

**Differential ER α -mediated rapid estrogenic actions of ginsenoside Rg1 and
estren in human breast cancer MCF-7 cells**

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Abbreviations

MAPK, mitogen-activated protein kinase; ER, estrogen receptor; ERE, estrogen
response element; SRC-1, steroid receptor co-activator-1; MEK, mitogen-activated
protein kinase; ERK, extracellular signal-regulated protein kinase; AR, androgen
receptor; E2, 17 β -estradiol; DMEM, Dulbecco's Modified Eagle Medium; FBS, fetal bovine
serum; sFBS, charcoal-stripped fetal bovine serum; RT-PCR, reverse transcriptase-polymerase
chain reaction; GAPDH, glyceraldehydes-3-phosphate dehydrogenase; ChIP assay, Chromatin
immunoprecipitation assay; AFs, activation functions

Abstract

Recent studies indicated that both estren and Rg1 appear to be able to activate mitogen-activated protein kinase (MAPK) pathway in estrogen responsive cells. Rg1 could lead to MAPK activation through ligand-independent activation of estrogen receptor (ER), while estren could activate the Src-MAPK pathway in an ERE-independent manner. Thus, it is important to understand the mechanistic insights on the difference in transcriptional activation between estren and Rg1. The present study also addressed the differential abilities of Rg1 and estren in terms of the ability to activate ER and the ability to induce ER translocation in MCF-7 cells. Our data indicated that Rg1 could increase pS2 gene expression, and could recruit the co-activator steroid receptor co-activator-1 (SRC-1) to the pS2 promoter. Rg1 could also induce ER α nuclear translocation as well as ER α phosphorylation at Ser18 principally in the cytoplasm in MCF-7 cells. We deduced that estren induced ERE-dependent transcriptional activity and activated ER α at Ser18 occurred in the nucleus of MCF-7 cells. However, it was found to decrease pS2 gene expression and failed to induce the recruitment of SRC-1 to the pS2 promoter in MCF-7 cells. Our results suggest that the abilities of Rg1 and estren to regulate pS2 gene expression, to recruit co-activators as well as to induce sub-cellular distribution of ER α are dramatically different.

Key words: Ginsenoside Rg1, estren, 17 β -estradiol, estrogen receptor, MCF-7 cells

1. Introduction

The actions of estrogen are traditionally conceived to be mediated through the classical steroid receptor pathway, in which estrogen receptor (ER) acts as a ligand-dependent transcription factor that binds to estrogen response elements (EREs) in promoters of target genes [1]. Recent research indicated that the actions of estrogen can also be mediated by rapid signaling that occurs within seconds to minutes of cell stimulation [2], in which the rapid actions of estrogen are shown to be mediated through membrane associated receptors [3-4], thereby modulating cellular functions via both transcriptional and non-transcriptional events. In particular, ERs have been shown to be activated by mitogen-activated protein kinase (MAPK) via phosphorylation upon activation of growth factor receptors in a ligand-independent manner [5-6].

Ginsenoside Rg1 is one of the most active and abundant compounds found in ginseng. The pharmacological effects of Rg1 in the skeletal system, central nervous system and cardiovascular system as well as its involvement in the pathogenesis of endometrial, breast and ovarian cancers have been studied [7]. Our previous study identified Rg1 as a potent phytoestrogen [8] and that exert estrogenic activities at picomolar concentration. Its actions are more potent than other naturally occurring compounds such as flavonoids, coumestan derivatives and ligands which exert estrogenic activities at the micromolar range [9-12]. We have also shown previously that Rg1 can stimulate the growth of human breast cancer MCF-7 cells, as well as activate the ERE-dependent luciferase activity without directly binding to the

62 ER α [8, 13]. Furthermore, Rg1 was found to preferentially activate ER α and rapidly induce
63 ER α phosphorylation at the AF-1 domain via mitogen-activated protein kinase (MEK)/
64 extracellular signal-regulated protein kinase (ERK) pathway in MCF-7 cells [12, 14]. This
65 reveals that Rg1 exerts rapid oestrogenic effects by activating ER α via MAPK pathway in a
66 ligand-independent manner in MCF-7 cells.

67 Estren (4-estren-3 α , 17 β -diol) is a synthetic ligand of ER or androgen receptor (AR) with very
68 low affinities to ER (about 0.15% of that of 17 β -estradiol (E2)) and AR (about 2% of that of
69 the potent androgen R1881) [15-16]. It was initially reported to selectively activate the rapid
70 membrane-mediated pathway rather than through the classical nuclear ER-mediated pathway
71 to increase bone mass and strength in gonadectomized Swiss Webster mice, but it had no
72 effects on uterine weight [16-17]. The anti-apoptotic action of estren on osteoblasts,
73 osteocytes, embryonic fibroblasts and HeLa cells was shown to be mediated by ligand
74 binding domain of ER localized exclusively to the cell membrane and involve the activation
75 of Src/Shc/ERK signaling without inducing transcriptional activity of the ER *in vitro* [15]. In
76 addition, its ability to induce osteoblast differentiation is also shown to be mediated by rapid
77 non-genomic ER actions in which the membrane-localized ER α is selectively activated in
78 bone cells [16]. However, others have shown that estren is able to induce transcriptional
79 activity of an ERE-driven reporter gene via ER α and ER β in human 293 kidney epithelial
80 ER α (293/h ER α)- and ER β (293/h ER β)-expressing reporter cell lines [18]. Despite

discrepancies in reports regarding the estrogenic actions exerted by estren, these studies demonstrated that the bone-protective effects of estren involve the activation of ER as well as the induction of rapid cell membrane-mediated Src-MAPK pathways without inducing transcriptional activity. However, it is unclear if estren can induce ERE-dependent transcription via ER-mediated pathway in cancer cells such as MCF-7 cells.

As both Rg1 and estren appear to be able to activate MAPK pathway in estrogen responsive cells, it is of importance to determine why activation of MEK (an enzyme upstream of MAPK) by Rg1 results in ligand-independent activation of ER and induce ERE-dependent transcription while activation of Src-MAPK pathway by estren does not result in activation of ERE-dependent transcription. Thus, the present study was designed to compare the actions of Rg1 and estren in inducing transcriptional events, in activating ER and inducing ER translocation in MCF-7 cells. It is hoped that this study can provide insights for understanding non-classical ER signaling pathways activated by phytoestrogens as well as synthetic ER analogs.

2. Material and Methods

2.1 Culture and treatment of human breast cancer MCF-7 cells

MCF-7 cells (HTB-22) were cultured in Dulbecco's Modified Eagle Medium (DMEM) supplemented with 5% fetal bovine serum (FBS) and penicillin 100 U/ml and streptomycin 100 µg/ml (Invitrogen, Carlsbad, CA) at 37°C in a humidified atmosphere of 95% air and 5% CO₂. Twenty-four hours after plating, the medium was changed to 1% charcoal-stripped fetal bovine serum (sFBS) in phenol red-free DMEM and cultured for 48h before treatment.

2.2 Cell proliferation assay

MCF-7 cells were plated in 96-well plates at a density of 5000 cells/well; 24h after being plated, the cells were cultured in phenol red-free DMEM medium containing 1% sFBS for 48h and subsequently treated with various concentrations of 17β-estradiol (E2, 10⁻¹⁴M-10⁻⁶M), estren (10⁻¹⁴M-10⁻⁶M), Rg1 (10⁻¹⁴M-10⁻⁶M) or its vehicle for 48h. Upon incubation, the growth of the cells was quantified using the MTS proliferation assay according to the manufacturer's instructions. The 96-well plate was incubated at 37°C for 2h and then read on a microplate reader at a wavelength of 490nm.

2.3 Transient transfection of MCF-7 cells and luciferase assay

MCF-7 cells were seeded into 24-well plates and transiently transfected by Lipofectamine 2000 reagent (Invitrogen). The ERE-containing luciferase reporter plasmid vERETkluc was kindly provided by Dr Vincent Giguere (McGill University, Montreal, Quebec, Canada). 0.8µg of

119 this reporter construct, together with 0.01µg of an inactive control plasmid pRL-TK, a Renilla
 120 luciferase control vector, was co-transfected into the cells in triplicate. At 6 hours after
 121 transfection, cells were treated with various concentrations of 17β-estradiol (10^{-14} M- 10^{-6} M),
 122 estren (10^{-14} M- 10^{-6} M), Rg1 (10^{-14} M- 10^{-6} M) or its vehicle for another 24h. Luciferase activity
 123 was measured using a Dual Luciferase Reporter Assay System (Promega), and signals were
 124 detected by a TD-20/20 Luminometer (Turner Desing, Sunnyvale, CA). Estrogen promoter
 125 activity was expressed as firefly luciferase values normalized by pRL-TK Renilla luciferase
 126 values.

127 *2.4 Real-time reverse transcriptase-polymerase chain reaction (RT-PCR)*

128 Total RNA was isolated from cells by using Trizol reagent according to the standard protocol.
 129 Total RNA (1µg) was reverse-transcribed in 20µL of a reaction mixture containing reverse
 130 transcription buffer, deoxynucleotide triphosphate mixture, random primers and MultiScribe
 131 reverse transcriptase, using a high-capacity cDNA reverse transcription kit at 25°C for 10 min,
 132 37 °C for 2h and 85 °C for 5s. For pS2 and the house keeping gene
 133 glyceraldehydes-3-phosphate dehydrogenase (GAPDH), the primers used were 5'-
 134 ATGGCCACCATGGAGAACAAGG-3' (pS2 forward) and 5'-
 135 CATAAATTCACACTCCTCTTCTGG-3' (pS2 reverse), 5'-
 136 GAAGGACTCATGACCACAGT-3' (GAPDH forward) and
 137 5'-GTTGAAGCTAGAGGAGACCA-3' (GAPDH reverse). PCR was carried out in 20µL

138 reaction mixture containing 10 μ L SsoFastTM Eva Green supermix (BIO-RAD) and 0.5 μ L of
139 cDNA template. The PCR was performed in an iO5 Multicolor Real-time PCR Detection
140 System (BIO-RAD) using the following cycle parameters: 1 cycle of 95°C for 30s, and 40
141 cycles of 95°C for 5s, annealing temperature for 30s and followed by melting curve. Standard
142 curves were generated using serially diluted solutions of cDNA derived from untreated
143 MCF-7 cells. The target gene transcripts in each sample were normalized on the basis of its
144 GAPDH.

145 *2.5 Chromatin immunoprecipitation assay (ChIP assay)*

146 ChIP assays were performed by using the ChIP kit according to the manufacturer's instruction.
147 MCF-7 cells were cross-linked with 1% formaldehyde. Cells were harvested by centrifugation
148 and resuspended in the lysis buffer (1% SDS, 10mM EDTA, 50mM Tris PH 8.1, 1mM
149 phenylmethylsulfonyl fluoride (PMSF), 1 μ g/ml Aprotinin and 1.5 μ g/ml Pepstatin A). After
150 sonication in Sonifier 450 (Branson, Danbury, CT), the samples were centrifuged and cell
151 supernatant was diluted for 10-fold in ChIP dilution buffer containing protease inhibitors.
152 Protein A Agarose/Salmon Sperm DNA was added to reduce non-specific background. After
153 centrifugation, the supernatant fraction was collected and incubated overnight at 4°C with
154 rotation by adding the SRC-1 antibody (Mouse IgG). For a negative control, no-antibody
155 immunoprecipitation and anti-Mouse IgG antibody immunoprecipitation were performed.
156 After that, the samples were incubated with protein A Agarose/Salmon Sperm DNA for one

hour at 4°C with rotation to precipitate the DNA-protein complex and then eluted in the elution buffer (1% SDS and 0.1M NaHCO₃). The mixture was incubated at 65°C for 4h to reverse the formaldehyde cross-linking. Protein was removed by proteinase K digestion (10mg/mL) and phenol/CHCl₃ extraction. The extracted DNA was used for performing RT-PCR using the pS2 promoter primers: upstream 5'-GATTACAGCGTGAGCCACTG-3' and downstream 5'-TGGTCAAGCTACATGGAAGC-3' [19]. The PCR conditions were as follows: 95°C 1min, 58°C 1min, 72°C 50s. The amplification products, obtained in 38 cycles, were analyzed in a 2% agarose gel and visualized by ethidium bromide staining.

2.6 Immunoblotting

After treatment, MCF-7 cells were lysed with Nonidet P-40 buffer (20 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1 mM CaCl₂, 1 mM MgCl₂, 10% glycerol, 1% Nonidet P-40) containing protease inhibitors (aprotinin 2 µg/ml, leupeptin 2 µg/ml, 1 mM PMSF) and phosphatase inhibitors (1 mM sodium orthovanadate, 10 mM NaF). Lysates were centrifuged at 14,000g at 4°C for 30 min and protein concentrations were analyzed by the method of Bradford (Bio-Rad, Hercules, CA, USA). Equal amounts of proteins (50 µg) were separated by SDS-PAGE, and transferred onto PVDF membranes (Immobilin-P, Millipore Corp., MA, USA) as previously described [20]. The blots were probed with monoclonal rabbit anti-human phosphor-ERα at Ser 118 (1:2000; Millipore), monoclonal mouse anti-human B-actin (1:2000; Abcam) and polyclonal rabbit anti-human ERα (1:2000; Santa Cruz Biotechnology, Inc.,

Santa Cruz, CA). This was followed by incubation with goat anti-rabbit (1:2000; Santa Cruz Biotechnology, Inc., Santa Cruz, CA) or anti-mouse antibody (1:2000; Cell Signaling) conjugated with horseradish peroxidase. The antigen-antibody complexes were then detected with enhanced chemiluminescence (ECL) reagent and visualized by the Lumi-Imager using Lumi Analyst version 3.10 software (Roche, Mannheim, Germany).

2.7 Wide-field fluorescence microscopy

After treatment, cells were fixed with PBSAT (2% BSA, 0.5% Triton-X 100 in PBS) which contained the Triton X-100. Followed by incubation with the ER α antibody (1:100) or phosphorylated-ER α (Ser 118) antibody (1:100) for 2h at room temperature, the cells were incubated with Alexa Fluor 488 anti-rabbit antibody (1:100, Molecular Probes) for 1h at room temperature. After washing with PBSAT 8 times, images were acquired using the wide-field fluorescence microscopy (Zeiss Observer.Z1). Before image acquisition, the samples were incubated with the DNA-binding vital stain Hoechst 33342 for 10 min to stain the DNA.

2.8 Statistical analysis

Data are reported as the mean \pm SEM. Significance of differences between the means of various was determined by t-test. A p -value <0.05 was considered statistically significant.

3. Results

3.1 Rg1 and estren increased MCF-7 cell proliferation

As shown in Fig.1, 17 β -estradiol significantly increased cell proliferation at all tested dosages from 10⁻¹⁴ M to 10⁻⁶ M with the most effective dosage of 10⁻⁶ M (1.23-fold) in MCF-7 cells. However, estren significantly stimulated cell proliferation only at 10⁻¹⁴ M (1.15-fold) and 10⁻¹⁰ M (1.27-fold) (Fig. 1). For Rg1, it significantly increased cell proliferation from 10⁻¹² M-10⁻⁶ M with the most effective concentrations of 10⁻⁶ M (1.27-fold) (Fig. 1). These results indicate that Rg1 and estren exert estrogen-like effects on increasing cell proliferation in MCF-7 cells, although their effective dosages are different.

3.2 Both Rg1 and estren induced ERE-dependent transcription in MCF-7 cells

To determine if Rg1 or estren stimulated ERE-dependent transcription, MCF-7 cells were transfected with ERE-luciferase reporter and subjected to treatment with different concentrations of 17 β -estradiol, Rg1 and estren. The results showed that 17 β -estradiol significantly induced ERE-dependent transcription at all tested dosages (10⁻¹⁴ M- 10⁻⁶ M) in MCF-7 cells, and the most effective dosage was 10⁻⁸ M (6.4-fold) (Fig. 2). Rg1 significantly induced ERE-dependent transcription from 10⁻¹⁴ M to 10⁻⁸ M, the most effective dosage were 10⁻¹² M (3.46-fold) and 10⁻⁸ M (3.33-fold) (Fig. 2). Estren significantly induced ERE-dependent transcription from 10⁻¹⁰ M to 10⁻⁶ M, but not at 10⁻¹⁴ and 10⁻¹² M, and the most effective concentration was 10⁻¹⁰ M (4.4-fold) (Fig.2). This suggests that both Rg1 and estren

exert estrogen-like effects in activating ERE-dependent transcription in MCF-7 cells.

3.3 Rg1, but not estren, increased pS2 gene expression and induced recruitment of co-activator SRC-1 to ERE-containing pS2 promoter in MCF-7 cells

The pS2 gene was the human breast cancer prognostic marker. It was originally identified as an estrogen-inducible transcript in MCF-7 cells [21]. pS2 gene expression was frequently used as a marker for assessing the estrogenicity of various compounds [22]. Our previous study suggested that 1 pM Rg1 significantly increased pS2 gene expression [13]. To determine if estren mimicked Rg1 at inducing the expression of estrogen responsive gene in MCF-7 cells, the ability of estren to induce estrogen-regulated pS2 mRNA expression was determined. As expected, 17 β -estradiol significantly increased pS2 gene expression in MCF-7 cells at 10⁻¹⁰ M, 10⁻⁸ M and 10⁻⁶ M upon treatment for 48 h (Fig. 3A). Similarly, Rg1 significantly increased pS2 gene expression from 10⁻¹² M to 10⁻⁸ M, and the most effective concentration was 10⁻⁸ M (2.58-fold) (Fig. 3A). However, estren significantly decreased pS2 gene expression at the concentrations of 10⁻⁸ M and 10⁻⁶ M in MCF-7 cells upon treatment for 48 h (Fig. 3A).

ERE element in the pS2 gene promoter (region -405 to -394) was a classic site of direct ER regulation [19, 23]. p160 co-activator SRC-1 was known to interact with the ERE-containing pS2 promoter to modulate its transcriptional activities [24]. To determine if the differential regulation of pS2 gene expression by Rg1 and estren was due to differences in co-activator

recruitment, ChIP assay was used to study the co-activator recruitment of SRC-1 to pS2 promoter in MCF-7 cells treated with 17 β -estradiol, Rg1 or estren. As shown in Fig.3B, 17 β -estradiol significantly increased the binding of SRC-1 to the pS2 promoter by 4.2-fold after immunoprecipitation by SRC-1 antibody. 10⁻¹² M and 10⁻⁸ M Rg1 increased the binding of SRC-1 to the pS2 promoter by 1.66-fold and 5.18-fold, respectively (Fig. 3B). In contrast, estren failed to induce any recruitment of SRC-1 to pS2 promoter (Fig. 3B). The result suggested that the inability of estren to recruit SRC-1 to pS2 promoter might contribute to its negative regulation of pS2 mRNA expression in MCF-7 cells. This reveals that different co-activators and promoters are involved in the estrogenic actions of Rg1 and estren in MCF-7 cells.

3.4 Both Rg1 and estren rapidly induced ER α translocation from the cytoplasm to the nucleus in MCF-7 cells

ER is previously demonstrated to be an essential mediator of actions of 17 β -estradiol and Rg1 [13]; we therefore determined if estren exerts similar activity by regulating the level of ER expression in MCF-7 cells. As ER α , but not ER β , is the major isoform expressed in MCF-7 cell line [13], its expressions in response to 17 β -estradiol, Rg1 and estren were being studied in the present study. As expected, 17 β -estradiol decreased ER α protein expression as early as 10 mins treatment and the suppression was significant at 30 min and 2 hr, with the maximal decrease at 2 hr (Fig.4A). In contrast, both Rg1 and estren did not alter ER α protein

250 expression at all test points (Fig.4A). Thus, it appears that Rg1 and estren behave differently
251 from E2 and do not suppress the expression of ER α in MCF-7 cells.

252 To determine if Rg1 and estren activated ER α in a way similar to 17 β -estradiol in MCF-7
253 cells, their abilities to induce ER α translocation from the cytoplasm to the nucleus were
254 determined. 17 β -estradiol induced rapid ER α translocation within 5mins and the maximal
255 point was 30 min (3.2-fold), followed by a fall at 2 hr in MCF-7 cells (Fig.4B). Rg1 at 10⁻⁸ M
256 induced significant and maximal ER α translocation from the cytoplasm to the nucleus as early
257 as 5 min (1.89-fold) (Fig. 4B). For estren, it induced rapid ER α translocation from the
258 cytoplasm to nucleus within 5mins by approximately 1.3-fold (Fig. 4B). The increase was
259 sustained and appeared to reach the peak by 6hrs although the changes were not statistically
260 significant (Fig. 4B). In addition, immunofluorescent staining was performed to confirm the
261 effect of 17 β -estradiol, Rg1 and estren on ER α translocation in MCF-7 cells treated for 30
262 min. As shown in Fig.4C, ER α was diffusely expressed in the whole cell and predominately in
263 the nucleus in the control group (untreated group). Upon treatment with 17 β -estradiol for 30
264 min, ER α could be clearly shown to translocate to nucleus, especially to the nucleolus, from
265 the cytoplasm in MCF-7 cells (Fig.4C). Similarly, 10⁻⁸ M Rg1 and estren also increased ER α
266 translocation from the cytoplasm to nucleus in MCF-7 cells (Fig.4C). These results were
267 consistent with the results of our western blotting data. Additionally, picomole of Rg1 also
268 increased ER α translocation from the cytoplasm to nucleus in MCF-7 cells upon treatment for

30 min (Fig.4C). This suggests that both Rg1 and estren induced ER α translocation from the cytoplasm to nucleus in MCF-7 cells in a way similar to that of 17 β -estradiol.

3.5 Rg1 rapidly induced ER α phosphorylation at Ser118 principally in the cytoplasm in MCF-7 cells, while estren rapidly induced Ser118 phosphorylation principally in the nucleus

ERs contain two regions called activation functions (AFs) that are important for ligand-dependent ERs transcriptional activity [6]. The Ser118 residue in the AF-1 region of ER α is the phosphorylation sites essential for the ligand-independent activation of ERs through the Ras-MAPK signaling cascade [6]. In the present study, the phosphorylation level was calculated as a ratio of p-ER α to ER α and finally expressed as a ratio to the basal reading where time 0 (untreated as basal) equals 1. We evaluated the effects of Rg1 on ER α phosphorylation at Ser118 in MCF-7 cells in comparison to 17 β -estradiol and estren. As shown in Fig.5A, a steady activation of ER α phosphorylation at Ser 118 in MCF-7 cells in response to 10⁻⁸M 17 β -estradiol occurred within the first 20 mins of incubation and peaked at 20 min (3.15-fold), the activation persisted throughout the incubation. Similarly, Rg1 induced Ser118 phosphorylation as early as 10 min, followed by a steady increase and peaked at 30 min (1.27-fold) (Fig. 5A). Treatment of MCF-7 cells with estren produced rapid and maximal phosphorylation of Ser 118 (2.6-fold) within 20 min, followed by a decrease in phosphorylation at 30 min and the activation persisted for the whole treatment (Fig.5A).

Fig. 5B shows the time-course of the protein expression of phosphorylated ER α and ER α in

the cytoplasm and nucleus in MCF-7 cells in response to treatment with 10^{-8} M 17β -estradiol, 10^{-8} M estren or 10^{-8} M Rg1. 17β -estradiol induced a steady activation of ER α within 30 min of incubation both in the cytoplasm and the nucleus, the activation continued to slightly increase and then peaked at 6 hr (4.5-fold and 10.4-fold, respectively) (Fig.5B). It should be noted that the upregulation of phosphorylated ER α expression by 17β -estradiol was more pronounced in the nucleus than in the cytoplasm (Fig.5B). Rg1 induced Ser118 phosphorylation within 30 min in the cytoplasm and peaked at 5 min (2.76-fold) (Fig. 5B), but only significantly induced ER α phosphorylation at Ser 118 in the nucleus upon treatment for 2 h (1.78-fold) and 6 h (2.74-fold) (Fig. 5B). In contrast, estren produced a slight increase in ER α phosphorylation at Ser 118 in the cytoplasm where significant activation could only be observed in MCF-7 cells upon 6 h of incubation, while induced a steady and significant increase in Ser 118 phosphorylation in the nucleus within 30 min of incubation and peaked at 6 hr (8.8-fold) (Fig.5B). Wide-field fluorescence microscopy confirmed that 17β -estradiol induced ER α phosphorylation both in the cytoplasm and nucleus but principally in the nucleus, Rg1 at 10^{-12} M and 10^{-8} M activated ER α principally in the cytoplasm, while estren activated ER α principally in the nucleus (Fig.5C). Our results indicate that Rg1 and estren rapidly induced ligand-independent activation of ER with different activation pattern in MCF-7 cells.

4. Discussion

Our previous study suggests that Rg1 exerts estrogenic effects and induces ERE-dependent transcription by activating ER α via MAPK pathway in a ligand-independent manner in MCF-7 cells [8, 12, 14]. Estren was known to exert bone-protective effects via the activation of ER as well as the induction of rapid cell membrane-mediated Src-MAPK pathways without inducing transcriptional activity [15]. Thus, it is intriguing to investigate why activation of MEK (an enzyme upstream of MAPK) by Rg1 results in ligand-independent activation of ER and induces ERE-dependent transcription while activation of Src-MAPK pathway by estren does not result in activation of ERE-dependent transcription. The present study clearly demonstrated that the effects of Rg1 are different from those of estren on estrogen-related pS2 gene expression, recruitment of co-activator SRC-1 to ERE-containing pS2 promoter and subcellular activation of ER α in MCF-7 cells. In addition, estren indeed induced ERE-dependent transcription in human breast cancer MCF-7 cells via rapid ER signaling pathway.

As expected, Rg1 increased cell proliferation at 10^{-12} M to 10^{-6} M in MCF-7 cells in a way similar to that of 17 β -estradiol. However, estren could only increase cell proliferation at 10^{-14} M and 10^{-10} M. Discrepancies exist amongst reported studies regarding whether estren could stimulate MCF-7 cell proliferation. Windahl et al. [25] previously reported that estren increased MCF-7 cell proliferation at the concentrations of 10^{-10} M- 10^{-6} M while Kousteni et al.

[17] and Almeida et al. [26] reported that estren (10^{-12} M- 10^{-7} M) failed to induce any proliferation of MCF-7 cells. Our results demonstrated that 17β -estradiol (10^{-14} M- 10^{-6} M), Rg1 (10^{-14} M- 10^{-8} M) and estren (10^{-10} M- 10^{-6} M) were found to alter ERE-dependent gene transcription in MCF-7 cells. 17β -estradiol was more potent than Rg1 and estren in inducing ERE-dependent reporter activities in MCF-7 cells.

Our ChIP assay studies indicated that the difference in regulation of pS2 expression by estren and that by 17β -estradiol and Rg1 was due to the difference in their abilities to induce recruitment of SRC-1 to the ERE-containing pS2 promoter. Our result was in agreement with the report of Cascio et al. [19] that 17β -estradiol increased SRC-1 recruitment to pS2 promoter upon treatment for 1h. Similarly, Rg1 at 10^{-12} M and 10^{-8} M also significantly induced recruitment of SRC-1 to pS2 promoter in MCF-7 cells. However, estren failed to induce SRC-1 recruitment to pS2 promoter. The difference in the abilities to induce SRC-1 recruitment to pS2 promoter by 17β -estradiol, Rg1 and estren appeared to result in the difference in pS2 mRNA expression induced by treatment of MCF-7 cells with these compounds. These results indicated that the recruitment of co-activators to estrogen-sensitive promoters in MCF-7 cells was differentially regulated by Rg1 and estren.

The reports of others [27-28] and the results of our wide-field fluorescence microscopy experiment suggested that ER α was diffusely expressed in the whole cell, and predominately expressed in the nucleus, especially in the nucleoli in MCF-7 cells. Results of our western

345 blotting indicated that 17 β -estradiol rapidly induced ER α translocation from the cytoplasm to
346 the nucleus within 30 minutes of incubation in MCF-7 cells. Similarly, Rg1 and estren
347 significantly induced ER α translocation from the cytoplasm to the nucleus as early as 5 min in
348 MCF-7 cells. Gutierrez et al. (2012) reported that ER was classically shown to be constantly
349 shuttling between the nucleus and cytoplasm [27] and the localization of ER affected both
350 rapid and genomic signaling pathways [29]. This suggests that the nuclear translocation of
351 ER α is involved in the rapid signaling pathways of both Rg1 and estren in MCF-7 cells. In
352 addition, the levels of nuclear localization induced by Rg1 and estren were much lower than
353 induced by 17 β -estradiol. This indicates that different mechanisms might be involved in
354 inducing nuclear translocation by 17 β -estradiol, Rg1 and estren as both the rapid and genomic
355 signaling pathways are known to be activated by 17 β -estradiol but not by Rg1 and estren.

356 For the activation of ER α , results of western blotting suggest that both Rg1 and estren
357 increased total ER α phosphorylation at Ser118 in MCF-7 cell within 10 min of incubation in a
358 way similar to that of 17 β -estradiol. As Rg1 and estren are known to have very limited
359 binding affinity to ER, our results suggest that both of them might activate ERE-dependent
360 transcriptional activities in MCF-7 cells rapidly via ER phosphorylation. Indeed, the induction
361 levels of ER α phosphorylation in response to 17 β -estradiol and Rg1 as well as estren in
362 MCF-7 cells were in agreement with the level of induction of ERE-dependent transcriptional
363 activities. This indicates that both Rg1 and estren can induce ERE-dependent transcription by

ligand-independent activation of ER via rapid signaling in MCF-7 cells. Most importantly, the sub-cellular distributions of phosphorylated ER α were differentially altered in MCF-7 cells in response to treatment with Rg1, estren and 17 β -estradiol. Our results clearly indicated that Rg1 rapidly induced ER α phosphorylation at Ser118 principally in the cytoplasm by 5 min while estren could induce the expression of phosphorylated ER α at Ser 118 principally in the nucleus of MCF-7 cells. The induction patterns of Rg1 and estren were different from that of 17 β -estradiol as the latter could induce the expression of phosphorylated ER α in both the cytoplasm and the nucleus. This suggests that different mechanisms are involved in determining the sub-cellular distribution of ER α by 17 β -estradiol, Rg1 and estren. Both the rapid and genomic signaling pathways are involved in the effects of 17 β -estradiol. The ability of estren and Rg1 to trigger kinase-mediated events would eventually lead to genomic events in MCF-7 cells which expressed high level of growth factor receptors, despite the low or negligible affinities towards ER α . However, it is unclear why Rg1 can induce more ER α phosphorylation in the cytoplasm than estren in MCF-7 cells in a ligand-independent manner.

5. Conclusion

In conclusion, the abilities of Rg1 and estren to regulate pS2 gene expression and recruit co-activators as well as induce sub-cellular distribution of ER α in MCF-7 cells are dramatically different, although both estren and Rg1 activate ER α via phosphorylation at Serine 118 in ligand-independent manner. Future studies will be needed to delineate how different phytoestrogens or estrogen analogs activate ER differently in different cell types.

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517 **Figure legends**

518 **Figure 1 Effects of ginsenoside Rg1 and estren on cell proliferation in human breast**
519 **cancer MCF-7 cells**

520 MCF-7 cells were treated with various concentrations of 17β -estradiol (10^{-14} M- 10^{-6} M), estren
521 (10^{-14} M- 10^{-6} M), Rg1 (10^{-14} M- 10^{-6} M) or its vehicle for 48h. The growth of MCF-7 cells was
522 quantified using the MTS proliferation assay according to the manufacturer's instructions.
523 The 96-well plate was incubated at 37°C for 2h and the absorbance at 490nm was measured.
524 n=6-8. Data are expressed as mean \pm SEM. *P<0.05, **P<0.01, ***P<0.001 vs control group.

525 **Figure 2 Effects of ginsenoside Rg1 and estren on ERE-dependent transcription in**
526 **human breast cancer MCF-7 cells**

527 MCF-7 cells were transfected with 0.8 μ g the ERE-containing luciferase reporter plasmid
528 vERETkluc and 0.01 μ g the inactive control plasmid pRL-TK. 5h after transfection, the cells
529 were treated with 17β -estradiol (10^{-14} M- 10^{-6} M), estren (10^{-14} M- 10^{-6} M), Rg1 (10^{-14} M- 10^{-6} M)
530 or its vehicle for 24h. Activities of luciferase encoded by experimental and internal control
531 plasmid were measured sequentially with DLR assay reagents. The ERE *firefly* luciferase
532 activities were normalized for pRL-TK *Renilla* luciferase values. n=4. Data are expressed as
533 mean \pm SEM. *P<0.05, **P<0.01, ***P<0.001 vs control group

534 **Figure 3 Effects of ginsenoside Rg1 and estren on pS2 gene expression and recruitment**
535 **of co-activator SRC-1 to ERE-containing pS2 promoter in human breast cancer MCF-7**

536 **cells**

537 A, MCF-7 cells were treated with various concentrations of 17 β -estradiol (10^{-14} M- 10^{-6} M),
538 estren (10^{-14} M- 10^{-6} M), Rg1 (10^{-14} M- 10^{-6} M) or its vehicle for 48h. After total RNA extraction,
539 real-time RT-PCR was performed. Data are expressed as mean \pm SEM. *P<0.05, **P<0.01,
540 ***P<0.001 vs control group. n=3. B, MCF-7 cells were treated with 17 β -estradiol (10^{-8} M),
541 estren (10^{-8} M), Rg1 (10^{-12} M, 10^{-8} M) or its vehicle for 1h. ChIP assay was performed to
542 study their effects on the recruitment of SRC-1 to pS2 promoter. pS2 promoter sequences
543 containing ERE were detected by PCR amplification with specific primers. To determine
544 input DNA, the pS2 promoter fragment was amplified from the purified soluble chromatin
545 before immunoprecipitation. For negative control, the specific SRC-1 antibody was replaced
546 by nonimmune mouse IgG. PCR products obtained at 38 cycles as shown. This experiment
547 was repeated four times with similar results.

548 **Figure 4 Effects of ginsenoside Rg1 and estren on ER α protein expression and ER α**
549 **translocation in human breast cancer MCF-7 cells**

550 A, MCF-7 cells were treated with 17 β -estradiol (10^{-8} M), estren (10^{-8} M) or Rg1 (10^{-8} M) for
551 10 min, 20 min, 30 min and 2 h. After protein extraction, western blotting was performed. n=3.
552 B, MCF-7 cells were treated with 17 β -estradiol (10^{-8} M), estren (10^{-8} M) or Rg1 (10^{-8} M) for 5
553 min, 10 min, 20 min 30 min, 2 h and 6 h. After protein extraction from the cytoplasm and
554 nucleus using the nuclear/cytosol fractionation kit, western blotting was performed to

investigate ER α , B-action and Histone H3 protein expressions. B-actin was used to normalize ER α protein expression in the cytoplasm. Histone H3 was used to normalize ER α protein expression in the nucleus. n=3. Data was expressed as mean \pm SEM. *P<0.05, **P<0.01, ***P<0.001 vs control group (0 point). C, MCF-7 cells were treated with 17 β -estradiol (E2, 10⁻⁸M), estren (10⁻⁸M) or Rg1 (10⁻¹² M, 10⁻⁸ M) for 30 min. After fixing with PBSAT containing the Triton X-100, the cells were incubated with the ER α antibody (1:100) (**Green**) at room temperature for 2h. After washing with PBSAT for 5 times, the cells were incubated with Alexa Fluor 488 anti-rabbit antibody for 1h at RT. Before scanning with the Wide-field Fluorescence Microscopy, the cells were incubated with the DNA-binding reagent Hoechst 33342 for 10 mins to stain the nucleolus (**Blue**).

Figure 5 Effects of ginsenoside Rg1 and estren on sub-cellular ER α phosphorylation at Ser 118 in human breast cancer MCF-7 cells

A, MCF-7 cells were treated with 17 β -estradiol (E2, 10⁻⁸M), estren (10⁻⁸M) or Rg1 (10⁻⁸ M) for 10 min, 20 min, 30 min and 2 h. After protein extraction, western blotting was performed. n=3. B, MCF-7 cells were treated with 17 β -estradiol (E2, 10⁻⁸M), estren (10⁻⁸M) or Rg1 (10⁻⁸ M) for 5 min, 10 min, 20 min 30 min, 2 h and 6 h. After protein extraction from the cytoplasm and nucleus using the nuclear/cytosol fractionation kit, western blotting was performed to study the phospho-ER α and ER α protein expressions. The phosphorylation level was calculated first as a ratio of pER α to ER α and finally expressed as a ratio to the basal reading

where time 0 (untreated as basal) equals 1. n=4. Data are expressed as mean \pm SEM. *P<0.05, **P<0.01, ***P<0.001 vs control group (0 point). C, MCF-7 cells were treated with 17 β -estradiol (E2, 10⁻⁸ M), estren (10⁻⁸ M) or Rg1 (10⁻¹² M, 10⁻⁸ M) for 30 mins. After fixing with PBSAT containing the Triton X-100, the cells were incubated with the phosphor-ER α (Ser 118) antibody (1:100) (**Green**) at room temperature for 2h. After washing with PBSAT for 5 times, the cells were incubated with Alexa Fluor 488 anti-rabbit antibody for 1h at RT. Before scanning with the Wide-field Fluorescence Microscopy, the cells were incubated with the DNA-binding reagent Hoechst 33342 for 10 mins to stain the nucleolus (**Blue**).

Figure 1

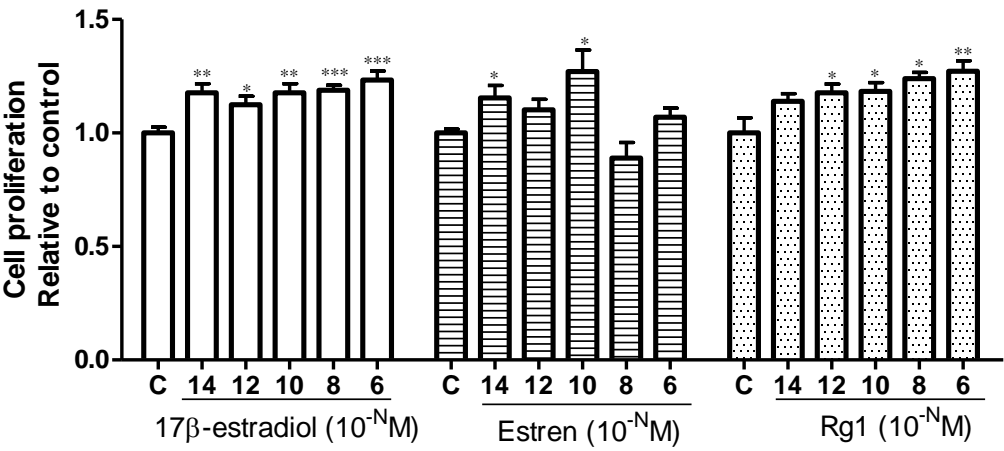


Figure 2

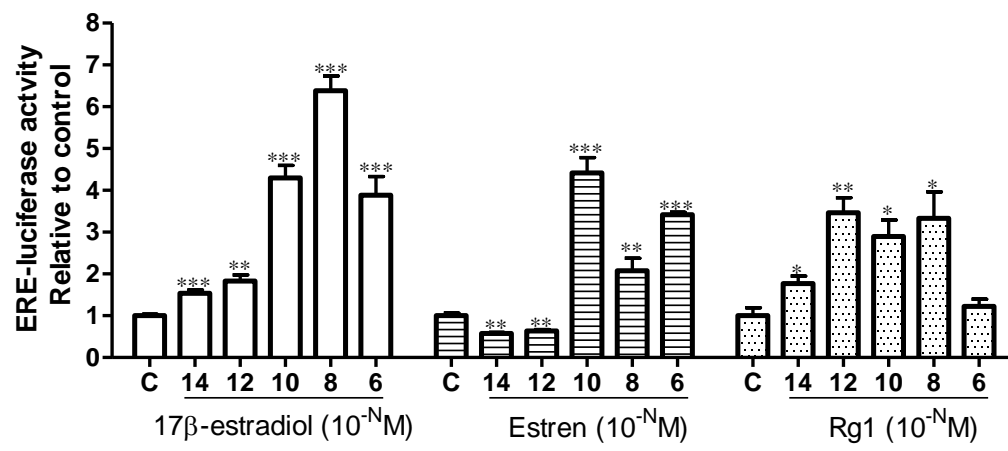
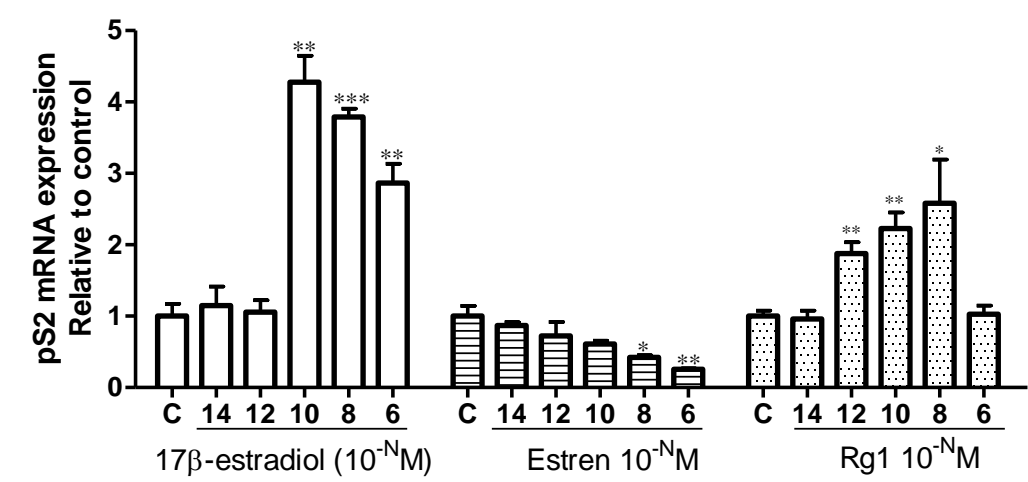


Figure 3

A.



B.

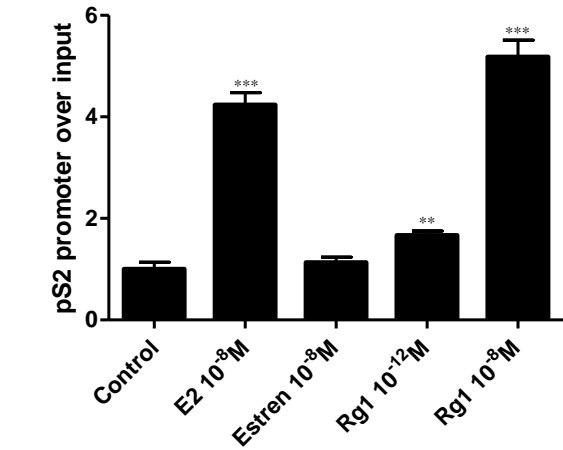
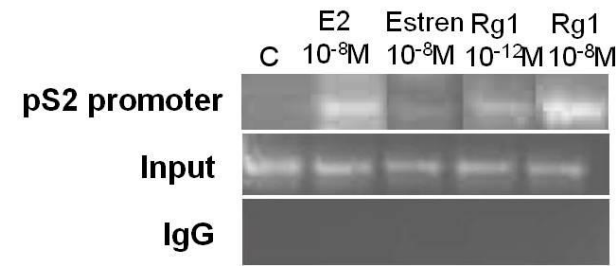
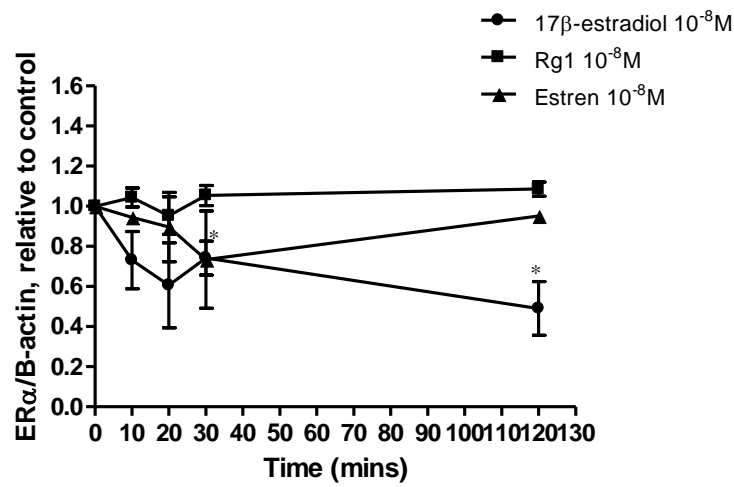
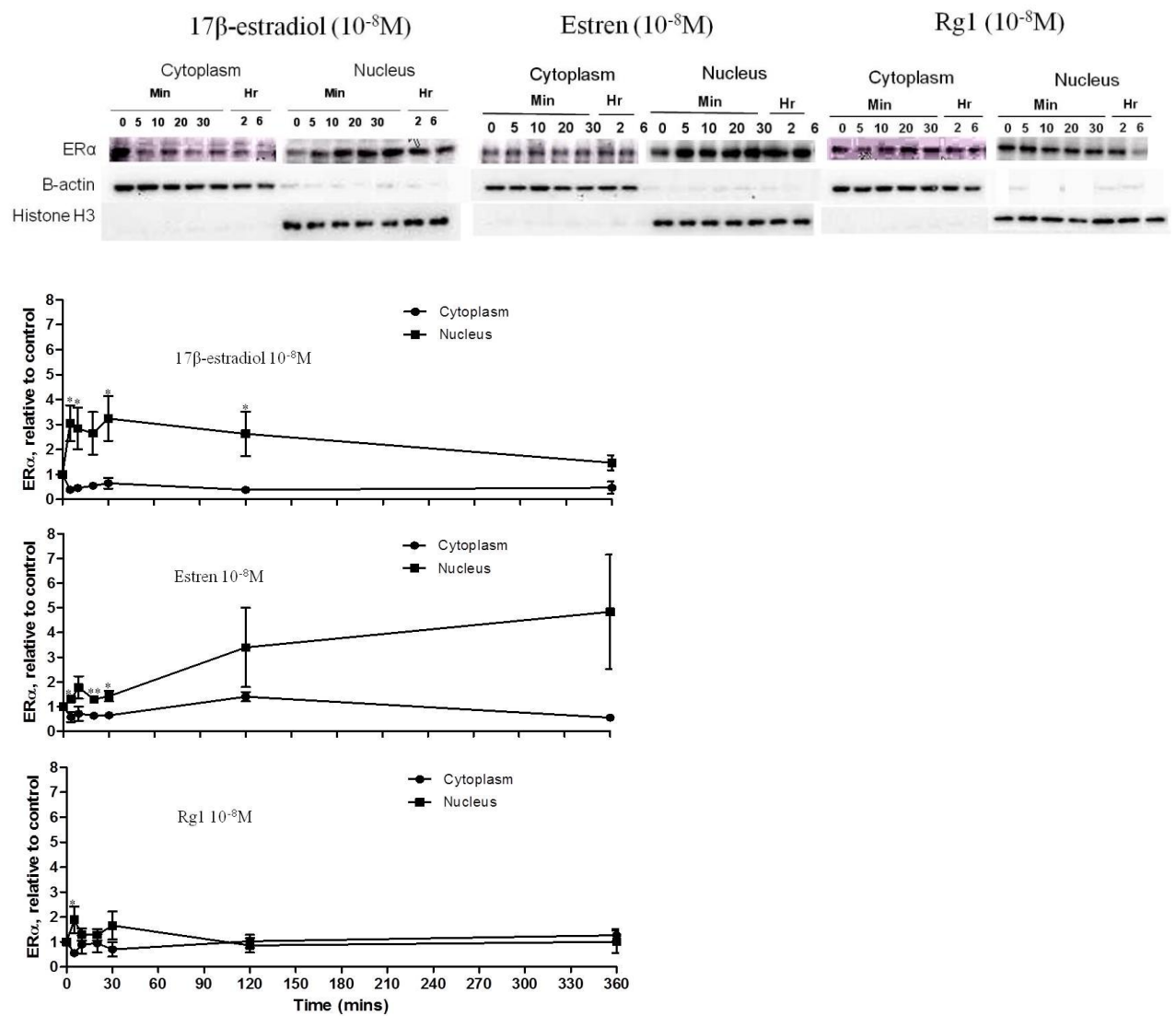


Figure 4

A.



B.



c.

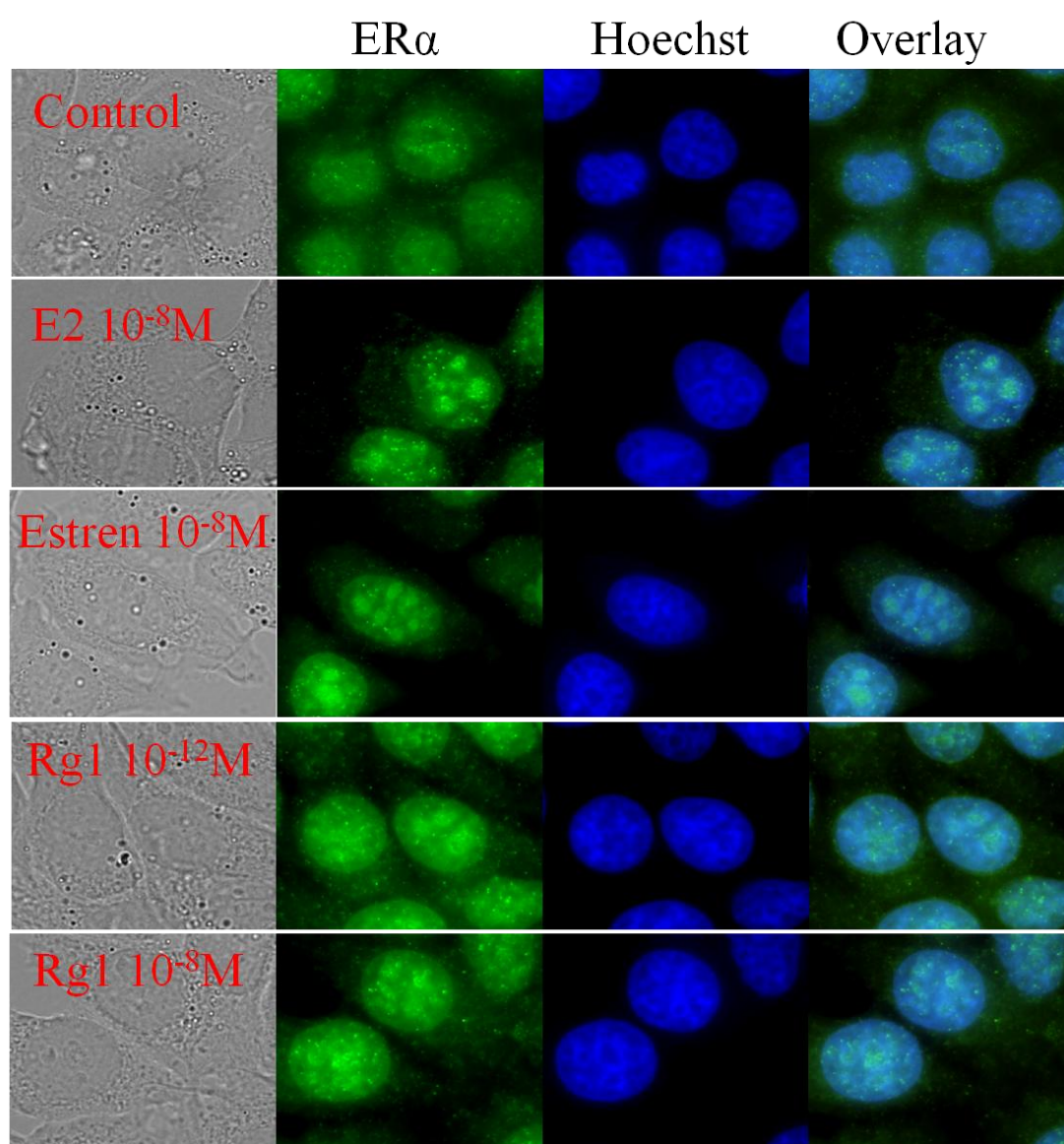
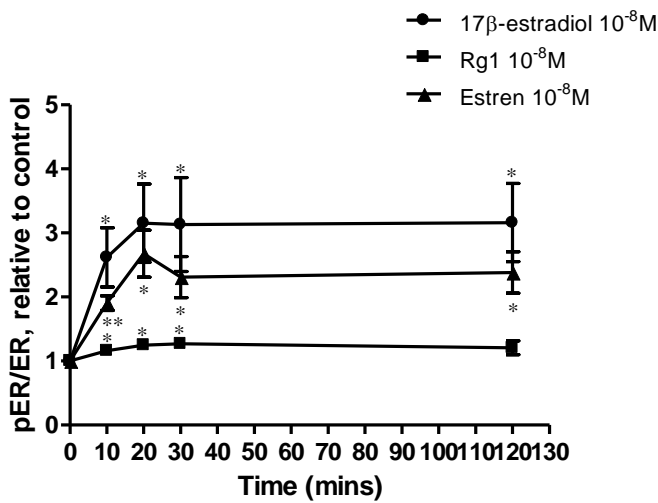
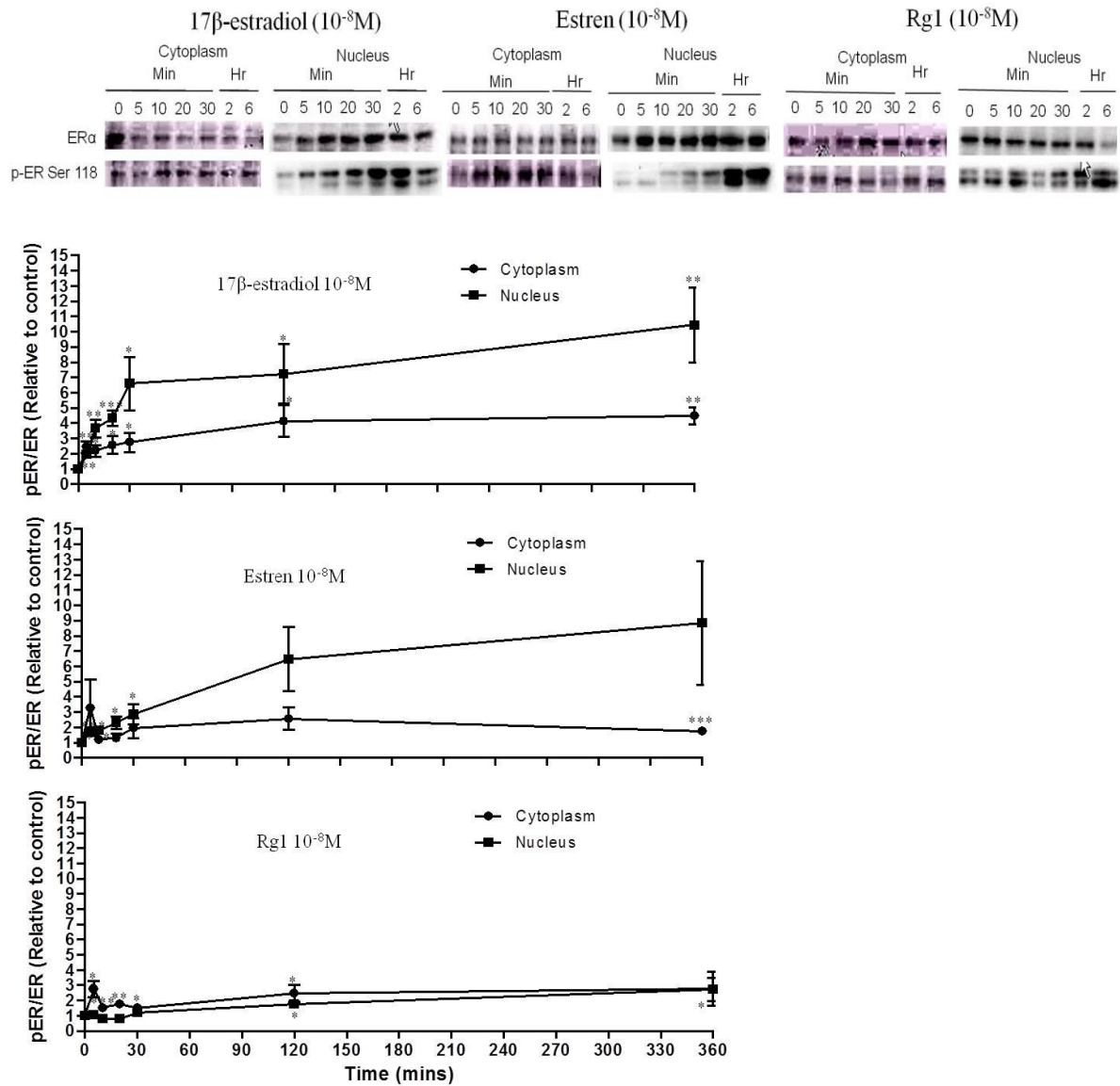


Figure 5

A.



B.



C.

