0}^{1}(\Omega)^{2} \forall \epsilon \in(0,1), \quad \nabla \cdot u^{0}=0 \text { in } \Omega \quad \text { and } \quad u^{0}=0 \text { on } \partial \Omega .
$$

The temporal discretization errors $\left\|u_{h, \text { ref }}^{N}-u_{h}^{N}\right\|_{L^{2}(\Omega)}$ and convergence rates are presented in Table 4.2, where the reference solution $u_{h, \text { ref }}^{N}$ is computed by using a sufficiently small stepsize with $\tau=1 / 10240$. The spatial discretization errors $\left\|u_{h, \text { ref }}^{N}-u_{h}^{N}\right\|_{L^{2}(\Omega)}$ and convergence rates are presented in Table 4.3. where the reference solution $u_{h, \text { ref }}^{N}$ is computed by using a sufficiently small spatial mesh size with $h=1 / 128$. The parameter in (3.1) is selected as $\alpha=0.8$. From Table 4.2 and 4.3 , we see that the convergence rates in space and time are consistent with the theoretical result proved in Theorem 3.1.

Table 4.2. Temporal discretization errors using variable stepsize with $\alpha=0.8$.

| $h^{\tau}$ | $1 / 320$ | $1 / 640$ | $1 / 1280$ | $1 / 2560$ | convergence rate |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $1 / 16$ | $5.494 \mathrm{E}-05$ | $1.102 \mathrm{E}-05$ | $2.805 \mathrm{E}-06$ | $6.783 \mathrm{E}-07$ |  |
| $1 / 32$ | $5.496 \mathrm{E}-05$ | $1.099 \mathrm{E}-05$ | $2.807 \mathrm{E}-06$ | $6.785 \mathrm{E}-07$ | $\approx 2.05$ |
| $1 / 64$ | $5.496 \mathrm{E}-05$ | $1.099 \mathrm{E}-05$ | $2.806 \mathrm{E}-06$ | $6.785 \mathrm{E}-07$ | $\approx 2.05$ |

Example 4.3. We present numerical results for an initial value $u^{0}=\left(u_{1}^{0}(x, y), u_{2}^{0}(x, y)\right)$ given by

$$
u_{1}^{0}(x, y)=\frac{3}{2} \pi \sin ^{\frac{3}{2}}(\pi x) \sin ^{\frac{1}{2}}(\pi y) \cos (\pi y),
$$

TABLE 4.3. Spatial discretization errors using variable stepsize with $\alpha=0.8$.

| $\tau$ | $1 / 4$ | $1 / 8$ | $1 / 16$ | $1 / 32$ | convergence rate |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $1 / 80$ | $8.406 \mathrm{E}-03$ | $1.626 \mathrm{E}-03$ | $3.105 \mathrm{E}-04$ | $6.834 \mathrm{E}-05$ |  |
| $1 / 160$ | $8.651 \mathrm{E}-03$ | $1.679 \mathrm{E}-03$ | $3.226 \mathrm{E}-04$ | $7.122 \mathrm{E}-05$ | $\approx 2.18$ |
| $1 / 320$ | $8.724 \mathrm{E}-03$ | $1.696 \mathrm{E}-03$ | $3.264 \mathrm{E}-04$ | $7.219 \mathrm{E}-05$ | $\approx 2.18$ |

$$
u_{2}^{0}(x, y)=-\frac{3}{2} \pi \sin ^{\frac{1}{2}}(\pi x) \cos (\pi x) \sin ^{\frac{3}{2}}(\pi y)
$$

The initial value satisfies that

$$
u^{0} \in H^{1-\epsilon}(\Omega)^{2} \forall \epsilon \in(0,1), \quad \nabla \cdot u^{0}=0 \text { in } \Omega \quad \text { and } \quad u^{0}=0 \text { on } \partial \Omega,
$$

but $u_{0} \notin H^{1}(\Omega)^{2}$. Hence, the initial value in this example is in the critical space that our assumption of Theorem 3.1 does not hold.

The temporal discretization errors $\left\|u_{h, \text { ref }}^{N}-u_{h}^{N}\right\|_{L^{2}(\Omega)}$ and convergence rates are presented in Table 4.4, where the reference solution $u_{h, \text { ref }}^{N}$ is computed by using a sufficiently small stepsize with $\tau=1 / 10240$. The spatial discretization errors $\left\|u_{h, \text { ref }}^{N}-u_{h}^{N}\right\|_{L^{2}(\Omega)}$ and convergence rates are presented in Table 4.5, where the reference solution $u_{h, \text { ref }}^{N}$ is computed by using a sufficiently small spatial mesh size with $h=1 / 128$. The parameter in (3.1) is also selected as $\alpha=0.8$. From Table 4.4 and 4.5 , we see that the numerical solutions have second-order convergence in time and space. This shows that the theoretical result in Theorem 3.1 not only holds for $H^{1}$ initial data but also may be extended to rougher initial data.

TABLE 4.4. Temporal discretization errors using variable stepsize with $\alpha=0.8$.

| $h \therefore 1$ | $1 / 320$ | $1 / 640$ | $1 / 1280$ | $1 / 2560$ | convergence rate |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $1 / 64$ | $5.841 \mathrm{E}-05$ | $1.187 \mathrm{E}-05$ | $3.215 \mathrm{E}-06$ | $7.210 \mathrm{E}-07$ | $\approx 2.16$ |
| $1 / 128$ | $5.840 \mathrm{E}-05$ | $1.170 \mathrm{E}-05$ | $3.001 \mathrm{E}-06$ | $7.212 \mathrm{E}-07$ | $\approx 2.06$ |
| $1 / 256$ | $5.840 \mathrm{E}-05$ | $1.168 \mathrm{E}-05$ | $2.984 \mathrm{E}-06$ | $7.245 \mathrm{E}-07$ | $\approx 2.04$ |

TABLE 4.5. Spatial discretization errors using variable stepsize with $\alpha=0.8$.

| $\tau$ | $h$ | $1 / 4$ | $1 / 8$ | $1 / 16$ | $1 / 32$ |
| :---: | :---: | :---: | :---: | :---: | :---: | convergence rate

## 5. Conclusion

We have presented error analysis for the linearly extrapolated Crank-Nicolson method for the NS equations with a specific locally refined temporal grid. We have proved secondorder temporal convergence of the numerical method for $H^{1}$ initial data by utilizing the property of locally refined stepsizes in the consistency analysis and utilizing a technical lemma (Lemma 3.3) in the stability analysis. The numerical results are consistent with the theoretical analysis and indicate that the error analysis may be furthermore extended to rougher initial data.

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