



Article Enhanced Intestinal Permeability of Bufalin by a Novel Bufalin-Peptide-Dendrimer Inclusion through Caco-2 Cell Monolayer

Chi-on Chan 1 , Jing Jing 2 , Wei Xiao 3 , Zhexu Tan 3 , Qiuyue Lv 3 , Jingyu Yang 4 and Sibao Chen 1,3,*

- State Key Laboratory of Chinese Medicine and Molecular Pharmacology (Incubation), Hong Kong Polytechnic University Shenzhen Research Institute, Shenzhen 518057, China; on.chan@polyu.edu.hk
- ² School of Pharmacy, University of Queensland, Woolloongabba QLD 4072, Australia; jing.jing1@uqconnect.edu.au
- ³ Institute of Medicinal Plant Development, Chinese Academy of Medical Sciences and Peking Union Medical College, Beijing 100193, China; wxiao@implad.ac.cn (W.X.); tftzx1012@126.com (Z.T.); 18813122696@163.com (Q.L.)
- ⁴ Shenzhen Pharmacists Association, Shenzhen 518024, China; szpa2012@126.com
- * Correspondence: sibao.chen@polyu.edu.hk; Tel.: +86-755-2673-7182; Fax: +86-755-2697-2852

Received: 29 October 2017; Accepted: 23 November 2017; Published: 29 November 2017

Abstract: Bufalin (BFL) has excellent physiological activities such as defending tumors, improving cardiac function, and so on. However, due to its poor water-solubility and bioavailability, the clinical application of BFL remains limited. In order to improve bioavailability of BFL, in our previous research, a novel peptide-dendrimer (PD) was synthesized and applied to encapsulate BFL. In the present study, we investigate the absorption property and mechanism of BFL in free form and BFL-peptide-dendrimer inclusion (BPDI) delivery system by using the Caco-2 cell monolayer model in vitro. The apparent permeability coefficient (P_{app}) values of BFL in free or BPDI form were over 1.0×10^{-6} cm/s. Meanwhile, their almost equal bi-directional transport and linear transport percentage with time and concentration course indicated that BFL in both forms was absorbed mainly through passive diffusion. The most important result is that the P_{app} values of BFL increased about three-fold more BPDI than those of its free form, which indicated the intestinal permeability of BFL could be improved while BFL was encapsulated in BPDI form. Therefore, PD encapsulation may be a potential delivery system to increase the bioavailability of BFL.

Keywords: bufalin; peptide-dendrimer; bufalin-peptide-dendrimer inclusion; Caco-2 cell monolayer; intestinal permeability; apparent permeability coefficient

1. Introduction

Toad venom is the dried secretion from the posterior auricular glands or skin glands of *Bufobufogargarizans* Cantor or *Bufomelanostictus* Schneider [1]. Due to its unique properties—such as detoxification, pain relief, and inducing resuscitation [2]—toad venom has been used as traditional Chinese medicine since around 581 BC (Tang Dynasty)for the treatment of furuncle and carbuncle, sore throat, mental confusion caused by heatstroke and abdominal pain, vomiting, and diarrhea [3]. Bufalin (BFL) (Figure 1B), the major bufanolide steroid in toad venom, has demonstrated a variety of biological activities including tumor inhibition, enhancing cardiac function, exciting respiration, anti-inflammation, boosting immunity, and providing local anesthesia [4]. However, due to the highly hydrophobic structure, BFL is a poorly water-soluble drug and with low bioavailability, which limits its application in clinic [5]. Hence, improving intestinal absorption and bioavailability of BFL by

developing an appropriate drug delivery system or drug carrier is crucial for enlarging its range of therapeutic applications.

Solid dispersions, polymer nanoparticles, lipid nanoparticles, micelles, and microemulsions have been developed and applied for delivery of poorly water-soluble drugs [5]. Among them, a dendrimer-based delivery system has shown good application prospects as a drug target vector and controlled-release carrier [6–8]. In recent years, asymmetric peptide dendrimer (PD) has attracted more attention and has been more properly applied for drug delivery due to its more advantages in terms of excellent biocompatibility, low cytotoxicity, and protease-hydrolysis resistance while compared to the low generation commercial PAMAM dendrimers [9–11]. In brief, asymmetric PD is highly branched with three-dimensional space and provides many hydrophobic cavities [12]. The poorly water-soluble small molecules can be attached to the dendrimers according to physical inclusion or noncovalent combination, and hence the water solubility as well as intestinal absorption can be increased [13,14]. With respect to the enhancing effects of PD on the bioavailability of small molecules, there have been a handful of reports. For instance, a synthesized PD with arginine as the terminal amino acid has been reported to enhance the deposition and permeation of 5-fluorouracil across human epidermis [15]. Meanwhile, PDs were also efficient on improving the antigen-binding capacity of antibodies by site-specifically conjugating to antibodies, and therefore were applied for antibodies delivery [16].

To improve the bioavailability of BFL, in our previous study, an asymmetric amino acid-based PD (Figure 1C) was synthesized and applied to encapsulate BFL, and eventually constructed the bufalin-peptide-dendrimer inclusion (BPDI) (Figure 1A). In the present paper, we investigate and compare the permeation properties of BFL when it was in free form or in BPDI using the well-accepted human colon adenocarcinoma (Caco-2) cell monolayer model [17], finally to predict if BPDI is useful to improve the absorption and availability of BFL.



Figure 1. Molecular structure of bufalin-peptide-dendrimer inclusion (**A**); bufalin (**B**) and peptide-dendrimer (**C**).

2. Results

2.1. Cytotoxicity of BPDI on Caco-2 Cells

The viability of Caco-2 cells were measured after treated for 180 min with Hanks' balanced salts solution (HBSS) (negative control), paclitaxel (positive control, 25, 50, 75 and 100 μ M), BFL (50, 75, 100 and 125 μ M) and BPDI (containing BFL 50, 75, 100 and 125 μ M), respectively. Results (Table 1) showed that the viabilities after treatment by BFL or BPDI were over 95%, which indicated that they were no-toxic to Caco-2 cells at these concentrations for 180 min. Hence, those concentrations of BFL and BPDI were chosen as the test concentrations.

Compounds	Viability (%)						
Paclitaxel	$\begin{array}{c} 25 \ \mu M \\ 65.3 \pm 7.2 \end{array}$	$\begin{array}{c} 50 \ \mu M \\ 43.5 \pm 5.4 \end{array}$	$\begin{array}{c} 75 \ \mu M \\ 34.8 \pm 3.2 \end{array}$	$\begin{array}{c} 100 \ \mu M \\ 30.5 \pm 2.6 \end{array}$			
BFL	$\begin{array}{c} 50 \ \mu M \\ 102.06 \pm 7.2 \end{array}$	$\begin{array}{c} 75 \ \mu M \\ 100.10 \pm 8.6 \end{array}$	$\begin{array}{c} 100 \ \mu M \\ 99.09 \pm 8.5 \end{array}$	$\begin{array}{c} 125 \ \mu M \\ 98.90 \pm 6.4 \end{array}$			
BPDI	$\begin{array}{c} 50 \ \mu M \\ 103.28 \pm 10.2 \end{array}$	$\begin{array}{c} 75 \ \mu M \\ 98.60 \pm 8.2 \end{array}$	$\begin{array}{c} 100 \ \mu M \\ 100.75 \pm 4.8 \end{array}$	$\begin{array}{c} 125 \ \mu M \\ 97.20 \pm 9.8 \end{array}$			

Table 1. Cytotoxicities of BFL and BPDI in Caco-2 cells.

2.2. Validation of Caco-2 Monolayer Model

After seeding, the transepithelial electrical resistance (TEER) values of the monolayer developed in this study increased steadily over time, and were above 500 Ω/cm^2 on day 21. The apparent permeability coefficient (P_{app}) values of propranolol and atenolol tested with the monolayer were (5.17 ± 0.16) × 10⁻⁵ cm/s and (6.86 ± 1.15) × 10⁻⁷ cm/s, respectively, which were closely consistent with the acceptable values reported in the literature [18–20]. Thus, the Caco-2 cell monolayer model established was validated for the assessment of the intestinal absorption potential of BFL and BPDI.

2.3. Transmembrane Transport of BFL and BPDI

The transmembrane transports of BFL and BPDI were evaluated by using the validated Caco-2 cell monolayer model. As shown in Figure 2, either in free BFL or in BPDI, the bidirectional transport percentages of BFL increased approximately linearly with time (Figure 2A), and their transport amounts increased with concentration in the range of 50–125 μ M in an approximately linear manner at 120 min (Figure 2B). Meanwhile, it can be observed that the transports of BFL in the BPDI form increased while compared to those in free BFL.

The P_{app} values of bi-directional transport of BFL and BPDI were summarized in Tables 2 and 3. In general, BFL and its formulation BPDI showed moderate transport due to a P_{app} value of $1-10 \times 10^{-6}$ cm/s. P_{app} value of BPDI ranged from $4.18-5.24 \times 10^{-6}$ cm/s, which was about three-fold increment of that of freeBFL ($1.46-1.62 \times 10^{-6}$ cm/s). Furthermore, P_{app} values of free BFL or in BPDI have no significant variation with the change of concentration or transport time.

By the way, the P_{app} of BFL and BPDI in the apical-to-basolateral direction ($P_{app AP \rightarrow BL}$), as well as that in the basolateral-to-apical direction ($P_{app BL \rightarrow AP}$) were compared respectively to explore the possible transporting mechanism. As shown in Table 2, the ratios of $P_{app AP \rightarrow BL}$ to $P_{app BL \rightarrow AP}$, were larger than 1 both in free BFL and BPDI. Nevertheless, these ratios of BFL and BPDI were very similar each other.

	$P_{\rm app} \ (10^{-6} {\rm cm/s})$				ת / ח	
Concentration (µM)	AP→BL		BL→AP		$P_{app AP \rightarrow BL}/P_{app BL \rightarrow AP}$	
	BFL	BPDI	BFL	BPDI	BFL	BPDI
50	1.58 ± 0.32	5.48 ± 0.42	1.37 ± 0.18	3.83 ± 0.70	1.15	1.43
75	1.47 ± 0.08	4.65 ± 0.48	1.32 ± 0.14	3.39 ± 0.53	1.11	1.37
100	1.46 ± 0.02	4.22 ± 0.39	1.29 ± 0.10	3.32 ± 0.12	1.13	1.27
125	1.64 ± 0.12	4.34 ± 0.48	1.35 ± 0.45	3.21 ± 0.82	1.21	1.35

Table 2. The apparent permeability coefficient (P_{app}) values of bi-directional transport of BFL and BPDI with different concentrations.

AP \rightarrow BL: Transport from AP to BL side; BL \rightarrow AP: from BL to AP; $P_{app AP \rightarrow BL}/P_{app BL \rightarrow AP}$: the ratio of $P_{app BL \rightarrow AP}$ to $P_{app AP \rightarrow BL}$. The time point was at 120 min. Data are means \pm S.D. (n = 3).

	$P_{\rm app}~(10^{-6}{\rm cm/s})$					
Time (min)	AP→BL		BL→AP		$P_{app AP \rightarrow BL}/P_{app BL \rightarrow AP}$	
	BFL	BPDI	BFL	BPDI	BFL	BPDI
60	1.52 ± 0.22	5.24 ± 0.82	1.14 ± 0.28	3.91 ± 0.82	1.33	1.40
120	1.36 ± 0.08	4.40 ± 0.84	1.08 ± 0.17	3.20 ± 0.74	1.26	1.38
180	1.28 ± 0.02	4.18 ± 0.64	0.99 ± 0.12	2.97 ± 0.17	1.30	1.40

AP \rightarrow BL: Transport from AP to BL side; BL \rightarrow AP: from BL to AP; $P_{app AP} \rightarrow BL/P_{app BL} \rightarrow AP$: the ratio of $P_{app BL} \rightarrow AP$ to $P_{app AP} \rightarrow BL$. The concentrations of BFL and BPDI were 75 μ M, respectively. Data are means \pm S.D. (n = 3).



Figure 2. Transports of BFL and BPDI across Caco-2 cell monolayer. (**A**) The transport amounts at 120 min with different concentrations (n = 3); (**B**) The percentages of transports in different time points with a concentration of 75 μ M (n = 3).

2.4. The Validation of HPLC Analytical Methods

The HPLC-DAD method was validated in terms of linearity, precision, accuracy. Results showed that the linear regression equation was obtained as y = 12.295x + 23.295 with r^2 of 0.9966. The linear range was from 0.2 µmol/L to 20 µmol/L. The limit of detection (LOD) and limit of quantitation (LOQ) were 0.05 µmol/L and 0.17 µmol/L, respectively. The relative standard deviations (RSDs) of intra-day and inter-day precisions were of 1.25% and 2.12%, respectively. The recovery was 96.95% with RSD values less than 3.24% (Supplementary Materials, Table S1).

3. Discussion

Bufalin (BFL), the dominant bioactive component in toad venom, has been demonstrated to possess a variety of potential pharmacological effects. However, the poor water-solubility and bioavailability limits its therapeutic application. In our previous investigations on delivery system of BFL, a novel bufalin-peptide-dendrimer inclusion (BPDI) was synthesized to enlarge the bioavailability of BFL. In the present paper, the intestinal permeability and transport capability of BPDI was evaluated using a human Caco-2 cell monolayer model. Caco-2 cells were derived from human colon adenocarcinoma. They can spontaneously differentiate into epithelium-like cells and form brush-like edges with the defined boundary and tight junctions under the culture condition. Their morphological features, functional expression of marker enzymes and osmotic characteristics are similar to those of normal intestinal epithelial cells. Moreover, the typical hydrolase and transporters for nutrients in the intestine microvillus are also expressed in Caco-2 cells. Therefore, Caco-2 cells are widely used as cell models for the in vitro study of drug transportation and metabolism of epidermal cells in small intestine [21,22].

In our current study, the Caco-2 cell monolayer was successfully established and validated by measuring the TEER values between AP and BL sides and P_{app} values of propranolol and atenolol, respectively. Subsequently, the permeability of BFL (P_{app} values) in free form and in BPDI form was detected by the developed method.

Drug molecules penetrate across Caco-2 monolayers mainly in passive diffusion, carrier-mediated influx, and efflux manners [23,24]. Based on Figure 2, transports of BFL in either free or BPDI form increased approximately in time- and concentration-dependent manner, which indicated that passive diffusion is the main transport mechanism of free BFL and BPDI. In addition, P_{app} values of free BFL and BPDI (Tables 2 and 3) showed no increment with the concentration and time, as well as the ratios $(P_{app A \rightarrow B}/P_{app B \rightarrow A})$ were less than 1.5, which also indicated BFL and its PD inclusion transported Caco-2 monolayer mainly by passive diffusion [25,26].

As shown in Tables 2 and 3, the P_{app} values of BFL increased in BPDI form, which indicated the intestinal permeability of BFL could be improved while BFL was encapsulated in BPDI form. This permeability improvement might be associated with the promotion of dissolution of BFL in BPDI form. Being a lipophilic compound, BFL passes across cytomembrane mainly in a passive transport manner, and therefore dissolution is the key factor to affect its absorption. The PD could promote the dissolution of BFL outside the cell membrane and permeability across the cell membrane.

In summary, BPDI could increase the intestinal permeability of BFL across Caco-2 monolayer, therefore PD may be a potential delivery system of water-insoluble drugs such as BFL.

4. Materials and Methods

4.1. Chemicals and Reagents

Bufalin (purity > 98%) was purchased from Chengdu PufeiDeBiotech Co., Ltd. (Chengdu, China). BPDI (content of bufalin was of 18.5%, w/w) was synthesized by Jing Jing, one co-author of current manuscript. Dimethyl sulfoxide (DMSO), propranolol and atenolol (purities > 98%), hydroxyethylpiperazine ethane sulfonic acid (HEPES), nonessential amino acid (NEAA) and ethylenediaminetetraacetic acid (EDTA) were products of Sigma-Aldrich Chemicals (Steinheim, Germany). Dulbecco's modified Eagle's medium (DMEM), Hanks' Balanced Salts solution (HBSS), Eagle's Balanced Salts solution (EBSS), fetal bovine serum (FBS) and penicillin (100 U/mL)/streptomycin were purchased from Gibco Laboratories (Life Science Technologies, Carlsbad, CA, USA). Trypsin was purchased from Shenzhen New Top Biotech Co., Ltd. (Shenzhen, China). Phosphate buffered saline (PBS) was purchased from BOSTER biological Technology Co., Ltd. (Wuhan, China). 1-octyl sodium sulfonate was product from Beijing J&K Chemical Technology Co., Ltd. (Beijing, China). Analytical grade sodium bicarbonate (NaHCO₃) and potassium dihydrogen phosphate (KH₂PO₄) were purchased from Tianjin Mao Tai Chemical Reagent Factory (Tianjin, China). Liquid chromatography-grade acetonitrile, methanol, and phosphoric acid (H₃PO₄) were purchased from E. Merck (Darmstadt, Germany). Double deionized water was purified by Milli-Q water system (Millipore Corp., Bedford, MA, USA).

Caco-2 cells (HTB-37TM) were purchased from the American Type Culture Collection (ATCC, Rockville, MD, USA), and cultured in DMEM containing D-glucose (4.5 g/L), Na₂CO₃ (3.7 g/L), supplemented with 10% FBS, 1% NEAA, penicillin (100 U/mL), and streptomycin (100 μ g/mL) in an atmosphere of 5% CO₂ and 90% relative humidity at 37 °C [27]. All cells were between passages 35 and 45.

4.2. Cytotoxicity of BPDI in Caco-2 Cells by MTT Assay

The cytotoxicities of free BFL and its formulation, BPDI against Caco-2 cells were tested using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. Caco-2 cells at the logarithmic growth were seeded in 96-well plate at the concentration of 4.0×10^5 per well and incubated in an atmosphere of 5% CO₂ and 90% relative humidity at 37 °C for three days. After cells attachment, HBSS solution (negative control), paclitaxel (positive control, 25, 50, 75, and 100 μ M), BFL (50, 75, 100, and 125 μ M), and BPDI (containing BFL 50, 75, 100, and 125 μ M) solutions were added into each well, respectively. After cells were treated for three hours, HBSS solution was removed, and cells were rinsed with PBS and incubated with 20 μ L of MTT solution (0.5 mg/mL) for 4 h at 37°C and 5% CO₂. Then the cells were shaken with 200 μ L of DMSO for 10 min, and the absorbance was

read on the microplate reader (SPECTROstar Omega, BMG LabTech GmbH, Ortenberg, Germany) at 570 nm. The viability rates were calculated by the equation: $\% = A/A_0 \times 100$, wherein A was the average absorbance value of treatment group, and A_0 was the average absorbance value of negative control group.

4.3. Transport Experiment of BFL and BPDI through Caco-2 Monolayer

4.3.1. Establishment of Caco-2 Monolayer Model

Caco-2 cells $(4.0 \times 10^5 \text{ per mL})$ at the logarithmic growth were seeded into the AP (apical) side of a 24-well TranswellTM plates (Corning Inc., Cambridge, MA, USA). DMEM solution was added into the apical (AP) side (0.5 mL) and basal (BL) side (1.0 mL) of the chamber, respectively. The cell culture was maintained at 37 °C under 90% humidity and 5% CO₂. The medium was refreshed every two days in the first week, and then on every day the following week. After cells were cultured for 21 days, the integrity of the cell monolayer was evaluated by measuring trans-epithelial electrical resistance (TEER) values between AP and BL sides with Millicell-ERS system and by transport experiment using the standard compounds, propranolol and atenolol (the high and poor transcellular transport markers), respectively [28,29]. The cell inserts were considered as qualified for trans-membrane transport evaluation only if the resistance reached above 500 Ω/cm .

4.3.2. Transport Experiment

On day 21, the culture medium was removed from the AP and BL sides of the trans-well filters. The Caco-2 monolayers were rinsed twice with pre-warmed HBSS (37 °C) and incubated for 20 min. Then HBSS was removed completely. The test solution of BFL or BPDI (was added to AP (0.4 mL) or BL side (3.2 mL), and then same volume of HBSS was added to the corresponding sides (BL or AP sides). Incubation continued at 37 °C for 180 min. To evaluate the permeability of test compounds across the cell monolayer, solutions from BL (0.4 mL) or AP (3.2 mL) side were collected at different time intervals (60, 120, and 180 min), and replaced with the same volume of HBSS. The collected solutions were lyophilized and stored under -80 °C before HPLC analysis. Experiments for each time point were repeated three times and were performed on the independent chamber.

4.4. HPLC Analysis

4.4.1. Chromatographic Conditions

Chromatographic analysis was performed using a Alltima TM C₁₈ column (4.6×250 mm, 5 µm) on an Agilent 1200 liquid chromatography system, equipped with a quaternary solvent delivery system, an auto-sampler and a DAD detector. The isocratic eluting solution consists of A: 0.2% phosphoric acid and B: acetonitrile (54:46, v/v); the detection wavelength and flow rate were set at 226 nm and 1.0 mL/min, respectively. The HPLC analysis will be run for 25 min.

4.4.2. Preparation of BFL Standard Solution and Test Solutions

Accurately weighed 3.86 mg of BFL was dissolved in 10 mL HBSS to create a stock standard solution with concentration of 1000 μ M and then stored at -80 °C away from light. Then the stock solution was diluted with fresh HBSS to a series of concentrations ranged of 0.2–20.0 μ M to establish the calibration curve. All samples were dissolved in 150 μ L methanol and centrifuged at 13,000 rpm for 5 min, respectively. The supernatants were collected for HPLC analysis.

4.4.3. Validation of HPLC Method

The HPLC method was validated in terms of linearity and precision and accuracy. Three concentrations of BFL standard in six replicates in a single day were analyzed as intra-day precision and duplicating the intra-day experiment on two successive days was analyzed as inter-day precision. The recoveries were

calculated by comparing the analytical amounts of BFL at three concentrations with real amounts of added BFL standards.

4.5. Data Analysis

Apparent permeability values (P_{app}) for the test compound was calculated according to the equation [22]

$$P_{\rm app} = (dQ/dt)/(AC_0)$$

where P_{app} is the apparent permeability (cm/s), dQ/dt is the appearance rate of the test compound on the receiver side ($\mu g/s$), A represents the surface area of carbon ester membrane (cm²), and C₀ is the initial concentration of compounds on the given sides ($\mu g/L$). The results presented in this study are the averages of at least three replicates and were expressed as the mean \pm standard deviation (SD).

Supplementary Materials: Supplementary materials are available online. Table S1: The intra-and inter-day precision and recovery of BFL.

Acknowledgments: This project was financially supported by the Shenzhen International Collaborative Research fund (No. GJHZ20140422173104241) provided by Shenzhen Science and Technology Innovation Committee and the National Natural Science Foundation of China (No. 81373953).

Author Contributions: S.C. designed the research and wrote this manuscript. C.-o.C. was in charge of reviewing and revising the manuscript. W.X. performed the other experiments in this study including cytotoxicity assay, transport test. J.J. synthesized the bufalin-peptide-dendrimer inclusion (BPDI) and made important contributions in experimental design as well as revising the manuscript. Z.T. and Q.L. performed HPLC analysis and data analysis. J.Y. made literature investigation in the process of amending this manuscript. All authors contributed to the writing of the paper and approved the content.

Conflicts of Interest: The authors declare no conflict of interest.

References

- State Pharmacopoeia Committee of People's Republic of China. *Pharmacopoeia of the People's Republic of China*, 10th ed.; China Medical Science and Technology Press: Beijing, China, 2015; p. 383.
- Xu, B.; Xia, H.; Zhao, X. Effect of concocting on bufadienolide in Bufonis Venenum. *China J. Chin. Mater. Med.* 1998, 23, 722–725.
- 3. Zhang, H.; Yin, Z.; Sheng, J.; Jiang, Z.; Wu, B.; Su, Y. A comparison study of pharmacokinetics between bufalin-loaded bovine serum albumin nanoparticles and bufalin in rats. *J. Chin. Integr. Med.* **2012**, *10*, 674–680. [CrossRef]
- 4. Su, Y.; Huang, X.; Zhang, D.; Zhang, Y.; Xie, J.; Linh, C. HPLC separation and determination of bufadienolide in cinobufacini injection. *Chin. Tradit. Pat. Med.* **2003**, *25*, 24–27.
- Liu, Y.; Wang, P.; Sun, C.; Zhao, J.; Du, Y.; Shi, F.; Feng, N. Bioadhesion and enhanced bioavailability by wheat germ agglutinin-grafted lipid nanoparticles for oral delivery of poorly water-soluble drug bufalin. *Int. J. Pharm.* 2011, 419, 260–265. [CrossRef] [PubMed]
- 6. Senthil, K.M.; Valarmathi, S.; Bhima, P.; Prudhvi, D.S.; Raja, A.; Vallabhaneni, S.D. Dendrimers: A novel drug delivery system. *J. Pharm. Sci. Technol.* **2012**, *4*, 972–984.
- 7. Lombardo, D. Dendrimer-based host/guest systems for drug delivery. *Mater. Sci. Res. J.* 2014, *8*, 403–431.
- 8. Prusty, A. Dendrimer: The recent drug delivery system. Int. Res. J. Pharm. 2012, 3, 10–12.
- 9. Rewatkar, P.V.; Parekh, H.S.; Parat, M.O. Molecular determinants of the cellular entry of asymmetric peptide dendrimers and role of caveolae. *PLoS ONE* **2016**, *11*, e0147491. [CrossRef] [PubMed]
- 10. Bugno, J.; Hsu, H.J.; Hong, S. Recent advances in targeted drug delivery approaches using dendritic polymers. *Biomater. Sci.* **2015**, *3*, 1025–1034. [CrossRef] [PubMed]
- 11. Kaneshiro, T.L.; Lu, Z.R. Targeted intracellular codelivery of chemotherapeutics and nucleic acid with a well-defined dendrimer-based nanoglobular carrier. *Biomaterials* **2009**, *30*, 5660–5666. [CrossRef] [PubMed]
- 12. Bosman, A.W.; Janssen, H.M.; Meijer, E.W. About Dendrimers: Structure, Physical Properties, and Applications. *Chem. Rev.* **1999**, *99*, 1665–1699. [CrossRef] [PubMed]

- 13. Vergara-Jaque, A.; Comer, J.; Monsalve, L.; Gonzalez-Nilo, F.D.; Sandoval, C. Computationally efficient methodology for atomic-level characterization of dendrimer-drug complexes: A comparison of amine- and acetyl-terminated PAMAM. *J. Phys. Chem. B* **2013**, *117*, 6801–6813. [CrossRef] [PubMed]
- 14. Song, Y.; Song, Y.; Hu, H.; Qiao, M.; Zhao, X.; Chen, W. Preparation and evaluation of doxorubicin loaded polyamide-amine dendrimer locked in liposome. *J. Shenyang Pharm. Univ.* **2013**, *30*, 663–668.
- Mutalik, S.; Shetty, P.K.; Kumar, A.; Kalra, R.; Parekh, H.S. Enhancement in deposition and permeation of 5-fluorouracil through human epidermis assisted by peptide dendrimers. *Drug Deliv.* 2014, 21, 44–54. [CrossRef] [PubMed]
- Shah, N.D.; Parekh, H.S.; Steptoe, R.J. Asymmetric peptide dendrimers are effective linkers for antibodymediated delivery of diverse payloads to B cells in vitro and in vivo. *Pharm. Res.* 2014, *31*, 3150–3160. [CrossRef] [PubMed]
- 17. Van Breemen, R.B.; Li, Y. Caco-2 cell permeability assays to measure drug absorption. *Expert Opin. Drug Metab. Toxicol.* **2005**, *1*, 175–185. [CrossRef] [PubMed]
- 18. Yee, S. In vitro permeability across Caco-2 cells (colonic) can predict in vivo (small intestinal) absorption in man-fact or myth. *Pharm. Res.* **1997**, *14*, 763–766. [CrossRef] [PubMed]
- Chong, S.; Dando, S.A.; Morrison, R.A. Evaluation of Biocoat intestinal epithelium differentiation environment (3-day culture Caco-2 cells) as an absorption screening model with improved productivity. *Pharm. Res.* 1997, 14, 1835–1837. [CrossRef] [PubMed]
- 20. Walle, U.K.; French, K.L.; Walgren, R.A.; Walle, T. Transport of genistein-7-glucoside by human intestinal Caco-2 cells: Potential role for MRP2. *Res. Commun. Mol. Pathol. Pharmacol.* **1999**, *103*, 45–56. [PubMed]
- 21. Wen, Z.; Li, G.; Lin, D.; Wang, J.; Qin, L.; Guo, G. Transport of PLGA nanoparticles across Caco-2/HT29-MTX co-cultured cells. *Acta Pharm. Sin.* **2013**, *48*, 1829–1835.
- Lin, H.; Gebhardt, M.; Bian, S.; Kwon, K.A.; Shim, C.K.; Chung, S.J.; Kim, D.D. Enhancing effect of surfactants on fexofenadine. HCl transport across the human nasal epithelial cell monolayer. *Int. J. Pharm.* 2007, 330, 23–31. [CrossRef] [PubMed]
- 23. Alsenz, J.; Haenel, E. Development of a 7-day, 96-well Caco-2 permeability assay with high-throughput direct UV compound analysis. *Pharm. Res.* **2003**, *20*, 1961–1969. [CrossRef] [PubMed]
- 24. Kigen, G.; Edwards, G. Drug-transporter mediated interactions between anthelminthic and antiretroviral drugs across the Caco-2 cell monolayers. *BMC Pharmacol. Toxicol.* **2017**, *18*, 20. [CrossRef] [PubMed]
- Mao, X.; Wu, L.; Zhao, H.; Liang, W.; Chen, W.; Han, S.; Qi, Q.; Cui, Y.; Li, S.; Yang, G.; et al. Transport of corilagin, gallic acid, and ellagic acid from fructus Phyllanthi tannin fraction in Caco-2 Cell Monolayers. *Evid. Based Complement. Alternat. Med.* 2016, 2016, 9205379. [CrossRef] [PubMed]
- Zhou, W.; Di, L.; Wang, J.; Shan, J.; Liu, S.; Ju, W.; Cai, B. Intestinal absorption of forsythoside A in in situ single-pass intestinal perfusion and in vitro Caco-2 cell models. *Acta Pharmacol. Sin.* 2012, *33*, 1069–1079. [CrossRef] [PubMed]
- Yang, X.; Yang, X.; Wang, Y.; Ma, L.; Zhang, Y.; Yang, X.; Wang, K. Establishment of Caco-2 cell monolayer model and standard operation procedure for assessing intestinal absorption of chemical components of traditional Chinese medicine. *J. Chin. Integr. Med.* 2007, *5*, 634–641. [CrossRef]
- 28. Artursson, P.; Karlsson, J. Correlation between oral drug absorption in humans and apparent drug permeability coefficients in human intestinal epithelial (Caco-2) cells. *Biochem. Biophys. Res. Commun.* **1991**, 175, 880–885. [CrossRef]
- 29. Lennernäs, H.; Palm, K.; Fagerholm, U.; Artursson, P. Comparison between active and passive drug transport in human intestinal epithelial (Caco-2) cells in vitro and human jejunum in vivo. *Int. J. Pharm.* **1996**, 127, 103–107. [CrossRef]

Sample Availability: Samples of bufalin-peptide-dendrimer inclusion (A), bufalin (B) and peptide-dendrimer (C) are available from the authors.



© 2017 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).