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1 **Sichuan pepper attenuates H₂O₂-induced apoptosis via antioxidant activity and**
2 **up-regulating heme oxygenase-1 gene expression in primary rat hepatocytes**

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22 **Running title:** Anti-apoptotic effect of Sichuan pepper

ABSTRACT

Sichuan pepper, a well-known traditional Chinese spice, is popularly used in Chinese cuisine. In this study the antioxidant activities of Sichuan pepper water extract (SP) were evaluated both chemically [in 2,2-diphenyl-1-(2,4,6-trinitrophenyl) hydrazyl (DPPH) assay] and biologically [in 2,2'-azobis-(2-amidinopropane) (AAPH)-induced haemolysis assay]. The protective effect of SP against H₂O₂-induced cytotoxicity in primary SD rat hepatocytes was investigated by using cell viability assay, nuclear staining, intracellular reactive oxygen species (ROS) measurement and flow cytometry. It was found to possess high total phenolic content as assessed by the Folin-Ciocalteu method. The anti-apoptotic effect of SP may be mediated, in part, by significantly inhibiting intracellular ROS generation and depletion of the mitochondrial membrane potential. SP was also found to enhance the cellular antioxidant defense system through up-regulating heme oxygenase-1 expression. SP is an effective antioxidant that can be consumed regularly as a functional food for the prevention of oxidative stress-related liver diseases.

PRACTICAL APPLICATIONS

The present study demonstrated that Sichuan pepper water extract (SP) could enhance the cellular antioxidant ability in hepatocytes. SP is an effective antioxidant that can

be consumed regularly as a functional food for the prevention of oxidative stress-related liver diseases.

KEYWORDS: *Zanthoxylum bungeanum* Maxim; reactive oxygen species; liver; Rutaceae

INTRODUCTION

Sichuan pepper is the ripe pericarp of the fruit of *Zanthoxylum bungeanum* Maxim, (Rutaceae), and is widely used in Asia as a spice. It is also used as a traditional medicinal herb which is officially listed in *China Pharmacopoeia* as ‘Huajiao’. In China, Sichuan pepper is used in the treatment of “colds on stomach”, abdomen pains, abdominal or epigastric pain, vomiting, diarrhea, enterozoic abdominalgia and ascariasis (National Commission of Chinese Pharmacopoeia 2010). It is also applied externally to treat eczema and pruritus. Essential oils (e.g. linalool and limonene) (Yang 2008) and alkylamides (e.g. α -hydroxysanshool) (Zhao *et al.* 2013) are major components in Sichuan pepper. Pharmacological research studies indicate that the extract of Sichuan pepper and its major compounds are effective for the treatments of inflammatory diseases (Tezuka *et al.* 2001), asthma (Tang *et al.* 2014) and Alzheimer’s disease (Tang *et al.* 2013). In addition, the pericarp of Sichuan pepper is

1 also used as antimicrobial (Zhu *et al.* 2011) and cosmetic ingredients (Artaria *et al.*
2 2011).

3 Liver damage ranges from acute hepatitis to chronic liver diseases such as
4 non-alcoholic fatty liver disease, hepatocellular carcinoma and viral hepatitis. All the
5 processes involve hepatocyte, Kupffer, stellate, and endothelial cells. Reactive oxygen
6 species (ROS) and reactive nitrogen species (RNS) play an important role in the
7 induction and progression of the above-mentioned liver diseases (Loguercio and
8 Federico 2003, Simeonova *et al.* 2014). Hydrogen peroxide (H₂O₂), a representative
9 membrane-permeable oxidant, is one of the major intracellular ROS. H₂O₂-induced
10 intrinsic caspase-dependent apoptosis plays an important role in promoting
11 hepatocytes injury. Furthermore, there is consistent evidence of enhanced production
12 of free radicals and/or significant decrease in antioxidant defense in the liver diseases.
13 Thus, many investigations aim at discovering the pathogenetic significance of
14 therapeutic intervention that could restore the antioxidant potential of cells and,
15 therefore, improve or prevent liver injuries.

16 Natural products are a good source of antioxidants (Chan *et al.* 2008). Sichuan
17 pepper is a traditional medicinal herb and is commonly use in Chinese cuisine (Tang,
18 Xie, Guan, Jin and Zhao 2014, Yang *et al.* 2014). It was shown to possess high
19 antioxidant activity (Lu *et al.* 2011). For the close relationship between liver diseases

1 and pro-oxidant, it was postulated that Sichuan pepper with antioxidant property has
2 hepatoprotective effect. The aim of the present study was to evaluate the
3 hepatoprotective effect of Sichuan pepper water extract (SP) on H₂O₂-induced
4 apoptosis in primary rat hepatocytes. To understand the molecular mechanisms
5 involved, the gene expression of heme oxygenase-1 (HO-1) and intracellular ROS
6 generation and mitochondrial membrane potential were also investigated. The present
7 study demonstrated for the first time that SP possesses anti-apoptotic potential in
8 primary rat hepatocytes.

9

10 **MATERIALS AND METHODS**

11 *Chemicals and reagents*

12 High glucose Dulbecco's Modified Eagle Medium (DMEM), fetal bovine serum
13 (FBS), phosphate buffer saline (PBS), trypsin, antibiotics and antimycotics were
14 purchased from Gibco (Grand Island, NY, USA). H₂O₂ was obtained from
15 Calbiochem (San Diego, CA, USA). Hoechst 33342,
16 2,2-azobis(2-methylpropionamidine) dihydrochloride (AAPH),
17 2,2-diphenyl-1-(2,4,6-trinitrophenyl) hydrazyl (DPPH) and Folin-Ciocalteu reagent
18 were obtained from Sigma Chemical Co. (St. Louis, MO, USA).
19 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetra

1 zolium (MTS) assay kit was purchased from Promega (Madison, WI, USA). All other
2 chemicals used were of analytical grade.

3

4 ***Preparation of Sichuan pepper water extract***

5 Sichuan pepper (10 g) was ground into fine powder and mixed with 100 ml distilled
6 water. After shaking in a horizontal shaker at 37°C and 300 rpm for 2 h, the solution
7 was centrifuged at 3,000 rpm for 30 min. The supernatant was collected, and the
8 residue was re-extracted for two more times with the same volume of distilled water.

9 Finally, the pooled supernatant was lyophilized by a freeze-dryer (Labconco,
10 Freezone 6). Since most antioxidants are heat labile and it was postulated that Sichuan
11 pepper's hepatoprotective effect are closely related to its antioxidant property,
12 extraction was done at 37°C in water to avoid destroying those heat labile compounds.
13 The extraction yield was 8.40% of the crude material. SP was stored at -20°C before
14 use.

15

16 ***Chemical analysis of SP sample***

17 Powder of SP (0.2 g) was accurately weighed and extracted with *n*-hexane (10 mL)
18 for 30 min. The extraction was evaporated to dryness with a rotary evaporator. Finally,
19 the residue was re-dissolved in methanol (1 mL) and filtrated through a 0.45 µm

1 syringe filter before HPLC-DAD analysis. Chromatographic analysis was carried out
2 on a C18 column (250 mm × 4.6 mm, 5 μm) (Alltima, Grace) at 25°C using an
3 Agilent 1100 liquid chromatography system equipped with a quaternary solvent
4 deliver system, an autosampler and a DAD system. The detection wavelength was 210
5 nm. The gradient elution of the mobile phase consisting of (A) 0.1% (v/v) acetic acid
6 and (B) acetonitrile is as follows: 60% (A) at 0 – 12 min; from 60% to 5% (A) at 12 –
7 23 min. The flow rate was 1.0 mL/min and aliquots of 5 μL were injected into HPLC
8 analysis

9 To identify components in SP sample, an Agilent MSD Trap VL module mass
10 spectrometer was connected to the Agilent 1100 HPLC instrument via an electrospray
11 ionization ESI interface. The LC effluent was introduced into the ESI source in a
12 postcolumn splitting 1:4. Ultra high-purity helium was used as the collision gas, while
13 high-purity nitrogen was used as the nebulizing gas. The parameters in the positive
14 ion mode were listed as follows: the capillary voltage 4000 kv; nebulizing gas at 15
15 psi, drying gas of 8.0 L/min at 220°C. Data acquisition was performed in the full-scan
16 mode from m/z 100 – 1000 for mass spectrometer and with an accumulation time of
17 200 ms and 7 microscans averaged per recorded scan.

18

19 ***Total phenolic content assay***

1 The total polyphenol quantification in SP was measured by Folin-Ciocateu method
2 (Lee *et al.* 2012). In brief, the dried SP powder (0.1 g) was dissolved in 1 mL Milli-Q
3 water. 100 µL of SP of appropriate concentrations were mixed with 500 µL of 2N
4 Folin-Ciocalteau reagent (1:10 diluted with Milli-Q water) and 400 µL of Na₂CO₃
5 (75.05 g/L). The absorbance at 750 nm was measured after 2 h reaction at room
6 temperature. The aqueous gallic acid solution was freshly prepared in a series of
7 concentrations (10 – 80 µg/mL) to establish the standard curve. The total phenolic
8 content in SP was expressed as gallic acid equivalents (GAE) per gram of sample
9 used.

10

11 ***Free radical scavenging capacity***

12 The antioxidant activities of SP were measured by the DPPH assay. According to the
13 procedure described previously (Lee, Zhou, Or, Kwan and Yeung 2012), 50 µL of SP
14 of different concentrations were added to 950 µL of DPPH (24 mg/L) in methanol.
15 After incubation (1 h), the absorbance value of the sample (A_{sample}) was determined at
16 515 nm, while the absorbance value of a mixture of 950 µL of DPPH in methanol and
17 50 µL Milli-Q water was measured as control (A_{control}). The percentage free radical
18 scavenging capacity (SR%) was calculated using the following equation:

19 $SR\% = \left(1 - \frac{A_{\text{Sample}}}{A_{\text{Control}}}\right) \times 100\%$. The concentrations of SP for scavenging 50% free

radical were recorded as SC₅₀.

Inhibition of AAPH-induced hemolysis in human red blood cells

Free radicals generated by AAPH attack polyunsaturated fatty acids of the membrane of red blood cells (RBCs) to cause hemolysis. The inhibition of AAPH-induced hemolysis by SP was measured as described previously (Guo *et al.* 2008). Briefly, RBCs were collected from heparinized whole human blood (male, 30-40 years old; from Nanshan chronic Diseases Prevention & Cure hospital, Shenzhen, China) by centrifugation at $625 \times g$ for 10 min, and re-suspended with PBS (20%, v/v). 600 μ L of RBC suspension was mixed with 600 μ L SP (0.3-0.5 mg/mL) or PBS. Then, the mixtures were incubated by rolling at 22 rpm and 37 °C for 10 min before adding 300 μ L AAPH (400 mM in PBS). After incubation for 2 h, 100 μ L of the mixtures were added into chilled PBS (1.25 mL) for dilution or into water (1.25 mL) to completely lyse the RBC. The supernatant was collected by centrifugation at $385 \times g$ for 10 min, and its absorbance was measured at 540 nm.

Animals

Male Sprague Dawley rats (260 – 280 g) were supplied by the Laboratory Animal Service Centre, The Chinese University of Hong Kong (CUHK). Animals were

1 housed in a 12-h light–dark cycle holding room with free access to rat chow (Glen
2 Forrest Stockfeeders, Australia) and tap water. All the experimental procedures had
3 been approved by the Animal Experimentation Ethics Committee (CUHK) in
4 accordance to the guidelines in Care and Use of Animals regulated by Department of
5 Health (HKSAR).

6

7 ***Culture of primary rat hepatocytes***

8 Primary rat hepatocytes were prepared by a two-step collagenase perfusion technique
9 as described in our previous publication (Lee, Zhou, Or, Kwan and Yeung 2012). A
10 batch of hepatocytes was used in subsequent experiments. Freshly isolated rat
11 hepatocytes (2×10^5 cells/cm²) were seeded for 3 h in a plating medium containing
12 DMEM supplemented with 10% (v/v) FBS, 1% (v/v) antibiotics and antimycotics, and
13 100 nM dexamethasone. The plating medium was then replaced by culture medium
14 [DMEM supplemented with 0.1% (v/v) BSA, 1% (v/v) antibiotics and antimycotics,
15 100 nM dexamethasone].

16

17 ***Cell viability in primary rat hepatocytes***

18 Primary rat hepatocytes were pre-treated with SP for 24 h which was then incubation
19 in H₂O₂ for 24 h. After treatment, the medium was replenished with a medium (100

1 $\mu\text{L}/\text{well}$) containing 2% FBS. 20 μL of the CellTiter 96[®] AQueous One Solution Cell
2 Proliferation Assay reagent (Promega Corporation, Madison, USA) was added into
3 well containing 100 μL culture medium at 37°C for incubation for another 2 h.
4 Absorbance at 490 nm was measured using a microplate reader (Bio-Rad, model 550,
5 USA).

6

7 ***Determination of intracellular ROS level***

8 The level of intracellular ROS was measured with a fluorescent dye,
9 2',7'-dichlorodihydrofluorescein diacetate, (DCFH-DA; Molecular Probes, Eugene,
10 OR), which would be oxidized to highly fluorescent 2',7'-dichlorofluorescein (DCF)
11 in the presence of intracellular ROS. Cells were pretreated with different
12 concentrations of SP for 24 h, then treated with H₂O₂ (750 μM) for 6 h. They were
13 then washed once with PBS and incubated with 10 μM DCFH-DA at 37°C for 30 min.
14 Next, they were washed again with PBS to remove the dye, and the florescent signals
15 were scanned with a plate reader (Wallac; PerkinElmer) at excitation at 485 nm and
16 emission at 535 nm. Results were expressed as percentage increase in fluorescence
17 intensity (Zhang *et al.* 2011).

18

19 ***PCR analysis for HO-1 expression***

1 Primary rat hepatocytes were treated with 750 μ M H₂O₂ in the presence or absence of
 2 SP for 24 h. After incubation for 24 h, total RNA was extracted from cells by using
 3 TRIzol reagent (Molecular Research Center, Cincinnati, OH, USA) according to the
 4 standard protocol. RNA was precipitated by mixing with isopropyl alcohol. The RNA
 5 pellet was washed twice with cold 75% alcohol and dissolved in
 6 diethylpyrocarbonate-treated water. 2 μ g of RNA was reverse transcribed to first
 7 strand DNA (cDNA) by Reverse transcriptase (Applied Biosystem) with oligo(dT)₁₈,
 8 dNTP Mix and RNase inhibitors, according to the manufacturer's instruction. PCR
 9 was then performed using 0.2 μ M of primers, 1.5 mM of MgCl₂, 0.2 mM of dNTP
 10 Mix (Invitrogen), 1U of *Taq* polymerase and 1 μ L of cDNA to a final reaction volume
 11 of 20 μ L. The reaction was carried out at a one-step denaturation of 94°C for 3 min,
 12 followed by 35 cycles of 30 s denaturation at 94°C, 1 min annealing at 60°C, and 1
 13 min extension at 72°C. 10 μ L of PCR products were run on 1.5% agarose gel and
 14 visualised by ethidium bromide staining. The sequences of the PCR primers for HO-1
 15 and GAPDH were: HO-1 forward: 5'- AAGGCGGTCTTAGCCTCTTC-3', HO-1
 16 reverse: 5'- AGCATGTCCCAGGATTTGTC-3'; GAPDH forward:
 17 TGCACCACCAACTGCTTAG-3', GAPDH reverse: 5'-
 18 AGTGGATGCAGGGATGATGT-3'. Expression levels of cDNA were compared with
 19 internal standard, GAPDH gene, to correct for the RNA quantity differences between

1 samples. Each reaction was performed in triplicate.

2

3 ***Hoechst staining assay***

4 Chromatin condensation was detected by nucleus staining with Hoechst 33342.

5 Primary rat hepatocytes (2×10^6 cells/well) grown in a 6-well plate were washed with

6 ice-cold PBS. Primary rat hepatocytes were pre-treated with 0.5 mg/mL SP for 24 h

7 which was then removed before incubation in 750 μ M H₂O₂ for 4 h. Cells were then

8 stained with Hoechst 33342 (5 μ g/mL) for 5 min at 4°C. Nuclei were visualized using

9 a fluorescence microscope at 400 \times magnification.

10

11 ***Measurement of mitochondrial membrane potential***

12 Mitochondrial membrane potential was quantified using JC-1 dye (Life Technologies,

13 Molecular Probes, USA). In brief, cells were harvested by trypsinization and

14 centrifuged at 1200 rpm and 4°C for 5 min. Cell pellets were washed twice with PBS,

15 and then re-suspended in 500 μ L PBS. JC-1 dye (4 mM in stock) was added to

16 samples at a final concentration of 4 μ M and incubated at 37°C for 20 min. The green

17 fluorescence represents JC-1 monomers, whereas red fluorescence represents JC-1

18 aggregates. The proportion of aggregated vs. monomeric JC-1 probe was quantified

19 using the ratio of fluorescence emissions at 590 nm (red) over 530 nm (green) with a

FACSCalibur flow cytometer (Zhang, Mak, Cui, Li, Han, Hu, Ye, Pi and Han 2011).

Statistical analysis

Data were expressed as means \pm standard error of mean (SEM). Analysis of variance (ANOVA) followed by Bonferroni's post-test was used for statistical comparisons, and $p < 0.05$ or less was considered to be of statistical significance.

RESULTS

HPLC Fingerprint

A representative HPLC-UV chromatogram is shown in Figure 1A. A total of three major peaks were identified from the sample by the mass spectrometer. Their identities (Figure 1B) were confirmed by comparing the MS fragmentation patterns from previous study (Wang *et al.* 2011) and relative content (in terms of peak area under the 210 nm detection wavelength) in the SP sample were hydroxy- ϵ -sanshool (1.03%), hydroxy- α -sanshool (6.93%), and hydroxy- β - sanshool (2.58%).

Total phenolic content and free radical scavenging capacity of SP

Flavonoid and phenolic compounds are major antioxidants found in medicinal herbs.

In this study, the Folin-Ciocalteu method was employed to estimate the phenolic

1 components in SP. The result indicated that there was a significant amount of phenolic
2 compounds in the SP. Total phenolic content was 56.53 ± 1.12 mg GAE/g dry extract.
3 The overall free radical scavenging capacity of SP was determined using the DPPH
4 method. The SC₅₀ of SP was 0.01 mg/mL.

5

6 ***Inhibition of AAPH-induced RBC haemolysis***

7 As shown in Figure 2, the inhibitory effect of SP on AAPH-induced haemolysis was
8 evaluated. Without AAPH, a negligible haemolysis response (close to 0%) was
9 observed in the experimental period (180 min). However, addition of AAPH to RBC
10 suspension resulted in about 20% haemolysis after incubation for 60 min and a 100%
11 haemolysis was achieved at 180 min (Figure 2A). Our results clearly showed that SP
12 (0.5 – 5 mg/mL) significantly suppressed AAPH-induced haemolysis in a
13 concentration-dependent manner in RBC (Figure 2B).

14

15 ***SP reduces H₂O₂-induced cell death in primary rat hepatocytes***

16 The effect of H₂O₂ (250 - 1,500 μ M) on the viabilities of primary rat hepatocytes was
17 evaluated before applying SP. As shown in Figure 3A, cell viability was significantly
18 reduced in a concentration-dependent manner. Based on these results, 750 μ M H₂O₂
19 for 24 h was selected as an optimal treatment for the subsequent experiments. To

1 investigate the effects of SP on H₂O₂-induced toxicity, primary rat hepatocytes were
2 pre-treated with SP (0.1 – 1 mg/mL) for 24 h and changed to drug free medium before
3 being incubated in 750 µM H₂O₂ for another 24 h. Compared with 750 µM
4 H₂O₂-treated cells, SP (0.3 – 1 mg/mL) showed hepatoprotective effect against
5 H₂O₂-induced cell death in a concentration-dependent manner ($63.50 \pm 3.01\%$; $p <$
6 0.01 ; $79.75 \pm 2.72\%$, $p < 0.001$ and $73.00 \pm 1.47\%$, $p < 0.001$, respectively) (Figure
7 3B). Treatment with SP alone showed no effects (data not shown).

9 ***SP reduces H₂O₂-induced intracellular ROS generation in primary rat hepatocytes***

10 The intracellular ROS in primary rat hepatocytes was measured by using the
11 fluorescent probe DCFH-DA. It was found that incubating cells with H₂O₂ (750 µM)
12 for 2 h significantly increased intracellular ROS by 8.4-fold compared with normal
13 control. Pre-treatment of cells with SP (0.5 – 1 mg/mL) for 24 h significantly reduced
14 this increase of ROS levels induced by H₂O₂ (Figure 4).

16 ***SP attenuates H₂O₂-induced apoptosis in primary rat hepatocytes***

17 Hoechst 33342 staining assay showed that 0.5 mg/mL SP significantly decreased the
18 number of cells with nuclear condensation and apoptotic bodies (Figure 5A).
19 Treatment of SP alone had no effect on the cell nuclei as compared with that of the

1 control group. To further confirm that apoptosis is caused by H₂O₂, mitochondrial
2 membrane potential assay was conducted on the above-mentioned primary rat
3 hepatocyte cultures. Pre-treatment of cells with 0.5 mg/mL SP significantly prevented
4 the changes of mitochondrial membrane permeability induced by H₂O₂ (Figure 5B
5 and C).

6

7 *SP up-regulates the gene expression of HO-1 in H₂O₂-stimulated primary rat*
8 *hepatocytes*

9 H₂O₂-induced down-regulation of HO-1 mRNA expression was observed (Fig. 6). SP
10 (0.5 mg/mL) markedly reversed the H₂O₂-mediated decrease in HO-1 mRNA
11 expression ($0.79 \pm 0.06\%$, $p < 0.001$) as compared with the H₂O₂ alone group ($0.29 \pm$
12 0.04%).

13

14 **DISCUSSION**

15 Oxidative stress is a common pathogenetic mechanism contributing to the initiation
16 and progression of hepatic damage in a variety of liver disorders. Excessive ROS can
17 induce liver cell death by either apoptosis, necrosis or autophagy (Bhattacharya *et al.*
18 2011, Lai *et al.* 2011). Cell death is mediated by ROS-induced intracellular signal
19 molecules such as mitogen-activated protein kinases (MAPKs), NF- κ B, JNKs, tumor

1 necrosis factor-alpha (TNF- α), Akt and activated caspases (Cohen *et al.* 2009, Conde
2 de la Rosa *et al.* 2006, Liu *et al.* 2011, Robinson and Mann 2010, Schlatter *et al.*
3 2011). Thus, antioxidants are believed to be effective on facilitating the treatment of
4 liver diseases through antagonizing ROS's effects (Arteel 2003, Singal *et al.* 2011).
5 Phenolic compounds, which are widely found in fruit, natural plants and Chinese
6 medicinal herbs, possess ideal chemical structures for free radical scavenging activity
7 (Kwok *et al.* 2013). Several studies have indicated that the antioxidant activities of
8 some fruits and traditional Chinese medicine are highly correlated to their total
9 phenolic contents (Guo, Cheng, Chan and Yu 2008, Negi *et al.* 2011).

10 SP contains complicated components which makes it impossible to estimate its
11 antioxidant property by simply a single assay. Different methods have been adopted to
12 measure the antioxidant activity of SP. In addition to the aforementioned cell-free
13 methods, biological tests have been used to evaluate the protective effects of SP
14 against AAPH-induced haemolysis in RBC. These indicate the possibility of
15 employing SP as an antioxidant substance to ameliorate oxidative damage.

16 In this study, SP showed hepatoprotective effect against H₂O₂-induced cell death.
17 The mechanism was further confirmed by Hoechst staining and mitochondrial
18 membrane potential assays, showing that SP prevented primary rat hepatocytes
19 against H₂O₂-induced apoptosis. By Hoechst 33342 staining assay, the number of

1 stained apoptotic nuclei caused by H₂O₂ decreased after the pretreatment of SP. For its
2 anti-apoptotic mechanisms, it is further demonstrated that SP can suppress the
3 generation of intracellular ROS induced by H₂O₂ in primary rat hepatocytes.
4 Mitochondrial membrane is one of the important targets attacked by ROS (Tripathi *et*
5 *al.* 2009, Weng *et al.* 2007). A decrease in mitochondrial membrane potential was
6 observed in hepatocytes under H₂O₂ treatment (the ratio was 70.55 %), and SP
7 pretreatment (the ratio was 86.00%) significantly attenuated H₂O₂-induced decrease
8 of mitochondrial membrane potential (Figure 5B-C). HO-1, the rate-limiting enzyme
9 of heme degradation, has powerful antioxidant properties. PCR assay demonstrated
10 that SP upregulated HO-1 expression to protect primary rat hepatocyte against
11 oxidative stress (Figure 6). Activation of HO-1 has a potential role in reducing
12 H₂O₂-induced oxidative stress (Aggeli *et al.* 2006, Jian *et al.* 2011, Wu *et al.* 2006).
13 Collectively, these results prove that SP could lead to the reduction of H₂O₂-induced
14 oxidative stress and the prevention of H₂O₂-induced apoptosis in primary rat
15 hepatocytes.

16 Sichuan pepper contains many phytochemicals. It was found that essential oils
17 (e.g. linalool and limonene) (Yang 2008) and alkylamides (e.g. α -hydroxysanshool)
18 (Zhao, Zhu, Zhong, He, Luo and Gao 2013) are major components in Sichuan pepper.
19 Flavonoids and phenols are other key compounds found in it. Essential oils,

1 flavonoids and phenols contribute mainly to several biological activities including
2 anti-oxidative and antibacterial properties of Sichuan pepper (Di *et al.* 2012, Dziri *et*
3 *al.* 2012). SP's liver protective effect may contribute to its anti-oxidative effect.
4 Alkylamides from the fruit of Sichuan pepper produce a strong tingling sensation in
5 the mouth, making Sichuan pepper a well-known spice in Chinese and Japanese
6 cuisines. Alkylamides such as hydroxy- α -sanshool are one of the active ingredients in
7 Sichuan pepper and have been demonstrated to have stimulatory effects on cultured
8 sensory neurons (Bautista *et al.* 2008). In this study, 3 major alkylamides,
9 hydroxy- ϵ -sanshool (1.03%), hydroxy- α -sanshool (6.93%), and hydroxy- β -sanshool
10 (2.58%), were determined. There is little research on their antioxidant and liver
11 protection effects; further studies on investigating these activities are warranted.

12

13 **CONCLUSIONS**

14 The present study demonstrated the anti-apoptotic potential of SP *in vitro* as
15 illustrated in Figure 7. This effect may be mediated, in part, by the antioxidative
16 function of SP. Mechanistic studies demonstrated that SP suppressed oxidative stress
17 to protect primary rat hepatocytes by decreasing ROS generation, maintaining
18 mitochondrial membrane potential and upregulating HO-1 expression. Therefore,
19 Sichuan pepper has potential therapeutic effects on treating/preventing oxidative

1 stress-related hepatocyte injuries and liver dysfunctions.

2

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9

10 **CONFLICT OF INTEREST**

11 There is no conflict of interest associated with the authors of this paper.

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Figure Legend

Figure 1. (A) Representative HPLC-UV (at 210 nm) chromatogram of the SP sample used in the current study. (1) hydroxy- ϵ -sanshool, (2) hydroxy- α -sanshool and (3) hydroxy- β -sanshool. (B) Mass spectrum of hydroxy- ϵ -sanshool, hydroxy- α -sanshool and hydroxy- β -sanshool.

Figure 2. Percentage hemolysis of AAPH-induced RBC hemolysis in control (A) and SP (B). Data are expressed as means \pm SEM (n = 5). $^{####}p < 0.001$ versus control group (without AAPH) at the same time point. $^{*}p < 0.05$, $^{**}p < 0.01$ versus control group (AAPH only).

Figure 3. SP inhibited H₂O₂-induced cell death in a concentration-dependent manner. (A) H₂O₂ induced cytotoxicity in a concentration-dependent manner. Primary hepatocytes were exposed to 250, 500, 750, 1,000 or 1,500 μ M H₂O₂ for 24 h. (B) SP concentration-dependently prevented H₂O₂-induced cell death. Hepatocytes were treated with SP at concentrations of 0.1, 0.3, 0.5 or 1 mg/mL for 24 h which was then removed before incubation in 750 μ M H₂O₂ for 24 h. Cell viability was measured by MTS assay at 24 h after H₂O₂ treatment. Expressed as percentage of control, data were the mean \pm SEM of three individual experiments. $^{#}p < 0.05$, $^{####}p < 0.001$ versus

1 control, and $**p < 0.01$, $***p < 0.001$ versus H₂O₂ alone group. White arrows
2 indicate cells with nuclear condensation.

3
4 **Figure 4.** SP reduced H₂O₂-induced intracellular ROS generation in primary rat
5 hepatocytes using DCFH-DA staining. Data were the mean \pm SEM of six individual
6 experiments. $###p < 0.001$ versus control, $*p < 0.05$ and $**p < 0.01$ versus H₂O₂ alone.

7
8 **Figure 5.** SP attenuated H₂O₂-induced apoptosis in primary rat hepatocytes. (A)
9 Hepatocytes were treated with 0.5 mg/mL SP for 24 h which was removed before
10 incubation in 750 μ M H₂O₂ for 4 h. The cells were then analyzed by Hoechst 33342
11 staining assay. (B) Effects of SP on the alteration of mitochondrial membrane
12 potential induced by H₂O₂. The mitochondrial membrane potential was evaluated with
13 the potential sensor JC-1 and analyzed by flow cytometry. (C) Relative ratio of
14 geometric red/green fluorescence. Data were the mean \pm SEM of three separate
15 experiments. $^{\#}p < 0.05$ versus control and $*p < 0.05$ versus H₂O₂ alone.

16
17 **Figure 6.** SP increased the gene expression of HO-1 in primary rat hepatocytes treated
18 with H₂O₂. Hepatocytes were treated with 0.5 mg/mL SP for 24 h which was then
19 removed before incubation in 750 μ M H₂O₂ for another 24 h. After 24 h of incubation,
20 HO-1 mRNA expression was examined by real time RT-PCR. Data (the ratio of HO-1

1 mRNA level to GAPDH mRNA level) were expressed as the mean \pm SEM of three
2 independent experiments. $^{###}p < 0.001$ versus control and $^{***}p < 0.001$ versus H₂O₂
3 alone.

4

5 **Figure 7.** Schematic illustration of the mechanisms of SP's hepatoprotective effects.

6