

1 **Genome-wide meta-analysis reveals novel susceptibility loci for thyrotoxic**
2 **periodic paralysis**

3

4 Gloria HY Li, PhD,¹ Ching-Lung Cheung, PhD¹, Shuang-Xia Zhao, MD², Huaidong
5 Song, MD², Annie WC Kung, FRCP³

6

7 ¹Department of Pharmacology and Pharmacy, Li Ka Shing Faculty of Medicine, the
8 University of Hong Kong, Hong Kong

9 ²Department of Molecular Diagnostics, The Core Laboratory in Medical Center of
10 Clinical Research, Department of Endocrinology, Shanghai Ninth People's Hospital,
11 State Key Laboratory of Medical Genomics, Shanghai Jiaotong University School of
12 Medicine, Shanghai, China

13 ³Department of Medicine, Li Ka Shing Faculty of Medicine, the University of Hong
14 Kong, Hong Kong.

15

16 **Correspondence and reprint requests:**

17 Ching-Lung Cheung, Assistant Professor, Department of Pharmacology and Pharmacy,
18 Li Ka Shing Faculty of Medicine, The University of Hong Kong, Pokfulam, Hong Kong,
19 China (Email: lung1212@hku.hk; Tel: +852-39179462).

20 **Short title:** GWAS meta-analysis of TPP

21 **Keywords:** thyrotoxic periodic paralysis, genome-wide association studies, meta-
22 analysis, genetic risk score

23 **Word Count:** 3,887

24 **Abstract**

25 *Objective*

26 Thyrotoxic periodic paralysis (TPP) is a rare and potentially fatal complication of
27 hyperthyroidism. By meta-analysis of genome-wide association studies, we aim to
28 discover novel susceptibility loci and understand the pathogenesis of TPP.

29 *Methods*

30 This meta-analysis comprised 319 TPP cases and 3,516 healthy controls from three
31 independent cohorts (two from Hong Kong; one from Shanghai). Genetic variants in
32 each cohort were separately genotyped, imputed and analyzed for association with TPP.
33 Fixed-effect meta-analysis was performed to combine the data. Using the three
34 independent genome-wide significant variants, a weighted genetic risk score (GRS)
35 was developed.

36 *Results*

37 Of 7,077,246 variants tested for association with TPP, 260 variants reached genome-
38 wide significance and were represented by independent variants from four distinct
39 genomic loci, but a risk locus for Graves' disease at 6p21.33-p21.22 was excluded from
40 subsequent analyses. Two novel loci near *TRIM2* (4q31.3; rs6827197:
41 OR=4.075;P=3.46x10⁻⁹) and *AC140912.1* (16q22.3; rs6420387: OR=1.861;P=2.66x10⁻
42 ⁸) were identified. Together with previously reported *KCNJ2* (17q24.3; rs312743:
43 OR=2.564;P=1.15x10⁻²¹), the three susceptibility variants explained 4.36% of the
44 genetic liability. Expression quantitative trait loci analyses showed the variants altered
45 expression of *TRIM2* in nerve and *KCNJ2* in skeletal muscle. The weighted GRS had
46 an area under curve of 0.827 and 0.682 in the derivation and validation cohorts in Hong
47 Kong.

48 *Conclusions*

49 We identified two novel TPP risk loci near *TRIM2* and *AC140912.1*. While rare
50 mutations in *TRIM2* and *KCNJ2* were implicated in monogenic disorders characterized
51 by muscle paralysis, our study suggested common variants near these genes might
52 dysregulate gene expression and lead to milder phenotypes.

53

54

55 **Introduction**

56 Thyrotoxic periodic paralysis (TPP) is a rare and potentially fatal complication of
57 hyperthyroidism characterized by recurrent hypokalemia, episodic muscle weakness
58 and paralysis (1). In serious attacks, life-threatening cardiopulmonary complications,
59 such as ventricular arrhythmia, total paralysis of respiratory and bulbar muscles, may
60 also occur (1). While it mainly affects males in Asians with a prevalence of 13% among
61 male patients with thyrotoxicosis in Chinese, the overall incidence of TPP in Chinese
62 is 1.8% (1). Despite the predominance in male, the ratio of male to female with TPP
63 varied from 17:1 to 76:1 (2). Following migration and increased awareness of the
64 condition, more TPP cases have been observed in various populations in Western
65 countries (3).

66

67 As episodic muscle weakness and paralysis in TPP are similar to known
68 channelopathies like hypokalemia periodic paralysis and Andersen-Tawil syndrome
69 (ATS), TPP was recognized to be a channelopathy. We previously identified mutations
70 in an unreported gene, potassium inwardly rectifying channel subfamily J member 18
71 (*KCNJ18*) encoding the inwardly rectifying potassium (KIR) channel KIR2.6, were
72 present in approximately one-third of TPP patients (4). On the other hand, using
73 genome-wide association study (GWAS), we identified another member of KIR
74 channels, *KCNJ2*, as a susceptibility gene of TPP, and significant association with
75 *KCNJ2* was consistently observed in other GWAS of TPP (5-7). In the latest single-
76 cohort GWAS, a novel genome-wide significant TPP locus unrelated to ion channel
77 was revealed in dachshous cadherin-related 2 (*DCHS2*) (7). In addition to the loci near
78 *KCNJ2* and a suggestive locus near *C11orf67*, the three susceptibility loci contributed
79 to 3.1% heritability of the disease (7) but they could not fully explain the genetic

80 liability of TPP.

81

82 In the present study, we aimed to dissect the genetics of TPP by firstly performing an
83 additional GWAS in a southern Chinese cohort in Hong Kong with 92 TPP cases and
84 2,077 controls, then conducted a meta-analysis with two published GWAS (7, 8),
85 totaling 319 TPP cases and 3,516 healthy controls. To enhance early identification of
86 the disease, the TPP-associated genetic variants derived from the meta-analysis were
87 employed to develop a weighted genetic risk score (GRS). Functionality of the
88 susceptibility genetic variants were investigated.

89

90 **Methods**

91 *Ethics statement*

92 The study was approved by the Institutional Review Board of the University of Hong
93 Kong/Hospital Authority Hong Kong West Cluster.

94

95 *Study design*

96 Data from three study cohorts were used in the present meta-analysis. One cohort was
97 the latest study conducted by the China Consortium for the Genetics of Autoimmune
98 Thyroid Disease (7) (Shanghai Cohort). While another published cohort was our
99 previous GWAS with study participants recruited from the Southern Chinese
100 population in Hong Kong (8) (HK Cohort A), a new dataset, namely HK Cohort B, was
101 also recruited in Hong Kong using the same selection criteria. Participants in all the
102 study cohorts gave informed consent and ethics approval was obtained from the
103 respective institutional review board. Details of individual cohorts were described
104 elsewhere and in Supplementary Methods 1 (<https://osf.io/y9pvr/> (9)). In brief,

105 individuals with TPP presented with thyrotoxicosis and paralysis were recruited as
106 cases while healthy subjects were recruited as controls . The same quality control
107 criteria were applied to the genotype data of the three individual cohorts
108 (Supplementary Methods 2, <https://osf.io/y9pvr/> (9)). They were uniformly imputed
109 with reference to Haplotype Reference Consortium (HRC) reference panel
110 (Supplementary Methods 3, <https://osf.io/y9pvr/> (9)). After conducting logistic
111 regression analysis in each cohort, the data was combined by fixed-effect meta-analyses
112 (Supplementary Methods 4, <https://osf.io/y9pvr/> (9)).

113

114 *Joint and conditional association analysis*

115 To identify independent TPP-associated variants reaching the genome-wide
116 significance threshold of $p < 5 \times 10^{-8}$, GCTA-COJO (10) was applied to perform a
117 genome-wide stepwise selection procedure in the meta-analysis data, with correction
118 of linkage disequilibrium (LD) structure derived from the genotypes of the cohorts. The
119 joint effects of all selected SNPs were estimated after the model has been optimized.
120 Conditional analysis was performed to assess the independence of association signals
121 within TPP loci. Conditional on the independent TPP-associated variants identified
122 from the stepwise selection procedure, single-SNP association analysis was conducted
123 per risk locus. Restricted maximum likelihood (REML) method was employed to
124 compute the phenotypic variance explained by the independent SNPs (11).

125

126 *Prediction of TPP risk based on the genotypes of independent SNPs*

127 With the genotypes of the genome-wide independent TPP-associated SNPs, weighted
128 GRS were computed for all individuals in the cohorts. The GRS were weighted based
129 on the beta estimates derived from HK Cohort A, and they were calculated using the

130 allelic scoring command (--score) in PLINK1.9 (12). Accuracy of TPP prediction was
131 validated in independent cohorts (HK Cohort B and Shanghai Cohort) and evaluated by
132 the area under the receiver operating characteristic curves (AUC). The optimal cut-off
133 value for TPP risk classification was determined by the Youden's index, corresponding
134 to a point on receiver operating curve (ROC) with the highest vertical distance from the
135 diagonal line of the ROC, which intends to maximize overall correct classification rates
136 and minimize misclassification rates. The positive predictive value (PPV) and negative
137 predictive value (NPV) of the prediction models were evaluated for each cohort based
138 on the sensitivity, specificity, as well as prevalence of TPP.

139

140 *Functional annotation of TPP-associated SNPs*

141 An integrative web-based tool, Functional Mapping and Annotation (FUMA) (13)
142 version 1.3.6, was employed to annotate the TPP-associated SNPs. In FUMA,
143 combined annotation-dependent depletion (CADD) score (14), RegulomeDB score (15)
144 and ChromHMM-derived chromatin state (16) were computed for the candidate SNPs
145 in LD with the independent SNPs ($r^2 \geq 0.1$), which are also included in 1000 Genome.
146 SNPs with CADD score greater than the threshold of 12.37 are considered as
147 deleterious (17). SNPs having low RegulomeDB scores imply more likely regulatory
148 roles: score of 1 indicate the SNPs are likely to affect binding and linked to expression
149 of a gene target; score of 2 indicate the SNPs are likely to affect binding(15). Whereas,
150 chromatin states of 1 to 7 derived by ChromHMM imply the openness of chromatin
151 and thus higher accessibility(16). To prioritize SNPs for further functional analysis,
152 candidate SNPs meeting at least two out of the three aforementioned criteria [(i) CADD
153 score ≥ 12.37 , (ii) RegulomeDB score ≤ 2 ; (iii) chromatin states 1 to 7] are further
154 investigated. In case none of the candidate SNPs within the same risk locus met the

155 above criteria, the independent SNP itself would be investigated. Further functional
156 investigations included expression quantitative trait loci (eQTL) analysis by current
157 release (V8) of Genotype-Tissue Expression (GTEx) portal (18). Significant eQTL
158 were defined as those having false discovery rate (FDR) <0.05. Three-dimensional
159 DNA-DNA interactions between genomic region containing the candidate SNPs and
160 genes (enhancer or promotor of genes, which may be outside the disease risk loci) were
161 also examined using Hi-C data from a comprehensive survey of chromatin organization
162 in human tissues conducted by the Roadmap Eigenomics Consortium (GSE87112 in
163 Gene Expression Omnibus) (19). Only interactions with $FDR < 1 \times 10^{-6}$ were considered
164 as significant. With the summary statistics from GWAS the meta-analysis, FUMA also
165 performed a gene-set enrichment analysis using the built-in MAGMA tool (20),
166 providing insights regarding the pathways or cellular functions involved in the genetic
167 etiology of TPP. In MAGMA v1.07, individual genes were aggregated to 15,496 sets
168 of genes with shared biological, functional, or other characteristics [from MsigDB v7.0,
169 including 5,500 curated gene sets / canonical pathways and 9,996 Gene Ontology terms
170 (biological processes, cellular components and molecular functions)]. A gene-set is
171 considered significantly enriched if it can pass the threshold of multiple-testing
172 ($p < 0.05 / 15496 = 3.227 \times 10^{-6}$).

173

174 **Results**

175 *Meta-analysis of GWAS*

176 Imputation and quality control criteria (Supplementary Table 1, <https://osf.io/y9pvr/> (9))
177 were applied to the three individual cohorts. To account for population stratification,
178 HK Cohort A, HK Cohort B and Shanghai Cohort were adjusted for the first one, three
179 and one principal components respectively. A total of 3,835 individuals (319 cases and

180 3,516 controls) and 7,077,246 SNPs were included in the genome-wide meta-analysis.
181 Among the cases, 306 individuals (95.92%) are male (Table 1). The QQ plot (Figure
182 1a) demonstrated a substantial number of SNPs were observed to have p-values lower
183 than expected under the null hypothesis. The genomic inflation factor (λ) was 1.012,
184 suggesting unmodeled population structure was unlikely. There were 260 SNPs which
185 reached genome-wide significance ($p < 5 \times 10^{-8}$) in the meta-analysis (Supplementary
186 Table 2, <https://osf.io/y9pvr/> (9)), represented by four independent SNPs (Table 2) in
187 four distinct genomic loci at 4q31.3, 6p21.33-p21.22, 16q22.3 and 17q24.3
188 (Supplementary Table 3, <https://osf.io/y9pvr/> (9)) as shown in the Manhattan Plot
189 (Figure 1b). These SNPs could no longer reach the genome-wide significance level
190 when the association analysis was conditioned on the independent SNP on the same
191 chromosome (Supplementary Table 2, <https://osf.io/y9pvr/> (9)), indicating that each of
192 the four genetic loci represented a single independent signal for TPP. The four
193 independent SNPs explained 5.69% of genetic liability of TPP in REML analysis.

194

195 A joint association analysis was performed for the four independent TPP-associated
196 SNPs (Table 2). The SNP with the strongest association signal was rs312743 (C-allele:
197 OR=2.564; 95% CI: 2.107-3.119; $P=4.82 \times 10^{-21}$) near *KCNJ2* at chromosomal region
198 17q24.3, which was also reported by us and others (5-8). Although rs112723370 was
199 associated with TPP risk (T-allele: OR=2.558; 95% CI: 1.897-3.482; $P=1.11 \times 10^{-9}$), it
200 was downstream of HLA Complex P5 (*HCP5*) at 6p21.33-p21.32 and within the major
201 histocompatibility complex (*MHC*). Both HCP5 and MHC are known locus for GD (21,
202 22). Thus, it might represent a risk locus for GD instead of TPP and was excluded from
203 subsequent functional annotation and TPP prediction model. The remaining two
204 independent SNPs were located at novel susceptibility loci. The rs6827197 SNP (T-

205 allele: OR=4.074; 95% CI: 2.553-6.504; P=3.90x10⁻⁹) at 4q31.3 was 37kb upstream of
206 the gene tripartite motif containing 2 (*TRIM2*). The rs6420387 SNP (T-allele:
207 OR=1.861; 95% CI: 1.494-2.319; P=2.97x10⁻⁸) was near *AC140912.1* at 16q22.3. After
208 excluding rs112723370 at the GD locus, the remaining three independent SNPs
209 accounted for 4.36% of genetic liability of TPP. Regional association plots of SNPs
210 within 250kb centering on the independent SNPs are shown in Figure 2.

211

212 *Meta-analysis comprising male cases and all healthy controls*

213 Due to the higher prevalence of TPP in male, meta-analysis was also conducted in male
214 cases and all healthy controls. A total of 3,822 individuals (306 male TPP cases and
215 3,516 healthy controls) and 7,076,963 SNPs were included in this meta-analysis. The
216 QQ and Manhattan plots were generated (Supplementary Figure 1, <https://osf.io/y9pvr/>
217 (9)), with λ of 1.016. There were 369 genome-wide significant SNPs (Supplementary
218 Table 4, <https://osf.io/y9pvr/> (9)), represented by three independent SNPs
219 (Supplementary Table 5, <https://osf.io/y9pvr/> (9)) at 4q31.3, 6p21.33 and 17q24.3.
220 Moreover, two loci at 10q22.3 [downstream of *C10orf11* or Leucine Rich Melanocyte
221 Differentiation Associated (*LRMDA*)] and 16q22.3 almost reached genome-wide
222 significance (T-allele of rs144097453 at 10q22.3: OR=4.233; 95% CI: 2.499-7.170;
223 P=8.08x10⁻⁸; T-allele of rs6420387 at 16q22.3: OR=1.822; 95% CI: 1.462-2.271;
224 P=9.23x10⁻⁸; Supplementary Table 6, <https://osf.io/y9pvr/> (9)).

225

226 *Functional annotation*

227 Functions of the genetic variants were annotated using FUMA (Supplementary Table
228 7, <https://osf.io/y9pvr/> (9)). Out of the 469 SNPs available in 1000 Genome and in LD
229 with the three independent SNPs at 4q31.3, 16q22.3 or 17q24.3, majority of them

230 (99.15%) were intergenic or intronic (Supplementary Figure 2a, <https://osf.io/y9pvr/>
231 (9)). Fifteen of the candidate SNPs (3.2%) obtained a CADD score greater than the
232 deleteriousness threshold of 12.37(17) (Supplementary Figure 2b, <https://osf.io/y9pvr/>
233 (9)). Although relatively small portion of the SNPs have a low RegulomeDB score
234 (which imply a more likely regulatory role) (Supplementary Figure 2c,
235 <https://osf.io/y9pvr/> (9)), 74.41% of the SNPs had a chromatin state of 1 to 7, implying
236 the openness of chromatin and thus higher accessibility (Supplementary Figure 2d,
237 <https://osf.io/y9pvr/> (9)). Two and eleven SNPs at 16q22.3 and 17q24.3 respectively
238 met two out of the three criteria of having potential functional role. Together with the
239 independent SNP rs6827197 at 4q31.3, eQTL analyses were performed for a total of 14
240 SNPs and the significant QTL with FDR<0.05 were identified (Supplementary Table 8,
241 <https://osf.io/y9pvr/> (9)). The TPP-risk increasing alleles of candidate SNPs at 4q31.3
242 and 17q24.3 were associated with increased and reduced expression of *TRIM2* and
243 *KCNJ2* in nerve and skeletal muscle respectively. There were 1,702 reported pairs of
244 DNA-DNA interactions between genomic region containing the candidate SNPs and
245 97 nearby/distant genes (including *KCNJ2*) in various tissues (such as neural progenitor
246 cells, hippocampus and dorsolateral prefrontal cortex) (Supplementary Table 9,
247 <https://osf.io/y9pvr/> (9)). MAGMA showed that the top two enriched gene-sets were
248 related to plasma lipoprotein remodeling, and assembly of active lipoprotein lipase and
249 hepatic triacylglycerol lipase complexes. However, they could not pass the threshold of
250 multiple testing in the enrichment analysis (Supplementary Table 10,
251 <https://osf.io/y9pvr/> (9)).

252

253 *Prediction of TPP*

254 The three genome-wide independent SNPs identified from the whole study population

255 were used to develop a GRS weighted on the beta estimates derived from HK Cohort
256 A. Performance of the prediction model was evaluated (Figures 3a and b). The AUC in
257 the original HK Cohort A was 0.827. In HK Cohort A, the Youden index identified the
258 optimal cut-off at 0.119, with a sensitivity, specificity, PPV and NPV of 71.014%,
259 77.415%, 32.966% and 90.573%, respectively. To avoid overfitting, we evaluated the
260 accuracy of TPP prediction in two independent cohorts. In general, AUCs in HK Cohort
261 B (0.682) and Shanghai Cohort (0.643) were not as high as that of HK Cohort A
262 (Figures 3a and b). As candidate SNPs at 4q31.3 and 17q24.3 were associated with
263 altered gene expression, an additional weighted GRS was computed using rs6827197
264 and rs312743 only. The resulting prediction model had a generally lower AUC (HK
265 Cohort A: 0.815; HK Cohort B: 0.660; Shanghai Cohort: 0.617) than the GRS with all
266 the three SNPs (Figure 3c).

267

268 **Discussion**

269 To our knowledge, this GWAS meta-analysis of TPP comprising 319 cases and 3,516
270 controls is the largest GWAS of TPP to-date. Out of the three susceptibility loci
271 identified, two loci near *TRIM2* at 4q31.3 and *AC140912.1* at 16q22.3 were novel. We
272 also replicated the TPP susceptibility genetic variants near *KCNJ2* at 17q24.3. A
273 weighted GRS using the independent SNPs was developed to predict risk of TPP. The
274 AUC in the original HK Cohort A was >0.8, while it was validated in HK Cohort B and
275 the Shanghai Cohort with AUC of 0.682 and 0.643 respectively. Functional analyses
276 suggested that genetic variants at the risk loci might contribute to disease pathogenesis
277 by increasing and reducing expression of *TRIM2* in nerve and *KCNJ2* in skeletal
278 muscles respectively.

279

280 The genome-wide independent SNP rs6827197 at 4q31.3 was intergenic and it was
281 around 37Kb upstream of *TRIM2*. Approximately 1.2Mb upstream of the previously
282 reported locus of rs1352714 at *DCHS2* (7), these two SNPs were independent
283 ($r^2=0.003$), suggesting that rs6827197 near *TRIM2* was a novel risk locus of TPP. In
284 the present study, the risk-increasing T-allele had a relatively low allele frequency
285 (0.025). The SNP had a RegulomeDB score of 5 and chromatin state of 2, indicating its
286 potential regulatory role (Supplementary Table 7, <https://osf.io/y9pvr/> (9)). Based on
287 eQTL analysis (GTEx/v8), the T-allele was significantly associated with the increased
288 expression of *TRIM2* in nerve (FDR=8.28x10⁻³⁶), while *TRIM2* was broadly expressed
289 in brain and thyroid. Clinically, mutations in *TRIM2* have been implicated in bilateral
290 vocal cord paralysis (23), early onset of Charcot-Marie-Tooth disease (CMT) (23) and
291 childhood-onset axonal neuropathy (24). Meanwhile, a SNP in *TRIM2* was significantly
292 associated with multiple sclerosis (25) characterized by weakness in limbs, tremor, lack
293 of coordination or unsteady gait. Mice deficient in TRIM2 protein experienced
294 intention tremor, followed by gait ataxia, and episodes of generalized seizures (26).
295 Over-expression of *TRIM2* in cultured hippocampal neurons of mouse embryos induced
296 neuron hyperpolarization (27). These studies indicate a strong functional relevance of
297 *TRIM2* in TPP pathogenesis. Moreover, *TRIM2* was reported to be a target gene of the
298 bioactive form of vitamin D (1,25(OH)2D3), and *TRIM2* has a vitamin D response
299 element in its promoter region (28). Vitamin D metabolism was shown to be over-
300 represented (ranked 3rd among all gene-sets; p=1.58x10⁻⁴; Supplementary Table 10,
301 <https://osf.io/y9pvr/> (9)) in the gene-set enrichment analysis, although it could not pass
302 the multiple testing criteria. Given that vitamin D deficiency is known to be associated
303 with Graves' disease (29) and it may contribute to muscle weakness (30), further studies
304 are warranted to examine if vitamin D metabolism and *TRIM2* regulation were involved

305 in the pathogenesis of TPP.

306

307 The candidate gene *AC140912.1* at 16q22.3 was broadly expressed in brain, with the
308 highest expression in basal ganglia (GTEX/v8). The risk-increasing T-allele of
309 rs6420387 is significantly associated with increased expression of *AC140912.1* in basal
310 ganglia (P=0.02), which may be involved in voluntary control of body movement. The
311 candidate gene *LRMDA* at 10q22.3 that approached genome-wide significance in the
312 meta-analysis of male cases and all controls had ubiquitous expression in adrenal gland,
313 thyroid and spleen (GTEX/v8). Nonsense mutation in the gene was associated with
314 nystagmus (31), a visual condition when the eyes make involuntary, uncontrolled and
315 repetitive movement. Yet, further investigation on the relationship between TPP and
316 these candidate genes are warranted.

317

318 TPP is widely recognized as a channelopathy. This is well-supported by the identified
319 susceptibility/candidate genes of TPP in human, such as *KCNJ2*(5-8), *KCNJ18*(4),
320 voltage-dependent calcium channel (Ca_v1.1) (32), and voltage-gated sodium channel
321 (Na_v1.4) (33). Although a study identified a susceptibility variant located in non-coding
322 RNA *CTD-2378E21.1*, it is downstream of *KCNJ2* (6). To the best of our knowledge,
323 the only reported genome-wide significant TPP-associated variant that was unrelated
324 to ion channel genes was a variant in *DCHS2* identified in a single Cohort, without
325 much functional relevance with TPP (7). However, the locus did not reach genome-
326 wide significance in the current meta-analysis. Taken together, our study has identified
327 two novel and robust genome-wide significant TPP loci near *TRIM2* and *AC140912.1*
328 which are unrelated to ion channels, providing evidence that TPP may not be solely a
329 channelopathy.

330

331 Notably, among the TPP susceptibility genes, mutations near *TRIM2* and *KCNJ2* were
332 implicated in monogenic disorders, namely CMT and ATS, respectively. Our study
333 provides an insight that common variants in proximity of genes implicated in
334 monogenic muscular paralysis disorders, such as CMT and ATS, might dysregulate the
335 expression of these genes, leading to milder phenotypes observed in TPP. In addition,
336 environmental exposures, such as strenuous exercise, intake of carbohydrate-rich meals
337 or alcohol, are precipitating factors of TPP attack (1). Since the three genome-wide
338 independent TPP-associated SNPs accounted for only 4.36% of genetic liability, the
339 gene-environment interaction might explain a large portion of the “missing heritability”
340 of TPP.

341

342 As early detection of TPP might prevent life-threatening complications, a weighted
343 GRS was developed based on the three genome-wide independent SNPs identified. A
344 prediction model with $AUC \geq 0.7$ was considered clinically useful (34). The weighted
345 GRS in the original HK Cohort A had an AUC of 0.827, indicating that this GRS is
346 potentially clinically useful. However, as the model was evaluated in the cohort from
347 which the model is developed, there was overfitting problem, leading to a higher AUC.
348 We therefore evaluated the accuracy of TPP prediction in two independent cohorts.
349 AUCs of HK Cohort B and Shanghai Cohort were not as high as that of HK Cohort A.
350 Nevertheless, the post-test probability of TPP was improved ($PPVs \geq 20.807\%$ and
351 $NPV \geq 90.047\%$), given that the pre-test probability of having TPP and not having TPP
352 is 13% and 87% respectively (based on the prevalence of 13% among male patients
353 with thyrotoxicosis in Chinese (1)). Notably, the GRS was developed and validated in
354 cohorts with TPP cases and healthy controls where the prevalence of TPP was lower

355 than that among individuals with thyrotoxicosis. It is expected that the prediction
356 accuracy was underestimated in the cohorts under investigation. Improvement in the
357 accuracy is anticipated if the prediction is conducted among individuals with
358 thyrotoxicosis. On the other hand, the AUC, PPV and NPV of the Shanghai Cohort
359 were the lowest among the tested cohorts, which might be explained by the slight
360 heterogeneity of the genetic architecture between the northern and southern Chinese
361 population in Shanghai and Hong Kong (35). An additional GRS was developed based
362 on the two independent SNPs at 4q31.3 and 17q24.3 which altered the expression of
363 *TRIM2* and *KCNJ2* (rs6827197 and rs312743). Only slightly lower AUC was observed
364 for all the three cohorts in this prediction model, implying that the accuracy of TPP risk
365 prediction was mainly contributed by the two SNPs located within the risk loci
366 implicated in changes of gene expression.

367

368 This study has several strengths. It was the largest GWAS meta-analysis to-date, with
369 TPP cases more than double of the latest GWAS (7), leading to the increase in power.
370 Moreover, individual GWAS were imputed again with reference to the HRC panel such
371 that a more comprehensive set of genetic variants were tested, enabling discovery of
372 new risk loci and refining of causal loci (36). One limitation of the present study was
373 that the controls in our study were healthy individuals, while TPP patients also had GD.
374 It may be possible that the risk loci identified were susceptible to GD instead of TPP.
375 Nevertheless, by checking against the published GWAS of GD in different populations,
376 including Han Chinese (21, 37), Japanese (7) and Europeans (38), we confirmed that
377 the TPP risk loci identified in the present study were not GD susceptibility loci.
378 Furthermore, the relatively low prevalence of TPP resulted in difficulties in the
379 recruitment of cases. The relatively small number of cases in the study may lead to

380 false-positive findings. Moreover, the GWAS meta-analysis included subjects of
381 Chinese ethnicity only, implying that the identified susceptibility loci for TPP may be
382 ethnic-specific. Due to the difference in LD patterns, association studies conducted in
383 other ethnicities may not be able to retrieve the same susceptibility variants as identified
384 in the current study. Generalization of the current findings to other ethnicities should
385 be cautious. Replication of the present findings in independent cohorts would be
386 required when such cohorts become available. In addition, due to the higher prevalence
387 of TPP in male and the limited number of healthy male participants available in the
388 cohorts, there was a skewed distribution of gender in the current meta-analysis: more
389 male as cases and more female as controls, respectively. Inclusion of female samples
390 in the controls would underestimate instead of overestimating the association, leading
391 to false negative rather than false positive findings. Gender-specific GWAS meta-
392 analysis might explain how genetics might contribute to the higher prevalence of TPP
393 in male. However, with HK Cohort B and Shanghai Cohort, a male-specific GWAS
394 meta-analysis of TPP using only 237 cases and 1037 controls of male participants was
395 not desirable due to the relatively small sample size and low power. The power to detect
396 an association with $OR \leq 1.5$ is less than 0.07 if the risk allele frequency is within a wide
397 range from 0.01 to 0.95, based on the calculation using QUANTO (39) (Supplementary
398 Table 11, <https://osf.io/y9pvr/> (9)).

399

400 In conclusion, the present study reports the first GWAS meta-analysis of TPP with the
401 largest sample size to-date, identifies novel genome-wide significant TPP susceptibility
402 genes at 4q31.3 and 16q22.3 which are unrelated to ion channel. The TPP susceptibility
403 locus near *TRIM2* at 4q31.3 might play a role in the disease pathogenesis by altering
404 the expression of *TRIM2* in nerve. Whereas, the function of the locus at 16q22.3 is yet

405 to be determined. In addition to the previously reported variant near *KCNJ2*, this meta-
406 analysis identified common variants which altered the expression of genes implicated
407 in monogenic disorder characterized by muscle paralysis, resulting in the milder
408 phenotype of TPP. The weighted GRS had an area under curve of 0.827 and 0.682 in
409 the derivation and validation cohorts in Hong Kong. Including larger sample in future
410 studies are warranted to further refine the causal risk loci.

411 **Author Contribution Statement:** Study concept and design: CLC and SHD; Statistical
412 and bioinformatics analysis of data: GHL and CLC; Drafting of the manuscript: GHL,
413 CLC; Interpretation of data and critical revision of the manuscript for important
414 intellectual content: GHL, CLC, ZSX, SHD and AWK; Study supervision: CLC.

415 **Declaration of Interest:** The authors declare that there is no conflict of interest that
416 could be perceived as prejudicing the impartiality of this study.

417 **Funding:** Supported by National Natural Science Foundation of China (NSFC) (project
418 number: 81661168016), and joint research scheme of NSFC and Research Grants
419 Council (RGC) (project number: N_HKU729/16).

References

1. Kung AW. Clinical review: Thyrotoxic periodic paralysis: a diagnostic challenge. *J Clin Endocrinol Metab.* 2006;91(7):2490-5.
2. Ko GT, Chow CC, Yeung VT, Chan HH, Li JK, Cockram CS. Thyrotoxic periodic paralysis in a Chinese population. *QJM.* 1996;89(6):463-8.
3. Falhammar H, Thoren M, Calissendorff J. Thyrotoxic periodic paralysis: clinical and molecular aspects. *Endocrine.* 2013;43(2):274-84.
4. Ryan DP, da Silva MR, Soong TW, Fontaine B, Donaldson MR, Kung AW, Jongjaroenprasert W, Liang MC, Khoo DH, Cheah JS, *et al.* Mutations in potassium channel Kir2.6 cause susceptibility to thyrotoxic hypokalemic periodic paralysis. *Cell.* 2010;140(1):88-98.
5. Jongjaroenprasert W, Phusantisampan T, Mahasirimongkol S, Mushiroda T, Hirankarn N, Snabboon T, Chanprasertyotin S, Tantiwong P, Soonthornpun S, Rattanapichart P, *et al.* A genome-wide association study identifies novel susceptibility genetic variation for thyrotoxic hypokalemic periodic paralysis. *J Hum Genet.* 2012;57(5):301-4.
6. Song IW, Sung CC, Chen CH, Cheng CJ, Yang SS, Chou YC, Yang JH, Chen YT, Wu JY, Lin SH. Novel susceptibility gene for nonfamilial hypokalemic periodic paralysis. *Neurology.* 2016;86(13):1190-8.
7. Zhao SX, Liu W, Liang J, Gao GQ, Zhang XM, Yao Y, Wang HN, Yuan FF, Xue LQ, Ma YR, *et al.* Assessment of Molecular Subtypes in Thyrotoxic Periodic Paralysis and Graves Disease Among Chinese Han Adults: A Population-Based Genome-Wide Association Study. *JAMA Netw Open.* 2019;2(5):e193348.
8. Cheung CL, Lau KS, Ho AY, Lee KK, Tiu SC, Lau EY, Leung J, Tsang MW, Chan KW, Yeung CY, *et al.* Genome-wide association study identifies a susceptibility locus for thyrotoxic periodic paralysis at 17q24.3. *Nat Genet.* 2012;44(9):1026-9.
9. Li GH, Cheung CL. Genome-wide meta-analysis of thyrotoxic periodic paralysis - Supplementary Data: OSF; 2020 [updated 13/07/2020. 13/07/2020:[Available from: <https://osf.io/y9pvr/>.
10. Yang J, Ferreira T, Morris AP, Medland SE, Genetic Investigation of ATC, Replication DIG, Meta-analysis C, Madden PA, Heath AC, Martin NG, *et al.* Conditional and joint multiple-SNP analysis of GWAS summary statistics identifies additional variants influencing complex traits. *Nat Genet.* 2012;44(4):369-75, S1-3.
11. Yang J, Benyamin B, McEvoy BP, Gordon S, Henders AK, Nyholt DR, Madden PA, Heath AC, Martin NG, Montgomery GW, *et al.* Common SNPs explain a large proportion of the heritability for human height. *Nat Genet.* 2010;42(7):565-9.
12. Chang CC, Chow CC, Tellier LC, Vattikuti S, Purcell SM, Lee JJ. Second-generation PLINK: rising to the challenge of larger and richer datasets. *Gigascience.* 2015;4:7.
13. Watanabe K, Taskesen E, van Bochoven A, Posthuma D. Functional mapping and annotation of genetic associations with FUMA. *Nat Commun.* 2017;8(1):1826.
14. Rentzsch P, Witten D, Cooper GM, Shendure J, Kircher M. CADD: predicting the deleteriousness of variants throughout the human genome. *Nucleic Acids Res.* 2019;47(D1):D886-D94.
15. Boyle AP, Hong EL, Hariharan M, Cheng Y, Schaub MA, Kasowski M, Karczewski KJ, Park J, Hitz BC, Weng S, *et al.* Annotation of functional variation in personal genomes using RegulomeDB. *Genome Res.* 2012;22(9):1790-7.
16. Ernst J, Kellis M. ChromHMM: automating chromatin-state discovery and characterization. *Nat Methods.* 2012;9(3):215-6.
17. Amendola LM, Dorschner MO, Robertson PD, Salama JS, Hart R, Shirts BH, Murray ML, Tokita MJ, Gallego CJ, Kim DS, *et al.* Actionable exomic incidental findings in 6503 participants: challenges of variant classification. *Genome Res.* 2015;25(3):305-15.

18. Consortium GT. The Genotype-Tissue Expression (GTEx) project. *Nat Genet.* 2013;45(6):580-5.
19. Schmitt AD, Hu M, Jung I, Xu Z, Qiu Y, Tan CL, Li Y, Lin S, Lin Y, Barr CL, *et al.* A Compendium of Chromatin Contact Maps Reveals Spatially Active Regions in the Human Genome. *Cell Rep.* 2016;17(8):2042-59.
20. de Leeuw CA, Mooij JM, Heskes T, Posthuma D. MAGMA: generalized gene-set analysis of GWAS data. *PLoS Comput Biol.* 2015;11(4):e1004219.
21. Chu X, Pan CM, Zhao SX, Liang J, Gao GQ, Zhang XM, Yuan GY, Li CG, Xue LQ, Shen M, *et al.* A genome-wide association study identifies two new risk loci for Graves' disease. *Nat Genet.* 2011;43(9):897-901.
22. Lane LC, Kus A, Bednarczyk T, Bossowski A, Daroszewski J, Jurecka-Lubieniecka B, Cordell HJ, Pearce SHS, Cheetham T, Mitchell AL. An Intronic HCP5 Variant Is Associated With Age of Onset and Susceptibility to Graves Disease in UK and Polish Cohorts. *J Clin Endocrinol Metab.* 2020;105(9).
23. Pehlivan D, Coban Akdemir Z, Karaca E, Bayram Y, Jhangiani S, Yildiz EP, Muzny D, Uluc K, Gibbs RA, Baylor-Hopkins Center for Mendelian G, *et al.* Exome sequencing reveals homozygous TRIM2 mutation in a patient with early onset CMT and bilateral vocal cord paralysis. *Hum Genet.* 2015;134(6):671-3.
24. Ylikallio E, Poyhonen R, Zimon M, De Vriendt E, Hilander T, Paetau A, Jordanova A, Lonnqvist T, Tynismaa H. Deficiency of the E3 ubiquitin ligase TRIM2 in early-onset axonal neuropathy. *Hum Mol Genet.* 2013;22(15):2975-83.
25. International Multiple Sclerosis Genetics C. Genome-wide association study of severity in multiple sclerosis. *Genes Immun.* 2011;12(8):615-25.
26. Balastik M, Ferraguti F, Pires-da Silva A, Lee TH, Alvarez-Bolado G, Lu KP, Gruss P. Deficiency in ubiquitin ligase TRIM2 causes accumulation of neurofilament light chain and neurodegeneration. *Proc Natl Acad Sci U S A.* 2008;105(33):12016-21.
27. Khazaei MR, Bunk EC, Hillje AL, Jahn HM, Riegler EM, Knoblich JA, Young P, Schwamborn JC. The E3-ubiquitin ligase TRIM2 regulates neuronal polarization. *J Neurochem.* 2011;117(1):29-37.
28. Wang TT, Tavera-Mendoza LE, Laperriere D, Libby E, MacLeod NB, Nagai Y, Bourdeau V, Konstorum A, Lallemand B, Zhang R, *et al.* Large-scale in silico and microarray-based identification of direct 1,25-dihydroxyvitamin D3 target genes. *Mol Endocrinol.* 2005;19(11):2685-95.
29. Kim D. The Role of Vitamin D in Thyroid Diseases. *Int J Mol Sci.* 2017;18(9).
30. Dzik KP, Kaczor JJ. Mechanisms of vitamin D on skeletal muscle function: oxidative stress, energy metabolism and anabolic state. *Eur J Appl Physiol.* 2019;119(4):825-39.
31. Gronskov K, Dooley CM, Ostergaard E, Kelsh RN, Hansen L, Levesque MP, Vilhelmsen K, Mollgard K, Stemple DL, Rosenberg T. Mutations in c10orf11, a melanocyte-differentiation gene, cause autosomal-recessive albinism. *Am J Hum Genet.* 2013;92(3):415-21.
32. Kung AW, Lau KS, Fong GC, Chan V. Association of novel single nucleotide polymorphisms in the calcium channel alpha 1 subunit gene (Ca(v)1.1) and thyrotoxic periodic paralysis. *J Clin Endocrinol Metab.* 2004;89(3):1340-5.
33. Lane AH, Markarian K, Braziunene I. Thyrotoxic periodic paralysis associated with a mutation in the sodium channel gene SCN4A. *J Pediatr Endocrinol Metab.* 2004;17(12):1679-82.
34. McDowell I. *Measuring Health: A guide to rating scales and questionnaires*: Oxford University Press; 2006.
35. Wang Y, Lu D, Chung YJ, Xu S. Genetic structure, divergence and admixture of Han Chinese, Japanese and Korean populations. *Hereditas.* 2018;155:19.
36. McCarthy S, Das S, Kretzschmar W, Delaneau O, Wood AR, Teumer A, Kang HM, Fuchsberger C, Danecek P, Sharp K, *et al.* A reference panel of 64,976 haplotypes for

genotype imputation. *Nat Genet.* 2016;48(10):1279-83.

37. Zhao SX, Xue LQ, Liu W, Gu ZH, Pan CM, Yang SY, Zhan M, Wang HN, Liang J, Gao GQ, *et al.* Robust evidence for five new Graves' disease risk loci from a staged genome-wide association analysis. *Hum Mol Genet.* 2013;22(16):3347-62.

38. Cooper JD, Simmonds MJ, Walker NM, Burren O, Brand OJ, Guo H, Wallace C, Stevens H, Coleman G, Wellcome Trust Case Control C, *et al.* Seven newly identified loci for autoimmune thyroid disease. *Hum Mol Genet.* 2012;21(23):5202-8.

39. Gauderman WJ, Morrison JM. QUANTO 1.1: A computer program for power and sample size calculations for genetic-epidemiology studies. 2006.

Figure legends

Figure 1. Quantile-quantile (QQ) plot and Manhattan plot of meta-analysis of genome-wide association studies of TPP.

- (a) The QQ plot showed the deviation of the observed p-values from the null hypothesis, with the diagonal representing the expected distribution of p-values under the null hypothesis.
- (b) The Manhattan plot displayed the association of each SNP, with their genomic position on the x-axis and strength of association on the y-axis. The upper and lower horizontal lines represent the threshold of genome-wide ($p=5 \times 10^{-8}$) and suggestive ($p=1 \times 10^{-5}$) significance, respectively.

Figure 2. Regional association plots for the TPP risk loci. The left y-axis indicates -log P-value of each SNP within 250kb upstream / downstream of the independent SNP. The right y-axis indicates the recombination rates estimated from the 1000 genome project (hg19). The annotated genes are indicated at the bottom of the figure.

- (a) Regional association plot for Chr4q31.3 centering on the independent SNP, rs6827197 (purple diamond).
- (b) Regional association plot for Chr16q22.3 centering on the independent SNP, rs6420387 (purple diamond).
- (c) Regional association plot for Chr17q24.3 centering on the independent SNP, rs312743 (purple diamond).

Figure 3. Performance of TPP prediction in the three cohorts by weighted genetic risk score.

- (a) Comparison of AUC in the three cohorts by weighted genetic risk score.
- (b) Performance metrics of prediction model in the three cohorts.
- (c) Comparison of AUC in the three cohorts by weighted genetic risk score with two independent SNPs that altered expression of *TRIM2* and *KCNJ2*.